

www.alz.org/maine **Maine Chapter**
 383 US Route One 207 772 0115 **phone**
 Suite 2C 800 272 3900 **toll free**
 Scarborough, ME 04074 207 289 3705 **facsimile**



**ALZHEIMER'S/DEMENTIA SUPPORT SERVICES
 AROOSTOOK COUNTY**

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatrician, nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- Maine Medical Partners Neurology
49 Spring Street, Scarborough (207) 883-1414
- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773 or 1-800-939-3333
- MMC Geriatric Center, 66 Bramhall Street, Portland
(207) 662-2847
- Memory Clinic, Northern Maine Medical Center, Fort Kent
(207) 834-3101
- Geriatric Evaluation and Management, Veteran's Administration Medical Center Togus
1-877-421-8263, ext. 5452
- The Memory Clinic, Southern Maine Medical Center, 3 Webhannet Placet, Kennebunk
(207) 467-8215

Geriatricians: *Physicians specializing in the care of the elderly.*

Irfan Asghar, MD	194 E. Main St	Fort Kent	834-3155
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Neurologists: *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

Elizabeth Quayle, MD	7 Hatch Dr, Ste. 245	Caribou	498-3141
Jose Tungol, MD	181 Academy St, Ste 5	Presque Isle	764-0175

Geriatric Psychiatrists, Neuropsychologists and Mental Health Professionals: *Psychiatrists and other professionals specializing in the care of the elderly and others with mental disorders.*

Can Bulucu – AMMC	PO Box 101; 24 Sweden St.	Caribou	439-3361
Gabriela Cherascu	194 East Main St.	Fort Kent	834-5490

Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Nale Law Offices,			
John Nale, Mark Nale	58 Elm St	Waterville	660-9191
Legal Services for the Elderly			1-800-750-5353
Lawyer Referral and Information Service			1-800-860-1460
Martha Grant	19 Park St	Presque Isle	764-5636
Ombudsman Program			1-800-499-0229
Pine Tree Legal	373 Main St	Presque Isle	764-4349
Volunteer Lawyers Project			1-800-442-4293

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In-Respite Care: Funds are available through the **Partners in Caring** Program to pay for in-home adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:

Aroostook Agency on Aging	1 Edgemont Dr. Suite 2	Presque Isle	764-3996
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Adult Day Services: Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit.

Alz S/L	High View Manor	517 Riverview St	Madawaska	728-3338
Alz	Madigan Estates	93 Military St	Houlton	532-6593

Companions and Personal Care Assistance: Agencies that can provide a companion, personal care assistant, and light housekeeping.

Care and Comfort	165 Academy St	Presque Isle	1-866-764-3071
Elder Care	1 Edgemont Dr, Suite 2	Presque Isle	764-3396
Madigan Home Health	93 Military Street	Houlton	532-7480
Senior Domestics	6 Church St	Presque Isle	764-5232
Valley Home Health	345 Market St	Fort Kent	834-3756
Visiting Nurses of Aroostook	14 Access Highway	Caribou	498-2578
Visiting Nurses of Aroostook	64 East Main St #101	Fort Kent	834-3918
Visiting Nurses of Aroostook	2 Water St, Suite 1	Houlton	532-9261

Home Health Agencies: Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurances.

Madigan Home Health	93 Military St	Houlton	532-7480
Professional Home Nursing	7 Hatch Drive, Suite 110	Caribou	498-3915
Visiting Nurses of Aroostook	14 Access Highway	Caribou	498-2578
Visiting Nurses of Aroostook	64 East Main Street #101	Fort Kent	834-3918
Visiting Nurses of Aroostook	2 Water St, Suite 1	Houlton	932-9261

Residential Care Communities/ Assisted Living Communities with Alzheimer's Units: Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit.

* Indicates that they accept Mainecare (Medicaid).

*	Borderview Rehab & Living Ctr	208 State St	Van Buren	868-5211
*	Condon's Adult Foster Home	3101 Portage Rd	Portage	435-6726
*	High View Manor	517 Riverview St	Madawaska	728-3338
S/L	Crest View Manor	361 Court St	Houlton	532-3498
*	Graymoor	24 Green St	Houlton	532-0937
*	Leisure Gardens Apartments	4 Dewberry Dr	Presque Isle	764-7322
*	Limestone Manor	6 Church St	Limestone	325-4771
Alz S/L*	Madigan Estates	93 Military St	Houlton	532-6593
Alz S/L*	Maine Veterans' Home	163 Van Buren Rd, Ste 2	Caribou	498-6074
*	Northern Maine General Res.Care	PO Box 228	Eagle Lake	444-5946
*	Northwood Manor	35 Walker St	Ashland	435-3700
*	Ridgewood Estates	480 Ridgeview Ave	Madawaska	728-6324
*	Soucy's Foster Home	18 Wilson St	Van Buren	868-7777
*	Southern Acres RCF	203 Tweedie Rd	Westfield	429-9231
*	Crosswinds	40 Village Rd	Fort Kent	834-3701

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Nursing Facilities with Alzheimer's Units: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked. All Nursing Facilities accept Mainecare (Medicaid).*

Alz S/L Caribou Nursing Home	10 Bernadette St	Caribou	498-3102
Forest Hill Manor	25 Bolduc Ave	Fort Kent	834-3915
Gardiner Health Care	8 Holland St	Houlton	532-3323
High View Manor	517 Riverview St	Madawaska	728-3338
Alz S/L Madigan Estates	93 Military St	Houlton	532-6593
Alz S/L Maine Veterans' Home	163 Van Buren Rd, Ste 2	Caribou	498-6074
Mercy Home	PO Box 228	Eagle Lake	444-5946
Alz S/L Presque Isle Rehab & Nursing	162 Academy St	Presque Isle	764-0145
St. Joseph Nursing Home	426 US Route 1	Frenchville	543-6252

Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Arcadia School Building	Madawaska	764-3396
Chamber of Commerce	Presque Isle	764-3396
Borderview	Van Buren	868-5211
Caribou Gardens	Caribou	764-3396
Forest Hill Manor	Fort Kent	834-3915
Madigan Estates	Houlton	532-6593 #71
Methodist Church	Caribou	764-3396

Places to Borrow books and other materials: *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Agency on Aging	1-800-439-1789	Island Falls Library	463-2282
Allagash Library	398-4454	Limestone Library	325-4706
Ashland Health Center	435-6341	Madawaska Library	728-3606
Caribou Library	493-4214	Presque Isle Library	764-2572
Fish River Clinic ©	444-5973	St. Agatha Clinic	834-3155
Fort Fairfield Library	472-3880	St. Francis Clinic	834-3155
Fort Kent Library	834-3048	Van Buren Library	868-5076
Houlton Library	532-1302	Washburn Health Center	445-8146

© = sites that have a copy of *Complaints of a Dutiful Daughter*

Statewide Resource Numbers:

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404
Aroostook Agency on Aging	1-800-439-1789

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
SCARBOROUGH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.

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