

Sleep Apnea Research Study for the Memory-Impaired

Do you or your sleep partner experience any of the following symptoms of Obstructive Sleep Apnea (OSA):

- Loud snoring, gasping or snorting while asleep
- Stop-breathing episodes while sleeping
- Forgetfulness and/or sleepiness during the daytime

If you or your partner also have suspected or diagnosed Mild Cognitive Impairment or Alzheimer's Disease, you may be eligible to participate in a Mayo Clinic study on the use of continuous positive airway pressure (CPAP) treatment for cognitively impaired patients with OSA.

To qualify for this research study, you must:

- Be at least 50 years old
- Have suspected or diagnosed obstructive sleep apnea
- Have suspected or diagnosed Mild Cognitive Impairment or Alzheimer's Disease

This research study will last about 12 months, and involves a neurological evaluation, overnight sleep study, brief memory tests and questionnaires. There are no costs relating to the evaluations and tests.

**For more information,
please contact:**
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