

www.alz.org/maine **Maine Chapter**  
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800 272-3900 **toll free**  
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## ALZHEIMER'S/DEMENTIA SUPPORT SERVICES OXFORD COUNTY

**Alzheimer's Diagnosis and Evaluation:** *Through a comprehensive assessment, a team consisting of a geriatrician, nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- Memory Clinic, Cary Medical Center, Caribou  
(207) 498-3111 ext. 1394
- The Center for Senior Medicine, 100 Campus Avenue, Ste. 102, Lewiston  
(207) 755-3360
- Gardiner Evaluation Unit, Gardiner  
(207) 626-1773 or 1-800-939-3333
- MMC Geriatric Center, 66 Bramhall Street, Portland  
(207) 662-2847
- Rosscare's Center for Healthy Aging, Bangor  
(207) 973-7094
- Memory Clinic, Northern Maine Medical Center, Fort Kent  
(207) 834-3101
- Geriatric Evaluation and Management, Veteran's Administration Medical Center Togus  
1-877-421-8263, ext. 5452
- The Memory Clinic at Southern Maine Medical Center, 3 Webhannet Place, Kennebunk  
(207) 467-8215

**Geriatricians:** *Physicians specializing in the care of the elderly.*

James Eshleman, DO	34 Winter Street	Norway	743-8031
Swift River Health Care	430 Franklin Street	Rumford	369-0146

**Elder Law Attorneys:** *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Legal Services for the Elderly	1-800-750-5353
Lawyer Referral and Information Service	1-800-860-1460
Volunteer Lawyers Project	1-800-442-4293

**In-Home Respite:** *Funds may be available through the **Partners in Caring** Program to pay for adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Seniors Plus 1-800-427-1241 or 795-4010

**Adult Day Services:** *Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.*

L/S Victorian Villa	PO Box 636	Canton	597-2510
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**Companions and Personal Care Assistance:** *Agencies that can provide a companion, personal care assistant, and light housekeeping.*

Androscoggin Home Health/Supportive Care Assistance Plus	127 Pottle Rd	Oxford	1-800-482-7412
Home Care for ME	1604 Benton Ave	Benton	1-800-781-0070
New England Family Health	584 Main St	So Portland	1-800-639-3084
Personal Touch Home Care	6 Western Ave, 1 <sup>st</sup> Fl. Front	South Paris	1-800-295-3599 743-2700

**Home Health Agencies:** *Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurances.*

Androscoggin Home Health/Supportive Care	20 Paris St	Norway	1-800-482-7412
Community Health & Counseling	Rt. 155	Lincoln	794-2001
Home Health Visiting Nurses of So. Maine		Bridgton	1-800-660-4867

**Residential Care Communities/Assisted Living Communities:** *Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit.*

*\*Indicates that they accept MaineCare (Medicaid).*

* Fryeburg Health Care Ctr	70 Fairview Dr	Fryeburg	935-3351
* Kennison Family Foster Home	353 Greenwood Rd	Norway	527-2405
* Ledgeview Living Ctr	141 Bethel Rd	West Paris	674-2250
Alz* Maine Veterans' Home	477 High St	South Paris	743-6300
* Norway Rehab & Living Ctr	29 Marion Ave	Norway	743-7075
Alz* Rumford Community Home	PO Box 430	Rumford	364-7863
L/S* Victorian Villa	PO Box 636	Canton	597-2510

**Nursing Facilities:** *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to the facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept MaineCare (Medicaid).*

	Fryeburg Health Care Center	70 Fairview Dr	Fryeburg	935-3351
S/L	Ledgeview Living Center	141 Bethel Rd	West Paris	674-2250
Alz	Maine Veterans' Home	477 High St	South Paris	743-6300
Alz	Market Square Health Center	3 Market Square	South Paris	743-7086
	Norway Rehab & Living Center	29 Marion Ave	Norway	743-7075
Alz	Rumford Community Home	PO Box 430	Rumford	364-7863
L/S	Victorian Villa	PO Box 636	Canton	597-2510

**Support Groups:** *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

85 Lincoln Avenue	Rumford	364-4561 or 364-3695
Maine Veterans' Home	South Paris	743-6300

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**Places to Borrow books and other materials:** *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Bethel Family Health Center	824-2193	Norway Library	743-5309
Bethel Library	824-2520	Paris Library	743-6994
Dixfield Library	562-8838	Rumford Library ©	364-3661
Lovell Library	925-3177	Waterford Library	583-2050
Mexico Library	364-3281		

© = sites that have a copy of *Complaints of a Dutiful Daughter*.

**Statewide Resource Numbers:**

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

***FOR MORE INFORMATION CALL:***

**THE ALZHEIMER'S ASSOCIATION  
MAINE CHAPTER  
FALMOUTH, ME  
1-800-272-3900**

*This list does not constitute an endorsement or a recommendation.*

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