

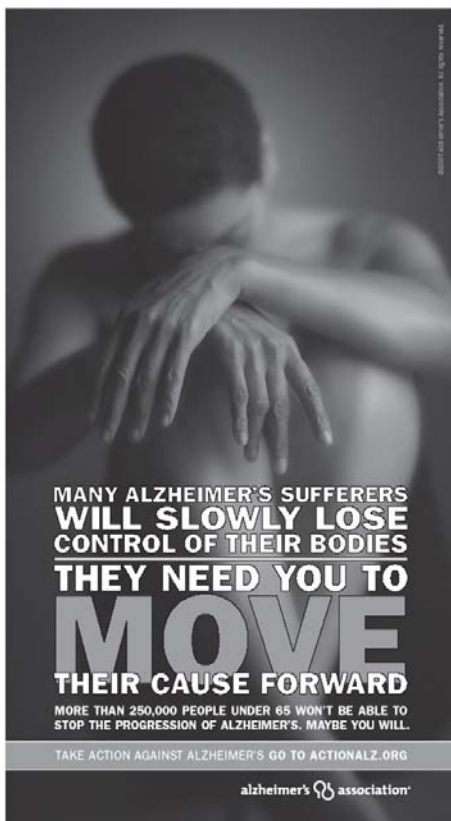
Alzheimer's Association Launches Champions Campaign

The Alzheimer's Association has kicked off its Champions Consumer Campaign, the first national effort to dispel public misperceptions and move people to take action in the fight against Alzheimer's disease. The goal is to enlist 5 million Champions – at least one for each person living with Alzheimer's in the United States.

The new campaign features a diverse and committed group of stars sharing personal stories and lending their faces to a motivating portrait exhibit as Champions for Alzheimer's disease. David Hyde Pierce, Dick Van Dyke, Vivica A. Fox, Olympia Dukakis, Peter Gallagher, Victor Garber, Rikki Lake and Lea Thompson, among others, are urging Americans to learn about the disease and get involved in fighting it.

In addition, national magazines are running provocative print ads depicting an image that represents the struggle someone with the disease – and their loved ones – experiences as the disease progresses. The ads aim to overcome perceptions that the disease is just about old people becoming forgetful, as research shows that this misperception fuels complacency. The copy decisively asks Americans to stand up and represent people who suffer from Alzheimer's by using key words – Voice, Move and Open – that invite a certain action.

To find out more about Alzheimer's disease or what you can do to help further the cause, visit the Association's new campaign Web site, www.actionalz.org.




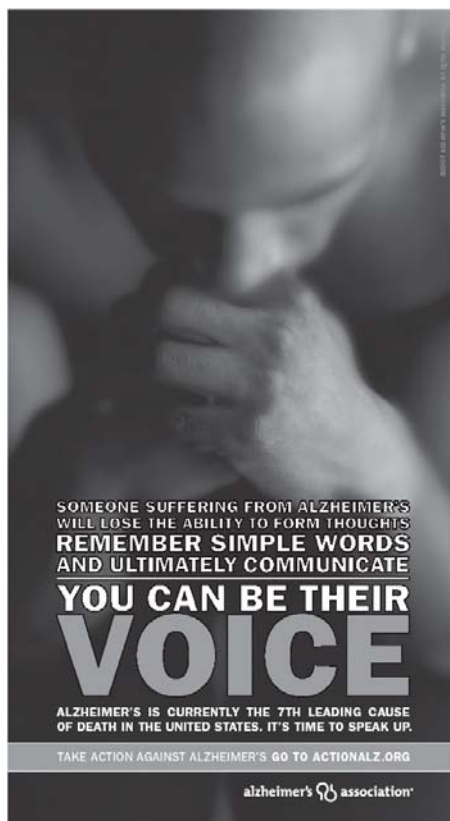
© 2007 Alzheimer's Association. All rights reserved.

MANY ALZHEIMER'S SUFFERERS
**WILL SLOWLY LOSE
CONTROL OF THEIR BODIES**
THEY NEED YOU TO
MOVE
THEIR CAUSE FORWARD

MORE THAN 250,000 PEOPLE UNDER 65 WON'T BE ABLE TO STOP THE PROGRESSION OF ALZHEIMER'S. MAYBE YOU WILL.

