

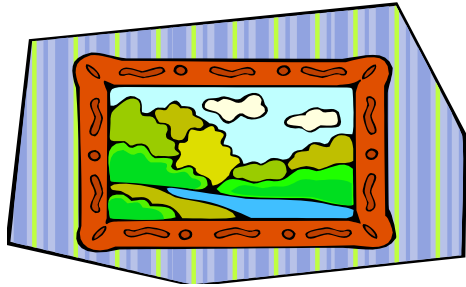


“Memories in the Making”

A National Alzheimer's
Association program offered
in collaboration with the
YMCA of Greater Westfield



YMCA of Greater Westfield
67 Court Street
Westfield, MA 01085



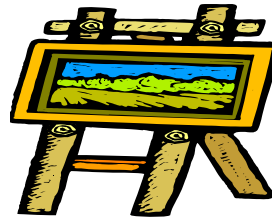
“Since the earliest days of human existence, the urge to say “I was here; I have something to say” has been a primal part of our being. The language of pictures, as in the cave paintings of thousands of years ago, is universal—and, through the “Memories” program, we have found that a person with diminished verbal and organizational skills can still communicate through creating a drawing or a picture.”

From: “Memories in the Making” A program of Creative Art Expression for Alzheimer Patients” by Selly Jenny with Marilyn Oropeza, 1993





“Memories in the Making”



Program Details:

This program is a unique approach to art expression for dementia patients. The goal of the “Memories Method” is to allow self-expression through art, focusing on the process of creating. Many benefits are reaped for the individual participants as they experience a feeling of accomplishment; of having done something on their own. Additionally they will have the tangible reward for their efforts in the form of a drawing, a painting - to look at and to show others. As they participate in the activity of painting, participants gain self-confidence and often have a greater sense of control in their lives.

The “Memories in the Making” program takes place at the Mercy Adult Day Center located at 24 Clifton Street in Westfield. Any individuals who attend the Day Program and who have a confirmed diagnosis of Alzheimer’s disease or dementia are welcome to participate in the program. Due to the nature of the program, class size is limited. Interested participants are accommodated by rotating into the class on a periodic basis.

Sponsoring Organizations:

Alzheimer’s Association
Western Regional Office
264 Cottage Street
Springfield, MA 01104
Phone: 413-787-1113

YMCA of Greater Westfield
67 Court Street
Westfield, MA 01085

Program Details continued:

The “Memories in the Making” Class requires a limited program membership, though there is no charge for the class:

Limited YMCA Program Membership:
Adult = \$30.00/year
Senior = \$25.00/year

Dates: On-going

Day: Fridays

Time: 10:00AM-11:30 AM

Location: Mercy Adult Day Center
24 Clifton Street
Westfield, MA 01085

YMCA of Greater Westfield
67 Court Street
Westfield, MA 01085
413-568-8631
www.westfieldymca.org

For more information, please contact
Rosann Scalise, Program Operations
Director at the YMCA of
Greater Westfield.
Email: rscalise@westfieldymca.org



alzheimer's association
the compassion to care, the leadership to conquer