

www.alz.org/maine **Maine Chapter**
170 US Route 1
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Falmouth, ME 04105

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800 272-3900 **toll free**
207 781-3312 **facsimile**



ALZHEIMER'S/DEMENTIA SUPPORT SERVICES SOMERSET COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatrician, nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- The Center for Senior Medicine, 100 Campus Avenue, Ste. 102, Lewiston
(207) 755-3360
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773 or 1-800-939-3333
- MMC Geriatric Center, 66 Bramhall Street, Portland
(207) 662-2847
- Rosscare's Center for Healthy Aging, Bangor
(207) 973-7094
- Memory Clinic, Northern Maine Medical Center, Fort Kent
(207) 834-3101
- Geriatric Evaluation and Management, Veteran's Administration Medical Center Togus
1-877-421-8263, ext. 5452
- The Memory Clinic at Southern Maine Medical Center, 3 Webhannet Place, Kennebunk
(207) 467-8215

Geriatricians: *Physicians specializing in the care of the elderly.*

None

Neurologists: *A referral from a primary care physician is usually required for a neurologist, who specializes in brain disease and disorders.*

None

Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Robert Conkling	PO Box 9	Skowhegan	474-3324
Lawyer Referral & Information Services			1-800-860-1460
Legal Services for the Elderly			1-800-750-5353
Volunteer Lawyers Project			1-800-442-4293

In-Home Respite: *Funds may be available through the **Partners in Caring** Program to pay for adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Spectrum Generations

1-800-639-1553

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Adult Day Services: *Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.*

S/L	Maplecrest Rehab & Living Center	174 Main St	Madison	696-8225
	Spectrum Generations	30 Leavitt St	Skowhegan	474-8552

Companions and Personal Care Assistance: *Agencies that can provide a companion, personal care assistant, and light housekeeping.*

Assistance Plus	1604 Benton Ave	Benton	1-800-781-0070
Bridges			1-800-876-9212
Healthreach Network	165 North Ave	Skowhegan	474-8082
Home Care for ME			1-800-639-3084

Home Health Agencies: *Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurance.*

Healthreach Network	165 North Avenue	Skowhegan	474-8082
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Residential Care Communities/Assisted Living Communities: *Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. * Indicates that they accept MaineCare (Medicaid).*

* Tissue's Country Living	212 Fox Hill Rd	Athens	654-2713
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Nursing Facilities: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept Mainecare (Medicaid).*

	Cedar Ridge Center	23 Cedar Ridge Dr.	Skowhegan	474-9686
	Jackman Regional Health Center	376 Main St	Jackman	668-2691
Alz	Maplecrest Rehab & Living Center	174 Main St	Madison	696-8225
	Sanfield Rehab & Living Center	95 Main St.	Pittsfield	938-2616
	Somerset Rehab & Living Center	43 Owens St	Bingham	672-4041
S/L	Woodlawn Rehab & Living Center	59 West Front St	Skowhegan	474-9300

Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

None

Places to Borrow books and other materials: *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Bingham Health Center ©	672-4187	Norridgewock Library	634-2828
Canaan Library	474-6397	Pittsfield Health Care	487-5154
Fairfield Library	453-6867	Pittsfield Library	487-5880
Hartland Library	938-4702	Skowhegan Library	474-9072
Madison Area Health Center ©	696-3992	Solon (Coolidge) Library	643-2562

© = sites that have a copy of *Complaints of a Dutiful Daughter*

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Statewide Resource Numbers:

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
FALMOUTH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.

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