TAKE ACTION AGAINST ALZHEIMER'S GO TO ACTIONALZ.ORG

alzheimer's  association™




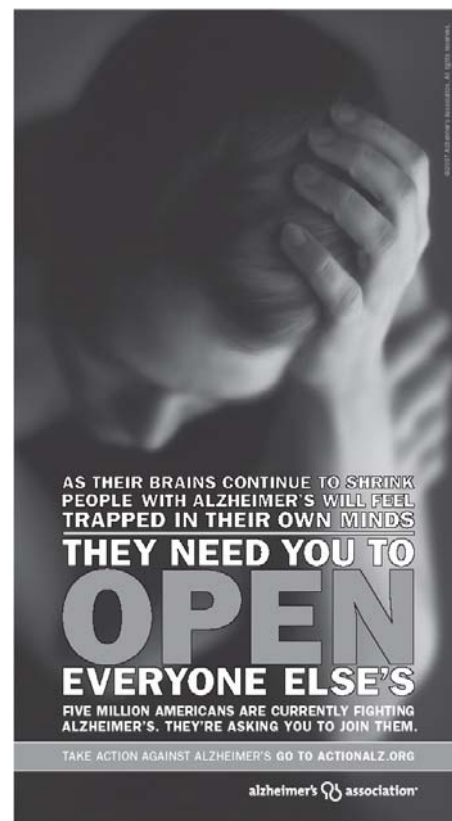
© 2007 Alzheimer's Association. All rights reserved.

SOMEONE SUFFERING FROM ALZHEIMER'S
WILL LOSE THE ABILITY TO FORM THOUGHTS
**REMEMBER SIMPLE WORDS
AND ULTIMATELY COMMUNICATE**
YOU CAN BE THEIR
VOICE

ALZHEIMER'S IS CURRENTLY THE 7TH LEADING CAUSE OF DEATH IN THE UNITED STATES. IT'S TIME TO SPEAK UP.

TAKE ACTION AGAINST ALZHEIMER'S GO TO ACTIONALZ.ORG

alzheimer's  association™




© 2007 Alzheimer's Association. All rights reserved.

AS THEIR BRAINS CONTINUE TO SHRINK
PEOPLE WITH ALZHEIMER'S WILL FEEL
TRAPPED IN THEIR OWN MINDS
THEY NEED YOU TO
OPEN
EVERYONE ELSE'S

FIVE MILLION AMERICANS ARE CURRENTLY FIGHTING ALZHEIMER'S. THEY'RE ASKING YOU TO JOIN THEM.

TAKE ACTION AGAINST ALZHEIMER'S GO TO ACTIONALZ.ORG

alzheimer's  association™

Alzheimer's Association
2400 Bluff Creek Drive
Columbia, MO 65201
Business Line 573 443 8665
Facsimile 573 499 9701
Helpline 800 272 3900
www.midmoalz.org

*Serving Adair, Audrain, Benton, Boone,
Callaway, Camden, Chariton, Clark,
Cole, Cooper, Howard, Knox, Lewis,
Macon, Maries, Marion, Miller, Moniteau,
Monroe, Montgomery, Morgan, Osage,
Pettis, Ralls, Randolph, Saline, Schuyler,
Scotland and Shelby counties.*

Board of Directors

Kat Cunningham, President
Leah Beth Simon, Vice President
Armon Yanders, Secretary
Peter Koukola, Treasurer
Myra Aud
George Carney
Bill Grace
Rachel Keller
David Oliver
Phillip Orscheln
Donna Rice
Juda Schell

Executive Director

Linda Newkirk

Program Director

Joetta Coen

Development Director

Libby Connor

Program Specialist

Sarah Beck

Newsletter Editor

Janet Hart

From the Executive Director

Spring is my favorite season of the year because it is a time of new beginnings. This season is especially exciting for our chapter because of several new beginnings for us. With this newsletter issue, we are beginning a NEW quarterly newsletter. We feel that we can provide more in depth information on a wider variety of topics along with our regular features in this format.

We're pleased to announce that the Alzheimer's Association will be launching a NEW national consumer advertising campaign this spring. The campaign's objectives are three-fold; to raise concern about Alzheimer's, awareness about the Association and issue a call to action to the public to get involved in our mission. Watch for our local efforts, throughout our 29 counties.

