

Alzheimer's Association Greater Maryland  
Video Library

| Title   | AP | AA | AD | B | C | DA | FTC | FTP | FMP | MC | RA | Format | Length | Description   |
|---|----|----|----|---|---|----|-----|-----|-----|----|----|--------|--------|---|
| Abuse and the Dementia Patient  |    |    |    | X |   |    |     |     |     |    |    | DVD    | 20 MIN | Due to difficult behaviors exhibited by dementia patients, their care presents a significant challenge. Find out from experienced nursing staff of the Johns Hopkins Bayview Geriatric Center some easy to implement strategies to prevent frustration and potential abuse situations from developing. Interactive discussion |
| Abuse Triggers-Presented by Peter Rabins, M.D: Incontinence and other physical problems |    |    |    | X |   |    |     |     |     |    |    | VHS    | 16 MIN | Provides education to nurses aides on how incontinence triggers abuse. Dr. Rabins presents examples to a panel of professionals to discuss the problem and how to avoid the abuse. Useful for professionals.  |
| Abuse Triggers-Presented by Peter Rabins, M.D: Needy Resident                           |    |    |    | X |   |    |     |     |     |    |    | VHS    | 16 MIN | Suggests how needy patients are frustrating and their behavior is not on purpose. Dr. Rabins talks about how neglect as a form of abuse. Useful for professionals.  |
| Abuse Triggers-Presented by Peter Rabins, M.D: Physical Violence                        |    |    |    | X |   |    |     |     |     |    |    | VHS    | 16 MIN | Suggestions on how to prevent physical violence in a patient and how to respond safely and appropriately, while understanding the behavior. Useful for professionals.   |
| Abuse Triggers-Presented by Peter Rabins, M.D: Verbal Violence                          |    |    |    | X |   |    |     |     |     |    |    | VHS    | 19 MIN | Learn about verbal violence and learn why elders may yell, and how to respond effectively. Useful for professionals.  |
| Accepting the Challenge: Providing the Best Care for People with Dementia - (2003)      |    |    |    |   |   |    | X   |     |     |    |    | DVD    |        | Accompanied by booklet  |
| Adult Day Care: A Good Choice   | X  |    |    |   |   |    |     |     |     |    |    | VHS    | 15 MIN | This video describes an adult day program as an alternative to institutionalization. The viewer follows the staff of an adult day program as they plan, coordinate and carry out activities which emphasize participants' strengths and abilities. <b>Also useful for staff</b>   |
| Alzheimer's: A Multicultural Perspective  |    |    |    |   |   |    |     |     |     | X  |    | DVD    | 34 MIN | In this program, medical experts and families who have dealt with such issues as talking openly about the disease, seeking assistance, long-term-care placement, and language differences, share their experiences and discuss solutions. The four ethnic groups are Chinese, Japanese, Latino, and Vietnamese.               |

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| Alzheimer's Disease: Inside Looking Out        |    |    |    |   |   |    |     |     | X   |    |    | DVD    | 19 MIN  | Several people with young-onset Alzheimer's disease talk openly about the impact of the disease on their lives, about their feelings and about how they are coping.  |
| Alzheimer's Disease: Natual Feeding Techniques |    |    |    |   |   |    | X   | X   |     |    |    | DVD    | 14 MIN  | Three case studies show that some Alzheimer's residents can be fed orally even in the late stages of the disease. By using the right techniques, nursing home staff can avoid using a gastrostomy tube, improve nutrition, and reduce the risk of infection. The program suggests making breakfast and lunch the biggest meals of the day, serving a variety of food, using more staff to help out at mealtimes, and offering cues for chewing and swallowing. See also Bon Appetit. |
| Alzheimer's Project, The                       |    |    | X  |   | X |    | X   |     |     |    | X  | DVD    | 533 MIN | 4-part HBO documentary series about Alzheimer's Disease that includes the following segments: The Memory Loss Tapes, Caregivers, Grandpa-Do you Know Who I Am?, and Momentum in Science. ( 4 copies)   |
| An Evening with Barry Petersen                 |    |    |    |   |   |    | X   |     | X   |    |    | DVD    | 90 MIN  | Barry Petersen, author of <i>Jan's Story</i> , talks about his personal experience as caregiver for his wife Jan, who has younger-onset Alzheimer's disease. A panel of caregivers and professionals share their perspectives and answers questions from the audience. (2 copies) IMPORTANT: This presentation is meant for caregivers and professionals. It is NOT appropriate for people with dementia.  |
| Assessing the Mental Status of Older Persons   |    |    |    |   |   |    |     | X   |     |    |    | VHS    | 34 MIN  | Dr. Peter Rabins explains the many reasons why assessing the mental status of elderly patients is essential. Program provides a useful guide on how to do a mental status exam. Appropriate for staff development in hospitals, long term care and professional training programs  |
| Away From Her (2007)                           |    |    | X  |   |   |    | X   |     |     |    |    | DVD    | 110 MIN | A love story about a couple married for about 50 years, where the wife begins to lose her memory and they must adjust to life as strangers.  |

