

## Stay in Touch with What's Happening!

### WHAT ARE YOU DOING FOR THE LONGEST DAY?

June 21 will be here before we know it and we want you to be able to join in our celebration of shedding the most light on Alzheimer's on the longest day of the year, the summer solstice.

Pick an activity you love or one that the person you are honoring loves and make that your fundraiser. It is easy to get registered.

[CLICK HERE TO REGISTER AND GET STARTED](#)



### VIRTUAL AND IN-PERSON EDUCATION

Education topics include Dementia Conversations, Effective Communication Strategies, Legal and Financial Issues, Healthy Living for the Brain and Body, and Know the 10 Signs of Alzheimer's. Classes are FREE of charge.

[CLICK HERE TO LEARN MORE](#)

### MISSOURI CAREGIVER PROGRAM

This program provides small grants, up to \$1,000 to help with the cost of respite services, care products, home modifications or assistive technology for individuals living with Alzheimer's or another dementia.

The person receiving care must be living with Alzheimer's disease or another dementia and both the primary caregiver and care recipient must live in Missouri.

[CLICK HERE TO LEARN MORE](#)

### SOCIAL ENGAGEMENT ACTIVITIES



Choose between three monthly activities including:

Memory Café (in person)

Music Jam Session (virtual and in person)

ALZSports (in person)

[CLICK HERE FOR MORE INFORMATION ABOUT SOCIAL ENGAGEMENT ACTIVITIES](#)

### VIRTUAL AND IN-PERSON SUPPORT GROUPS

The Alzheimer's Association collaborates with many community partners to provide support groups where needed.



[CLICK HERE TO SEE CURRENT SCHEDULE](#)

### JOIN A WALK TO END ALZHEIMER'S PLANNING COMMITTEE

Joining a Walk committee is a great opportunity to get involved with others who are as passionate as you are and have an impact in a community where you live. All are welcome. Each Walk Manager's contact information is on each Walk website.

[CLICK HERE TO FIND A WALK NEAR YOU](#)



### SAVE THE DATE FOR THE NEW OFFICE OPEN HOUSE

We are hosting an Open House at our new office on May 29 from 4 to 6 p.m. with a ribbon cutting at 4:30 p.m.

[PLEASE JOIN US!](#)  
[RSVP TO TRFOGEL@ALZ.ORG](mailto:RSVP TO TRFOGEL@ALZ.ORG)

*Open House*

STAY UP TO DATE VIA OUR SOCIAL MEDIA!



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Alzheimer's Association  
Heart of America Chapter