

## Support Groups and Dementia

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library. Contact your local chapter or local library for availability of the items.

### On this resource list:

Alzheimer's Association Publications

General Resources

Clinical Research

Function, Implementation, and Caregiver Program Models

Supporting Persons with Dementia

Supporting Professionals

Support Group Manuals

### Alzheimer Association Publications

#### Brochure

*Staying strong: stress relief for caregivers.*

Chicago, IL: Alzheimer's Association.

[http://www.alz.org/national/documents/aa\\_brochure\\_stressrelief.pdf](http://www.alz.org/national/documents/aa_brochure_stressrelief.pdf)

## Web Resources

*Alzheimer's Association support groups.*

Chicago, IL: Alzheimer's Association.

Contact your nearest Alzheimer's Association chapter to find support groups in your area.

[http://www.alz.org/apps/we\\_can\\_help/support\\_groups.asp](http://www.alz.org/apps/we_can_help/support_groups.asp)

*Alzheimer's Association Message boards and chat rooms.*

Chicago, IL: Alzheimer's Association National Office.

The Alzheimer's Association message boards and chat rooms are an online communication forum for sharing thoughts and experiences and querying colleagues.

[http://www.alz.org/living\\_with\\_alzheimers\\_message\\_boards\\_lwa.asp](http://www.alz.org/living_with_alzheimers_message_boards_lwa.asp)

## General Resources

### Books

Capossela, C.; Warnock, S. *Share the care: how to organize a group for someone who is seriously ill.*

New York, NY: Simon & Schuster, 2004.

Green-Field Library Call No.: WY 200 C246 2004

Steinberg, D.M. *The mutual-aid approach to working with groups: helping people help one another.*

New York, NY: Hawthorn Press, 2004.

Green-Field Library Call No.: HV 1461 S819 2004

White, B.E.; Madara, E.E. *The self-help sourcebook: your guide to community & online support groups.*

Cedar Knolls, NJ: American Self-Help Group Clearinghouse, 2002.

Green-Field Library Call No.: W 22 S45 2002

## Web Resources

### *Lotsa Helping Hands.*

Friends, family members and neighbors can offer to lend a hand with caregiving for a person with dementia using Lotsa Helping Hands to keep track of care volunteers.

[http://www.alz.org/we\\_can\\_help\\_lotsa\\_helping\\_hands.asp](http://www.alz.org/we_can_help_lotsa_helping_hands.asp)

## Clinical Research

### Articles, Journal

Beard, R.L.; Fox, P.J. Resisting social disenfranchisement : negotiating collective identities and everyday life with memory loss. *Social Science Medicine*. Apr 2008; vol. 66(7), pp. 1509-1520.

Green-Field Library does not own.

Bergman, E.J.; Haley, W.E.; Small, B.J. Who uses bereavement services? An examination of service use by bereaved dementia caregivers. *Aging & Mental Health*. May 2011; vol. 15(4), pp. 531-540.

Green-Field Library owns.

Blay, S.L.; Furtado, A.; Peluso, E.T. Knowledge and beliefs about help-seeking behavior and helpfulness of interventions for Alzheimer's disease. *Aging & Mental Health*. Sep 2008; vol. 12(5), pp. 577-586.

Green-Field Library owns.

Cascioli, T.R.; Al-Madfai, H.; Osborne, P. et al. An evaluation of the needs and service usage of family carers of people with dementia. *Quality of Aging*. Jun 2008; vol. 9(2), pp. 18-27.

Green-Field Library does not own.

Davison, T.E.; Kuruville, G. Controlled trial of dementia training with a peer support group for aged care staff. *International Journal of Geriatric Psychiatry*. Sep 2007; vol. 22(9), pp. 868-873.

Green-Field Library owns.

Dobbs, B.; Woo, A. Transitioning from driving to driving cessation. The role of specialized driving cessation support groups for individuals with dementia. *Topics in Geriatric Rehabilitation*. Jan-Mar 2009; vol. 25(1), pp.73-86.

Green-Field Library does not own.