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| Barriers to Recognizing Pain                                       |    |    |    |   |   |    | X   |     |     |    |    | DVD            | 20 MIN | Teaches professional caregivers ways to determine who has pain, what kind it is, and how to make sure they are in control of the pain and how to eliminate the barriers so they can do their job. (2 copies)   |
| Bathing without a Battle   |    |    |    |   |   |    | X   | X   |     |    |    | set of 2 DVD's | 40 MIN | Bathing without a battle: personal care of individuals with dementia. Chapel Hill, NC: University of North Carolina, 2003. Primarily for healthcare professionals, this CD-ROM and companion video by Philip Sloane, Joanne Rader, and Anne Barrick suggests ways to reduce the stress of bathing through such activities as in-bed towel bath and other alternatives to showering. (2 copies) |
| Behavior Management Training For Dementia Care (2006)              |    |    |    | X |   |    |     |     |     |    |    | DVD            | 35 MIN | Demonstrates a three step model to manage dementia related behaviors effectively. The interactive DVD can be used individually or in a group, and provides management skills for caregivers in a facility or at home. Useful for both families and professionals.  |
| Bon Appetit: How to create meaningful Mealtimes in Long Term Care  |    |    |    |   |   |    | X   | X   |     |    |    | DVD            | 22 MIN | The focus of this 2-video training program is on resident autonomy and person-centered care. Covered are the effects of dementia on communication, behavior, and eating, dining experiences with less distraction, and food preparation and service that enable independence.  |
| Brush Those Teeth & Dentures- Mouth Care for the Dependent Elderly |    |    |    |   |   | X  |     |     |     |    |    | VHS            | 20 MIN | Proper dental care techniques, including brushing and flossing teeth and cleansing dentures, are demonstrated with nursing home residents. A portion of the video focuses on how to perform appropriate dental hygiene on confused or uncooperative individuals.   |
| Caregiver Stress   |    |    |    |   |   |    | X   | X   |     |    |    | VHS            | 25 MIN | Expert panelists Beverly Baldwin, Georgia Stevens, Karen Kleeman and Joyce Rasin, from the University of Maryland School of Nursing, explore the psychobiological and mental health consequences of development for home caregivers, this tape also provides important insights for institutional caregivers. Also found under FOr the Professional  |

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| Caring for a Loved One with Alzheimer's Disease   |    |    |    |   |   |    | X   |     |     |    |    | DVD     | 60 MIN | Provides caregivers with the practical tools and methods to best take care of their loved one with Alzheimer's disease. From Copper Ridge. (4 copies)   |
| Caring for Patients with Late Stage Dementia  |    |    |    |   |   |    | X   |     |     |    |    | DVD     | 15 MIN | Dr. Peter Rabins discusses late stage dementia, related care needs for patients, and relevant ethical and emotional issues. (2 copies)  |
| Catastrophic Reactions and Other Fear Induced Behaviors (from Alzheimer's Disease: A World of Fear) |    |    |    | X |   |    |     |     |     |    |    | DVD     | 20 MIN | Catastrophic reactions and other fear induced behaviors such as agitation or violent behavior are: disruptive to providing care; emotionally unsettling for the patient and the caregiver/staff; and potentially dangerous. In addition, fear may result in a patient withdrawing and not engaging in life and may even contribute to wandering, calling out and repetitive questioning. Dr. Rabins and nursing staff discuss common fear behaviors and how destructive they can be to residents, staff and the facility. |
| Choosing Assisted Living...What You Need to Know (2003)   |    |    |    |   |   |    | X   |     |     |    |    | VHS     | 25 MIN | Covers a wide range of information caregivers need to consider before deciding on an assisted living for a loved one or for oneself.  |
| Communicating (with the Alzheimer's Patient)  |    |    |    |   |   |    | X   |     |     |    |    | DVD/VHS | 20 MIN | Care professionals from a facility setting share their perspective of communicating with an individual with Alzheimer's. Offers suggestions to enhance one's communication technique. (3 copies)  |
| Communicating with Moderately Confused Older Adults   |    |    |    |   |   |    | X   | X   |     |    |    | DVD     | 20 MIN | Experts in aging show how to stimulate the minds of people in the middle stages of Alzheimer's disease without asking for more than they can handle. It shows how, given the right atmosphere, people with dementia can adjust to the changes in their lives  |
| Communicating with Oriented Older Adults  |    |    |    |   |   |    | X   | X   |     |    |    | DVD     | 20 MIN | This program shows how to listen, empathize, and engaged in the give-and-take of effective conversation. It also demonstrates techniques of getting information, paraphrasing, summarizing, and clarifying.   |
| Communicating with Severely Confused Older Adults   |    |    |    |   |   |    | X   | X   |     |    |    | DVD     | 20 MIN | Provides demonstrations of how to communicate with people who have advanced dementia, including the later stages of Alzheimer's disease.  |