On March 26, I began a NEW position as the Executive Director of our Mid-Missouri chapter. I am grateful to our Board of Directors for giving me this opportunity and I am humbled by the responsibility that goes with this position. As Alzheimer's disease continues to impact more and more people, 5 million in the latest report, the need to find a cure and new treatments becomes more urgent. Families already dealing with the disease need support and services which we can provide. There is much work to be done and I look forward to being a part of an organization whose mission is to eliminate Alzheimer's disease through the advancement or research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. My personal experience as a long distance caregiver for my dad brought me to this chapter and my passion for this cause inspires me as I serve this chapter in my new role.

If you haven't had a chance to visit our NEW offices yet, please come to our OPEN HOUSE on April 23rd, 2007 from 4 pm – 6 pm. We will proudly show you around and I will greet you as the NEW executive director.

Until the next time, I wish for you moments of joy and moments of peacefulness.

Sincerely,

Linda Newkirk, Executive Director

Open House

We are pleased to announce...

**Our New Locations
and
Our New Leadership**

DATE: Monday, April 23

Time: 4-6 pm

2400 Bluff Creek Drive

Columbia, MO 65201

AC/Grindstone Exit off Hwy 63

Alzheimer's Association
Mid-Missouri Chapter
573 443 8665

MU Adult Day Connection
Off-campus
573 882 2464

UPCOMING EVENTS

Kirksville Memory Walk

April 22, Truman State University Campus

Please call Libby Connor at 573 443 8665 for more information.

Alzheimer's Association Mid-Missouri Chapter and Adult Day Connection Open House

April 23, 4 - 6 p.m., Mid-Missouri Chapter Office and Adult Day Connection, 2400 Bluff Creek Drive, Columbia

We are pleased to announce our new locations and our new leadership. You are invited to visit and celebrate with us.

Directions: Highway 63 to west on AC/Grindstone Pkwy to right on Bluff Creek Drive. Please call the chapter office at 573 443 8665 for more information.

Love in the Land of Dementia Workshop

April 26, 9:30 a.m. - 3:30 p.m., Columbia United Church of Christ, 3201 I-70 Dr. NW, Columbia

This workshop will be presented by speakers of national and international acclaim for family members and professionals who provide care for persons with Alzheimer's disease and related dementias. Please see page 8 for complete information. Registration is \$20 and includes lunch and materials. Pre-registration is required. For more information, please call the chapter office at 573 443 8665.

Jefferson City Chicken Dinner and Auction

April 27, 4:30 - 7:30 p.m., Eagles Lodge, Missouri Blvd., Jefferson City

Please join us for this fundraising event to benefit Memory Walk 2007. The silent auction will begin at 4:30 and close at 7. The live auction will begin at 7:30. Tickets are \$10. Please call Libby Connor at 573-443 8665 for more information.

Bluff Creek Estates Neighborhood Garage Sale

May 4 and 5, 8 a.m. - 2 p.m.

The Alzheimer's Association office will be participating in the Bluff Creeks Estates neighborhood garage sale. For more information, please call Sarah Beck at 573 443 8665.

The Road to Healthy Living: Alzheimer's Disease, Wandering and Safe Return

Tues., May 8, 9 a.m. - 12 p.m., Capital Region Medical Center, Southwest Campus, 1432 Southwest Blvd.

Jefferson City

For more information, please call 573 632 5032. Sponsored by the Partners Auxiliary at Capital Region Medical Center.

A Night to Remember, A Private Screening of Rita Hayworth's *Gilda*

May 17, 6:30 pm, Historic Missouri Theatre, Columbia

Cocktails and hors d'oeuvres will be served at 6:30 p.m. Movie will begin at 7. There will be prize drawings. Tickets are \$25 and are available at the Missouri Theatre box office. Proceeds benefit the Alzheimer's Association Mid-Missouri Chapter.

Lake Area Memory Walk

May 19, 10 a.m. - 2 p.m., Camdenton Park, Camdenton

For more information, please call Sally Wood at 573 348 2225.

"The New Face of Alzheimer's" Memory Gala 2007

June 14, 5:30 p.m., Stephens College in the newly remodeled Lela Rainey Wood Hall, Columbia

Cocktails begin at 5:30 p.m., to be followed by dinner, silent and live auction, and dancing with music provided by the Norm Ruebbling Band. Master of Ceremonies will be Joe Moseley. Sponsorships are available. Proceeds benefit the Alzheimer's Association Mid-Missouri Chapter. Please call Rachel Keller or Becky Cordero at 573 256-1322 for more information.

