EDUCATIONAL CLASSES

GREATER ALBUQUERQUE EDUCATIONAL CLASSES

Tina De La Luz, Program Director
tdelaluz@alz.org, (1) 800) 272-3900
6731 Academy RD. NE
Albuquerque, NM 87109

January 6, 10:00-2:30pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

January 8, 10:00-2:30pm
Basics of Alzheimer’s Disease
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

January 9, 1:30-2:30pm
Legal Issues for Caregivers-What You Should Know
Presented by Dr. Kiran Bhaskar, Ph.D. & Nikki Maphis, BA
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

February 3, 10:00-2:30pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

February 5, 10:00-2:30pm
Communications and Behaviors
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

February 6, 1:30-2:30pm
Legal Issues for Caregivers-What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

February 19, 12:00-1:00pm
Stress Busting-Minimizing Stress for Caregivers
Presented by Dr. Shari Lewis
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

March 2, 1:00-2:30pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

March 4, 1:00-2:30pm
Basics of Alzheimer’s Disease
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

March 12, 1:30-2:30pm
Legal Issues for Caregivers-What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

March 18, 12:00pm-1:00pm
Alzheimer’s Clinical Trials & Research
Presented by Andy Riddle, Albuquerque Neuroscience, Inc.
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

April 1, 1:00-2:30pm
Communications and Behaviors
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

April 4, 10:00-2:30pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

April 9, 1:30-2:30pm
Legal Issues for Caregivers-What You Should Know
Presented by Andy Riddle, Albuquerque Neuroscience, Inc.
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

April 15, 12:00-1:00pm
Developing and Executing a Care Plan for People Living with Dementia Disease
Presented by Dr. Lena Ernst, Ph.D.
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

May 4, 1:00-2:30pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

May 6, 10:00-2:30pm
Basics of Alzheimer’s Disease
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

May 14, 1:30-2:30pm
Legal Issues for Caregivers-What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

May 20, 12:00-1:00pm
Coping with Late Stage Alzheimer’s Disease
Presented by Dr. Janice Knaefel, MD
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

June 1, 1:00-2:30pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

June 2, 1:00-2:30pm
Communications and Behaviors
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

June 11, 1:30-2:30pm
Legal Issues for Caregivers-What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

June 17, 12:00-1:00pm
Choosing and Paying for Long Term Care
Presented by Tracy Ayers, Advisory Board President
Alzheimer’s Association, NM Chapter
6731 Academy RD. NE, Albuquerque, NM 87109

EDUCATIONAL CLASSES

NORTHEASTERN EDUCATIONAL CLASSES

Beth Hamilton, NE Regional Manager
behamilton@alz.org. (1) 800) 272-3900
New office location, call for directions!
Santa Fe, NM

January 15, 10:00am-11:00am
Basics of Alzheimer’s Disease
St. John the Baptist Catholic Church
1301 Osage Ave, Santa Fe, NM 87505

February 11, 10:00am-2:00pm
Basics of Alzheimer’s Disease
Las Vegas Carnegie Public Library
500 National Ave, Las Vegas, NM 87701

March 25, 10:00am-11:00am
Know the 10 Warning Signs
St. John the Baptist Catholic Church
1301 Osage Ave, Santa Fe, NM 87505

April 7, 10:00am-2:00pm
Basics of Alzheimer’s Disease
Taos Retirement Village
414 Camino de la Placita, Taos, NM 87571

May 5, 10:00am-3:00pm
Know the 10 Warning Signs
Las Vegas Carnegie Public Library
500 National Ave, Las Vegas, NM 87701

June 26, 10:00am-11:00am
Basics of Alzheimer’s Disease
St. John the Baptist Catholic Church
1301 Osage Ave, Santa Fe, NM 87505

CALENDAR KEY

Skills for Dementia Caregiving
Multi-session course which helps caregivers develop practical skills in caring for their loved one and themselves.

Cuidando Con Respeto
Two-day linguistic and cultural translation of Skills for Dementia Caregiving.

Basics of Alzheimer’s Disease
Overview, warning signs, risk factors and scope of the disease.

Know the 10 Warning Signs
Identifying early warning signs of Alzheimer’s & dementia.

Living with Alzheimer’s For Caregivers
Describes different stages of Alzheimer’s, and assists in preparedness.