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| Competency in Dementia (From: Dementia Care Grand Rounds at Copper Ridge)     |    |    | X  |   |   |    |     | X   |     |    |    | VHS         |        |   |
| Complaints of a Dutiful Daughter  |    |    |    |   |   |    | X   |     | X   |    |    | VHS and DVD |        | A documentary about a daughter's relationship with her mother who is in the middle stages of Alzheimer's disease. (2 DVD copies and 2 VHS copies)   |
| Controlling Pain: Assessing and Re-assessing Response to Pain Mgmt            |    |    |    |   |   |    |     | X   |     |    |    | DVD         | 26MIN  | In this 3-video set, Debra Wertheimer stresses the essential role nursing staff play in observing behavior, communicating, assessing and reassessing responses to pain management, and non-pharmacologic approaches to pain management. |
| Controlling Pain: Non-pharmacologic Approaches to Pain Mgmt                   |    |    |    |   |   |    |     | X   |     |    |    | DVD         | 19 MIN | In this 3-video set, Debra Wertheimer stresses the essential role nursing staff play in observing behavior, communicating, assessing and reassessing responses to pain management, and non-pharmacologic approaches to pain management. |
| Controlling Pain: Reporting Symptoms of Pain                                  |    |    |    |   |   |    |     | X   |     |    |    | DVD         | 20 MIN | In this 3-video set, Debra Wertheimer stresses the essential role nursing staff play in observing behavior, communicating, assessing and reassessing responses to pain management, and non-pharmacologic approaches to pain management. |
| Conversation about Alzheimer's Disease- In Russian, A                         |    |    |    |   |   |    |     |     |     | X  |    | VHS         |        | Portrays a concerned family member asking questions to a social worker.   |
| Dealing with Sexually Inappropriate Behavior: Masturbation                    |    |    |    |   |   |    | X   | X   |     |    |    | DVD         |        | For nursing home staff, this video suggests effective ways of handling residents' inappropriate sexual behavior.  |
| Dealing with Sexually Inappropriate Behavior: Physical Touching and Disrobing |    |    |    |   |   |    | X   | X   |     |    |    | DVD         |        | Ways to bring inappropriate sexual conduct in the elderly under control while maintaining a healthy environment are the focus of this program. It explains why such behavior occurs and suggests what to do and what not to do.         |
| Dementia and People with Intellectual Disabilities: What Can We Do?-          |    |    | X  |   |   |    |     |     |     |    |    | DVD/VHS     | 23 MIN | Include DVD, VHS, and CD-ROM with an accompanying manual/guide 2 copies   |

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| Dementia with Dignity  |    |    |    | X |   |    | X   | X   |     |    |    | DVD    | 60 MIN | Covers the effects of dementia, communication, and how to utilize the remaining strengths and skills of the person for building self-esteem and stimulating intelligence. This video is geared both toward the professional and family caregiver.  |
| Demolition Derby: When a mind loses its license to drive                                       |    |    |    |   |   | X  |     |     |     |    | X  | DVD    |        | Dance-theater performance that will take you on a journey into the heart of a son as dementia consumes his parents. Includes interviews and commentary by distinguished leaders in the fields of Alzheimer's disease, dance and advocacy. (2 copies)   |
| Depression in the Elderly (From: Dementia Care Grand Rounds at Copper Ridge)                   |    |    |    | X |   |    |     | X   |     |    |    | VHS    |        |  |
| Discovery of Purpose, The (From: When Love Gets Tough)   |    |    |    |   |   |    | X   |     |     |    |    | VHS    |        | A three part series by Doug Manning  |
| Don't Forget About Me: Children & Alzheimer's  |    |    |    |   | X |    |     |     |     |    |    | DVD/CD | 16 MIN | (CD with <b>Grandma's Cobwebs</b> book) To help teach children about Alzheimer's disease and to show how important it is to have good relationships with older adults  |
| Dress Him While He Walks: behavior management in caring for residents with Alzheimer's disease |    |    |    |   |   |    | X   | X   |     |    |    | DVD    | 20 MIN | Workers in a long term care unit specializing in Alzheimer's disease offer suggestions for handling the wandering, delusions, and hallucinations that can accompany the disease as well as tips for communicating with residents. Using scenes from their facility to illustrate their points, they demonstrate ways to help with such everyday activities as eating, dressing, and bathing. They stress behavior management instead of behavior modifications, discuss the use of medications, and explain how to tailor care to each individual. |
| Driving and Dementia Don't Mix   |    |    |    | X |   |    | X   |     |     |    |    | VHS    | 30 MIN | A discussion from three professionals and a family member about the dangers of driving with dementia plus methods to help families take away the car keys.   |
| Early-Onset Alzheimer's  |    |    | X  |   |   |    |     |     |     |    |    | DVD    | 8 MIN  | Nationally Televised NBC Nightly News 12/11/06, and CBS Evening News 12/13/06 on young-onset Alzheimer's.  |