**Changing Places:
Men Emerging As Caregivers
Caring for Someone With Memory Loss**

Columbia

3rd Thurs. of each month, 11 a.m. to 1 p.m.

Primaris, 200 N. Keene St.

Please RSVP to Sarah Beck, 443-8665.

Osage Beach

3rd Mon. of each month, 11 a.m. to 1 p.m.

Please RSVP to Sarah Beck, 443-8665.

Funds are available to provide care in your absence during the workshops. Lunch will be provided.

Care and Support

How to Respond to Suspicion

Memory loss and confusion may cause someone with Alzheimer's to become suspicious of those around them, even accusing others of theft, infidelity or other improper behavior. Sometimes the person also may interpret what he or she sees and hears.

These tips can help you respond to these behaviors:

- Don't take offense. Listen to what is troubling the person and try to understand that reality. Then be reassuring and let the person know you care.
- Don't argue or try to persuade. Allow the individual to express ideas. Acknowledge his or her opinions.
- Offer a simple answer. Share your thoughts with the individual, but keep it simple. Don't overwhelm the person with lengthy explanations or reasons.
- Switch the focus to another activity. Engage the individual in an activity, or ask for help with a chore.
- Duplicate any lost item. If the person often searches for the same item, have several available. For example, if the individual is always looking for his or her wallet, purchase two of the same kind.

Find Government Benefits in Five Minutes

Providing long-term care for a person with dementia can be very expensive. While individuals and families typically pay for services from their own budgets, some government programs may help to cover some of the costs.

To quickly determine whether someone is eligible for government benefits, you can access government eligibility information from 16 federal agencies through a free, confidential, and easy-to-use online screening tool. After answering some basic questions, the user receives a customized report listing the benefit programs for which the user, or person for whom he or she is entering information, may be eligible.

Visit www.govbenefits.gov/govbenefits_en.portal
or call 1 800 333 4636 M-F 8 a.m. - 8 p.m. ET.

Research and Public Policy

More Than 5 Million Americans Now Have Alzheimer's

More than 5 million people are living with Alzheimer's disease in the United States, the Alzheimer's Association estimates. This includes 4.9 million people over age 65 and between 200,000 and 500,000 people under age 65 with early-onset Alzheimer's disease and other dementias. This is a 10 percent increase from the previous prevalence estimate of 4.5 million.

The Alzheimer's Association report, *2007 Alzheimer's Disease Facts and Figures*, details the escalation of Alzheimer's disease, now the seventh-leading cause of death in the country and the fifth-leading cause of death for those over age 65. It also offers statistics that convey the burden that Alzheimer's imposes on individuals, families, state and federal governments, business and the nation's health care system.

The greatest risk factor for Alzheimer's is increasing age. With 78 million U.S. baby boomers beginning to turn 60 in 2006, estimates are that someone develops Alzheimer's every 72 seconds; by mid-century, some will develop Alzheimer's every 33 seconds.

"We must make the fight against Alzheimer's a national priority before it's too late," said Harry Johns, Alzheimer's Association president and CEO. "The absence of effective disease-modifying drugs, coupled with an aging population, makes Alzheimer's the healthcare crisis of the 21st century."

To view the report, visit www.alz.org/news_and_events_rates_rise.asp.



Alzheimer's Association CEO Harry Johns referenced the *2007 Alzheimer's Disease Facts and Figures* as he asked legislators at a Senate subcommittee hearing to support increased federal funding for research, add a chronic care management benefit to Medicare and enact long-term care financing legislation.

Alzheimer's Association Services

Wandering: Who's At Risk?

Alzheimer's disease causes millions of Americans to lose their ability to recognize familiar places and faces. Six in 10 people with Alzheimer's disease will wander. They may become disoriented or lost, even in their own neighborhood. Although common, this wandering behavior can be dangerous. If not found within 24 hours, half of those who wander risk serious injury or death. Wandering is among the biggest challenges caregivers face. A person may be at risk for wandering if they:

- Return from a regular walk or drive later than usual.
- Try to fulfill former obligations, such as going to work.
- Try or want to "go home" even when at home.
- Are restless, pace, or make repetitive movements.
- Has difficulty locating familiar places like the bathroom, bedroom or dining room.
- Checks the whereabouts of familiar people.
- Acts as if doing a hobby or chore, but nothing gets done. (e.g. moves around pots or dirt without actually planting)
- Appears lost in a new or changed environment.

