

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES LINCOLN COUNTY

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In-Home Respite: Funds may be available through the **Partners in Caring** Program to pay for adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:
Spectrum Generations 1-800-639-1553

Adult Day Services: Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.

L/S	Riverside Adult Day Center	51 Schooner St	Damariscotta	563-4625
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Companions and Personal Care Assistance: Agencies that can provide a companion, personal care assistant, and light housekeeping.

Assistance Plus	1604 Benton Ave	Benton	1-800-781-0070
Bridges	PO Box 2589	Augusta	1-800-876-9212
Home Care for ME			1-800-639-3084
Kno-Wal-Lin Home Care	170 Pleasant St	Damariscotta	563-5119
Miles Home Health & Hospice	40 Belvedere Rd	Damariscotta	563-4592

Home Health Agencies: Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurances.

Kno-Wal-Lin	RR1, Box 83	Damariscotta	563-5119
Miles Home Health & Hospice	40 Belvedere Road	Damariscotta	563-4592
Rockland District Nursing Association	44 Limerick	Rockland	594-4522
St. Andrews Home Health Agency	3 St. Andrews Lane	Boothbay	633-2121

Residential Care Communities/Assisted Living Communities: Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. * Indicates that they accept MaineCare (Medicaid).

* Boothbay Green	8 Country Club Lane	Boothbay	633-2440
* Edgecomb Green	31 Cross Point Rd	Edgecomb	882-6723
* Jefferson Green	77 Waldoboro Rd	Jefferson	549-3540
Alz* Riverside at Chase Point (AL)	51 Schooner St	Damariscotta	563-4200
* Round Pond Green	1410 State, Rte 32	Round Pond	529-6000
Alz* St. Andrews Village "Safe Havens"	145 Emery Lane	Boothbay Harbor	633-0920
* Waldoboro Green	17 Mill St	Waldoboro	832-7703
* Wiscasset Green	21 Washington St	Wiscasset	882-1164

Nursing Facilities: Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept Mainecare (Medicaid).

	Country Manor Nursing Home	126 Depot St	Waldoboro	832-5343
	Cove's Edge	26 Schooner St	Damariscotta	563-4608
Alz	Gregory Wing of St. Andrews Village	145 Emery Lane	Boothbay Harbor	633-6996

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Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Riverside at Chase Point	Damariscotta	563-4617 or 563-5864
St. Andrew's Village	Boothbay Harbor	633-2121

Places to Borrow books and other materials: *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Boothbay Harbor Mem Library	633-3112	Sheepscot Valley Health Ctr.	549-7581
Damariscotta Library ©	563-5513	Wiscasset Library	882-7161

© = sites that have a copy of *Complaints of a Dutiful Daughter*

Statewide Resource Numbers:

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

**FOR MORE INFORMATION CALL:
THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
FALMOUTH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.

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