

Alzheimer's Association  
1850 York Road, Suite D  
Timonium, MD 21093

***LIVING WITH ALZHEIMER'S DISEASE:  
OPTIMIZE STRENGTHS/MAXIMIZE FUNCTION***

**December 3, 2009**

Sheppard Pratt Conference Center, Towson, MD

Annual Dementia Conference sponsored by

The Alzheimer's Association

The Geriatrics and Gerontology Education and Research Program, University of Maryland Baltimore  
Maryland Gerontological Association

Non-profit Org.  
U.S. postage  
Paid  
Timonium, Md  
Permit NO. 101

A conference for long term care nurses, occupational therapists, social workers and other allied health professionals working with individuals with dementia and their caregiving families



# *LIVING WITH ALZHEIMER'S DISEASE:*

## *OPTIMIZE STRENGTHS/ MAXIMIZE FUNCTION*

*December 3, 2009*

Sheppard Pratt Conference Center  
Towson, Maryland

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**GGEAR**  
Geriatrics and Gerontology  
Education and Research  
University of Maryland Baltimore



This conference is co-provided by The Institute for Johns Hopkins Nursing  
and the Health Facilities Association of Maryland



# LIVING WITH ALZHEIMER'S DISEASE: OPTIMIZE STRENGTHS/MAXIMIZE FUNCTION

## CONFERENCE OBJECTIVES

*At the end of the conference, participants will be able to:*

- Explain the Alzheimer's Study Group's national strategic plan and its implications for clinical care, research and advocacy.
- Identify how local government policies are affecting those with Alzheimer's disease
- Describe methods of assessment and approaches to motivating individuals with dementia to maximize their activities and physical function
- Discuss the multi-faceted issues involved in the medical management of individuals with dementia and other medical conditions.
- Describe the need for and process of evaluating the capability of individuals regarding driving.
- Understand the psycho-social changes experienced by individuals diagnosed with early onset Alzheimer's disease as well as their family members.

This conference is partly funded by these generous supporters:



**DECEMBER 3, 2009**

**Sheppard Pratt Conference Center • Towson, MD**

**CONFERENCE FACULTY**

**Chanel Agness, PharmD**  
University of Maryland School of Pharmacy

**Jan Crye, OTR/L CDRS**  
Sinai Hospital

**Robert J. Egge**  
Alzheimer's Association

**Beth Martin, MPT**  
Copper Ridge Institute

**Marsden McGuire, MD**  
VA Maryland Health Care Systems

**James P. Richardson, MD**  
St. Agnes Hospital

**Michael Splaine, MA**  
Alzheimer's Association

**Stephen Vozzella, ACC**  
Copper Ridge Institute

**Debra Wertheimer, MD**  
VA Maryland Health Care Systems

**Carol Wynne, RN, CRNP**  
Alzheimer's Association,  
Greater Maryland Chapter

**CONFERENCE PLANNING  
COMMITTEE**

**Patricia Alt, PhD**  
Towson University

**Reba Cornman, MSW**  
University of Maryland Baltimore

**Elizabeth Galik, PhD, CRNP**  
University of Maryland School of Nursing

**Jacqueline Friedman Kreinik, RN, MS**  
Senior Bridge

**Janet Kurland, MSW, LCSW-C**  
Jewish Community Services of Baltimore

**Jane Marks, RN, MS**  
Johns Hopkins Geriatric Education  
Center Consortium

**Diane Wit**  
Alzheimer's Association,  
Greater Maryland Chapter

**Carol Wynne, RN, CRNP**  
Alzheimer's Association,  
Greater Maryland Chapter

# Conference Agenda

**8:00-8:45 AM**

**Registration, Exhibitors, Refreshments**

**8:45-9:00 AM**

**Conference Welcome**

**9:00-9:45 AM**

**The Alzheimer's Study Project**

*Robert J. Egge*

As Executive Director of the Alzheimer's Study Group, Mr. Egge worked closely with a blue ribbon task force of national leaders co-chaired by former House Speaker Newt Gingrich and former Nebraska Senator Bob Kerrey to assess the mounting Alzheimer's disease crisis. Hear about the national strategic plan that the Alzheimer's Study Group developed to address this disease.

**9:45-10:30 AM**

**How are Local Policies Affecting those with Alzheimer's Disease**

*Michael Splaine*

The session will look at state-level policy initiatives of the Alzheimer's Association in deference to the changing face of Alzheimer's disease. With more awareness and better diagnosis the Association is serving people in very early stage, which has changed services and our notions about people with dementia. The Association is also seeing the disease impact the second generation in families.

**10:30-10:45 AM**

**Break, Exhibits and Refreshments**

**10:45-11:45 AM**

**Maximizing Functional Strengths through Careful Assessment and Motivation**

*Steven Vozzella, ACC and Beth Martin, MPT*

Individuals with dementia are often described and categorized based on their cognitive and functional impairments. While this knowledge is important, we must not forget to assess and maximize functional capabilities and personal strengths. Using a therapeutic activity and physical therapy perspective, this session will describe and demonstrate methods of assessment and creative ways to motivate individuals with dementia to maximize activity, physical function, and quality of life.

