Support Groups and Dementia

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library. Contact your local chapter or local library for availability of the items.

On this resource list:

Alzheimer's Association Publications

General Resources

Clinical Research

Function, Implementation, and Caregiver Program Models

Supporting Persons with Dementia

Supporting Professionals

Support Group Manuals

Alzheimer’s Association Publications

Brochure

*Staying strong: stress relief for caregivers.*
Chicago, IL: Alzheimer's Association.
Web Resources

Alzheimer’s Association support groups.
Chicago, IL: Alzheimer’s Association.
Contact your nearest Alzheimer’s Association chapter to find support groups in your area.
http://www.alz.org/apps/we_can_help/support_groups.asp

Alzheimer’s Association message boards and chat rooms.
Chicago, IL: Alzheimer’s Association National Office.
The Alzheimer’s Association message boards and chat rooms are an online communication forum for sharing thoughts and experiences and querying colleagues.
http://www.alz.org/living_with_alzheimers_message_boards_lwa.asp

General Resources

Books

Capossela, C.; Warnock, S. Share the care: how to organize a group for someone who is seriously ill.
Green-Field Library Call No.: WY 200 C246 2004

Lake, N. The caregivers: a support groups stories of slow loss, courage, and love.
Green-Field Library Call No.: WM 220.75 L192 2014

Steinberg, D.M. The mutual-aid approach to working with groups: helping people help one another.
Green-Field Library Call No.: HV 1461 S819 2004

**Web Resources**

*Lotsa Helping Hands.*

Friends, family members and neighbors can offer to lend a hand with caregiving for a person with dementia using Lotsa Helping Hands to keep track of care volunteers.

http://www.alz.org/we_can_help_lotsa_helping_hands.asp

**Clinical Research**

**Articles, Journal**


Green-Field Library does not own.


Green-Field Library owns.


Green-Field Library owns.
Green-Field Library owns.

Green-Field Library owns.

Abstract: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2922206/?tool=pmcentrez](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2922206/?tool=pmcentrez)
Green-Field does not own.

Green-Field Library does not own.

Green-Field Library owns.
McKechnie, V.; Barker, C.; Stott, J.; et al. The effectiveness of an Internet support forum for carers of people with dementia: a pre-post cohort study. *Journal of Medical Internet Research.* Feb 28, 2014; vol. 16(2), e68.
Green-Field Library does not own.

Green-Field Library does not own.

Green-Field Library owns.

Abstract: [http://jag.sagepub.com/content/28/4/419.short](http://jag.sagepub.com/content/28/4/419.short)
Green-Field Library does not own.

Green-Field Library does not own.

Steffen, AM; Mangum, KR. Predicting attendance at dementia family support groups. *American journal of Alzheimer’s disease other dementias.* Dec 2012; vol. 27(8), pp. 633-639.
Green-Field Library owns.
Green-Field library owns.

**Function, Implementation, and Caregiver Program Models**

**Articles, Journal**

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library owns.

Green-Field Library does not own.

Abstract: [http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=5537380&fileId=S1041610209008448](http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=5537380&fileId=S1041610209008448)
Green-Field Library owns.

Abstract: none available. Describes the value of support groups and lack of physician referral.
Green-Field Library owns

**Book**

Green-Field Library Call No.: WM 220 M685c 2003
Videos

*Alzheimer’s and dementia: caring for the caregiver.*
1 videocassette (57 min.)
The program gives examples of persons who have learned to cope effectively with the stresses of caregiving. Support groups and other outlets of self-care are examined.
Green-Field Library does not own.

*Alzheimer’s and dementia: support groups for families and friends.*
1 videocassette (30 min.)
The program describes the role of healthcare professionals in a support group, identifies the membership, offers strategies to use with families who avoid involvement, describes activities and discussions, including advocacy, and provides outside resources for creating family support groups. Order VHS or DVD copies from www.mavc.com
Green-Field Library Call No.: WM 220 VC no.963 2004

*Alzheimer’s disease: inside looking out.*
1 videocassette (19 min.)
Personal interviews with people in the early stages of Alzheimer’s disease offer insights into how the illness alters their everyday life. They discuss dependence on other, driving, becoming a burden, attitudes toward them, airing emotions and support groups as a valuable resource for those in the early stages of the disease. Produced by the Cleveland Area Chapter of the Alzheimer’s Association.
Green-Field Library Call No.: WM 220 DVD no.79 1994
**Working it out: support groups for nursing aides.**
1 videocassette (30 min.)
Video and leader’s handbook aimed at helping nurse aides reduce stress and turnover.
Green-Field Library Call No.: WY 193 VC no.564 1992

**Supporting Persons with Dementia**

**Articles, Journal**

Green-Field Library owns.

