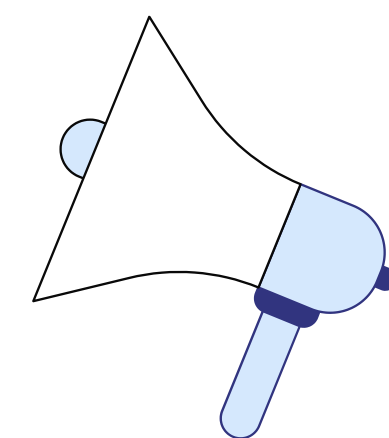


# Please Join Us



**FREE ACTIVITY/EDUCATION  
SESSIONS**

**PROVIDED IN SPANISH  
& ENGLISH**

*Program details: Memory Cafe's are designed for persons living with Dementia & are a comfortable, social gathering that allow people experiencing memory loss and loved one to connect, socialize, and build new support networks. Cafe's are **FREE** to attend and welcome all.*

## Activities Offered

- Zumba
- Yoga
- Loteria/ BINGO
- Caregiver Education
- Jewelry Crafting
- Community Resources/ Support

## Locations

**Mission Branch Library**  
**3134 Roosevelt Ave**  
**San Antonio, TX 78214**



**REGISTER BY CALLING 24/7  
HELP LINE**

**800-272-3900**

**Event Walk-ins  
are welcome**



*Purple Elephants  
Memory Café*



**PARKS &  
RECREATION**

**ALZHEIMER'S ASSOCIATION®**

# SCHEDULE DATES & ACTIVITIES



September 28th-( 11:00 am-12:30 pm)	Low Impact Zumba Spanish Session
October 4th- (11:00- 12:30 pm)	Low Impact Zumba English Session
October 11th- (11:00 am- 12:30 pm)	Loteria Spanish Session
October 13th- (11:00 am- 12:30 pm)	BINGO English session
October 25th- (11:00 am- 12:30 pm)	Yoga session Spanish
October 27th- (11:00 am- 12:30 pm)	Yoga Session English
November 8th- (11:00 am- 12:30 pm)	Painting Spanish Session
November 10th- (11:00 am- 12:30 pm)	Painting English Session
November 15th- (11:00 am- 12:30 pm)	Jewelry Crafting Spanish Session
November 17th- (11:00 am- 12:30 pm)	Jewelry Crafting English Session
December 6th- (11:00 am- 12:30 pm)	X-mas ornaments Creation Spanish
December 8th- (11:00 am- 12:30 pm)	X-mas Ornaments Creation English

