



***How The Chapter Serves The Community:***

The Chapter is a not-for-profit organization of volunteers, laypersons, and health care professionals committed to working together to accomplish our mission.

**Vision Statement**

A world without Alzheimer's disease.

**Mission Statement**

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

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Midlands Chapter

[www.alz.org/midlands](http://www.alz.org/midlands)

**Administrative Office**

1941 South 42 Street, Suite 205  
Omaha, NE 68105  
Information & Referral: 402-502-4300  
Fax: 402-502-7001  
24/7 Contact Center: 1-800-272-3900

**Branch Office**

300 West Broadway, Suite 233  
Council Bluffs, IA 51503  
Information & Referral: 712-322-8840  
Fax: 712-322-0688  
24/7 Contact Center: 1-800-272-3900

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**Lending Library**



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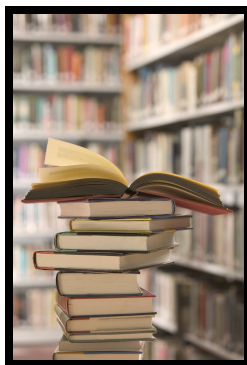


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## About The Library:

The Midlands Chapter has developed an informational resource center for persons interested in information on Alzheimer's disease (AD) and related disorders.

There are hundreds of books, audio and videotapes in the Resource Lending Library. All materials listed can be checked out for **two weeks**, free of charge; there is a charge for mailing and handling if you are unable to come to the Chapter to pick up items.



### **Who Is The Library For?**

- Health Care Professional's who work with individuals with AD
- Educators
- Social Workers
- Police, Fire, Rescue and other community-oriented professionals
- Support Group Leaders
- Caregivers of individuals with a dementia
- Family members who have a loved one with AD
- Students doing research papers
- Anyone who has an interest in AD

## Information Available

Activities for Individuals with AD  
Adult Day Service Information  
Aging Issues  
Basic Care for the Individual with AD  
Bathing/Grooming Tips for AD Individuals  
Caregiving Tips/Techniques  
Caring For the Caregiver  
Communication Tips for Caregivers  
Coping with Caregiver Stress  
Coping With Challenging Behaviors  
Coping With AD  
Dealing with Grief  
Driving Issues and the AD Individual  
Drug Information/Research Updates  
Ethical Issues and the AD Individual  
Family Care Guide  
Family Issues Surrounding AD  
Financial Issues  
Helping Children and Teens Understand AD  
Hospice/End of Life Issues  
Incontinence in AD Individuals  
Law Enforcement/Emergency Medical Personnel Training  
Legal Considerations  
Living Environments for AD Individuals  
Legal Information  
Nutrition and Feeding Tips for AD Individuals  
Parkinson's disease Information  
Pick's Disease Information  
  
Safe Exercise Techniques for AD Individuals  
Safe Return Program

Social Work and AD  
Special Needs for Dementia Units  
Spiritual Issues for the Elderly  
Statistics on AD  
Support Group Information  
Training Tapes for Healthcare Professionals

**Some information is also available in Spanish.**

***\*Individuals will be responsible for replacing lost/damaged library materials.***



### Hours of Operation

Monday through Friday  
8:00 a.m. to 4:00 p.m.

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