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| Early Onset Memory Loss, A Conversatoin with Letty Tennis             |    |    | X  |   |   |    |     |     |     |    |    | VHS    | 20 MIN | Letty Tennis is the subject of this unique documentary, in which she speaks about her reactions to her progressive memory loss.  |
| Echoes From the Past: African Americans and Alzheimer's               |    |    |    |   |   |    |     |     |     | X  |    | DVD    | 27 MIN | This film looks at the high incidences of Alzheimer's in the African-American community as it documents the intimate, first-hand experiences of several families providing care for a loved one with Alzheimer's. The film intersperses information from health professionals throughout, making way for realistic discussion of the diagnosis and treatment of Alzheimer's, genetic factors, financial concerns, and caregiver stress. (3 copies) |
| Eliminating Negative and Abusive Interactions                         |    |    |    |   |   |    | X   | X   |     |    |    | DVD    | 20 MIN | This video program shows how to ease the strain and prevent caregivers from reacting in negative ways. Caregivers open up about which demands are the most stressful – verbal abuse, physical abuse, residents’ troublesome behavior, overwork, or demands from residents’ families. Then they decide how to cope with those stresses.   |
| Ethnic Communities and Dementia: Making a Difference                  |    |    |    |   |   |    |     |     |     | X  |    | VHS    | 20 MIN | Highlights four local projects each targeting a different ethnic population including Chinese, Hispanic/Latino, Asian/Pacific and Native American.   |
| Even These May Forget   |    |    |    |   |   |    |     | X   |     |    |    | VHS    | 18 MIN | A Pastoral Care Challenge: Training video for clergy.  |
| Family Guide to Alzheimer’s Disease, Part I Understanding Alzheimer's |    |    | X  |   |   |    | X   |     |     |    |    | DVD    | 62 MIN | Information on symptoms, diagnosis, stages of the disease and how Alzheimer's affects the brain. Accompanied by booklet.   |
| Family Guide to Alzheimer's Disease, Part 2; Behavior issues          |    |    | X  |   |   |    | X   |     |     |    |    | DVD    | 67 MIN | Information on how Alzheimer's affects the perception of reality, common symptoms and redirection techniques   |
| Family Guide to Alzheimer's Disease, Part 3; Daily life               |    |    | X  |   |   |    | X   |     |     |    |    | DVD    | 42 MIN | Information on home safety, communication and structuring a daily routine  |
| Family Guide to Alzheimer's Disease, Part 4; Family caregiving        |    |    | X  |   |   |    | X   |     |     |    |    | DVD    | 62 MIN | Information includes getting outside help, involving family members and handling personal care   |
| Family Guide to Alzheimer's Disease, Part 5; Transitions              |    |    | X  |   |   |    | X   |     |     |    |    | DVD    | 44 MIN | Information includes adapting social activities, spiritual issues, evaluating care facilities and grieving   |

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| Family Needs in Dementia: How to Support Them (From: Dementia Care Grand Rounds at Copper Ridge) |    |    |    |   |   |    |     | X   |     |    |    | VHS     |        |   |
| Father's Daze  |    |    |    |   |   |    |     |     | X   |    |    | VHS     |        | A documentary about Bill Pellington, a Baltimore Colt football player with a diagnosis of Alzheimer's disease.  |
| Forgetting, The  |    |    | X  |   |   |    |     |     |     |    | X  | DVD/VHS | 90 MIN | A portrait of Alzheimer's takes a dramatic, compassionate, all encompassing look at this fearsome disease and aims to help all Americans better cope with its impact. The documentary weaves together the intense real-world experiences of Alzheimer's patients and caregivers, the history and biology of Alzheimer's and the ongoing struggle to end the disease. (3 DVD, 2 VHS) |
| Glass Half Full, The (1991)  |    |    |    |   |   |    |     | X   |     |    |    | VHS     | 20 MIN | With the use of caricatures, this video defines the 4 basic A's (amnesia, aphasia, agnosia, apraxia), the cardinal symptoms of Alzheimer's disease. It further discusses those aspects of the environment that help to create a therapeutic climate. Geared towards professionals in the dementia care field.   |
| The GNA's Essential Checklist: Is Mrs. Jones OK?   |    |    |    |   |   |    |     | X   |     |    |    | DVD     |        | Staff discuss specific guidelines on appropriate "checking" of residents, when looking in the door just isn't enough for providing information. Checking vital signs, observing changes, and recognizing individual differences are covered.  |
| Grace  |    |    |    |   |   |    | X   |     |     |    |    | DVD/VHS | 58 MIN | Composite of the previously released programs - "Living with Grace", "Caregiving with Grace and "Glenn's Perspectives on Grace". (3 DVD, 1 VHS)   |
| Grace: Caregiving with Grace   |    |    |    |   |   |    | X   |     | X   |    |    | VHS     | 39 MIN | Caregiving with Grace documents the daily care provided for Grace, her husband and a foster home caregiver share both practical and emotions solutions for caregiving. (2 copies)   |
| Grace: Glenn's Perspective   |    |    |    |   |   |    | X   |     |     |    |    | VHS     | 20 MIN | Glenn Kirkland's perspective on his caregiving years with his wife Grace. Taped in the 13th year and final months of his caring for Grace.  |
| Grace: Grace Notes   |    |    |    |   |   |    | X   |     |     |    |    | DVD     | 20 MIN |   |

