

**Please return completed form to Chapter office no later than February 24, 2012.  
Please mail form back to AALI, 45 Park Ave., Bay Shore, NY 11706  
or fax to (631) 580-3100.**

**Name of Attendee(s):** \_\_\_\_\_

**Company Name:** \_\_\_\_\_

**Contact Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **e-mail address:** \_\_\_\_\_

**REGISTRATION FEES: FULL DAY SESSION: \$45.00 Per Person**

*Includes: Expo, Seminars, Breakfast, Lunch, Coffee Breaks and Wine & Cheese Reception*

**LUNCH ONLY: \$25.00 Per Person**

**Nursing Home Administrators:** This educational offering is being reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners for Long Term Care Administrators (NAB).

**Activity Professionals:** This entire Conference is being reviewed by the International Association for Continuing Education and Training (IACET) and the New York State Recreation & Park Society, Inc. (NYSRPS). Applicable fees will apply.

**Social Workers:** This entire program is being reviewed by the National Association of Social Workers (NASW) for Continuing Education.

**\*All Fees are non-refundable\***

**Acceptable forms of payment: Cash, Check, Credit Card – Please make checks payable to: Alzheimer’s Association Long Island**

IF YOU PREFER, AALI DOES ACCEPT CREDIT CARDS:  Visa  Master Card  American Express

NAME ON CARD: \_\_\_\_\_ SIGNATURE \_\_\_\_\_

ACCOUNT # \_\_\_\_\_ EXP. DATE \_\_\_\_\_ CVV/CVC Code \_\_\_\_\_

We are pleased to announce that **On-Site Respite Care** will be available at no cost, on a first come, first served basis. This service is generously donated by **Home Companion Services of New York, Inc.**



**ON-SITE RESPITE CARE REGISTRATION FORM**

NAME OF PARTICIPANT \_\_\_\_\_

Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Date of AD Diagnosis \_\_\_\_\_ SPECIAL INSTRUCTIONS \_\_\_\_\_

Caregiver Contact Name & Phone # \_\_\_\_\_

**SESSION REGISTRATION**

PLEASE CHECK OFF WHICH SESSIONS YOU WILL BE ATTENDING: (one in the AM and one in the PM)

**AM or PM**

**SESSION I – The Clinical Benefits of Music on Aging, Wellness, and Quality of Life**

**SESSION II – Alzheimer’s Medication: The Good, The Bad, and The Ugly**

**SESSION III – Physiological Changes in a Person with Alzheimer’s Disease**

**AM or PM**

**SESSION IV – Facilitating Effective Meetings with Families of Patients with Dementia**

**SESSION V – Optimizing Nutrition Status for Alzheimer’s Disease...Tips For Caregivers**

**SESSION VI – Protecting the Family Home from Long-Term Care Expenses**

Please fill out, tear off and fax back.

12:00 p.m. to 1:30 p.m.

### Lunch

Co-Sponsored by Melville Marriott Long Island and The Amsterdam at Harborside

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### 12:30 p.m. to 1:30 p.m. Luncheon Keynote – “From Long Island to Malibu: The Far Reach of Alzheimer’s in One Family”

Sponsored by: Royal Healthcare Services

**Speaker – Laura Savini** – Our Luncheon speaker Laura Savini, WLIW and PBS host and producer, as well as President of Untamed Hair Productions, will speak personally about her recent experiences as the guardian to her late Godmother/Aunt and as friend to singer Glen Campbell who recently went public with his diagnosis of Alzheimer’s disease. Laura will be screening and discussing the first look at the new movie telling Glen’s story.



**Laura Savini**  
WLIW and PBS host/producer and president Untamed Hair Productions

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### 1:45 p.m. to 2:45 p.m. Afternoon Breakout Sessions

SESSION I – “The Clinical Benefits of Music on Aging, Wellness and Quality of Life”

SESSION II – “Alzheimer’s Medication: The Good, The Bad, and the Ugly”

SESSION III – “Physiological Changes in a Person with Alzheimer’s Disease”

SESSION IV – “Facilitating Effective Meetings with Families of Patients with Dementia”

SESSION V – “Optimizing Nutrition Status for Alzheimer’s Disease...Tips for Caregivers”

SESSION VI – “Protecting the Family Home from Long-Term Care Expenses”

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### 2:45 p.m. to 3:00 p.m. Ice Cream Social