Droes, R.; Breebaart, E.; Meiland, F.; et al. Effect of meeting centres support program on feelings of competence of family carers and delay of institutionalization of people with dementia. *Aging & Mental Health*. May 2004; vol. 8(3), pp. 201-211.

Green-Field Library does not own.

Eloniemi-Sulkava, U.; Saarenheimo, M.; Laakkonen, M.; et al. Family care as collaboration: effectiveness of the multicomponent support program for elderly couples with dementia. Randomized controlled intervention. *Journal of the American Geriatrics Society*. Dec 2009; vol. 57(12), pp. 2200-2208.

Green-Field Library owns.

Gaugler, J.E.; Roth, D.L.; Haley, W.E. Mittelman, M.S. Can counseling and support reduce burden and depressive symptoms in caregivers of people with Alzheimer's disease during the transition to institutionalization? Results from the New York University caregiver intervention study. *Journal of the American Geriatric Society*. Mar 2008; vol. 56(3), pp. 421-428.

Green-Field Library has

Gilliland, M.P.; Bush, H.A. Social support for family caregivers: toward a situation-specific theory. *Journal of Theory Construction & Testing*. 2001; vol. 5(2), pp. 53-62.

Green-Field Library does not own.

Glueckauf, R.F.; Davis, W.S.; Allen, K.; et al. Integrative cognitive-behavioral and spiritual counseling for rural dementia caregivers with depression. *Rehabilitation Psychology*. Nov 2009; 54(4), pp. 449-461.

Green-Field Library does not own.

Golden, M.A.; Lund, D.A. Identifying themes regarding the benefits and limitations of caregiver support group conversations. *Journal of Gerontological Social Work*. Feb-Mar 2009; vol. 52(2), pp. 154-170.

Green-Field Library owns.

Grabel, E.; Trilling, A.; Donath, C.; et al. Support groups for dementia caregivers – Predictors for utilisation and expected quality from a family caregiver’s point of view: a questionnaire survey PART I. *BMC Health Services Research*. Jul 2010; vol. 10, p. 219.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2922206/?tool=pmcentrez>

Green-Field does not own.

Karlin, N.J. An analysis of religiosity and exercise as predictors of support group attendance and caregiver burden while caring for a family member with Alzheimer's disease. *Journal of Mental Health & Aging*. Sum 2004; vol. 10(2), pp. 99-106.

Green-Field Library does not own.

Larrimore, K. Alzheimer disease support group characteristics: a comparison of caregivers. *Geriatric Nursing*. Jan-Feb 2003; vol. 24(1), pp. 32-35, 49.

Green-Field Library owns.

Lavoie, J.P.; Voyer, L. Understanding the outcomes of a psycho-educational group intervention for caregivers of persons with dementia living at home: a process evaluation. *Aging & Mental Health*. Jan 2005; vol. 9(1), pp. 25-34.

Green-Field Library owns.

Logsdon, R.G.; Pike, K.C.; McCurry, S.M.; et al. Early-stage memory loss support group: outcomes from a randomized controlled clinical trial. *Journals of Gerontology. Series B, Psychological Sciences and Social Sciences*. Nov 2010; vol. 65(6), pp. 691-697.

Green-Field Library owns.

Logsdon, R.G.; Teri, L.; Time-limited support groups for individuals with early stage dementia and their care partners: preliminary outcomes from a controlled clinical trial. *Clinical Gerontologist*. 2006; vol. 30(2), pp. 5-19.

Green-Field Library owns.

Marziali, E.; Donahue, P. Caring for others: Internet video-conferencing group intervention for family caregivers of older adults with neurodegenerative disease. *Gerontologist*. Jun 2006; vol. 46(3), pp. 398-403.

Green-Field Library owns.

Mason, E.; Pistrang, N. Processes and experiences of mutual support in professionally-led support groups for people with early-stage dementia. *Dementia*. Feb 2005; vol. 4(1), pp. 87-112.

Green-Field Library owns.

O'Hare, R. Think again: making a better start after diagnosis. *Journal of Dementia Care*. Jul-Aug 2009; vol. 17(4), 17-19.

Green-Field Library owns.

