

# educational classes

January – June 2020



## GREATER ALBUQUERQUE EDUCATIONAL CLASSES

### Tina De La Luz, Program Director

tdelaluz@alz.org, 1 (800) 272-3900  
6731 Academy RD. NE  
Albuquerque, NM 87109

**January 6, 1:00pm-2:30pm**

#### **Introduction to Support Group**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**January 8, 1:00pm-2:30pm**

#### **Basics of Alzheimer's Disease**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**January 9, 1:30pm-2:30pm**

#### **Legal Issues for Caregivers-What You Should Know**

Presented by Don Pinnock, JD  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**January 22, 12:00pm-1:00pm**

#### **Alzheimer's Research Update**

Presented by Dr. Kiran Bhaskar, Ph.D. & Nikki Maphis, BA  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**February 3, 1:00pm-2:30pm**

#### **Introduction to Support Group**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**February 5, 1:00pm-2:30pm**

#### **Communications and Behaviors**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**February 6, 1:30pm-2:30pm**

#### **Legal Issues for Caregivers-What You Should Know**

Presented by Don Pinnock, JD  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**February 19, 12:00pm-1:00pm**

#### **Stress Busting-Minimizing Stress for Caregivers**

Presented by Dr. Sharon Lewis  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**March 2, 1:00pm-2:30pm**

#### **Introduction to Support Group**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**March 4, 1:00pm-2:30pm**

#### **Basics of Alzheimer's Disease**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**March 12, 1:30pm-2:30pm**

#### **Legal Issues for Caregivers-What You Should Know**

Presented by Don Pinnock, JD  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**March 18, 12:00pm-1:00pm**

#### **Alzheimer's Clinical Trials & Research**

Presented by Andy Riddle, Albuquerque Neuroscience, Inc.  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**April 1, 1:00pm-2:30pm**

#### **Communications and Behaviors**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**April 6, 1:00pm-2:30pm**

#### **Introduction to Support Group**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**April 9, 1:30pm-2:30pm**

#### **Legal Issues for Caregivers-What You Should Know**

Presented by Don Pinnock, JD  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**April 15, 12:00pm-1:00pm**

#### **Developing and Executing a Care Plan for People Living with Dementia Disease**

Presented by Dr. Lena Ernst, Ph.D.  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**May 4, 1:00pm-2:30pm**

#### **Introduction to Support Group**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**May 6, 1:00pm-2:30pm**

#### **Basics of Alzheimer's Disease**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**May 14, 1:30pm-2:30pm**

#### **Legal Issues for Caregivers-What You Should Know**

Presented by Don Pinnock, JD  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**May 20, 12:00pm-1:00pm**

#### **Coping with Late Stage Alzheimer's Disease**

Presented by Dr. Janice Knoefel, MD  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**June 1, 1:00pm-2:30pm**

#### **Introduction to Support Group**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**June 3, 1:00pm-2:30pm**

#### **Communications and Behaviors**

Presented by Barbara Michels (Author, *The Alzheimer's Journey*)  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**June 11, 1:30pm-2:30pm**

#### **Legal Issues for Caregivers-What You Should Know**

Presented by Don Pinnock, JD  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

**June 17, 12:00pm-1:00pm**

#### **Choosing and Paying for Long Term Care**

Presented by Tracy Ayers, Advisory Board President  
Alzheimer's Association, NM Chapter  
6731 Academy RD. NE, Albuquerque, NM 87109

## NORTHEASTERN EDUCATIONAL CLASSES

### Beth Hamilton, NE Regional Manager

behamilton@alz.org 1 (800) 272-3900  
**New office location, call for directions!**  
Santa Fe, NM

**January 15, 10:00am-11:00am**

#### **Basics of Alzheimer's Disease**

St. John the Baptist Catholic Church  
1301 Osage Ave, Santa Fe, NM 87505

**February 11, 1:00pm-2:00pm**

#### **Basics of Alzheimer's Disease**

Las Vegas Carnegie Public Library  
500 National Ave, Las Vegas, NM 87701

**March 25, 10:00am-11:00am**

#### **Know the 10 Warning Signs**

St. John the Baptist Catholic Church  
1301 Osage Ave, Santa Fe, NM 87505

**April 7, 1:00pm-2:00pm**

#### **Basics of Alzheimer's Disease**

Taos Retirement Village  
414 Camino de la Placita #24, Taos, NM 87571

**May 5, 2:00pm-3:00pm**

#### **Know the 10 Warning Signs**

Las Vegas Carnegie Public Library  
500 National Ave, Las Vegas, NM 87701

**June 26, 10:00am-11:00am**

#### **Basics of Alzheimer's Disease**

St. John the Baptist Catholic Church  
1301 Osage Ave, Santa Fe, NM 87505

### CALENDAR KEY

#### **Skills for Dementia Caregiving**

Multi-session course which helps caregivers develop practical skills in caring for their loved one and themselves.

#### **Cuidando Con Respeto**

Two-day linguistic and cultural translation of Skills for Dementia Caregiving.

#### **Basics of Alzheimer's disease**

Overview, warning signs, risk factors and scope of the disease.

#### **Know the 10 Warning Signs**

Identifying early warning signs of Alzheimer's & dementia.

#### **Living with Alzheimer's: For Caregivers**

Describes different stages of Alzheimer's, and assists in preparedness.

#### **Conversations About Dementia**

Various presentations on Alzheimer's disease and related topics.