Sponsored by: Brandywine at The Savoy and Huntington Terrace

### 3:00 p.m. to 4:00 p.m. Wine and Cheese Reception

Sponsored by: Harbor House Assisted Living

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### 3:00 p.m. to 4:00 p.m. Closing Plenary Session

Sponsored by: Atria Senior Living Group

**Speaker – Maestro David Dworkin** – Maestro Dworkin has led orchestras across America and abroad, and served as Conductor and Artistic Consultant of three PBS Television documentaries in the series, *Grow Old With Me*. Combining the musical, educational and aerobic, Conductorcise® is extremely effective in getting participants enthused about classical music, and keeping them engaged, thinking and in motion. The uniqueness of Conductorcise® is born out of natural body movement and our physical and emotional response to music. As with other exercises, Conductorcise® contributes to stress relief, relieving anxiety, securing balance and staving off memory loss. The Maestro’s carefully crafted programs for Alzheimer’s patients have met with great success across the country. Please join Maestro Dworkin in this interactive Closing Plenary Session.



**Maestro David Dworkin**  
Conductorcise® An interactive session combining music, education and aerobic activity to help people with Alzheimer’s disease.

# alzheimer's association®

LONG ISLAND

the compassion to care, the leadership to conquer

## ANNUAL ALZHEIMER'S DISEASE EDUCATION CONFERENCE and Expo 2012

Thursday, March 8<sup>th</sup> 2012

Melville Marriott Long Island

1350 Old Walt Whitman Road, Melville, NY 11747



**Ronda and Mindy Wexler**

*Increase your knowledge of the many different types of medications prescribed for people with Alzheimer's disease.*

### BREAKOUT SESSIONS

All sessions will be presented in the morning and then repeated again in the afternoon to give everyone an opportunity to attend more than one session.

**Session I:**

The Clinical Benefits of Music on Aging, Wellness and Quality of Life

**Session II:**

Alzheimer's Medication: The Good, The Bad, and The Ugly

**Session III:**

Physiological Changes in a Person With Alzheimer's Disease

**Session IV:**

Facilitating Effective Meetings With Families of Patients With Dementia

**Session V:**

Optimizing Nutrition Status for Alzheimer's Disease... Tips for Caregivers

**Session VI:**

Protecting the Family Home from Long Term Care Expenses

**Luncheon Keynote:**

From Long Island to Malibu: The far reach of Alzheimer's in one family, including a first look at the new movie telling singer Glen Campbell's story.



**Maestro David Dworkin**

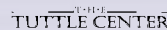
*Conductorcise® An interactive session combining music, education and aerobic activity to help people with Alzheimer's disease.*



**Laura Savini**

*WLIW and PBS host/producer and president Untamed Hair Productions*

Presented by



2012 Education Conference Sponsors

# AAI Annual Education Conference Program/Registration Brochure

8:00 a.m. to 9:00 a.m.

Registration/Continental Breakfast/Expo

9:00 a.m. to 9:15 a.m.

Welcome by Mary Ann Malack-Ragona  
Executive Director/CEO

9:15 a.m. to 10:00 a.m.

Opening Session: Caregiver Discussion Panel

**Facilitated by – Ellen Tolle, RN, MPS, AAI Instructor,** will encourage individual caregivers to discuss the challenges and experiences encountered when caring for a loved one with Alzheimer's disease. This session will provide renewed support and confidence for all of the work you do as informal and formal caregivers, and send you back to your important work knowing that what you do as caregivers is critical and vital when ensuring quality care.

10:00 a.m. to 10:30 a.m.

Coffee Break with Exhibitors

Sponsored by: Sunrise Senior Living & Dignity HomeCare

10:30 a.m. to 11:45 a.m.

Morning Breakout Sessions

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## SESSION I – “The Clinical Benefits of Music on Aging, Wellness, and Quality of Life”

Sponsored by: Ronald Fatoullah & Associates

**Speaker – Dr. Concetta Tomaino, D.A., MT-BC, LCAT** – It has long been observed that music, particularly music of personal importance, can reach and stimulate dramatic responses in persons with Alzheimer's disease and other forms of dementia. Attention is maintained, fragments of memories unfold, and a true connection to the “self” takes place. Specific applications of music can be applied to support short term memory, increased physical function, long term memory recall and overall emotional well-being. Drawing from clinical and scientific research, Dr. Tomaino will explain how and why music is an essential therapeutic tool to not only maintain aging wellness but to reach and benefit those severely limited by Alzheimer's disease and dementia.