Perraud, S.; Farran, C.; Loukissa, D.; et al. Alzheimer's disease caregiving information and skills, part iii: group process issues and concerns. *Research in Nursing and Health*. Apr 2004; vol. 27(2), pp. 110-120.

Green-Field Library does not own.

Roberts, J.S.; Silverio E. Evaluation of an education and support program for early-stage Alzheimer's disease. *Journal of Applied Gerontology*. Aug 2009; vol. 28(4), pp. 419-435.

Green-Field Library does not own.

Weber, J.A.; Bailey, K. Using focus groups to assess pre-and post-placement needs for caregivers of individuals with Alzheimer's disease. *Journal of Social Work in Long-Term Care*. 2005; vol. 3(3-4), pp. 21-36.

Green-Field Library does not own.

Werner, P. Family physicians' recommendation for the treatment of Alzheimer's disease. *American Journal of Alzheimer's Disease and Other Dementias*. Dec 2006 - Jan 2007; vol. 21(6) pp. 403-410.

Green-Field Library owns.

## Function, Implementation, and Caregiver Program Models

### Articles, Journal

Adamski, T.; Alfaro, M.W. Virtual psycho-education support groups for caregivers of persons diagnosed with dementia. *Caring*. Aug 2009; vol. 28(8), pp. 44-46.

Green-Field Library owns.

Azam, N. Supporting Asian elders with dementia. *Journal of Dementia Care*. Jul-Aug 2010; vol. 18(4), pp. 13-14.

Green-Field Library owns.

Bank A.L.; Arguelles S.; Rubert, M.; et al. The value of telephone support groups among ethnically diverse caregivers of persons with dementia. *Gerontologist*. Feb 2006; vol. 46(1), 134-138.

Green-Field Library owns.

Capus, J. Kingston Dementia Café: the benefits of establishing an Alzheimer's café for carers and people with dementia. *Dementia*. Nov 2005; vol. 4(4), pp.588-591.

Green-Field Library owns.

Clare, L.; Rowlands, J.M.; Quin, R. Collective strength: the impact of developing a shared social identity in early stage dementia. *Dementia*. Feb 2008; vol. 7(1), pp. 9-30. An investigation of the self-help network DASNI (Dementia Advocacy and Support International).

Green-Field Library owns.

Dellasega, C.; Haagen, B. A different kind of caregiving support group. *Journal of Psychosocial Nursing and Mental Health Services*. Aug 2004; vol. 42(8), pp. 46-55.

Green-Field Library does not own.

Droes, R.M.; Meiland, F.J.; Schmitz, M.J.; et al. Effect of the meeting centres support program on informal carers of people with dementia: results from a multi-centre study. *Aging & Mental Health*. Mar 2006; vol. 10(2), pp. 112-124.

Green-Field Library owns.

Dunning, T. Support groups and the internet. *Activities, Adaptation and Aging*. 2005; vol. 29(2), pp. 73-74.

Green-Field Library owns.

Earle, S.S. Reflections on 12 years of facilitating Alzheimer's caregiver support groups. *Care Management Journals*. Fall 2006; vol. 7(3), pp. 135-140.

Green-Field Library does not own.

Finkel, S.; Pezzuto, D. E-care: a telecommunications technology intervention for family caregivers of dementia patients. *American Journal of Geriatric Psychiatry*. May 2007; vol. 15(5), pp.443-448.

Green-Field Library owns.

Ghiotti, C. The Dementia End of Life Care Project (DeLCaP): supporting families caring for people with late stage dementia at home. *Dementia*. Aug 2009; vol. 8(3), pp. 349-361.

Green-Field Library owns.

Glueklauf, R.; Ketterson, T. Loomis, J.; et al. Online support and education for dementia caregivers: overview, utilization, and initial program evaluation. *Telemedicine Journal and E-Health*. Sum 2004; vol. 10(2), pp. 223-232.  
Green-Field Library does not own.

Halley E.; Moriarty, J. Poppy Café: a multi-agency approach to developing an Alzheimer Café. *Dementia*. Nov 2005; vol. 4(4), pp.592-594.  
Green-Field Library owns.

