

www.alz.org/maine **Maine Chapter**
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Falmouth, ME 04105

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800 272-3900 **toll free**
207 781-3312 **facsimile**



ALZHEIMER'S/DEMENTIA SUPPORT SERVICES ANDROSCOGGIN COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatrician, nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- The Center for Senior Medicine, 100 Campus Avenue, Ste. 102, Lewiston
(207) 755-3360
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773 or 1-800-939-3333
- MMC Geriatric Center, 66 Bramhall Street, Portland
(207) 662-2847
- Rosscare's Center for Healthy Aging, Bangor
(207) 973-7094
- Memory Clinic, Northern Maine Medical Center, Fort Kent
(207) 834-3101
- Geriatric Evaluation and Management, Veteran's Administration Medical Center Togus
1-877-421-8263, ext. 5452
- The Memory Clinic, Southern Maine Medical Center, 3 Webhannet Place, Kennebunk
(207) 467-8215

Geriatricians: *Physicians specializing in the care of the elderly.*

Karim Yacoub, MD	100 Campus Avenue	Lewiston	755-3360
John Yindra, MD	180 Church Hill Road	Leeds	524-3501
Michael Boulanger, MD		Lewiston	777-8810

Geriatric Psychiatrists, Neuropsychologists and Mental Health Professionals : *Psychiatrists and other professionals specializing in the care of the elderly and others with mental disorders.*

Muriel Guay, LSW	1008 Lisbon Street	Lewiston	784-1480
Luke Ballegner, III, MD	100 Campus Ave, Suite 208	Lewiston	777-8974
David Dettmann, DO	100 Campus Ave, Suite 208	Lewiston	777-8974
Scott Treworgy, MD	100 Campus Ave, Suite 208	Lewiston	777-8974
Tri-County Mental Health Services	Several Locations		888-304-4673

Neurologists: *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

David Burke	99 Campus Ave, Ste 402	Lewiston	777-4455
Carl Robinson, MD	99 Campus Ave, Ste 402	Lewiston	777-4455
Edward Waybright, MD	10 Minot Ave.	Lewiston	795-2927

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Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Elder Law Offices of Kathleen Kienitz	443 Main St.	Lewiston	783-8500
Legal Services for the Elderly			1-800-750-5353
Lawyer Referral and Information Service			1-800-860-1460
Volunteer Lawyers Project			1-800-442-4293
Pine Tree Legal	37 Park St, Ste. 401	Lewiston	784-1558

In-Home Respite: *Funds are available through the **Partners in Caring** Program to pay for in-home adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Seniors Plus 1-800-427-1241 or 795-4010

Adult Day Services: *Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.*

None at this time

Companions and Personal Care Assistance: *Agencies that can provide a companion, personal care assistant, and light housekeeping.*

Assistance Plus	1604 Benton Ave	Benton	1-800-781-0070
Androscoggin Home Care & Hospice	15 Strawberry Ave	Lewiston	1-800-482-7412
Supportive Care			
Arcadia Home Health Care	229 Center St	Auburn	786-3337
Helping Hands	571 Sabattus St, Ste 2	Lewiston	777-5294
Home Care for ME	PO Box 358	Gardiner	1-800-639-3084
Interim Health Care	13 Westminster Street	Lewiston	775-3366
New England Family Health	584 Main Street	South Portland	1-800-295-3599

Home Health Agencies: *Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare and other health insurances.*

Androscoggin Home Care and Hospice	PO Box 819	Lewiston	777-7740
Beacon Hospice	55 Lisbon St	Lewiston	784-4242
Helping Hands	571 Sabattus St, Ste 2	Lewiston	777-5294
Interim Health Care	675 Main Street	Lewiston	783-6700
Maxim Healthcare Services	233 Oxford St, Ste 32	Portland	822-4010

Residential Care Communities / Assisted Living Communities with Alzheimer's Units: *Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. * Indicates that they accept MaineCare (Medicaid).*

* Auburn Residential Care	185 Summer St	Auburn	786-0676
* Bolster Heights	26 Bolster St	Auburn	784-1364
Alz* Clover Manor	440 Minot Ave	Auburn	784-3573
* Schooner Estates (AL)	200 Stetson Rd	Auburn	784-2900
Alz* Marshwood Center	33 Roger St	Lewiston	784-0108
* Montello Commons	540 College St	Lewiston	783-2039

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Residential Care Communities/Assisted Living Communities with Alzheimer's Units (continued):

* Russell Park Manor	158 Russell St	Lewiston	786-0691
* Sabattus Residential Care	69 Lisbon St	Sabattus	375-6562
* Sarah Frye Home	751 Washington St. N	Auburn	784-7242
S/L Schooner Estates (AL)	200 Stetson Rd	Auburn	784-2900
Alz* The Lamp	64 Lisbon Rd	Lisbon	353-4318

Nursing Facilities with Alzheimer's Units: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept MaineCare (Medicaid).*

Alz Clover Manor	440 Minot Avenue	Auburn	784-3573
Alz D'Youville Pavilion	102 Campus Avenue	Lewiston	777-4200
Alz Marshwood Center	33 Roger Street	Lewiston	784-0108
Montello Manor II	540 College Street	Lewiston	783-2039

Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Clover Manor	Auburn	784-3573
Seniors Plus Bldg	Lewiston	795-4010
The Lamp	Lisbon	353-4318

Places to Borrow books and other materials: Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.

Senior's Plus ©	800-427-1241	Mechanic Falls Library	345-9450
Auburn Library	782-3191	Lisbon Library	353-6564
DFD Russell Medical Center ©	524-5928	Western Maine Fam. Health	897-4345
Lewiston Library	784-0135	Sabattus Library	375-3276
Poland Library	998-4390		

© = sites that have a copy of *Complaints of a Dutiful Daughter*

Statewide Resource Numbers:

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
FALMOUTH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.

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