

www.alz.org/maine **Maine Chapter**
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Falmouth, ME 04105

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800 272-3900 **toll free**
207 781-3312 **facsimile**



ALZHEIMER'S/DEMENTIA SUPPORT SERVICES FRANKLIN COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatrician, nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- The Center for Senior Medicine, 100 Campus Avenue, Ste. 102, Lewiston
(207) 755-3360
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773 or 1-800-939-3333
- MMC Geriatric Center, 66 Bramhall Street, Portland
(207) 662-2847
- Rosscare's Center for Healthy Aging, Bangor
(207) 973-7094
- Memory Clinic, Northern Maine Medical Center, Fort Kent
(207) 834-3101
- Geriatric Evaluation and Management, Veteran's Administration Medical Center Togus
1-877-421-8263, ext. 5452
- The Memory Clinic, Southern Maine Medical Center, 3 Webhannet Place, Kennebunk
(207) 467-8215

Geriatricians: *Physicians specializing in the care of the elderly.*
None

Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Legal Services for the Elderly	1-800-750-5353
Lawyer Referral and Information Service	1-800-860-1460
Volunteer Lawyers Project	1-800-442-4293

In-Home Respite: *Funds are available through the **Partners in Caring** Program to pay for adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact::*

Seniors Plus	1-800-427-1241
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Adult Day Services: *Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.*

None

Companions and Personal Care Assistance: *Agencies that can provide a companion, personal care assistant, and light housekeeping.*

Assistance Plus	1604 Benton Ave	Benton	1-800-781-0070
Care and Comfort	284 Main St, Ste 390	Wilton	1-866-397-3350

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Companions and Personal Care Assistance (continued):

Home Care for ME	155 Center Street, Bldg D-4	Auburn	1-800-639-3084
New England Family Health	584 Main Street	So Portland	1-800-295-3599

Home Health Agencies: *Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurances.*

Androscoggin Home Health	284 Main St, Ste. 290	Wilton	1-800-482-7412
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Residential Care Communities/ Assisted Living Communities: *Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. * Indicates that they accept MaineCare (Medicaid).*

Alz*	Sandy River Nursing Care Ctr	119 Livermore Falls Rd	Farmington	778-6591
*	The Pierce House	204 Main St	Farmington	778-4745

Nursing Facilities: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept Mainecare (Medicaid).*

	Edgewood Rehab & Living Ctr	221 Fairbanks Rd	Farmington	778-3386
	Orchard Park Rehab & Living Ctr	107 Orchard St	Farmington	778-4416
Alz	Sandy River Nursing Care	119 Livermore Falls Rd	Farmington	778-6591

Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Franklin Memorial Hospital	Farmington	778-4695
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Places to Borrow books and other materials: *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Farmington Library	778-4212	Rangeley Regional Health Center	864-3303
Mt. Abram Regional Health Center	265-4555	Strong Area Health Center	684-4010
Rangeley Library ©	864-5529	Wilton Free Library ©	

© = sites that have a copy of *Complaints of a Dutiful Daughter*

Statewide Resource Numbers:

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

**FOR MORE INFORMATION CALL:
THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
FALMOUTH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.

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