Hanson, E.; Nolan, M. Working together with persons with early stage dementia and their family members to design a user-friendly technology-based support service. *Dementia*. Aug 2007; vol. 6(3), pp. 411-434.  
Green-Field Library owns.

Hepburn, K.; Lewis, M.; Tornatore, J.; et al. The Savvy Caregiver program: the demonstrated effectiveness of a transportable dementia caregiver psychoeducation program. *Journal of Gerontological Nursing*. Mar 2007; vol. 33(3), pp. 30-36.  
Green-Field Library owns.

Javadpour, A.; Ahmadzadeh, L.; Bahredar, M.J. An educative support group for female family caregivers: impact on caregivers psychological distress and patient's neuropsychiatry symptoms. *International Journal of Geriatric Psychiatry*. May 2009; vol. 24(5), pp. 467-471.  
Green-Field Library owns.

Lewis, S.L; Miner-Williams, D.; Novian A.; et al. A stress-busting program for family caregivers. *Rehabilitation Nursing*. Jul-Aug 2009 vol. 34(4), pp. 151-159.  
Green-Field Library does not own.

McFarland, P.L.; Sanders, S. Educational support groups for male caregivers of individuals with Alzheimer's disease. *American Journal of Alzheimer's Disease & Other Dementias*. Nov-Dec 2000; vol. 15(6), pp. 367-373.  
Green-Field Library owns.

Morano, C.L.; Bravo, M. Psychoeducational model for Hispanic Alzheimer's disease caregivers. *Gerontologist*. Feb 2002; vol. 42(1), pp. 112-126.  
Green-Field Library owns.

Morrissey, M.V. Rethinking the benefits of an adapted version of 'Alzheimer Café' for individuals with Alzheimer's and their partners. *International Journal of Psychiatric Nursing Research*. Sep 2006; vol. 12(1), pp. 1393-1401.  
Green-Field Library owns.

Podgorski, C.; King, D.A. Losing function, staying connected: family dynamics in provision of care for people with dementia. *Generations*. Spring, 2009; vol. 33(1), pp.24-29.  
Green-Field Library owns.

Pratt, R.; Aggarwal, N. 'Talking about memory coffee group': a new model of support for people with early-stage dementia and their families. *Dementia*. Feb 2005; vol. 4(1), pp.143-148.  
Green-Field Library owns.

Reynoso-Vallejo, H. Support group for Latino caregivers of dementia elders: cultural humility and cultural competence. *Ageing International*. Jun 2009; vol. 34(1/2), pp.67-78.  
Green-Field Library does not own.

Robinson, L.; Brittain, K.; Lindsay, S.; et al. Keeping in touch everyday (KITE) project: developing assistive technologies with people with dementia and their carers to promote independence. *International Psychogeriatric*. Jun 2009; vol. 21(3), pp. 494-502.  
Green-Field Library owns.

Sabir, M.; Pillemer, K.; Sutor, J.; et al. Predictors of successful relationships in a peer support program for Alzheimer's caregivers. *American Journal of Alzheimer's Disease & Other Dementias*. Mar-Apr 2003; vol. 18(2), pp.115-22.  
Green-Field Library owns.

Stern, R.A.; Coughlin, J.F. At the crossroads: development and evaluation of a dementia caregiver group intervention to assist in driving cessation. *Gerontology and Geriatrics Education*. 2008; vol. 29(4), pp. 363-382.

Green-Field Library does not own

Whitehouse, P.J.; Rajcan, J.L.; Sami, S.A.; et al. ADCS Prevention Instrument Project: pilot testing of a book club as a psychosocial intervention and recruitment and retention strategy. *Alzheimer's Disease Associated and Disorder*. Oct-Dec 2006; vol. 20(4) supp 3, pp. S203-S208

Green-Field Library owns.

Williams, E.; Barton, P. Successful support groups for African American caregivers. *Generations*. Win 2003; vol. 27(4), pp. 81-83.

Green-Field Library owns.

