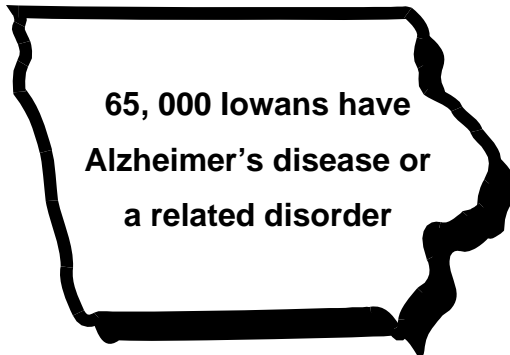


## Iowa Public Policy

### Did you know that:

- 65, 000 Iowans have Alzheimer's disease or a related disorder
- An estimated 5.1 million Americans currently have Alzheimer's disease
- By 2050 this number may increase to 16 million



**alzheimer's  association  
Midlands Chapter**

### Chapter Services:

Support of Research  
Caregiver Educational Presentations  
Learning Institute  
Chapter Newsletter  
Clergy Forums  
Brown Bag Presentations  
Resource Lending Library  
Speakers Bureau  
Professional Conference  
Family Support Services  
Common Links Program  
Support Groups  
Safe Return Program  
Care Consultation  
Outreach Projects in  
non-urban communities  
Informational & Referral Service  
Dementia Training for  
respite volunteers  
24/7 Contact Center

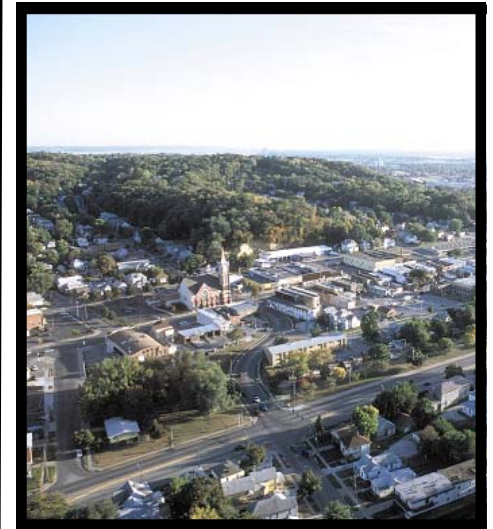
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**Southwest Iowa Branch Office**  
300 West Broadway, Ste. 233  
Council Bluffs, IA 51503  
Phone—712-322-8840

**Outside of Business Hours:**  
24/7 Contact Center  
1-800-272-3900

[www.alz.org/midlands](http://www.alz.org/midlands)

## Becoming an Advocate in Iowa



**alzheimer's  association®  
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## The Many Different Faces of Advocacy

### Why should I get involved?

- To increase funding to find a cause and cure for Alzheimer's disease.
- To establish an accountable system to help finance long term care.
- To ensure that those with Alzheimer's disease and other related dementing disorders receive the best care possible in facilities.
- To build strong partnerships which insure that elderly concerns are appropriately addressed at governmental and community levels.
- To provide individuals with dementing disorders the best quality of life possible.

### How do I get involved?

#### Become an Advocacy Network Member

- Stay informed on issue through Chapter mailings and e-mails
- Contact public officials when you receive ALERTS!

#### Become a Public Policy Speaker

- Speak at legislative hearings or forums
- Meet with public officials to tell your story

#### Become an Awareness Supporter

- Oversee Public Policy tables at Memory Walks, health fairs or other events
- Talk about Public Policy efforts at Support Group meetings

### Becoming An Advocate!

I would like to help by becoming:

\_\_\_\_\_ an Advocacy Network Member

\_\_\_\_\_ a Public Policy Speaker

\_\_\_\_\_ an Awareness Supporter

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

\_\_\_\_\_ I would like to get involved; however, I do not have time right now. Please send me the advocacy alerts to keep me informed of issues. *(Must have e-mail address to receive.)*