The Alzheimer's Association is working to help save lives through its Alzheimer's Association Safe Return program. Safe Return assists in the safe return of individuals with Alzheimer's or a related dementia who wander and become lost.

Safe Return is a nationwide identification and support program working at the community level. Assistance is available 24 hours a day, whenever a person is lost or found. One call immediately activates the community support network to help reunite a lost person with his or her caregivers. When an individual is missing, Safe Return faxes the enrolled person's information and photo to local law enforcement. When a person is found, a citizen or law enforcement official calls the 800 number and Safe Return notifies listed contacts. The local Alzheimer's Association chapter provides support to the family during the incident.



**To enroll in Safe Return,
please call
1 888 572 8566 or visit
www.alz.org/safereturn**

**safe
return** alzheimer's  association

Wandering Myths

"I watch my wife very closely"

It only takes a moment for someone to wander. This is just as true in your home as it is at the mall or grocery store. No one can be watched every second. Even the most diligent caregiver has to sleep, bathe or talk on the phone.

"My mother has never wandered"

If your loved one is memory impaired and able to walk, wandering can happen any time.

"My husband won't wear an ID bracelet"

Other identification products are available such as clothing labels, wallet cards and key chains.

"We've explained to my dad why he should not go out by himself"

It's unlikely he'll remember he has been told not to go out alone. Plus, as the disease progresses, he will increasingly lose his ability to make good judgments and think logically.

"When my husband wandered, the police found him."

A person with memory loss may not be able to provide his name or address to the person who finds him. Even though your family member has been returned home once, you may not be so lucky next time. Those enrolled in Safe Return have a 99 percent return rate compared to less than 50 percent for those not enrolled.

do you have questions or need to talk to someone about memory loss?

call our 24-hour helpline at 800 693 8665

Tributes and Memorials

Gifts in memory or in honor of loved ones are received at the office daily. They are a source of inspiration and a constant reminder of what this agency is all about. All contributions to the Mid-Missouri Chapter stay in the area unless otherwise designated. These contributions help toward our goals of family support, education, research and advocacy, thereby offering hope to all in our area. An acknowledgement is sent to the family if an address is available. We extend heartfelt thanks to the following contributors:

**IN MEMORY OF
OR IN HONOR OF**

Pretha Delores Allee
Sue Wright

A. Allen
First National Bank

Joyce Allen
Karen Allen
Harold Bechtel
Mr. and Mrs. Delbert Fairley
First Baptist Church
Mr. and Mrs. Robert Kate-
man
Donald Meyer

Millie Baumgartner
Mr. and Mrs. James Cornell
Inge Decker
Gwen Lucas
Shelter Benefits Management,
Inc.

Nora Belle-Boling
Monica Asher
John Buckwalter
Joseph Goodwin
Raymond Gottman

Elizabeth Beuhrle
American Railcar Leasing

Channing Blaeuer
Monica Blaeuer
Norma Cody
Anne Elsberry
Susan Epping
Timothy Jeffries
John Koffman
Thomas Marshall
Robert Mongler, Jr.
Francis Rychnovsky
Tatlow, Gump and Faiella

Betty Blase
Missouri Employers Mutual

Tony Brandt
Jacklyn Barnett
Bertha Brandt
Helen Carver
Dan Litto
Sue Nelson
Joan Sadler
School Sisters of Notre Dame

Irma Brinks
Ruth Brockman
Mr. and Mrs. Eugene Kingery

Thelma Brockman
Marilyn Luckett

Ardel Bunge
Joetta Coen

**Mr. and Mrs. Cleo
Clemmons**
Lori Harris-Franklin
Percy Johnson

Ben Cole
J.C. Mackiewicz
Esther Tardino

Bertha Cole
Donna Peet-Laurenti

Phil Dallmeyer
Joyce Dallmeyer

Eileen Drake
Edwin Seckler

Frank Eaton
Jacqueline Brewer
John Busenbark
Wesley Donley
Phyllis Erickson
Charles Kaup
Annette Lauppe
Joseph Mills
Venton Puckett
James Rhine
Ruthlene Scherer
Schwab-Eaton, P.A.
John Stites
Margaret Trust
Stephanie Upson