Wray, L.O.; Shulan, M.D.; Toseland, R.W.; et al. The effect of telephone support groups on costs of care for veterans with dementia. *Gerontologist*. Oct 2010; vol. 50(5), pp. 623-631.

Green-Field Library owns.

Yeh, C.; Truscott, T.; Snyder, L. The benefits of a support group for persons with Alzheimer's disease. *Alzheimer's Care Quarterly*. 2001; vol. 2(4), pp. 42-46.

Green-Field Library owns.

## Book

Mittelman, M.S.; Epstein, C.; Pierzchala, A. Support groups for the caregiver. IN: *Counseling the Alzheimer's caregiver: a resource for health care professionals*. Chicago, IL: AMA Press, 2003.

Green-Field Library Call No.: WM 220 M685c 2003

## Videos

### *Alzheimer's and dementia: caring for the caregiver.*

Princeton, NJ: Films for the Humanities, 2002

1 videocassette (57 min.)

The program gives examples of persons who have learned to cope effectively with the stresses of caregiving. Support groups and other outlets of self-care are examined.

Green-Field Library does not own.

### *Alzheimer's and dementia: support groups for families and friends.*

Carrollton, TX: Primedia Healthcare, 2004.

1 videocassette (30 min.)

The program describes the role of healthcare professionals in a support group, identifies the membership, offers strategies to use with families who avoid involvement, describes activities and discussions, including advocacy, and provides outside resources for creating family support groups. Order VHS or DVD copies from [www.mavc.com](http://www.mavc.com)

Green-Field Library Call No.: WM 220 VC no. 963 2004

### *Alzheimer's disease: inside looking out.*

Chicago, IL: Terra Nova Films, 1994.

1 videocassette (19 min.)

Personal interviews with people in the early stages of Alzheimer's disease offer in sights into how the illness alters their everyday life. They discuss dependence on other, driving, becoming a burden, attitudes toward them, airing emotions and support groups as a valuable resource for those in the early stages of the disease. Produced by the Cleveland Area Chapter of the Alzheimer's Association.

Green-Field Library Call No.: WM 220.5 VC no.298 1994

*Working it out: support groups for nursing aides.*

Watertown, MA: New England Research Institute, Inc., 1992.

1 videocassette (30 min.)

Video and leader's handbook aimed at helping nurse aides reduce stress and turnover.

Green-Field Library Call No.: WY 193 VC no.564 1992

## Supporting Persons with Dementia

### Articles, Journal

Cheston, R.; Jones, K.; Gilliard, J. Group psychotherapy and people with dementia. *Aging & Mental Health*. Nov 2003; vol. 7(6), pp. 452-461.

Green-Field Library does not own.

Goldfein, S E. Supporting people with early stage Alzheimer's disease: communication considerations. *Alzheimer's Care Quarterly*. Jan-Mar 2007, vol. 8(1), pp. 26-33.

Green-Field Library owns.

Goldsilver, P.M.; Gruneir, M.R.B. Early stage dementia group: an innovative model of support for individuals in the early stages of dementia. *American Journal of Alzheimer's Disease and Other Dementias*. 2001; vol. 16(2), pp. 109-114.

Green-Field Library owns.

Hurtley, R. Support for relatives: a partnership approach. *Journal of Dementia Care*. Mar-Apr 2009; 17(2), pp. 22-24.

Green-Field Library owns.

Mason, E.; Clare, L.; Pistrang, N. Processes and experiences of mutual support in professionally-led support groups for people with early-stage dementia. *Dementia: The International Journal of Social Research & Practice*. Feb 2005; vol. 4(1), pp. 87-112.

Green-Field Library owns.

Morhardt, D.; Sherrell, K.; Gross, B. Person to person column. Reflections of an early stage memory loss support group for persons with Alzheimer's and their family members. *Alzheimer's Care Quarterly*. Jul-Sep 2003; vol. 4(3), pp. 185-188. Green-Field Library owns.

Parker, J.; Young, A.; Rogers, K. 'My mum's story': a deaf daughter discusses her deaf mother's experience of dementia. *Dementia*. Feb 2010; vol. 9(1), pp. 5-20 Green-Field Library owns.

