

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES
PENOBSCOT COUNTY
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Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Ray Bradford	50 Columbia St	Bangor	947-0173
Lawyer Referral and Information Service			1-800-860-1460
Legal Services for the Elderly			1-800-750-5353
Edith Richardson, Rudman & Winchell	PO Box 1401	Bangor	947-4501
Jane Skelton	33 Mildred Ave	Bangor	947-6500
Volunteer Lawyers Project			1-800-442-4293
Jane Skelton	277 State St, Ste 2A	Bangor	947-6500
Wendy Brown	PO Box 1401	Bangor	947-4501
Jay H. Otis	146 Parkway South, Ste 210	Brewer	989-6600
Pine Tree Legal	61 Main St	Bangor	942-8241

In-Home Respite: *Funds may be available through the **Partners in Caring** Program to pay for adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Eastern Agency on Aging	450 Essex St	Bangor	1-800-432-7812
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Adult Day Services: *Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.*

Alz	Mountain Heights Adult Day Services	83 Houlton St	Patten	528-2200
	My Friends Place	703 Essex St	Bangor	945-0122
Alz	Westgate Manor	750 Union St	Bangor	942-7336

Companions and Personal Care Assistance: *Agencies that can provide a companion, personal care assistant, and light housekeeping.*

A Loving Touch	149 Cedar St	Bangor	990-1995
Aging Excellence	514 Broadway	Bangor	9947-0999
Arcadia Home Health	46 Betton St	Brewer	989-5155
Assistance Plus	1604 Benton Ave	Benton	1-800-781-0070
Care and Comfort	24 Springer Rd, Ste. 202	Bangor	1-877-784-6993
Home Care for ME	PO Box 358	Gardiner	1-800-639-3084
Maxim Healthcare Services	233 Oxford St, Ste 32	Portland	822-4010

Home Health Agencies: *Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurances.*

Bangor Visiting Nurses	885 Union St	Bangor	973-6550
Beacon Hospice	304 Hancock St, Ste. 3A	Bangor	942-2920
Community Health & Counseling	PO Box 425	Bangor	947-0366
Community Health & Counseling	PO Box 208	Lincoln	794-2001
Community Health & Counseling		Old Town	947-0366
Community Health & Counseling		Orono	947-0366
Gentiva Health Services	1 Cumberland Pl, Ste 108	Bangor	1-800-564-8511
Hospice of Eastern Maine	885 Union St, Ste 220	Bangor	973-8269

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Residential Care Communities/Assisted Living Communities: Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to the community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. * Indicates that they accept MaineCare (Medicaid).

* Cummings Health Care Facility	5 Crocker St	Howland	732-4121
* Dexter Boarding Home	303 Main St	Orono	924-6211
Alz Dirigo Pines	45 Main St	Dexter	866-3400
* Lakeview Adult Family Care Home	10E Broadway	Lincoln	794-2896
Alz* Orono Commons	117 Bennoch Rd	Orono	866-4914
Alz* Ross Manor	758 Broadway	Bangor	941-8400
* Siesta Haven	340 State St	Bangor	942-1204
Alz* Westgate Manor	750 Union St	Bangor	942-7336
Alz* The Woodlands	53 Colonial Cir	Brewer	989-7577
* The Burr Home	108 State St	Brewer	989-3663

Nursing Facilities: Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to the facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept MaineCare (Medicaid).

Bangor Nursing & Rehabilitation	103 Texas Ave	Bangor	947-4557
Alz Brewer Rehab & Living Center	74 Parkway South	Brewer	989-7300
Colonial Healthcare	PO Box 70	Lincoln	794-6534
Cummings Health Care Facility	5 Crocker St	Howland	732-4121
Dexter Health Care	64 Park St	Dexter	924-5516
S/L Eastside Rehab & Living Center	516 Mt. Hope Ave	Bangor	947-6131
Alz Katahdin Nursing Home	22 Walnut St	Millinocket	723-4711
Alz Maine Veterans' Home	44 Hogan Rd	Bangor	942-2333
Mountain Heights Health Care	83 Houlton Rd	Patten	528-2200
Alz Orono Commons	117 Bennoch Rd	Orono	866-4914
Alz Ross Manor	758 Broadway	Bangor	941-8400
Stillwater Health Care	335 Stillwater Ave	Bangor	947-1111
Alz Westgate Manor	750 Union St	Bangor	942-7336
Alz The Woodlands	53 Colonial Cir	Brewer	989-7577

Support Groups: Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.

Colonial Health Care	Lincoln	794-6534
Millinocket Regional Hospital	Millinocket	723-4711
St. Ann's Parish Center	Dexter	924-5546
Westgate Manor	Bangor	942-7336

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Places to Borrow books and other materials: *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Bangor Library ©	947-8336	Katahdin Valley Health Ctr.	528-2285
Brewer Library	989-7943	Lincoln Memorial Library	794-2765
Corinna Library	278-2454	Mattawamkeag Library	736-7013
Corinth Library	285-7226	Millinocket Library ©	723-7020
Dexter Library	924-7292	Newport Library	368-5074
Eastern AAA ©	1-800-432-7812	Old Town Library	827-3972
E. Millinocket Library	746-3554	Patten Library	528-2164
Eastern Maine Med. Lib.	973-8227	Rural Outreach Lincoln	794-6700
Hampden Library	862-3550		

© = sites that have a copy of *Complaints of a Dutiful Daughter*

Statewide Resource Numbers:

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
FALMOUTH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.

Updated: 05/21/2009