

alzheimer's association®

Tuesday Telephone Talks

You are invited to our free weekly educational group discussions. Hosted by a skilled group facilitator, each call will focus on a topic of interest to families, caregivers and individuals concerned with brain health and dementia.

**Calls take place each Tuesday at 12:00 noon and 8:00 p.m.
To join us, call 888.262.0101**



<u>Date</u>	<u>Topic</u>
September 1	"Role of Adult Protective Services" with Megan Koranek, M.S.W., Fairfax County Department of Family Services.
September 8	"Finding Reliable Health Information Online" with Amber Drexler, M.L.S., INOVA Health Systems Library.
September 15	"Activities in the Home" with Joan Sutton, M.A., Connections for Seniors, L.L.C.
September 22	"Finding the Right Support Group Fit" with Sister Kathy Weber, Holy Cross Hospital, Support Groups Leader, Holy Cross Hospital, Silver Spring, Md.
September 29	"How to Make a Caregiver Toolbox" with Gordon Creamer, Executive Director, Arden Courts, Silver Spring.
October 6	"Affording Home Care for Loved Ones" with Gloria Cohan, Reverse Mortgage Specialist.
October 13	"Overcoming Balance Problems in Persons with Dementia" with Julie Ries, P.T., Ph.D., Marymount University, Arlington, Va.
October 20	"Aging is a Family Affair" with Cheryl Kuba, LivHOME Care Agency.
October 27	"Is it Alzheimer's or Another Type of Dementia?" with Dr. Kathy Brenneman, Geriatrician, Providence Hospital, Washington D.C.
November 3	"Indications and Steps in Obtaining a Driving Assessment" with Meredith Lyons, O.T.R., Certified Driving Specialist, Adventist Health Care, Rockville, Md.
November 10	"Start Planning Now to Minimize Holiday Stress" with Shelly Edwards, Alzheimer's Chapter Staff.
November 17	"Wandering Prevention and Possible Solutions" with Kristy Klein, M.S.W., Associate Director Safety Services, Alzheimer's Association.
November 24	No Presentation - Thanksgiving Break

For more information, visit www.alz.org/nca or call 800.272.3900