Pratt, R.; Clare, L.; Aggarwal, N. The 'Talking About Memory Coffee Group': a new model of support for people with early-stage dementia and their families. *Dementia: The International Journal of Social Research & Practice*. Feb 2005; vol. 4(1), pp 143-148. Green-Field Library owns.

Yale, R.; Kaplan, D. Memory loss support groups for residents of assisted living: enhancing quality of care and quality of life. *Alzheimer's Care Quarterly*. Oct - Dec 2006; vol. 74(4), pp. 226- 242. Green-Field Library owns.

Zarit,S.; Femia, E.; Watson, J.; et al. Memory club: a group intervention for people with early-stage dementia and their care partners. *Gerontologist*. Apr 2004; vol. 44(2), pp. 262-269. Green-Field Library owns.

### **Books and Book Chapters**

Kuhn, D. Keeping a person with AD active and healthy: obtaining the help you may need. IN: *Alzheimer's early stages*, pp.180-200; 217-232. Alameda, CA: Hunter House, 2003. This resource contains sections on support groups. Green-Field Library Call No.: WM 220 K96 2003

Snyder, L. *Speaking our minds: personal reflections from individuals with Alzheimer's disease.*

New York, New York: W. H. Freeman & Co., 1994.

Green-Field Library Call No.: WM 220.5 S675 1999

Yale, R. *Developing support groups for individuals with early-stage Alzheimer's disease: planning implementation, and evaluation.*

Baltimore, MD: Health Professions Press, 1995.

Green-Field Library Call No.: WM 220 Y18d 1995

Yale, R.; Snyder, L. The experience of support groups for persons with early stage Alzheimer's disease and their families. IN Harris, P. *The person with Alzheimer's disease: pathways to understanding the experience.* Baltimore, MD: Johns Hopkins University Press, 2002, pp. 228–245.

Green-Field Library Call No.: WM 220 P47 2002

## Video

*Alzheimer's disease : inside looking out*

Cleveland, OH: Alzheimer's Association Cleveland Area Chapter, 1994.

Personal interviews with people in the early stages of Alzheimer's disease offer insights into how the illness alters their everyday life. Discussion include dependence on others, driving, becoming a burden, attitudes toward them, airing emotions and support groups as a valuable resource for those in the early stages of the disease.

Green-Field Library Call No.: WM 220 DVD no.79 1994

## Web Resources

*Support groups: make connections, get help.*

Mayo Foundation for Medical Education and Research (MFMER), Rochester, MN.

<http://www.mayoclinic.com/health/support-groups/MH00002/METHOD=print>

*Earlier AD diagnosis: creating demand for early stage support groups.*

Connections. 2005; vol. 13(1-2), pp. 1-5.

<http://www.nia.nih.gov/alzheimers/features/earlier-ad-diagnosis-creating-demand-early-stage-support-groups>

Green-Field Library owns.

## Supporting Professionals

### Articles, Journal

Amato, M.T. The use of a mutual aid group with home attendants. *Journal of Gerontological Social Work*. 2004; vol. 44(1-2), pp. 243-253.

Green-Field Library owns.

Bartlett, Y.K.; Coulson, N.S. An investigation into the empowerment effects of using online support groups and how this affects health professional/patient communication. *Patient Education & Counseling*. Apr 2011; 83(1); pp. 113-119.

Green-Field Library does not own.

Ben-Ari, A. Dimensions and predictions of professional involvement in self-help groups: a view from within. *Health Social Work*. May 2002; vol. 27(2), pp. 95-103.

Green-Field Library does not own.

Blaine, M. Relieving stress: a short-term support group for home attendants. *Care Management Journals*. Fall 2000; vol. 2(3), pp. 190- 195.

Green-Field Library owns.

Spagnolo, A.B.; Dolce, J.N.; Roberts, M.M.; et al. A study of the perceived barriers to the implementation of circles of support. *Psychiatric Rehabilitation Journal*. Win 2011; vol. 34(3), pp. 233-242.

Green-Field Library does not own.