**11:45 AM-12:30 PM Dementia and the Driving Dilemma - When to Stop**

*Jan Crye, OTR/L CDRS*

What are the issues of driving with memory deficits and when is the right time to stop? This presentation will discuss the process of medical driving evaluation services and their role in the journey through this disease.

**12:30-1:30 PM Lunch and Exhibits**

**1:30-2:45 PM**

**The Challenge of Managing Multiple Medical Problems for the Individual with Dementia**

*Moderator and Panelist: Debra Wertheimer, MD*

*Panelists: Chanel Agness, PharmD; Marsden McGuire, MD and James P. Richardson, MD*

The panel will discuss the issues involved in managing people with dementia who also suffer from multiple medical problems with the potential of having prescribed multiple medications. What are the approaches to the multiple diagnoses which will optimize function for the individual living with dementia.

**2:45-3:30 PM**

**The New Face of Alzheimer's Disease**

*Carol Wynne, RN, CRNP and Family Panel*

Individuals with early onset dementia and their care partners will discuss their experiences about the journey through the course of Alzheimer's disease. Questions will be directed by Ms. Wynne.

**3:30 PM**

**Conference Concludes**

Continuing Education Certificates will be distributed at the conclusion of the conference.

# Continuing Education

## *Nursing:*

The Institute for Johns Hopkins Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission of Accreditation. This 5.2 contact hour Educational Activity is provided by The Institute for Johns Hopkins Nursing.

## *Nursing Home Administrators:*

HFAM is a Registered Sponsor of Continuing Education. This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners of Long Term Care Administrators (NAB) and approved for 5 clock hours and 5 participant hours. Program Approval No. : 3122009-31017-5.

## *Occupational Therapy:*

The Maryland Board of Occupational Therapy Practice has approved this program for 5.25 contact hours total for the completion of this program. The approval number is 2008-9:0554 Assignment of contact hours by the Maryland Board of Occupational Therapy Practice does not guarantee that an individual licensee will be credited with the maximum amount assigned to the course.

## *Social Work:*

The Maryland Gerontological Association is an approved provider of social work continuing education by the Maryland Board of Social Work Examiners. This program has been approved for 5 hours of Category I continuing education credits.

## LOCATION AND DIRECTIONS

The conference will take place at the Sheppard Pratt Conference Center, 6501 North Charles Street, Towson, MD.

### *From the Baltimore Beltway:*

Sheppard Pratt is south of the Baltimore Beltway (Interstate 695) off Exit 25. Proceed south on Charles Street for approximately 2.5 miles. You will see a sign designating a left turn into Sheppard Pratt. Follow signs for the conference center.

### *From Downtown Baltimore:*

Take Charles Street North. After you cross Bellona Avenue look for the entrance to Sheppard Pratt on your right. Follow signs for the conference center. Or take I 83 (Jones Falls Expressway) to Northern Parkway East. Take a left turn on Charles Street and follow as above from the downtown directions.

## Annual Conference Registration Fees

- MGA Members: \$90
- Non-Members: \$110
- Full Time Students: \$50  
(Please include a photo copy of a valid student ID)  
(No CEUs or CNEs)
- Senior (60+): \$50  
(No CEUs or CNEs)

The registration fee includes continental breakfast, luncheon, conference materials and continuing education certificates for members and non-members.

Please note: Continuing education certificates will not be given out until the conclusion of the entire program.

If you require any special dietary accommodations, please notify the Alzheimer's Association no later than November 23, 2009, 410-561-9000.

## MGA Membership Information

*You are invited to join the MGA now and qualify for discounted registration for this conference. To renew or join, please enclose a separate check made out to the MGA with your separate registration payment.*

- Individual Membership: \$50
  - Organizational Membership: \$250  
(includes 10 discretionary memberships)
  - Senior (Age 60+): \$30
  - Full Time Students: \$30  
(Please attach a copy of a valid student ID)
- 
- I am renewing my MGA membership
  - I am a new member

# Registration Information

Please print and fill out all information requested.

Name \_\_\_\_\_ Professional Degree \_\_\_\_\_

Title \_\_\_\_\_ Organizational Affiliation \_\_\_\_\_

Mailing Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email address \_\_\_\_\_ Daytime Telephone Number \_\_\_\_\_

ARE YOU A MEMBER OF THE MGA AS OF JUNE 2009?

Individual Membership     Organizational Membership     Non-Member

## Payment for the Conference

Please send the completed registration form along with your credit card information, check or money order made payable to the Alzheimer's Association

Visa     MasterCard     Check or Money Order

Account Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Credit Card Security Number \_\_\_\_\_

Signature \_\_\_\_\_

Amount Enclosed for Conference Registration: \$ \_\_\_\_\_

## Payment for MGA Membership

Check or Money Order

New Member     Renewal

Amount Enclosed for Membership: \$ \_\_\_\_\_

Please send the completed registration form and payment no later than November 23, 2009 to:  
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