Helen Ehler
Mr. and Mrs. Jerry Gillaspie

Opal Eskew
Francine Droz
Daryl Eskew
Frances Estes
Phyllis Hursman
Linda Johns
Elaine Niemeyer

Evelyn Etnire
Mr. and Mrs. Nelson Trickey
Mary Young

Dolly Fancher
Eddie Bowling
Sharon Brown
Central Bank
Crocker Memorial Auxillary
Beverly Helton
Glenda Helton
Linda Knudson
Kathy Light
Patrick McGinnis
Ronda Simmons
Sandra Tappe
Joan True

Walter Fleming
Diane Taylor

Clarence Frank
Blondine Frank

Doris Gerbes
Mr. and Mrs. Gregory Gaffke

Lafern Greening
Wanda Mathis
Morthland-Peters Farm
Lois Stueve
Michelle Thornburg
Peggy Winkler

Elgene Hall
Rhonda Eickhoff
Joy Gardner
Dorothy Huddleston
Joyce Lind
Carol Slusher

**Mr. and Mrs. Chuck
Hannaford**
Hazel Bellamy

Ralph Hiatte
Bonnie Howard

Lucille Hickman
Mary Brown
Beverly Case
Emma Detwiler
Christa Johnston
Rita Kauffinan
Beverly Price
Cheryl Utrecht

William Himonubbe
Alma Anthony

Gladys Holland
Jane Woolridge Schwab

Bill Hood
Beverly Baldwin
Leonard Burns

J. Hostetler
Irene Biesemeyer
A. Brinkman
Cynthia Dirnberger
Martha Eberhard
Angie Fountain
Nancy Hunter
Stephen Kuhler
Marcia Lynn
Susan Schultz

Sarah Huenefeld
Judy Bethel
Lori Harris-Franklin
Mary Myers

Dorothy Johnson
Elias Kalaf

R.D. Johnson
Joetta Coen

Ruby Jones
Robert Broecker

William Jones
Wilma McFaul

Elda Lidikav
Debo Funeral Home

Fern Long
Central Bank
Karin Long
Helen Pemberton

Edwin Luke
Missouri River Regional
Library

Martha March
Mr. and Mrs. Gerald Deves
Mr. and Mrs. Michael
Hammett
Mr. and Mrs. James Harris
Scott Agency, Inc.

Edna Marks
Charles Brown
Ralph Harvey
Della Orey

Mildred McBride
Ladonna McBride

Harold McCowan
Gayle Bybee

John McGinnis
Norma Cardosi
Elco Missouri Corp
Dorothy Mueller
Vera Vanderschoor
W.T. Leonard and Associates

Ed Miluski
Mr. and Mrs. Asit Basu
Meta George
Harold Hawkins
Dorothy Jenkins
Sue Anne Kluttz
John Long

Beulah Mitchell
Carlene Galloway
Carol Norman
Barbara Potter
Kenneth Ryan

Lavon Myers
Colette Anderson

Mildred Nall
St. Louis Church of God

Marilyn Parker
Nora Kramel
Ilene Matheny
Amy Mouse

Betty Perkins
Virginia Foster

Gene Porter
Amy Bringer
Sharon Hoewing

Gene Porter (cont.)
Donna Lawson
Nina Porter

Bonnie Powell
Patricia Beyer
Sharon Cannell
Helen Jarvis

Manny Prazeres
W. H. Mathis

Arthur Pullam
Faye Carter
Victoria Myers

Mary Putnam
IAFF
Mr. and Mrs. Joe Kowalski

Roy Edwin Allen Ramage
Nancy Beatte

Hazel Reed
Janice Owsley

Edna Rehmer
Joyce Lilly
Marilyn Williams

LeRoy Richardson
Colleen Wright
Charles Anton, III
Mr. and Mrs. George
Ballinger
Mr. and Mrs. Harley Hirner
Mr. and Mrs. Raymond
Richardson

