

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES WASHINGTON COUNTY

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Adult Day Services: Structured day programs provide a safe setting, which can help to maintain functioning as long as possible. "Alz" next to community name denotes that they describe themselves as having a secure dementia care unit. S/L denotes that the community has a separate and locked unit.

High Tide Senior Center	2 Kilby St	Eastport	733-2398
New Horizons Adult Day Care	144 South St	Calais	454-3709
Riverside Adult Day Health	136 Main St	Cherryfield	546-3008
Robert and Mary's Place	36 Dublin St	Machias	255-4600

Companions and Personal Care Assistance: Agencies that can provide a companion, personal care assistant, and light housekeeping.

Home Care for ME	347 Maine Avenue	Farmingdale	1-800-639-3084
Sunrise County Home Care	South Lubec Road	Lubec	733-7500

Home Health Agencies: Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurances.

Community Health & Counseling	2 Barker St	Calais	454-2914
Community Health & Counseling	Rt. 1	Machias	255-8311

Residential Care Communities/Assisted Living Communities: Residential care/assisted living communities serve individuals who need supervision around the clock, but do not yet meet the criteria for nursing home level of care. "Alz" next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. * Indicates that they accept MaineCare (Medicaid).

* Eastport Boarding Home	239 Water Street	Eastport	255-8596
Alz* Maine Veterans' Home	10 Cooper Street	Machias	255-6611
New Horizons Adult Family Care Home	526 South St	Calais	454-3709
Alz* Oceanview Residential Care	2 South Street	Lubec	733-4900

Nursing Facilities: Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept Mainecare (Medicaid).

Atlantic Rehab & Nursing Center	Palmer Street Ext.	Calais	454-2366
Eastport Memorial Nursing Home	23 Boynton Street	Eastport	853-2531
Alz Maine Veterans' Home	RR#1 Box 11V	Machias	1-877-866-4669
Marshall Health Care & Rehab	16 Beal St	Machias	255-3387
Narraguagus Bay Health Care	3 Main St	Milbridge	546-2371
S/L Oceanview Nursing Home	48 Washington St	Lubec	733-4374
Alz Sunrise Residential Care Facility	11 Ocean Street	Jonesport	497-2363

Support Groups: Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.

None available at this time

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Places to Borrow books and other materials: *Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.*

Arnold Memorial Medical Center	497-5614	Harrington Family Health©	483-4502
Calais Free	454-2758	Lubec Memorial Library	733-2491
Cherryfield Library	546-4228	Machias Library	255-3933
Danforth Library	448-2055	Pleasant Point Health Center.	853-0644
Dennysville Library	726-4750	Princeton Public Library	796-5333
East Grand Health Center-Lubec	448-2347	Regional Medical Center – Lubec	733-5541
Eastport Health Care©	853-2531	St. Croix Regional Family Health Center	796-5503
Eastport Library	853-4021	Woodland Library	427-3235
Family Medicine	255-3338		

© = sites that have a copy of *Complaints of a Dutiful Daughter*

<u>Statewide Resource Numbers:</u>	
Office of Elder Services	1-800-262-2232
Goold Health Systems	1-800-609-7893
Elder Independence of Maine	1-888-234-3920
Long Term Care Ombudsman	1-800-499-0229
Adult Protective Services	1-800-624-8404

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
FALMOUTH, ME
1-800-272-3900**

This list does not constitute an endorsement or a recommendation.

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