Weber, S.R.; Pirraglia, P.A.; Kunik, M.E. Use of services by community-dwelling patients with dementia: a systematic review. *American Journal of Alzheimer's Disease and Other Dementias*. May 2011; vol. 26(3), pp. 195-204.

Green-Field Library owns.

## Books

Ballard E.L. Support groups: meeting the needs of families caring for persons with Alzheimer's disease. IN: Cox, C.B. *Dementia and Social Work Practice Research and Interventions*.

New York, NY: Springer Publishing Company, 2007.

Green-Field Library Call No.: REF HV 687 D3755 2007

Doka, K.J. *Caregiving and loss: family needs, professional responses*.

Washington, DC: Hospice Foundation of America, 2001.

Green-Field Library Call No.: BF 575 C271 2001

Elman, R.J. *Group treatment of neurogenic communication disorders: the expert clinician's approach*.

San Diego, CA: Plural Publishing, 2007

Green-Field Library Call No.: WL 340.5 G882 2007

Esme, M-C.; Manthorpe, J. *Early psychosocial interventions in dementia: evidence-based practice*.

Philadelphia, PA: Jessica Kingsley Publishers, 2009.

Green-Field Library Call No.: WM 220 M744 2009

Haight, B.K.; Gibson, F. *Burnside's working with older adults: group process and technique*.

This textbook is exclusively about support group work including dementia.

Sudbury, MA: Jones and Bartlett, 2005.

Green-Field Library Call No.: HQ 1061 H149 2005

Hartley, P.; Kennard, D. (eds.). *Staff support groups in the helping professions: principles, practice and pitfall.*

New York, NY: Routledge, 2009.

Green-Field Library does not own.

## Support Group Manuals

### Books

Dominique, M.S. *The mutual-aid approach to working with groups: helping people help one another.*

New York: Haworth press, 2004.

Green-Field Library Call No.: HV 1461 S819 2004

*Facilitator's manual.*

Seattle, WA: Alzheimer's Association Western and Central Washington Chapter, 1999. A manual for support group leaders on effectiveness, function, getting started, and group dynamics.

Green-Field Library Call No.: WM 426 F141 1999

Miller, J.E. *Effective support groups: how to plan, design, facilitate, and enjoy them.*

Fort Wayne, IN.: Willowgreen Publishing, 1998.

Green-Field Library Call No.: on order.

Schiff, H.R. *Support group manual: a session by session guide.*

New York, NY: Penguin, 1996.

Green-Field Library Call No.: WM 220 S333 1996

Teitel, R. *Handholder's handbook: a guide for caregivers of people with Alzheimer's or other dementias.*

New Brunswick, NJ: Rutgers University Press, 2001.

Green-Field Library Call No.: WM 220 T265 2001

## Videos

*Advanced support group leader training: responding to difficult personalities.*

Atlanta, GA: Alzheimer's Association Atlanta Georgia Chapter

1 videocassette

Green-Field Library Call No.: WM 220 VC no 618-1

*Advanced support group leader training: responding to difficult situations.*

Atlanta, GA: Alzheimer's Association Atlanta Georgia Chapter S

1 videocassette

Green-Field Library Call No.: WM 220 VC no 618-2

## Web Resources

*A family caregivers support group guide.*

Nancy Carson.

This brief article covers the benefits derived from supports groups, what makes them effective, the types, online groups, questions to ask, and the administrative aspects of running them.

<http://www.thefamilycaregiver.org/pdfs/SupportGrpGuide.pdf>

*Looking forward, moving ahead!: support group leader's manual.*

Miami, FL: National Parkinson Foundation.

Geared toward Parkinson's disease, this manual contains ideas on getting a group started and keeping it going.

<http://www.parkinson.org/NationalParkinsonFoundation/files/d9/d97940af-9222-47f5-a621-423cc8906fc1.pdf>

*Starting a self-help group.*

London, UK: Alzheimer Disease International.

An online booklet on the purpose of self-help groups, how to get started, planning the first meeting, and keeping the meetings going.

<http://www.alz.co.uk/adi/startgroupfull.html>

## Support Groups and Dementia

A selected list of references compiled by

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Updated June 2011