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| Grace: Living with Grace   |    |    |    |   |   |    | X   |     | X   |    |    | VHS     | 28 MIN | Living with Grace explores the life of one woman suffering from Alzheimer's disease or a related disorder. Video taped six years after the initial diagnosis.  |
| Grace: Perspectives on Grace: Medical Implications                   |    |    |    |   |   |    |     | X   |     |    |    | VHS     | 23 MIN | Designed to use in conjunction with "Living with Grace" and Caregiving with "Grace". Identifies and describes behaviors observed. Also, discusses impact of disease on caregiver and family members.   |
| Helping Families Understand Alzheimer's Disease (1996)               |    |    |    |   |   |    |     |     |     | X  |    | VHS     | 40 MIN | A Hawaiian, Ilocano and Vietnamese family show how Alzheimer's affects them specific to their cultures.  |
| He's Doing This In Spite of Me: Emotional Conflicts in Dementia Care |    |    |    |   |   |    | X   |     |     |    |    | VHS     | 22 MIN | In this powerful video, three caregivers openly share their experiences and frustrations as they interact with their loved one who has dementia. As dementia care professionals offer comments and guidance throughout the film, caregivers learn how to reframe the caregiving dynamic and how to move from anger to acceptance. A manual outlining key points accompanies the video. |
| Hi Buddy   |    |    | X  |   |   |    | X   |     | X   |    |    | DVD/VHS | 28 MIN | A training video for those caring for someone with a developmental disability and dementia. The video introduces the viewer to Roger, a 53 year old man with Down Syndrome and Alzheimer's disease. Observing Roger at home, work and a doctor's appointment presents ways to enable him to remain in the community setting for an extended period of time. (1 DVD, 2 VHS)             |
| Home is Where I Remember Things                                      |    |    |    |   |   |    | X   |     |     |    |    | VHS     | 45 MIN | This three-part video is an interesting look at the challenges family members and in-home aides face when caring for an Alzheimer's patient at home. The video is accompanied by a training manual designed to help teach quality Alzheimer's care to persons caring for Alzheimer's patients, especially in a home environment.   |

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| In Your Hands: The Tools for Preserving Personal Autonomy (1996-2003) In English with Spanish subtitles |    |    |    |   |   |    | X   |     |     |    |    | DVD/VHS with booklet on health and financial Decisions | 15 MIN | Using case studies – including a woman with Alzheimer’s disease – the program describes how people with chronic illness can use legal documents to preserve the right to make their own decisions as long as possible, then to assign that responsibility to someone else when necessary. It describes durable power of attorney and trusts, medical power of attorney, and living wills. (2 DVD's + 1 VHS) |
| Injury Prevention: Preventing Choking & Aspiration  |    |    |    |   |   |    | X   | X   |     |    |    | DVD with student and instructor's training manuals     | 13 MIN | Such problems as weak swallowing muscles, poor cough, gag reflexes, and dementia can be characteristics of the elderly. Prevention tips and techniques are covered in this video for reducing the risk of choking, aspiration, strangulation, and suffocation. Step-by-step instructions for using the Heimlich Maneuver are included for conscious and unconscious persons.                                |
| Intellectual Disabilities and Dementia (2002)   |    |    | X  |   |   |    |     |     |     |    |    | CR-DOM   |        | School of Social Welfare, University of Albany, (2 CD set)  |
| Just for the Summer   |    |    |    |   | X |    |     |     |     |    |    | DVD  | 30 MIN | A boy in high school learns about Alzheimer’s disease when his grandmother comes to stay with him and his family. During her visit, he comes to understand her illness and grows more sensitive to what she is going through. Originally done as an “after school special” for commercial television.   |
| La Familia Latina y Problemas de la Memoria: La Enfermedad de Alzheimer                                 |    |    | X  |   |   |    | X   |     |     |    |    | DVD w/booklet  | 32 MIN | (3 copies)  |
| Later Works of William Utermohlen, The 1995-2000  |    |    |    |   |   |    |     |     | X   |    |    | DVD  | 85 MIN | Showcases a series of self-portraits by Bill Utermohlen after he was diagnosed with Alzheimer's disease. Also includes highlights from the lecture on October 25, 2006 called Portraits & Promises in Alzheimer's Disease. (2 copies)   |
| Learning to Speak Alzheimer's: An INTRODUCTION to the <b>Habilitation</b> approach to care              |    |    |    |   |   |    | X   |     |     |    |    | DVD  | 32 MIN | Based on the book by the same name, the film offers wealth of informatoin, practical techniques and guideposts for Healthcare professionals, caregivers and families caring for an Alzheimer's person.  |