# educational classes continued...

January – June 2020

## NORTHWESTERN EDUCATIONAL CLASSES

### Waldon Lynch, NW Regional Manager

wlynch@alz.org, 1 (800) 272-3900  
3300 N. Butler Avenue, Suite 221  
Farmington, NM 87401

January 10, 11:00am–12:00pm

**Communications and Behaviors**  
San Juan Center for Independence - Gallup  
Rio West Mall, Suite 200, Gallup, NM 87301

January 24, 10:00am–12:00pm

**Communications and Behaviors**  
San Juan Center for Independence  
1204 San Juan Blvd., Farmington, NM 87401

February 7, 10:00am–12:00pm

**Basics of Alzheimer's Disease**  
Bloomfield Cultural Center  
124 West Ash Ave., Bloomfield, NM 87413

February 21, 10:00am–12:00pm

**Know the 10 Warning Signs**  
San Juan Center for Independence  
1204 San Juan Blvd., Farmington NM 87401

March 6, 10:00am–12:00pm

**Communications and Behaviors**  
Aztec Cultural Center  
101 South Park Ave., Aztec, NM 87410

March 20, 9:30am–11:30am

**Know the 10 Warning Signs**  
Bloomfield Cultural Center  
124 West Ash Ave., Bloomfield, NM 87413

April 10, 10:00am–12:00pm

**Communications and Behaviors**  
San Juan Center for Independence  
1204 San Juan Blvd., Farmington NM, 87401

April 24, 10:00am–12:00pm

**Basics of Alzheimer's Disease**  
San Juan Center for Independence  
1204 San Juan Blvd., Farmington, NM 87401

May 8, 10:00am–12:00pm

**Know the 10 Warning Signs**  
Aztec Cultural Center  
101 South Park Ave., Aztec, NM 87410

May 22, 10:00am–12:00pm

**Basics of Alzheimer's Disease**  
Location-TBD  
Community-TBD

June 4, 1:00pm–3:00pm

**Basics of Alzheimer's Disease**  
Pine Hill Health Clinic  
7 BIA 140, Pine Hill, NM 87357

June 19, 9:30am–11:30am

**Communications and Behaviors**  
Bloomfield Cultural Center  
124 West Ash Ave., Bloomfield, NM 87413

June 26, 10:00am–12:00pm

**Basics of Alzheimer's Disease**  
Aztec Cultural Center  
101 South Park Ave., Aztec, NM 87410

## SOUTHWESTERN EDUCATIONAL CLASSES

### Alexis Ramirez

#### Programs Volunteer Case Manager

alramirez@alz.org, 1 (800) 272-3900  
1155 S. Telshor, Ste. 202  
Las Cruces, NM 88011

January 14, 1:00pm-2:00pm

**Basics of Alzheimer's Disease**  
Truth or Consequences Senior Center  
360 W 4th St., Truth or Consequences, NM 87301

January 28, 2:00pm-3:00pm

**Introduction to Alzheimer's**  
Crossroads In-Home Care  
189 Howard Pl., Las Cruces, NM 88011

February 11, Time: TBD

**Communications and Behaviors**  
Location: TBD  
Deming, NM

February 25, 2:00pm-3:00pm

**Know the 10 Warning Signs**  
Crossroads In-Home Care  
189 Howard Pl., Las Cruces, NM 88011

March 17, 10:30am-11:30am

**Basics of Alzheimer's Disease**  
Tularosa Senior Center  
35 Radio Road, Tularosa, NM 88352

March 31, 2:00pm-3:00pm

**Communications and Behaviors**  
Crossroads In-Home Care  
189 Howard Pl., Las Cruces, NM 88011

April 14, Time: TBD

**Know the 10 Warning Signs**  
Location: TBD  
Silver City, NM

April 28, 2:00pm-3:00pm

**Introduction to Alzheimer's**  
Crossroads In-Home Care  
189 Howard Pl., Las Cruces, NM 88011

May 12, 11:45am-12:45pm

**Basics of Alzheimer's Disease**  
Sacramento Mountain Senior Services  
212 Glorietta Ave., Cloudcroft, NM 88317

May 19, 2:00pm-3:00pm

**Know the 10 Warning Signs**  
Crossroads In-Home Care  
189 Howard Pl., Las Cruces, NM 88011

June 16, 1:00pm-2:00pm

**Introduction to Alzheimer's**  
Ena Mitchell Senior Center  
532 DeMoss St., Lordsburg, NM 88045

June 30, 2:00pm-3:00pm

**Communications and Behaviors**  
Crossroads In-Home Care  
189 Howard Pl., Las Cruces, NM 88011

## SOUTHEASTERN EDUCATIONAL CLASSES

### Sashua Patton, SE Regional Manager

sapatton@alz.org, 1 (800) 272-3900  
Sunwest Centre Office Complex  
500 N. Main, Suite 501  
Roswell, NM 88201

January 7, 10:00am-11:00am

**Basics of Alzheimer's Disease**  
Ruidoso Community Center  
501 Sudderth Dr., Ruidoso, NM 88345

January 14, 1:00pm-2:00pm

**Basics of Alzheimer's Disease**  
Friendship Senior Center  
901 W. 13th St., Clovis, NM 88101

February 11, 1:00pm-2:00pm

**Basics of Alzheimer's Disease**  
Hobbs Senior Center  
200 E. Park St., Hobbs, NM 88240

February 24, 3:00pm-4:00pm

**Basics of Alzheimer's Disease**  
Carlsbad Senior Citizens Center  
1112 N. Mesa, Carlsbad, NM 88220

April 7, 10:00am-11:00am

**Basics of Alzheimer's Disease**  
Ruidoso Community Center  
501 Sudderth Dr., Ruidoso, NM 88345

April 14, 1:00pm-2:00pm

**Basics of Alzheimer's Disease**  
Friendship Senior Center  
901 W. 13th St., Clovis, NM 88101

May 12, 1:00pm-2:00pm

**Basics of Alzheimer's Disease**  
Hobbs Senior Center  
200 E. Park St., Hobbs, NM 88240

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