

alzheimer's association®

STEP BY STEP: THE JOURNEY WITH ALZHEIMER'S *AN EDUCATIONAL SERIES FOR FAMILIES AND CAREGIVERS*

This series is of **no cost** to persons with dementia, families or caregivers. Call 337-984-4884 and let us know which sessions you plan to attend. Due to limited seating, we ask that you please pre-register. Refreshments will be provided.



Thursday Evenings 5:30-6:30pm
All sessions hosted at
Our Lady of Lourdes
Educational Room 109
611 St. Landry Street, Lafayette

*Take the first step!
Reserve your space.*



TOPIC SCHEDULE

MARCH 18TH

WHAT IS ALZHEIMER'S
DISEASE?

MARCH 25TH

FINANCIAL PLANNING/
LEGAL ISSUES/MONEY MATTERS

APRIL 1ST

STRESS MANAGEMENT FOR
CAREGIVERS

APRIL 8TH

BEHAVIOR AND ACTIVITIES
WITH MEANING

APRIL 15TH

WHEN HOME IS NOT ENOUGH

APRIL 22ND

END OF LIFE ISSUE

**For more information call 337-984-4884
or email Danielle.bacque@alz.org**