

## The Midlands Chapter Serves the Community

The Chapter is a not-for-profit organization of volunteers, laypersons, and healthcare professionals committed to working together to accomplish our mission.

### Vision Statement

A world without Alzheimer's disease.

### Mission Statement

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

alzheimer's  association®  
Midlands Chapter

### Administrative Office

1941 South 42<sup>nd</sup> Street, Suite 205  
Omaha, NE 68105  
402.502.4301 / 800.272.3900  
Fax: 402.502.7001

### Branch Office

300 West Broadway, Suite 233  
Council Bluffs, IA 51503  
712.322.8840 / 800.272.3900  
Fax: 712.322.0688

[www.alz.org/midlands](http://www.alz.org/midlands)

# Join Us!

### FY09 Events

#### Memory Walk—Harlan

Saturday, September 6, 2008

#### Memory Walk—Council Bluffs

Saturday, September 13, 2008

#### Memory Walk—Omaha

Sunday, September 28, 2008

#### Memories in the Making

Friday, October 17, 2008

#### November Recognition Event

Wednesday, November 5, 2008

#### Oscar Night® America

Sunday, February 22, 2009

#### Volunteer Appreciation

Wednesday, April 22, 2009

#### Ride to Remember

Saturday, May 16, 2009

have fun  
do Good  
end alzheimer's



## VOLUNTEERS

*Are the KEY  
To Our Success*

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Midlands Chapter

[www.alz.org/midlands](http://www.alz.org/midlands)  
Midlands Chapter Volunteers

Since 1982, volunteers have been a supportive force in accomplishing the Chapter's mission through their hard work and dedication.

The Chapter depends on volunteers to help staff with the many programs and services provided in the 15 county service areas.

You can enable the Chapter to make a difference in the lives of individuals, family members, caregivers and professionals affected by Alzheimer's disease!



## Ways You Can Help the Chapter as a Volunteer

There are many ways you can help the Chapter as a volunteer. Plus, you will meet interesting people who care about a common and worthwhile cause.

Whether you have professional skills to volunteer, such as working at special events, or specialized to help as a volunteer for a specific program, we have something to match what you enjoy doing.

## VOLUNTEER OPPORTUNITIES:

### PROGRAM DEPARTMENT

**Health Fairs**—Distribute information on Alzheimer's disease and related disorders. Health fairs are held throughout the calendar year.

**MedicAlert® Safe Return®**—Explain the Safe Return program and what is needed to register.

**Speaker's Bureau**—Speak about Alzheimer's disease to businesses, professionals, civic groups, and schools on the topic of Alzheimer's disease and the Chapter.

**First Contact**—Visit with caregivers who are caring for a loved one to offer support and information when attending a support group is difficult.

**Advocacy**—Give a 'voice' in support for individuals with the disease and their families.

### DEVELOPMENT DEPARTMENT

**Oscar Night® America**—Assist with the metro areas only official Academy Awards Oscar Night America party—join the planning committee.

**Memory Walks**—Work on the day of the Walk setting up or cleaning up. During the months leading up to the event you can assist with soliciting companies for sponsorships, picking up/distributing items as needed, recruiting individuals to form teams.

**Ride to Remember**—Join the planning committee, assist with soliciting companies for sponsorships, picking up/distributing items as needed, work the day of the event setting up or cleaning up.

### CLERICAL SUPPORT

**General Office Work**—Provide staff assistance with tasks varying from preparing mailings, assembling projects, typing, auditing and upkeep of the Chapter's library.



### Yes! I'd like to volunteer!

Please send this completed form to us at the Administrative Office address on the reverse side of this form.

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Apt #: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

### Why Be a Volunteer?

It's not for fortune; it's not for fame,  
It's not for only personal gain,  
It's not for love of fellow man,  
Or just to lend a helping hand,  
It's not for medals worn with pride,  
It's for the feeling deep inside,  
Of helping others far and near,  
That makes you want to volunteer!  
*--Author Unknown*

For more information on volunteer opportunities, please contact by phone at:  
402.502.4301 in Omaha and  
712.322.8840 in Council Bluffs

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Please detach here