Keyes, SE; Clarke, CL; Wilkinson, H.; et al. "We’re all thrown in the same boat ... ": A qualitative analysis of peer support in dementia care. *Dementia*. Apr 17, 2014; ahead of print.
Abstract: http://dem.sagepub.com/content/early/2014/04/04/1471301214529575.abstract
Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.
Books and Book Chapters


Video

Alzheimer’s disease : inside looking out
Cleveland, OH: Alzheimer's Association Cleveland Area Chapter, 1994. Personal interviews with people in the early stages of Alzheimer's disease offer insights into how the illness alters their everyday life. Discussion include dependence on others, driving, becoming a burden, attitudes toward them, airing emotions and support groups as a valuable resource for those in the early stages of the disease. Green-Field Library Call No.: WM 220 DVD no.79 1994
Web Resources

Support groups: make connections, get help.
Mayo Foundation for Medical Education and Research (MFMER), Rochester, MN.
http://www.mayoclinic.com/health/support-groups/MH00002/METHOD=print

Earlier AD diagnosis: creating demand for early stage support groups.
http://www.nia.nih.gov/alzheimers/features/earlier-ad-diagnosis-creating-demand-early-stage-support-groups
Green-Field Library owns.

Supporting Professionals

Articles, Journal

Green-Field Library owns.

Bartlett, YK; Coulson, NS. An investigation into the empowerment effects of using online support groups and how this affects health professional/patient communication. Patient Education & Counseling. Apr 2011; 83(1), pp. 113-119.
Green-Field Library does not own.

Green-Field Library owns.
Green-Field Library does not own.

Green-Field Library does not own.

Tarzia, L.; Fetherstonhaugh, D.; Bauer, M.; et al. "We have to work within the system!": staff perceptions of organizational barriers to decision making for older adults with dementia in Australian aged care facilities. *Research in Gerontological Nursing.* May 2015; vol. 8, pp. 1-7.
Green-Field Library does not own.

Abstract: http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9336929
Green-Field Library does not own.

Green-Field Library owns.


Green-Field Library owns.

**Books**

Ballard E.L. Support groups: meeting the needs of families caring for persons with Alzheimer’s disease. IN: Cox, C.B. *Dementia and Social Work Practice Research and Interventions.*


Green-Field Library Call No.: REF HV 687 D3755 2007

Doka, K.J. *Caregiving and loss: family needs, professional responses.*


Green-Field Library Call No.: BF 575 C271 2001

Esme, M-C.; Manthorpe, J. *Early psychosocial interventions in dementia: evidence-based practice.*


Green-Field Library Call No.: WM 220 M744 2009

Haight, B.K.; Gibson, F. *Burnside’s working with older adults: group process and technique.*

This textbook is exclusively about support group work including dementia.

Sudbury, MA: Jones and Bartlett, 2005.

Green-Field Library Call No.: HQ 1061 H149 2005

Hartley, P.; Kennard, D. (eds.). *Staff support groups in the helping professions: principles, practice and pitfall.*


Green-Field Library does not own.
Support Group Manuals

Books

Dominique, M.S. The mutual-aid approach to working with groups: helping people help one another.
Green-Field Library Call No.: HV 1461 S819 2004

Facilitator’s manual.
Seattle, WA: Alzheimer’s Association Western and Central Washington Chapter, 1999. A manual for support group leaders on effectiveness, function, getting started, and group dynamics.
Green-Field Library Call No.: WM 426 F141 1999

Miller, J.E. Effective support groups: how to plan, design, facilitate, and enjoy them.
Green-Field Library Call No.: HV 1461 M647 1998

Schiff, H.R. Support group manual: a session by session guide.
Green-Field Library Call No.: WM 220 S333 1996

Teitel, R. Handholder’s handbook: a guide for caregivers of people with Alzheimer’s or other dementias.
Green-Field Library Call No.: WM 220 T265 2001
Web Resources

A family caregivers support group guide.
Nancy Carson.
This brief article covers the benefits acquired from supports groups, what makes them effective, the types, online groups, questions to ask, and the administrative aspects of running them.

Looking forward, moving ahead!: support group leader's manual.
Miami, FL: National Parkinson Foundation.
Geared toward Parkinson's disease, this manual contains ideas on getting a group started and keeping it going.

Starting a self-help group.
An online booklet on the purpose of self-help groups, how to get started, planning the first meeting, and keeping the meetings going.
http://www.alz.co.uk/adi/startgroupfull.html

Support group facilitation training manual
Alzheimer Society of PEI
Prince Edward Island, CA
Covers the purpose, function, format, guidelines, tips for success, and more.
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A selected list of references compiled by

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Updated August 2015