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| Living with Alzheimer's Disease- the Family Caregiver's Guide: Endings-Respite and end of life issues                            |    |    |    |   |   |    | X   |     |     |    |    | VHS    | 20 MIN | Families share the changes associated with the final years of caregiving. They discuss anticipating and dealing with increased care needs, respite care, end of life decisions, and dealing with loss.  |
| Living with Alzheimer's Disease- the Family Caregiver's Guide: Ethical Issues - Driving dilemma, making medical decisions        |    |    |    |   |   |    | X   |     |     |    |    | VHS    | 20 MIN | Alzheimer's disease raises many ethical issues. Families will find some of these quite challenging. Topics include: getting the initial assessment; making the decision that independent living is no longer a safe option; addressing the issue of driving and taking away a license; and making medical decisions.  |
| Living with Alzheimer's Disease- the Family Caregiver's Guide: The Beginning- Guides a family through the process of a diagnosis |    |    |    | X |   | X  | X   |     |     |    |    | VHS    | 20 MIN | Ideal for family members and support groups, this program includes the viewer in a session with Dr. Rabins and family members. Topics include: recognizing symptoms indicating need for an evaluation; what to do if a family member refuses evaluation; how to determine if person is able to continue living independently; how to handle the driving situation; making simple environmental modifications; and suggestions on how to accept the diagnosis. This program hits the hard must knows and how to handle the very difficult situations which accompany the disease. (2 copies) |
| Living with Alzheimer's Disease- the Family Caregiver's Guide: The Middle Years- Managing behaviors, safety, and a social life   |    |    |    | X |   |    | X   |     |     |    |    | VHS    | 20 MIN | Talking with family members, Dr. Rabins helps them to identify ways in which to better cope with behaviors of the disease in this stage. Topics include: how to manage aggression, wandering and memory loss. Families suggest ways to minimize frustration, maximize independence, establish reassuring responses and create safe environments.  |
| Living with Alzheimer's: Challenges of Caregiving Part 1   |    |    |    |   |   |    | X   |     |     |    |    | VHS    |        | Insights on the progression of Alzheimer's and the impact on caregivers.  |
| Living with Alzheimer's: Choices in Caregiving Part 2  |    |    |    |   |   |    | X   |     |     |    |    | VHS    |        | Demonstrates a practical guide to daily care of a loved one with Alzheimer's.   |

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| Living with Alzheimer's: Understanding Alzheimer's Part 3   |    |    | X  |   |   |    |     |     |     |    |    | VHS    |        | Discusses the basic facts of Alzheimer's. Targeted for caregivers.   |
| Maintaining Independence and Involving the Alzheimer's Patient  |    |    |    |   |   |    | X   |     |     |    |    | DVD    | 20 MIN | Demonstrates techniques to maximize an individual's with Alzheimer's independence. (2 copies)  |
| Making the Decision   |    |    |    |   |   |    | X   |     |     |    |    | VHS    |        | A resource to assist families during the nursing home placement process.   |
| Making the Decision (From: When Love Gets Tough)  |    |    |    |   |   |    | X   |     |     |    |    | VHS    |        | From the three part series by Doug Manning   |
| Managing and Understanding Behavior Problems in Alzheimer's Disease: ABC an Introduction                        |    |    |    | X |   |    | X   |     |     |    |    | VHS    | 15 MIN | Introduces a series to help caregivers manage troubling behaviors by teaching a method of looking at the behavior objectively and how to change a troubling behavior when you want to. Lecture style. Useful for any caregivers. |
| Managing and Understanding Behavior Problems in Alzheimer's Disease: Caregiver Issues                           |    |    |    |   |   |    | X   |     |     |    |    | VHS    | 32 MIN | Discusses common problems caregivers face, and offers suggestions to help families directly and professionals helping families. Lecture style with examples.   |
| Managing and Understanding Behavior Problems in Alzheimer's Disease: Depression                                 |    |    |    | X |   |    |     |     |     |    |    | VHS    | 21 MIN | Ways to manage depression in dementia patients. Lecture style. Important to have watched the ABC introduction to understand how to control the depression and use the method from the introduction.                              |
| Managing and Understanding Behavior Problems in Alzheimer's Disease: Bathing and Dressing                       |    |    |    |   |   | X  |     |     |     |    |    | VHS    | 13 MIN | Lecture on managing bathing and dressing in dementia patients. Gives examples of the difficulties and how to respond.  |
| Many Voices . . . One Message   |    |    |    |   |   |    |     |     |     |    | X  | VHS    | 11 MIN | A film about Public Policy issues.   |
| Marge and Walter  |    |    |    |   |   |    |     |     | X   |    |    | VHS    | 30 MIN | Depicts a couple's journey in living life with Alzheimer's disease.  |
| Memory Impairment in Alzheimer's Disease and Other Dementias (From: Dementia Care Grand Rounds at Copper Ridge) |    |    | X  |   |   |    |     | X   |     |    |    | VHS    |        |  |

