



GET THE

FACTS

EDUCATION SERIES

What you need to know about memory and Alzheimer's disease.

alzheimer's  association™



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FREE Monthly Class | September – May, 7:00-8:00 p.m.

Christ Presbyterian Church | 6901 Normandale Rd, Minneapolis, MN 55435 | Fireside Room

Are you or is someone you know living with Alzheimer's disease or a related dementia? This FREE educational series tackles the most common challenges faced by people with dementia and their care partners.

Join us every month!

- **September 15** – Understanding Memory Loss and Dementia
(Susan McPherson, PhD, ABPP, LP)
- **October 13** – Living with Purpose, Passion and Potential
(Panel of People with Early Dementia; Sara Tucker, MA, Alzheimer's Association)
- **November 10** – Communicating with Your Partner: The Art of Hearing and Being Heard
(Debbie Richman, BS, ADC, Alzheimer's Association)
- **December 8** – Living Safely, Living Well
(Courage Center and Alzheimer's Association staff)
- **January 12** – Caring for Another, Caring for Yourself
(Panel discussion with care partners; Mark Reese, MA, LPC, LAMFT)
- **February 9** – Preparing for the Future: Legal and Financial Issues
(Laura J. Zdychneć, Long, Reher, and Hanson, P.A.)
- **March 8** – Caring through the Stages
(Kathleen Dempsey, RN, BC, Pathfinder Senior Care Consultants)
- **April 12** – Taking Action: Early Dementia Resources & Programs
(Sara Tucker, MA, Alzheimer's Association)
- **May 10** – Living Well: Spirituality
(Tom Allen, BS, Spiritual Director, Loyola Spirituality Center)

For more information, contact Debbie Richman at deborah.richman@alz.org or 952-857-0551, or visit www.alz.org/mnnd.

To RSVP, contact the Alzheimer's Association at 952-830-0512.

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