

www.alz.org/maine

Maine Chapter  
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## ALZHEIMER'S/DEMENTIA SUPPORT SERVICES KNOX COUNTY

**Alzheimer's Diagnosis and Evaluation:** *Through a comprehensive assessment, a team consisting of a geriatrician, nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- Memory Clinic, Cary Medical Center, Caribou  
(207) 498-3111 ext. 1394
- The Center for Senior Medicine, 100 Campus Avenue, Ste. 102, Lewiston  
(207) 755-3360
- Gardiner Evaluation Unit, Gardiner  
(207) 626-1773 or 1-800-939-3333
- MMC Geriatric Center, 66 Bramhall Street, Portland  
(207) 662-2847
- Rosscare's Center for Healthy Aging, Bangor  
(207) 973-7094
- Memory Clinic, Northern Maine Medical Center, Fort Kent  
(207) 834-3101
- Geriatric Evaluation and Management, Veteran's Administration Medical Center Togus  
1-877-421-8263, ext. 5452
- The Memory Clinic at Southern Maine Medical Center, 3 Webhannet Place, Kennebunk  
(207) 467-8215

**Geriatricians:** *Physicians specializing in the care of the elderly.*  
None at this time

**Neurologists:** *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

Judd Jensen, MD	4 Glen Cove Drive	Rockport	594-1292
Robert Stein, MD	4 Glen Cove Drive	Rockport	593-5757

**Elder Law Attorneys:** *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Esther Barnhart	10 Masonic St	Rockland	594-8400
James Brannan	15 Limerock St	Rockland	596-0554
Carol R. Emery	419 Main St	Rockland	594-8911
Lawyer Referral and Information Service			1-800-860-1460
Legal Services for the Elderly			1-800-750-5353
Volunteer Lawyers Project			1-800-442-4293

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**In-Home Respite:** Funds may be available through the **Partners in Caring** Program to pay for adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:  
 Spectrum Generations 1-800-639-1553 or 622-9212

**Adult Day Services:** Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.  
 None

**Companions and Personal Care Assistance:** Agencies that can provide a companion, personal assistant, and light housekeeping

Assistance Plus	1604 Benton Ave	Benton	1-800-781-0070
Bridges	PO Box 2589	Augusta	1-800-876-9212
Home Care for ME			1-800-639-3084
Kno-Wal-Lin Home Care	170 Pleasant St	Rockland	594-9561

**Home Health Agencies:** Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurances.

Kno-Wal-Lin Home Care	170 Pleasant St	Rockland	594-9561
Rockland District Nursing Association	44 Limerock	Rockland	594-4522

**Residential Care Communities/Assisted Living Communities:** Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. \* Indicates that they accept MaineCare (Medicaid).

	Bartlett Woods	20 Bartlett Ave	Rockland	594-2745
*	Lucette's Boarding Home	61 Main St	Thomaston	354-6746
*	Pond View Boarding Home	934 River Rd	Cushing	354-8837
Alz*	Quarry Hill	30 Community Dr	Camden	230-6199
*	Seven Tree Manor	Middle Road, Box 628	Union	785-4419
	Sixty Three Washington Street	63 Washington St	Camden	236-3638
	Talbot Home	73 Talbot Ave	Rockland	594-5971
Alz*	The Gardens	108 Elm St	Camden	230-6280
*	Washington Manor	276 Razorville Rd	Washington	845-2231
	Windward Gardens (AL)	105 Mechanic St	Camden	236-4197

**Nursing Facilities:** Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept Mainecare (Medicaid).

Alz	Knox Center for Long Term Care	6 White St	Rockland	594-6800
	Windward Gardens	105 Mechanic St	Camden	236-4197

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**Support Groups:** *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Knox Center for Long Term Care	Rockland	594-6800
Quarry Hill	Camden	230-6237

**Places to Borrow books and other materials:** *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Camden Library	236-3440	Thomaston Library	354-2453
Hope Library	763-3548	Vinalhaven Library	863-4401
Rockland Library ©	594-0310	Washington (Gibbs) Library	845-2940
Rockport Library	236-2342		

© = sites that have a copy of *Complaints of a Dutiful Daughter*

**Statewide Resource Numbers:**

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

**FOR MORE INFORMATION CALL:**

**THE ALZHEIMER'S ASSOCIATION  
MAINE CHAPTER  
FALMOUTH, ME  
1-800-272-3900**

***This list does not constitute an endorsement or a recommendation.***

Updated: 01/09/2009