

# Every dollar advances the fight against Alzheimer's and all other dementia.

The Alzheimer's Association<sup>®</sup> is a worldwide voluntary health organization dedicated to advancing Alzheimer's care, support and research across the world. From face-to-face support to online education programs and promising international research initiatives, your dollars make a difference in the lives of millions affected by dementia today and those who will face it in the future. Every donation helps to strengthen our efforts while moving us closer to our vision of a world without Alzheimer's and all other dementia.

## We provide care and support to all those facing Alzheimer's.

Worldwide, 50 million people are living with Alzheimer's. In the United States alone, more than 6 million are living with the disease, and over 11 million are acting as caregivers. To support these individuals, the Association uses donated funds to offer:

- A free nationwide 24/7 Helpline (800.272.3900) receiving nearly 250,000 calls annually staffed by specialists and master's-level clinicians who provide support, offer information and suggest referrals, all day, every day.
- Online message boards through ALZConnected® (alzconnected.org), a free service that allows those living with the disease and their caregivers to exchange information and build relationships.
- In-person support groups, connecting those facing the disease with a network of help in their community.
- Initiatives developed with partner organizations to advance diversity, equity and inclusion, and help us reach and better serve all communities.

## We educate and raise awareness to grow understanding of the disease.

We've made great strides in growing awareness of Alzheimer's as a fatal disease that demands public attention, but we still have a long way to go. To increase knowledge and support those facing the disease, your dollars provide:

- Education programs and workshops on the warning signs of Alzheimer's, living with the disease, caregiving at different stages, and healthy lifestyle choices for the brain and body.
- Far-reaching campaigns to teach people the difference between Alzheimer's and typical aging, and the power of early detection.
- alz.org<sup>®</sup>, a vast repository of information designed to educate and inform. For many who are newly facing a diagnosis, alz.org is their first stop to learn about living with the disease and caregiving, access resources and plan for the future.

## We drive research toward treatment, prevention and, ultimately, a cure.

As the world's largest nonprofit funder of Alzheimer's research, the Alzheimer's Association invests your dollars in cutting-edge projects that hold the most potential to help people today and change the trajectory of this devastating disease.

- Currently, the Association is investing more than \$235 million in over 650 best-of-field projects in 39 countries. This commitment provides funding for critical advancements such as the discovery of Pittsburgh compound B (PIB), the first radiotracer capable of showing beta-amyloid in the living brain during a PET scan a game-changing breakthrough in disease detection and monitoring.
- Association-funded research has shown that key lifestyle habits are good for the brain. To
  accelerate this field of study, in 2018, the Association funded and implemented the U.S.
  POINTER Study, a two-year clinical trial designed to evaluate whether lifestyle changes can
  protect cognitive function in people at risk of developing dementia.
- The Association is leading the field in research around risk reduction by investing in an
  extension of SPRINT MIND, the first randomized clinical trial to demonstrate that aggressive
  treatment of blood pressure can significantly reduce the occurrence of mild cognitive impairment
  (MCI). The Alzheimer's Association is building on these results by funding SPRINT MIND 2.0,
  which adds two years of follow-up and assessment of original participants to determine if the
  same connection exists between blood pressure and dementia.

# We advocate to improve the lives of all those affected by Alzheimer's and dementia.

The Alzheimer's Association is the leading voice for dementia advocacy, and your dollars fuel our efforts to advocate at the federal and state levels for the support our movement needs. Together with the Alzheimer's Impact Movement (AIM), a separately incorporated advocacy affiliate of the Alzheimer's Association, the Association has:

- Accelerated the passage of landmark legislation such as the National Alzheimer's Project Act, which mandated the creation of a national plan to fight Alzheimer's disease. The plan addresses the rapidly escalating Alzheimer's crisis and coordinates efforts toward its first goal to prevent and effectively treat Alzheimer's by 2025.
- Advanced commitment to funding from the federal government. In government fiscal year 2021, Alzheimer's and dementia research funding at the National Institutes of Health (NIH) reached \$3.1 billion annually. The Alzheimer's Association, AIM and our advocates have driven bipartisan support for this rapid increase.
- Fought to protect people living with dementia who are at a heightened risk of elder abuse by championing and the Promoting Alzheimer's Awareness to Prevent Elder Abuse Act. Signed into law in 2020, it will require the Department of Justice (DOJ) to develop training materials for professionals who encounter and support individuals living with Alzheimer's and dementia.

The movement to end Alzheimer's disease starts in your backyard and stretches around the world. To join us, visit alz.org.

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