

memory loss; it's not always alzheimer's!

Memory loss can mean many different things; from "normal aging," to reversible illness, to progressive brain diseases such as Alzheimer's disease or other dementias.

Learn about the different causes of memory loss, the warning signs of dementia, the many different types of dementias, and how these various diseases are treated. Also receive some tips on how to keep your brain as healthy as possible for as long as possible to reduce the risk of memory loss and brain disease throughout life.

**Admission is free and open to the public.
Light refreshments will be provided.**

Location:

Wicomico Public Library
122 S. Division Street, Salisbury

Participants will learn:

- To identify "normal" memory loss
- The difference between Alzheimer's disease & dementia
- The many different types of dementia
- Early warning signs of Alzheimer's disease & dementia
- "Brain healthy" lifestyle tips

**Call Amy Schine, Education Consultant, at
410 749-4940 for more information.**

Date /Time:

**Thursday April 23, 2009
2 p.m.–3 p.m.**

Presented by:

alzheimer's  association™

the compassion to care, the leadership to conquer

