

Our vision is a world without Alzheimer's

alzheimer's  association®

**For further information  
or to reserve your space:**

Call the Alzheimer's Association,  
Massachusetts/New Hampshire Chapter  
at 800.272.3900.

**Registration**

Register by phone, but space will be  
reserved only when payment is received.

**Fees**

Include CEUs, lunch and manual  
\$300 for one representative  
\$550 for two representatives  
\$200 for each additional representative  
(after the second)

The Alzheimer's Association, Massachusetts/  
New Hampshire Chapter is a non-profit  
organization providing education and  
support to people with dementia, care  
partners, and professional caregivers.

The Alzheimer's Association is the largest  
private funder of research in the United  
States. To date, the Association has  
distributed \$220 million in grants for  
cutting edge Alzheimer's research.

**Alzheimer's Association  
programs include:**

- Care Consultation
- 24/7 Helpline
- Education
- Training
- Multicultural Outreach
- Medic Alert® + Safe Return®
- Support Groups
- Public Policy

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311 Arsenal Street  
Watertown, MA 02472

Offices: Lowell, Sandwich, Springfield,  
Worcester, MA and Bedford, NH

617.868.6718 MA [www.alz.org/MA](http://www.alz.org/MA)  
603.606.6590 NH [www.alz.org/NH](http://www.alz.org/NH)

A Train-the-Trainer Program for Providers  
**care for people  
with Alzheimer's  
disease**



Massachusetts/New Hampshire Chapter

# care for people with Alzheimer's disease

## Building Skills

At the Alzheimer's Association, we know that professional caregivers are in a position to provide tangible therapeutic benefits to people with Alzheimer's and other types of dementia.

Approximately 140,000 people in Massachusetts and New Hampshire have Alzheimer's disease. That number is expected to rise dramatically as the baby boom generation ages.

Although we cannot yet cure Alzheimer's disease or related disorders, we have learned how to improve the quality and circumstances of patients' lives. Problems once considered uncontrollable are now better understood, and manageable.

## Habilitation Therapy

The Habilitation Therapy model is the focus of our training program. By taking advantage of an individual's potential, Habilitation Therapy can help in most cases to improve functional independence and reduce the need for psychoactive medications. Habilitation Therapy also addresses the depression, anxiety, agitation, screaming, wandering and other problematic or reactive behaviors associated with dementing illnesses.

## The Program

This program is designed to develop trainers in the Habilitation model of Alzheimer's care. Participants will spend one full day learning how to teach our curriculum. You will receive a curriculum package that includes all the lectures, handouts, tests, discussion questions, role plays and related materials necessary to teach a 12-hour training program to direct-care staff and a 2-hour training for indirect-care staff. The training includes information on teaching adult learners from diverse cultures.

## Who Should Attend

The Care for People with Alzheimer's program is for anyone working in the field of elder services. Participants come from a variety of professional backgrounds—nurses, social workers, therapeutic activities providers, nursing assistants, administrators, and staff development specialists, to mention a few.

## The Benefits

Care providers view training in Alzheimer's care as valuable to their work and their careers.

The outcomes for organizations can be significant as well and include:

- Improved quality of care
- Reduced staff turnover as staff learn skills to work more efficiently and with less frustration
- Fewer staff sick days
- Increased teamwork and job satisfaction

## General Information

The training is presented in one seven-hour session that includes a one-hour break for lunch. Sessions are limited to 20 participants, each of whom will receive one copy of *Care for People with Alzheimer's Disease: A Training Manual for Providers*.

## Continuing Education Credits

CEU'S are available to nurses, certified nursing assistants, social workers, therapeutic activity professionals and nursing home administrators at no extra charge.

## Certification

Participants who successfully present at least one 12-hour program at their facilities will receive personal certificates indicating that they have successfully completed the MA/NH Chapter's training program. Trainers who change jobs are authorized to continue providing Alzheimer's training using our curriculum.

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