
24/7 Helpline

The Alzheimer's Association® 24/7 Helpline (800.272.3900) is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people with the disease, caregivers, families and the public.

Contact the Helpline day or night for:

- Information about local programs and services for individuals with dementia, caregivers, family and friends.
- Confidential care consultation provided by master's-level clinicians who can help with decision-making support, crisis assistance and education on issues families face every day.
- Assistance in your preferred language through our bilingual staff or translation service, which accommodates more than 200 languages.

Our professional staff has the knowledge to address a variety of topics:

- Memory loss, dementia and Alzheimer's disease.
- Medication and other treatment options.
- Safety issues and services, including MedicAlert® + Alzheimer's Association Safe Return®.
- Tips for providing quality care.
- Recommendations for finding quality care providers.
- Strategies to reduce caregiver stress.
- Legal and financial documents for future care. Aging and brain health.
- Referrals to local community programs and services.

A model of collaboration

The 24/7 Helpline provides nationwide service while delivering personalized response and local follow up. An online knowledge bank and community resource database helps staff respond quickly and accurately to calls, providing disease information, caregiver education and local resources across the country.

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