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## SESSION II – “Alzheimer's Medication: The Good, The Bad, and the Ugly”

Sponsored by: Right at Home North Shore LI

**Speakers – Ronda Wexler-Kahn, RPh. And Mindy Wexler-Rosenfeld, RPh. –**

Ronda Wexler-Kahn and Mindy Wexler-Rosenfeld are licensed pharmacists in New York with many years of providing pharmacy services in long term care, acute/hospital settings and psychiatric care. Their knowledge of geriatric and psychiatric medication, drug utilization evaluation and emerging medications in both the personal and professional settings will increase your knowledge about the many different types of medications that are prescribed for people with Alzheimer's disease. In this session, you will learn about neurological medications, discuss antidepressants, the black box warning and quality of life.



**Ronda and Mindy Wexler**

Increase your knowledge of the many different types of medications prescribed for people with Alzheimer's disease.

### SESSION III – “Physiological Changes in a Person with Alzheimer’s Disease”

*Sponsored by: Vincent J. Russo & Associates, P.C.*

**Speaker – Dr. Max Rudansky, MD, FAAN, FACP** – A growing body of research into Alzheimer’s disease and other disorders that affect memory and cognition shows a strong link between cardiovascular health and memory. Dr. Max Rudansky will review some of the literature and describe how important it is to maintain a healthy brain and healthy lifestyle in order to keep the brain “muscle” in shape. He will discuss the physiological changes of a brain that is beset with Alzheimer’s disease and the steps along the way that can be taken to slow the progression. Dr. Rudansky will paint an overall picture of the changes that occur with Alzheimer’s and the newest research and approaches to slowing the disease and maintaining a healthy brain.

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### SESSION IV – “Facilitating Effective Meetings with Families of Patients with Dementia”

*Sponsored by: Nancy Burner & Associates, P.C.*

**Speaker – Robyn Berger-Gaston, ACSW, LCSW** – Meetings with family members of patients with Alzheimer’s disease and/or dementia are important in providing the best care. There are many different things that you should consider when planning these meetings. Robyn Berger-Gaston will help you through the process with tips and suggestions on facilitating effective meetings. She will discuss the ethical and practical considerations of whether or not to include the patient and how to apply crisis intervention strategies in family meetings. You will learn the differences between family meetings and family therapy as well as how to approach the dementia diagnosis as a critical event.

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### SESSION V – “Optimizing Nutrition Status for Alzheimer’s Disease...Tips For Caregivers”

*Co-Sponsored by: Hunter EMS and Sodexo*

**Speaker – Cherub Barbaro, RD, CDN** – There are many common health concerns and nutritional implications for maintaining adequate nutrition for people with Alzheimer’s disease. Cherub Barbaro will discuss the barriers that contribute to poor nutritional status, the underlying disease factors and that there is no “Alzheimer’s diet.” She will also speak about the dietary interventions you can take to promote a healthy nutritional status such as approaches for a healthier lifestyle, how to make mealtime easier and strategies to consider and incorporate. In this session, you will learn how to make a plan, the importance of adaptation, and gain an understanding of unique and individualized situations.

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### SESSION VI – “Protecting the Family Home from Long-Term Care Expenses”

*Sponsored by: Amber Court Assisted Living*

**Speakers – AALI Legal Advisory Committee** – Cutbacks to the Medicaid program and other governmental entitlements have become an important and necessary topic for discussion. Please join members of AALI’s Legal Advisory Committee as they discuss how to pay for Long Term Care, Medicaid eligibility for Home Care and Skilled Nursing Care, exempt transfers of the family home and transfers of liquid assets. They will also share information on the 5 year look back period, the calculation of Medicaid penalty periods, the home equity limitation and planning options regarding the home. There will also be an update on when and how New York State can recover from the estates of Medicaid recipients and their spouse.

*Continued on Back Cover*

# alzheimer's association® LONG ISLAND

the compassion to care, the leadership to conquer

## VISION

A world without Alzheimer's

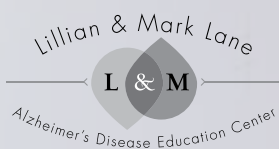
## MISSION

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

## CORE SERVICES

- Care and Consultation
- Information and Referral
- Education
- Support Groups
- MedicAlert® + Safe Return®

Presented by



Luncheon Keynote Sponsor



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Alzheimer's Association Long Island • [www.alz.org/longisland](http://www.alz.org/longisland) • 24-hour Helpline 800-272-3900