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| Minimizing Care Problems (1997)  |    |    |    |   |   |    | X   |     |     |    |    | DVD/VHS | 35 MIN | This program considers the most difficult behaviors to manage and suggests useful strategies to reduce caregiver stress, minimize time spent in non-productive interactions, and create a better quality of life for patient, family and staff. (1 DVD, 1 VHS)  |
| More than a Thousand Tomorrows   |    |    |    |   |   |    |     |     | X   |    |    | DVD     | 22 MIN | It is six years later and Everett and Betty Jordan, a couple who had been in the original program, A Thousand Tomorrows, are interviewed. Everett gives a candid account of the disease, focusing on the intimate relationship he and Betty have shared and the changes that occurred during those years. See also Thousand Tomorrows: Intimacy, Sexuality and Alzheimer's. |
| My Name is Kevin!! (1993)  |    |    |    |   | X |    |     |     |     |    |    | VHS     |        | This video is intended to aid in the understanding of Alzheimer's disease through the eyes of children.   |
| Nurse's Aides Make a Difference  |    |    |    | X |   |    |     |     |     |    |    | VHS     | 30 MIN | Video will present skills needed for managing difficult behaviors in individuals with dementia. Written in the format of a lively afternoon talk show. A viewing guide also available.  |
| Nutritional Issues in Advanced Dementia<br>(From: Dementia Care Grand Rounds at<br>Copper Ridge) |    |    |    | X |   |    |     | X   |     |    |    | VHS     |        |   |
| Oral Care for the Alzheimer's Patient  |    |    |    |   |   | X  |     |     |     |    |    | VHS     | 10 MIN | Discusses importance of dental care and consequences of avoiding problems. Shows how to care for needs.   |
| Oral Care for the Dependent Patient  |    |    |    |   |   | X  |     |     |     |    |    | VHS     | 20 MIN | Presents a realistic approach to oral care of the dependent patient - a learning tool for both long term care and home care.  |
| Overview of Alzheimer's Disease  |    |    |    |   |   |    | X   |     |     |    |    | CD-ROM  |        | From the Enlightened Alzheimer Caregiving series, this CD gives caregivers a basic understanding about Alzheimer's disease and other dementias. IN SPANISH AND ENGLISH (2 copies)   |
| Part of Daily Life, A  |    |    |    |   |   | X  |     |     |     |    |    | VHS     | 17 MIN | Alzheimer's caregivers simplify activities and the home.  |
| Patient's Perspective, The   |    |    |    |   |   |    | X   |     | X   |    |    | DVD/VHS | 20 MIN | Interviews with couples and individuals living with Alzheimer's or dementia in their lives. Includes individuals living within their individual home and facility settings. (2 copies)  |

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| Positive Solutions to Minimize Fearful Behavior (from Alzheimer's Disease: A World of Fear)                             |    |    |    | X |   |    |     |     |     |    |    | DVD    | 20 MIN | Fear can generate a wide range of behaviors with Alzheimer's patients. Dr. Rabins and nursing staff talk about: the importance of realizing these behaviors may often be fear based; recognizing the triggers for these behaviors; preventing them for happening, and suggest easy positive solutions.   |
| Prescription for Caregivers: Take Care of Yourself  |    |    |    |   |   |    | X   |     |     |    |    | DVD    | 60 MIN | Wendy Lustbader, a social worker who cared for her own grandfather, helps viewers share their feelings about looking after elderly relatives, including those with Alzheimer's. She helps caregivers come to terms with the guilt, resentment, and feelings of anxiety that occur. She talks about the importance of respite and the often difficult decision to move a loved one into a nursing home. |
| Primary Medical Care in Dementia (From: Dementia Care Grand Rounds at Copper Ridge)                                     |    |    | X  |   |   |    |     | X   |     |    |    | VHS    |        |  |
| Reason to Hope: An Overview of the Alzheimer's Association (2004)   |    | X  |    |   |   |    |     |     |     |    |    | DVD    | 8 MIN  | A short summary of the services provided by the Alzheimer's Association.   |
| Recent Advances in Drug Therapy in Alzheimer's Disease (From: Dementia Care Grand Rounds at Copper Ridge)               |    |    |    |   |   |    |     |     |     |    | X  | VHS    |        |  |
| Recognizing and Preventing Caregiver Burnout (From: Interacting with Alzheimer's Patients: Tips for Family and Friends) |    |    |    |   |   |    | X   |     | X   |    |    | DVD    | 23 MIN | When a caregiving situation appears hopeless, it's often a sign of "caregiver burnout." You may think you're alone, but the caregivers in this program let you know you're not. Relating their own experiences, they help caregivers recognize signs of burnout plus give practical suggestions to prevent melt downs.   |
| Recognizing Pain  |    |    |    |   |   |    | X   |     |     |    |    | DVD    | 17 MIN | Methods of determining whether an individual with Alzheimer's is experiencing pain   |
| Resident Assessment Inventory   |    |    |    |   |   |    |     | X   |     |    |    | VHS    | 23 MIN | Teaching tool for long-term care staff: How to observe, describe and document behaviors and conditions in order to provide data that will ensure quality care.   |

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| Responsive Care Plans (1997)  |    |    |    |   |   |    | X   |     |     |    |    | DVD/VHS | 21 MIN | In this program, Dr. Rabins helps viewers develop a basic care plan to minimize frustration for both the patient and caregiver. (1 DVD, 1 VHS)   |
| Roadwise Review   |    |    |    |   |   | X  |     |     |     |    |    | CD-ROM  |        | A tool to help seniors drive safer longer  |
| Role of the Family Caregiver as First Line Support: Treatment of the Elderly with Dementia (2000) |    |    |    |   |   |    | X   |     |     |    |    | VHS     | 90 MIN |  |
| Saving Lives Together- Safe Return and Law Enforcement  |    | X  |    | X |   |    |     | X   |     |    |    | VHS     | 13 MIN | The Alzheimer's Association works with law enforcement and others to save lives. This video includes information to understand wandering and how Safe Return can assist law enforcement and emergency responders. Officers discuss real-life stories about how they used the Safe Return program to reunite lost memory-impaired adults with their loved ones (2 copies) |
| The Savvy Caregiver: #1 Introduction to Dementia and Caregiving                                   |    |    |    |   |   |    | X   |     |     |    |    | DVD     |        | Explains dementia, how thinking skills are affected, your new role as a "caregiver" and effective ways to respond to changes in the behavior of your loved one   |
| The Savvy Caregiver: #2 Minimizing Confusion and taking Charge                                    |    |    |    |   |   |    | X   |     |     |    |    | DVD     |        | Explains how confusion impacts behavior, how to reduce stress and take care of yourself, and how taking charge and providing a structured environment can make things easier.  |
| The Savvy Caregiver: #3 Activities and Loss of Abilities  |    |    |    |   |   |    | X   |     |     |    |    | DVD     |        | Shows how the stages of dementia decline, how to estimate your loved one's level, and how to choose appropriate activities to help minimize confusion for your loved one.  |
| The Savvy Caregiver: #4 Providing Structure and Support   |    |    |    |   |   |    | X   |     |     |    |    | DVD     |        | Shows how to "right size" any activity based on the remaining strengths of your loved one and how to change the support and structure you provide as the disease progresses.   |