Perry Righter
Michael Landis

Betsy Robb
Moberly Animal Clinic

Jerry Roberts
Nancy Adamson
Nancy Asher
Bethany Conover
Lois Dover
Marilyn Gibbons
Gerry Shoop
Vickie Walter

Hazel Rudd
Margaret Hopkins
Marilyn Williams

Robert Rudd
Robert Zey

Faye Schenewerk
Pat Centner
Holly Giloth
Wayne Schenewerk
Janet Schroer
Herbert and Alma Sturm

Bob Secov
Sonya Erwin
James Parker

Ray Shane
Traffic Employees Fund

Bill Stevens
A New Look, Inc.
DT Construction
Anna Lee Farlow
Thomas Foley
Daniel Francke
Carolyn Goodwin
Mary Hirst
Bobi Hoover
Jennifer Jones
Mr. and Mrs. Roy McElwain
Richard Purdon
Roger Sellers
Cecelia Sexton
Cynthia Sloan
Joanna Venard
Marilyn Walvoord

Virginia Stevens
Barbara Baysinger
Mr. and Mrs. Russell Smith

Wilka Storz
Susan Sobol

Donna Kay Taylor
Gary Trusler

Leroy Taylor
Jacqueline Haden

Mike Thomas
Mr. and Mrs. Tom Naught

Flora Thompson
Chrissy Jones

Clarence Van Gundy
V. Ogle

Paul Walker
Karen Epperson
Jim Lindquist
Ronald Poore
Mrs. Paul Walker
Ella Mae Yarnell

Elmer Webb
Rita Beth Connell

Doris Wilt
Helen Wilt

We make an earnest effort to correctly identify everyone for whom memorials are made. Please notify us of any errors.

Mid-Missouri Support Groups

Boonville

3rd Thursday, 1 p.m.
Cooper County Memorial Hospital,
Library
Betty Jane Myers, 660-834-3111

Center

1st Tuesday, 2 pm
Monroe City Manor Care Center
Nancy Voepel, 573-735-2010

Cole Camp

3rd Thursday, 1 pm
Good Samaritan Care Center, Conf Rm
Judy Harris, 660-668-4432 or
800-301-2329

Columbia

2nd Thursday, 3:30 p.m.
Lenoir Community Center
Janell Irvin, Lenoir Health Care
573-876-5800

Columbia

2nd Monday, 6:30 p.m.
Columbia Healthcare
Sarah Gray, 573-474-6111

Columbia Adult Children

3rd Tuesday, 5:30 p.m.
Alzheimer's Association Conference Room
Linda Newkirk, Joetta Coen, Maria Hines
573-443-8665

Chariton County

2nd Tuesday, 7 pm
Meeting locations rotate among
Chariton Park Nursing Home, Brunswick
Nursing Home and Marceline Manor
Susan Perkins, 660-288-3675

Edina

2nd Tuesday, 5:30 p.m.
Knox County Nursing Home
Holly Jones, 660-397-2282

Fulton

Last Wednesday, 7 p.m.
Presbyterian Manor, 811 Center Street
Sue Lippincott, 573-642-8646
Jeff Young, 573-642-6646

Hannibal

3rd Tuesday, 4 p.m., every other month
(Feb., April, June, Aug., Oct., Dec.)
Beth Haven Nursing Home
Kami Harsell, Marie Murphy, Margie
Dawkins, 573-221-6000

Jefferson City

2nd Tuesday, 7 p.m.
Our Savior Lutheran Church,
1529 SW Blvd.
Mickey Belosi, 573-659-8256

Jonesburg

4th Tuesday, 12 pm
Frumpy Joe's (Dessert Provided)
Linda Onger, Michelle Black,
636-488-5400

Kirksville

2nd Wed 10:30 a.m.
The Arbors, Dining Room
620 E. Gillaspy
Keena Frederick, 660-627-2200

Macon

2nd Monday, 5:30 p.m.
Loch Haven Nursing Home
(light dinner served)
Patty Hasselbring, Dawn Moore,
660-385-3113, ext. 217

Marshall

2nd Monday, 4 pm
First Christian Church
Tammy Papreck, 660-831-5259

Memphis

3rd Thursday, 6 p.m.
Scotland County Care Center,
East Dining Room
Laura Schenk, Margaret Robeson,
660-465-7221

Mexico

4th Wednesday, 1:30 p.m.
Missouri Veterans Home
Joan Hull and Nichole Stone
573-581-1088, ext. 265

