

www.alz.org/maine **Maine Chapter**
170 US Route 1
Suite 250
Falmouth, ME 04105

207 772 0115 **phone**
800 272-3900 **toll free**
207 781-3312 **facsimile**



ALZHEIMER'S/DEMENTIA SUPPORT SERVICES SAGadahoc COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatrician, nurse, social worker and specialized staff to determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- The Center for Senior Medicine, 100 Campus Avenue, Ste. 102, Lewiston
(207) 755-3360
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773 or 1-800-939-3333
- MMC Geriatric Center, 66 Bramhall Street, Portland
(207) 662-2847
- Rosscare's Center for Healthy Aging, Bangor
(207) 973-7094
- Memory Clinic, Northern Maine Medical Center, Fort Kent
(207) 834-3101
- Geriatric Evaluation and Management, Veteran's Administration Medical Center Togus
1-877-421-8263, ext. 5452
- The Memory Clinic at Southern Maine Medical Center, 3 Webhannet Place, Kennebunk
(207) 467-8215

Geriatricians: *Physicians specializing in the care of the elderly.*
None

Neurologists: *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*
None

Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Lawyer Referral and Information Service			1-800-860-1460
Legal Services for the Elderly			1-800-750-5353
Jane Quirion	60 Main St	Topsham	725-2477
Volunteer Lawyers Project			1-800-442-4293
Linda Wood	12 Court St	Bath	442-8780

In-Home Respite: *Funds may be available through the **Partners in Caring** Program to pay for adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Spectrum Generations

1-800-639-1553

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES

Sagadahoc County

Page 2

Adult Day Services: *Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.*

Respite Care	45 Baribeau Dr	Brunswick	729-8571
S/L Sky-Hy Adult Day Care	32 Sky-Hy Dr	Topsham	725-7577

Companions and Personal Care Assistance: *Agencies that can provide a companion, personal care assistant, and light housekeeping.*

Assistance Plus	1604 Benton Ave	Benton	1-800-781-0070
Bridges	PO Box 2589	Augusta	1-800-876-9212
Home Care for ME	201 Main Street, Suite 8	Westbrook	1-800-639-3084
Maxim Healthcare Services	233 Oxford St, Ste 32	Portland	822-4010
New England Family Health	584 Main Street	South Portland	1-800-295-3599

Home Health Agencies: *Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurance.*

CHANS Home Health Care	60 Baribeau Drive	Brunswick	729-6782
Interim Health Care	275 Bass Road Ste 4	Brunswick	725-7201

Residential Care Communities / Assisted Living Communities: *Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. * Indicates that they accept MaineCare (Medicaid).*

Alz The Highlands (AL)	30 Governor's Way	Topsham	725-2650
Hillhouse, Inc.	166 Whiskeag Rd	Bath	443-6301
Plant Memorial Home	One Washington St	Bath	443-2244
* Pleasant View Ranch	64 Alexander-Reed Rd	Richmond	737-8761
* Richmond Eldercare	18 Hathorn St	Richmond	737-8911

Nursing Facilities: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept Mainecare (Medicaid).*

Amenity Manor	29 Elm St	Topsham	725-7495
Alz Winship Green Nursing Care	51 Winship St	Bath	443-9772

Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences, get support, and emotional encouragement from others.*

The Highlands	Topsham	725-2650
---------------	---------	----------

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES

Sagadahoc County

Page 3

Places to Borrow books and other materials: *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Bath Library	443-5141	Richmond Library	737-2770
Bowdoinham Library	666-8405	Topsham Library	725-1727
Richmond Area Health Center ©	737-4359		

© = sites that have a copy of *Complaints of a Dutiful Daughter*

Statewide Resource Numbers:

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION, MAINE CHAPTER
FALMOUTH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.

Updated: 05/21/2009