Conversations About Dementia
Various presentations on Alzheimer’s disease and related topics.
### NORTHWESTERN EDUCATIONAL CLASSES

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 10</td>
<td>11:00am–12:00pm</td>
<td>101 South Park Ave., Aztec, NM 87401</td>
<td>Communications and Behaviors</td>
</tr>
<tr>
<td>January 24</td>
<td>10:00am–12:00pm</td>
<td>1204 San Juan Blvd., Farmington, NM 87401</td>
<td>Communications and Behaviors</td>
</tr>
<tr>
<td>February 7</td>
<td>10:00am–12:00pm</td>
<td>Bloomfield Cultural Center, NM 87413</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>February 21</td>
<td>10:00am–12:00pm</td>
<td>Know the 10 Warning Signs</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>March 6</td>
<td>10:00am–12:00pm</td>
<td>1204 San Juan Blvd., Farmington, NM 87401</td>
<td>Know the 10 Warning Signs</td>
</tr>
<tr>
<td>March 20</td>
<td>9:30am–11:30am</td>
<td>Bloomfield Cultural Center, NM 87413</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>April 10</td>
<td>10:00am–12:00pm</td>
<td>1204 San Juan Blvd., Farmington, NM 87401</td>
<td>Know the 10 Warning Signs</td>
</tr>
<tr>
<td>April 24</td>
<td>10:00am–12:00pm</td>
<td>1204 San Juan Blvd., Farmington, NM 87401</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>May 8</td>
<td>10:00am–12:00pm</td>
<td>1204 San Juan Blvd., Farmington, NM 87401</td>
<td>Know the 10 Warning Signs</td>
</tr>
<tr>
<td>May 22</td>
<td>10:00am–12:00pm</td>
<td>Aztec Cultural Center, NM 87410</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>June 4</td>
<td>1:00pm–3:00pm</td>
<td>Pine Hill Health Clinic, NM 87357</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>June 19</td>
<td>9:30am–11:30am</td>
<td>Bloomfield Cultural Center, NM 87413</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>June 26</td>
<td>10:00am–12:00pm</td>
<td>Aztec Cultural Center, NM 87410</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
</tbody>
</table>

### SOUTHWESTERN EDUCATIONAL CLASSES

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 14</td>
<td>1:00pm–2:00pm</td>
<td>1155 S. Telshor, Ste. 202, Las Cruces, NM 88011</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>January 28</td>
<td>2:00pm–3:00pm</td>
<td>189 Howard Pl., Las Cruces, NM 88011</td>
<td>Introduction to Alzheimer’s</td>
</tr>
<tr>
<td>February 11</td>
<td>Time: TBD</td>
<td>Know the 10 Warning Signs</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>March 17</td>
<td>11:30am</td>
<td>189 Howard Pl., Las Cruces, NM 88011</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>March 31</td>
<td>2:00pm–3:00pm</td>
<td>189 Howard Pl., Las Cruces, NM 88011</td>
<td>Communications and Behaviors</td>
</tr>
<tr>
<td>April 14</td>
<td>Time: TBD</td>
<td>Know the 10 Warning Signs</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>April 28</td>
<td>2:00pm–3:00pm</td>
<td>189 Howard Pl., Las Cruces, NM 88011</td>
<td>Introduction to Alzheimer’s</td>
</tr>
<tr>
<td>May 12</td>
<td>1:00pm–2:00pm</td>
<td>200 E. Park St., Hobbs, NM 88240</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
</tbody>
</table>

### SOUTHEASTERN EDUCATIONAL CLASSES

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 7</td>
<td>1:00pm–2:00pm</td>
<td>901 W. 13th St., Clovis, NM 88101</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>January 14</td>
<td>1:00pm–2:00pm</td>
<td>901 W. 13th St., Clovis, NM 88101</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>February 11</td>
<td>1:00pm–2:00pm</td>
<td>901 W. 13th St., Clovis, NM 88101</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>April 7</td>
<td>1:00pm–2:00pm</td>
<td>901 W. 13th St., Clovis, NM 88101</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
<tr>
<td>May 12</td>
<td>1:00pm–2:00pm</td>
<td>200 E. Park St., Hobbs, NM 88240</td>
<td>Basics of Alzheimer’s Disease</td>
</tr>
</tbody>
</table>

### CALENDAR KEY

**Skills for Dementia Caregiving**
- Multi-session course which helps caregivers develop practical skills in caring for their loved one and themselves.
- Cuidando Con Respeto
- Two-day linguistic and cultural translation of Skills for Dementia Caregiving.

**Basics of Alzheimer’s disease**
- Overview, warning signs, risk factors and scope of the disease.
- Know the 10 Warning Signs
- Identifying early warning signs of Alzheimer’s & dementia.

**Living with Alzheimer’s: For Caregivers**
- Describes different stages of Alzheimer’s, and assists in preparedness.

**Conversations About Dementia**
- Various presentations on Alzheimer’s disease and related topics.