Osage Beach

1st Thursday, 1 p.m.
Lake Regional Health Sys., Conf Rm D
Teresa Knight, 573-346-5654
Barb Stone, 573-346-5654
Sally Wood, 573-348-2225+

Owensville

2nd Thursday, 2 p.m.
Frene Valley Health Care South
Mary Julius, 573-437-6877

Palmyra

2nd Monday, 4:30 p.m.
Maple Lawn Nursing Home
Mary Mettler, 573-769-2213

Sedalia

2nd Thursday, 6:30 pm
Bothwell Regional Health Center
Judy Harris, 660-668-4432 or
800-301-2329
Linda Fisher, 660-826-4371

Wellsville

Last Wednesday, 2:30 p.m.
Gamma Road Nursing Home
Amy Worsham 573-684-2002

SPECIAL GROUPS

ADULT CHILDREN

3rd Tuesday, 5:30 p.m.
Alzheimer's Association Conference Room
Linda Newkirk, Joetta Coen, Maria Hines
573-443-8665

EARLY-STAGE ALZHEIMER'S

2nd and 4th Tuesday, 2 - 3:30 p.m.
Columbia Senior Center
2nd Floor Conference Room
Sarah Beck, 573-443-8665

PARKINSON'S DISEASE

Columbia

1st Thursday, 4 p.m.
Columbia Senior Center
2nd Floor Conference Room
Gerry Neely, 573-445-1588

Hannibal

1st Tuesday, 1 p.m.
First Choice Rehab, 115 N. 3rd St.
Lori Griffith, 573-221-1711

Jefferson City

3rd Wednesday, 3:30 p.m.
SW Campus, Capital Region Medical Center
Lynn White, 573-632-5628

Sedalia

3rd Monday, 4 p.m.
First Christian Church
Barbara Schulz, 660-826-6039

Alzheimer's Association
1121 Business Loop 70 E
Columbia, MO 65201

CHANGE SERVICE REQUESTED

We are fighting on your behalf 24/7
to give everyone a reason to hope.

www.midmoalz.org
800 693 8665



NON-PROFIT ORG
U.S. POSTAGE PAID
COLUMBIA, MO
PERMIT NO. 76



Columbia Area

Published Monthly

*To be removed from the
mailing list, please call
573 443 8665 or e-mail
donna.keller@alz.org.*

Love in the Land of Dementia

Thursday, April 26, 9:30 a.m. – 3:30 p.m.

Columbia United Church of Christ, 3201 I-70 Drive Northwest

Registration Fee: \$20, includes lunch and materials

To register, please call the Mid-Missouri Chapter at 573 443 8665. Pre-registration is required.

Love in the Land of Dementia is a workshop for family members and professionals who provide care and comfort to persons with Alzheimer's disease and other dementias. Presenters of national and international acclaim will lead audience participants into the land of dementia, discovering love and hope in the midst of despair and frustration. Storytelling, role-playing and lecture will be followed by lively group discussion. Featured speakers include:

Deborah Shouse

Deborah's writings have appeared in *The Washington Post*, *Family Circle*, *Reader's Digest*, *Newsweek* and many of the *Chicken Soup* series. Deborah is the author of *Love in the Land of Dementia: Finding Hope in the Caregiver's Journey*.

Ron Zoglin

Ron is a professional storyteller who has performed for businesses, universities and national and international conferences. Together, Deborah and Ron have performed in the United States, New Zealand, Nova Scotia, Italy, Ireland, England and Costa Rica. Deborah and Ron are donating 100 percent of her book's proceeds to Alzheimer's programs and research. So far, they have raised more than \$14,000. For this conference, Orscheln Farm and Home is matching all book-inspired and other donations up to \$2,000.

Sally Tureman

Sally has been chaplain in an Alzheimer's Special Care Unit for 15+ years and has worked extensively in long-term health care. She is currently a hospice volunteer and resides at John Knox Village, Lee's Summit.

David Oliver

David serves as Assistant Director of the University of Missouri Interdisciplinary Center on Aging, and is a writer, editor and educator. He is a national and international presenter on aging, health care, and religion and is a foe of ageism in America. He has a Ph.D. in sociology and gerontology and is a licensed nursing home administrator.