

## A Family Education Program

To educate families affected by  
Alzheimer's disease & dementia

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# caregiving tips for dementia

**Caregiving Tips for Dementia** is an opportunity for anyone affected by Alzheimer's disease or another form of dementia to gain a basic understanding of the daily challenges that often arise when caring for a loved one with dementia.

Topics include: review of the symptoms of dementia, communication techniques, managing challenging behaviors, activities for individuals with dementia and more.

This program is beneficial for families that need practical information about the daily care of a loved one with dementia.

**Admission is free and open to the public, but pre-registration is requested, due to limited seating. This program is hosted by Pleasant Day Adult Day Care Center.**

**Light refreshments will be provided.**

### Location:

Pleasant Day Adult Day Care Center  
2474 Cambridge Beltway, Cambridge

### Participants will learn:

- The symptoms of dementia
- Communication strategies
- The causes of difficult behaviors and how best to respond
- How activities & environment affect behavior
- Resources available/where to get help

***Call Amy Schine, Education Consultant, at 410-749-4940 for more information & to register.***

### Date /Time:

**Tuesday January 13, 2009 2:00pm –4:00pm**

**Presented by:**

**alzheimer's  association™**

the compassion to care, the leadership to conquer