

## Respite is a Renewal of Spirit

Approximately 15,000 individuals are living with Alzheimer's disease in Mid-Missouri. More than 10,000 of these individuals are cared for at home by a family member.

Though families often take great joy in providing care to their loved ones, the physical, emotional and financial consequences for the caregiver can be overwhelming.

Respite allows the caregiver a temporary break from the exhausting challenges of caregiving. Respite is not a selfish act. The well-being of a person with Alzheimer's disease or other dementia requires the well-being of the caregiver. To step away from caregiving, even for a short interval, allows the caregiver rest and the renewal of spirit necessary to continue.

*“Being given the opportunity to take a break  
– if even for a short period of time –  
is a renewing gift for me and my loved one.”*  
~ Family Caregiver



## Garden of Hope

A project to provide ongoing funding for the  
**Alzheimer's Association Caregiver Respite Program,**  
supporting families who care for loved ones at home.

## “The Elements” Catalogue

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Alzheimer's Association Mid-Missouri Chapter  
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# Garden of Hope

A project to provide ongoing funding for the **Alzheimer's Association Caregiver Respite Program**, supporting families who care for loved ones at home.

# "The Elements"

Choose a Giving Level below to honor or recognize a loved one or to pledge your support of the Alzheimer's Association Caregiver Respite Program. Please note the limited availability of some Giving Levels.

The Garden of Hope is launching in several phases, creating a calm and serene place to honor a significant individual in your life.

## Phase 1 ~ The Pathway (ongoing)

The initial phase is about forming the brick pathway which will connect the garden elements. The path represents the journey we each take throughout our lives, whether we are caregivers or the receivers of care.

## Phase 2 ~ The Elements (current)

The second phase involves establishing focal points throughout the garden, creating a tranquil place to rest and find peace.



## Phase 3 ~ The Continuum

The final phase continues the growth of the garden, representing our ongoing life journey. Our hope is that generations to come will visit this garden, experience the serenity and beauty we have created, and remember those who came before us.

## Friend

Friends will select a personalized brick to place within the Garden of Hope pathway. Each brick includes an inscription of the donor's choosing and is available in two sizes.  
4x8 inch brick: \$100  
8x8 inch brick \$200  
Availability: Unlimited

## Supporter

Supporters are recognized with a garden urn initially filled with a spectacular arrangement of seasonal plantings. An inscription recognizes the donor and may include a personalized message of the donor's choosing.  
Supporter Giving Level: \$500  
Availability: 5

## Champion

Champions are recognized with a lovely garden bench where visitors may linger and enjoy the surroundings. An inscription recognizes the donor and may include a personalized message of the donor's choosing.  
Champion Giving Level: \$1500  
Availability: 6

## Visionary

The Alzheimer's Association Visionary is a donor who exemplifies the Vision of the Alzheimer's Association: To live in a world without Alzheimer's disease. The Visionary is recognized with a prominent centerpiece in which the rest of the garden will be designed ~ a fountain ~ symbolic of the renewal of spirit each caregiver undergoes following an interval of respite.  
Visionary Giving Level: \$3000  
Availability: UNAVAILABLE — GIVING LEVEL COMPLETED

*Give the gift of Respite to a family today.*

Please contact the Alzheimer's Association for more information: 573-443-8665