

**ALZHEIMER'S/DEMENTIA SUPPORT SERVICES
WALDO COUNTY**

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In-Home Respite: Funds may be available through the **Partners in Caring** Program to pay for adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:

Spectrum Generations 1-800-639-1553

Adult Day Services: Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.

L/S	Tall Pines Adult Day Care	24 Martin Lane	Belfast	930-7031
L/S	Waldo County Adult Day Care	18 Merriam Rd	Belfast	338-1190

Companions and Personal Care Assistance: Agencies that can provide a companion, personal care assistant, and light housekeeping.

Assistance Plus	1604 Benton Avenue	Benton	1-800-781-0070
Bridges	PO Box 2589	Augusta	1-800-876-9212
Home Care for ME			1-800-639-3084
Kno-Wal-Lin Home Health Care	147 Waldo Ave, Ste 106	Belfast	1-800-540-9561

Home Health Agencies: Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurance.

Belfast Public Health Nursing Association	118 Northport Ave	Belfast	338-3368
Kno-Wal-Lin Home Health Care	147 Waldo Ave, Ste 106	Belfast	338-2002
Waldo County Home Health Care Services	119 Northport Avenue	Belfast	338-2500

Residential Care Communities/Assisted Living Communities: Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. *Indicates that they accept MaineCare (Medicaid).

* Harbor Hill Assisted Living	2 Footbridge Road	Belfast	338-5307
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Nursing Facilities: Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept MaineCare (Medicaid).

Harbor Hill	2 Footbridge Road	Belfast	338-5307
S/L The Commons At Tall Pines	34 Martin Lane	Belfast	338-4117

Support Groups: Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.

Tall Pines	Belfast	338-1730 or 338-5802
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Places to Borrow books and other materials: *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Belfast Library ©	338-3884	Searsmont Town Library	342-5549
Islesboro Health Center	734-2213	Searsport (Carver) Library ©	548-2303
Palermo Library	993-6088		

© = sites that have a copy of *Complaints of a Dutiful Daughter*

Statewide Resource Numbers:

Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
FALMOUTH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.

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