

Training makes a difference

Providing quality care with trained staff is a shared goal for nursing facilities, assisted living, home care, and adult day care centers alike.

As the need for dementia-specific services continues to grow, so do the challenges of keeping staff trained and motivated.

Questions about the kit? Call 410.561.9099

This training kit was created through a partnership between:

alzheimer's  association®

Alzheimer's Association
1850 York Road, Suite D
Timonium, MD 21093
Phone: 410.561.9099
24/7 Helpline: 1.800.272.3900
www.alz.org/maryland



Mental Health Association of Maryland
711 West 40th Street, #460
Baltimore, MD 21211
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Alzheimer's Association
1850 York Road Suite D
Timonium, MD 21093

Caring for People with Cognitive Impairment & Mental Health Issues



Employee training on quality dementia care and mental health

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A training package that meets the State of Maryland's COMAR regulations for nursing home and assisted living staff

alzheimer's  association®



Funding for this project was provided by:
Maryland Department of Health and Mental Hygiene,
Office of Health Care Quality,
and the Leonard & Helen R. Stulman
Charitable Foundation

How does this kit work?



Each training manual works with each DVD to fulfill the required training time.

Additional information, guided questions, and discussion points are provided in the manuals.

This package was designed to allow maximum flexibility for educational needs, resident populations, and trainer preferences—there is no specification of topic time in the regulations.

Trainers may determine the amount of time spent on each topic area. Handouts of the slides should be given to attendees to be used as learning reinforcement and future reference.

The trainees should be provided with written policies and procedures related to the topic areas and are specific to their facility of employment.

What is included?

In the kit you will find:

- 2 DVDs titled ‘Quality Dementia Care’ and ‘Mental Health Issues’
- 2 training manuals to accompany each DVD
- CD containing power point handouts
- 2 supplemental information guides

Contents

DVD DISC 1: QUALITY DEMENTIA CARE

- Module 1: Overview of Dementia and Alzheimer’s Disease.....48 minutes
- Module 2: Communication Techniques and Adapting the Environment.....16 minutes
- Module 3: Understanding Behaviors of Persons with Dementia.....32 minutes
- Module 4: Person Centered Care and Commonly used Medications.....9 minutes
- Module 5: Activity Planning and Pain Management.....25 minutes

DVD DISC 2: MENTAL HEALTH ISSUES

- Module 6: Overview of Late Life Mental and Behavioral Health.....13 minutes
- Module 7: Types of Mental and Behavioral Health Problems.....38 minutes
- Module 8: The Role of the Caregiver.....29 minutes
- Module 9: End of Life.....17 minutes
- Module 10: Family Needs and Caregiver Stress.....18 minutes

CD:

- Introduction
- PowerPoint Presentation
- Sample Forms
- Staff Development

Fees

DVD kit:	\$300
Shipping & Handling:	\$7
Tax:	+ \$18
Total cost:	\$325

Order form

Quantity: ____ training kits, totaling \$ ____

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Payment method:
____ Check/Cash (enclose) ____ Credit Card

Circle one: VISA MasterCard

Credit card number _____

Expiration date _____ VIN # _____

Name on card: _____

Billing address _____

Make checks payable to Alzheimer’s Association

Please mail registration form & fee to:
Alzheimer’s Association
1850 York Road, Suite D
Timonium, MD 21093
Or fax to 410.561.3433