



ALZHEIMER'S/DEMENTIA SUPPORT SERVICES AROOSTOOK COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatrician, nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Senior Medicine, 100 Campus Avenue, Ste. 102, Lewiston
(207) 755-3360
- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773 or 1-800-939-3333
- MMC Geriatric Center, 66 Bramhall Street, Portland
(207) 662-2847
- Rosscare's Center for Healthy Aging, Bangor
(207) 973-7094
- Memory Clinic, Northern Maine Medical Center, Fort Kent
(207) 834-3101
- Geriatric Evaluation and Management, Veteran's Administration Medical Center Togus
1-877-421-8263, ext. 5452
- The Memory Clinic, Southern Maine Medical Center, 3 Webhannet Placet, Kennebunk
(207) 467-8215

Geriatricians: *Physicians specializing in the care of the elderly.*

Irsan Asghar, MD	194 E. Main St	Fort Kent	834-6784
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Neurologists: *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

Elizabeth Quayle, MD	7 Hatch Dr, Ste. 245	Caribou	498-3141
Jose Tungol, MD	181 Academy St, Ste 5	Presque Isle	764-0175

Geriatric Psychiatrists, Neuropsychologists and Mental Health Professionals: *Psychiatrists and other professionals specializing in the care of the elderly and others with mental disorders.*

Can Bulucu – AMMC	PO Box 101; 24 Sweden St.	Caribou	439-3361
Gabriela Cherascu	194 East Main St.	Fort Kent	834-3101

Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Martha Grant	19 Park St	Presque Isle	764-5636
Legal Services for the Elderly			1-800-750-5353
Lawyer Referral and Information Service			1-800-860-1460
Pine Tree Legal	373 Main St	Presque Isle	764-4349
Volunteer Lawyers Project			1-800-442-4293

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In-Respite Care: Funds are available through the **Partners in Caring** Program to pay for in-home adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:

Aroostook Agency on Aging

1-800-439-1789 or 764-3396

Adult Day Services: Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit.

	Day Break	59 Bennett Ave	Caribou	493-4284
	Day Break	12 Church St	Presque Isle	764-4743
Alz	High View Manor	517 Riverview St	Madawaska	725-3338
Alz	Madigan Estates	93 Military St	Houlton	532-6593

Companions and Personal Care Assistance: Agencies that can provide a companion, personal care assistant, and light housekeeping.

	Care and Comfort	165 Academy St	Presque Isle	1-866-764-3071
	Elder Care	33 Davis St	Presque Isle	764-3396
	Madigan Home Health	93 Military Street	Houlton	532-7480
	Senior Domestic	PO Box 1771	Presque Isle	764-5232
	Valley Home Health	345 Market St	Fort Kent	834-3576
	Visiting Nurses of Aroostook	Box 688	Caribou	498-2578
	Visiting Nurses of Aroostook	64 East Main St	Fort Kent	834-3918
	Visiting Nurses of Aroostook	2 Water St, Suite 1	Houlton	532-9261

Home Health Agencies: Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurances.

	Madigan Home Health	93 Military St	Houlton	532-7480
	Professional Home Nursing	7 Hatch Drive	Caribou	498-3915
	Visiting Nurses of Aroostook		Caribou	498-2578
	Visiting Nurses of Aroostook	64 East Main Street	Fort Kent	834-3918
	Visiting Nurses of Aroostook		Houlton	932-9261

Residential Care Communities/ Assisted Living Communities with Alzheimer's Units: Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. * Indicates that they accept Mainecare (Medicaid).

*	Borderview Rehab & Living Ctr	208 State St	Van Buren	868-5211
*	Condon's Adult Foster Home	3101 Portage Rd	Portage	435-6726
*	High View Manor	517 Riverview St	Madawaska	728-3338
S/L	Crest View Manor	361 Court St	Houlton	532-3498
*	Graymoor	24 Green St	Houlton	532-0937
*	Leisure Gardens Apartments	4 Dewberry Dr	Presque Isle	764-7322
*	Limestone Manor	6 Church St	Limestone	325-4771
Alz*	Madigan Estates	93 Military St	Houlton	532-6593
Alz*	Maine Veterans' Home	163 Van Buren Rd, Ste 2	Caribou	498-6074
*	Northern Maine General Res. Care	PO Box 228	Eagle Lake	444-5946
*	Northwood Manor	35 Walker St	Ashland	435-3700
*	Ridgewood Estates	480 Ridgeway Ave	Madawaska	728-6324
*	Soucy's Foster Home	18 Wilson St	Van Buren	868-7777
*	Southern Acres RCF	203 Tweedie Rd	Westfield	429-9231

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Nursing Facilities with Alzheimer's Units: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked. All Nursing Facilities accept MaineCare (Medicaid).*

Alz	Caribou Nursing Home	10 Bernadette	Caribou	498-3102
	Forest Hill	25 Bolduc Ave	Fort Kent	834-3915
	Gardiner Health Care	PO Box 520	Houlton	532-3323
	High View Manor	517 Riverview St	Madawaska	728-3338
Alz	Madigan Estates	93 Military St	Houlton	532-6593
Alz	Maine Veterans' Home	163 Van Buren Rd, Ste 2	Caribou	498-6074
	Mercy Home	PO Box 228	Eagle Lake	444-5946
Alz	Presque Isle Rehab & Nursing	162 Academy St	Presque Isle	764-0145
	St. Joseph Nursing Home	426 US Route 1	Frenchville	543-6252

Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Arcadia School Building	Madawaska	764-3396
Chamber of Commerce	Presque Isle	764-3396
Borderview	Van Buren	868-5211
Caribou Gardens	Caribou	764-3396
Forest Hill Manor	Fort Kent	834-3915
Madigan Estates	Houlton	532-6593 #71
Methodist Church	Caribou	764-3396

Places to Borrow books and other materials: *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Agency on Aging	1-800-439-1789	Island Falls Library	463-2282
Allagash Library	398-4454	Limestone Library	325-4706
Ashland Health Center	435-6341	Madawaska Library	728-3606
Caribou Library	493-4214	Presque Isle Library	764-2571
Fish River Clinic ©	444-5384	St. Agatha Clinic	834-3155
Fort Fairfield Library	472-3880	St. Francis Clinic	834-3155
Fort Kent Library	834-3048	Van Buren Library	868-5076
Houlton Library	532-1302	Washburn Health Center	445-8146

© = sites that have a copy of *Complaints of a Dutiful Daughter*

Statewide Resource Numbers:

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
FALMOUTH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.