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| Second Opinion for Caregivers   |    |    |    |   |   |    | X   |     |     |    |    | DVD     |        | As the population ages, families, friends and loved ones of the sick and elderly find themselves in changing roles. Caregivers struggle with the complexity of the medical system, financial issues and family tension. Yet many caregivers refer to their experience as powerful, positive and uplifting. To support caregivers, the PBS health series <i>Second Opinion</i> has created a national public education campaign on caregiving. Segments include Caregiver's Journey, Caregiver's Burnout, and Caring for someone with a Chronic Disease. (8 copies) |
| Sexuality in Dementia (From: Dementia Care Grand Rounds at Copper Ridge)      |    |    |    | X |   |    |     | X   |     |    |    | VHS     |        |  |
| Sharing the Caring- Part II   | X  |    |    |   |   |    |     |     |     |    |    | VHS     | 30 MIN | Therapeutic Activities; describes therapeutic activities for Alzheimer's patients in day care center and nursing facilities. Activities can be adapted to serve in-home Alzheimer's victims.   |
| Sharing the Journey: Forging Relationships that Ease the Way                  |    |    |    |   |   |    |     |     |     |    | X  | DVD     |        | Official 2005 White House conference on aging event. (2 copies)  |
| Signs & Symptoms of Alzheimer's Disease (1997)                                |    |    | X  |   |   |    |     |     |     |    |    | DVD/VHS | 33 MIN | Observe Dr. Rabins as he interviews patients and outlines the symptoms of Alzheimer's disease including: loss of memory, mood swings, confusion, impaired cognitive processes and loss of physical function. (1 DVD, 1 VHS)  |
| Solving Bathing Problem in Persons with Alzheimer's Disease                   |    |    |    |   |   | X  |     |     |     |    |    | VHS     | 22 MIN | Training for people who care for individuals with Alzheimer's and related disorders. Includes sensitive material. (2 copies)   |
| Someone I Love has Alzheimer's Disease  |    |    |    |   | X |    |     |     |     |    |    | DVD     | 17 MIN | Shelly Fabares narrates this program which explains Alzheimer's disease to young people. It includes interviews with children ages seven to fifteen who have family members with the disease and shows scenes of them caring for their relatives.  |
| Spiritual Care in Dementia (From: Dementia Care Grand Rounds at Copper Ridge) |    |    |    |   |   |    |     | X   |     |    |    | VHS     |        |  |

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| Sundowning  |    |    |    | X |   |    | X   |     |     |    |    | DVD    | 20 MIN | Solutions for the assisted living provider. Also helpful for families.   |
| Transportation Solutions for Caregivers: A Starting Point |    |    |    |   |   | X  |     |     |     |    |    | VHS    | 13 MIN | Looks at real case studies of difficult transportation scenarios and offers practical solutions and tips of helping patient in and out of cars safely.   |
| Two Advocates (1998)                                      |    |    |    |   |   |    |     |     |     |    | X  | VHS    | 12 MIN | Two advocates carry their messages on behalf of people with Alzheimer's disease to elected leaders in Washington and their state capitols.   |
| Understanding Alzheimer's/Alzheimer's and Safety          |    |    |    |   |   |    | X   |     |     |    |    | DVD    |        | From the Alzheimer's Association: 2 topic DVD - an introductory guide to Alzheimer's and a guide to safety planning and preparation  |
| Video Respite: Remembering When What Can I Do             |    |    |    |   |   |    | X   |     |     |    |    | VHS    | 40 MIN | (2 copies)   |
| Voices of Caregiving                                      |    |    |    |   |   |    | X   |     |     |    |    | DVD    | 36 MIN | Seven adult children from a variety of ethnic backgrounds talk about caring for relatives with dementia and show that each family's situation is unique. They talk about concerns over money and losing control over their lives. They discuss coping mechanisms, what they've learned from the experience of caregiving, how they have involved children in the process and how they have tried to keep a positive outlook. |
| Where's Duff  |    |    |    |   |   |    |     |     | X   |    |    | DVD    | 17 MIN | A son's abstract portrayal of an individual with dementia's experience with advanced stage.  |