

DELIVER BETTER DEMENTIA CARE WITH BETTER RESULTS

Your Staff:

Your staff is your most important resource and the best source for promoting the services you provide.

Well-trained, well-informed staff members are happier, less prone to job turnover, and perform at a higher level.

Our curriculum builds the skills and knowledge of those working in the direct care industry, including:

- Administrators
- Activities staff
- Direct care personnel
- Food service & maintenance personnel
- Home care workers
- Medication aides
- Medical assistants
- Nurses
- Nursing assistants
- Social workers
- Therapists

Our Trainers:

The Alzheimer's Association trains certified instructors, who have proven experience in hands-on care.

Our training emphasizes person-centered care and stronger care teams to achieve bottom-line results for:

- Residents - Enriching quality of life and strengthening bonds with family members
- Staff - Affording greater confidence, reducing stress and promoting job satisfaction
- Facilities - Reducing costs with more stable occupancy, fewer disruptions and reduced staff turnover; improving ability to meet state regulations; and enhancing overall reputation

HELP YOUR STAFF UNDERSTAND THE PERSON WITH ALZHEIMER'S DISEASE

Call us at 703.359.4440 or
toll-free at 800.272.3900

Monday-Friday, 9 a.m. - 5 p.m.

to speak with our training manager about
scheduling and pricing information.

alzheimer's  association®

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does your staff understand the person with alzheimer's disease?



Professional Training Programs for Direct Care Workers

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The Alzheimer's Association's new comprehensive training programs will help you improve the quality of care for people with dementia in assisted living residences and nursing homes.

Our affordable training programs offer you and your staff interactive customized instruction that delivers practical skill-building techniques.

Our dementia care training, tested in residential care settings, is based on the Alzheimer's Association publication, *Dementia Care Practice Recommendations for Assisted Living Residences and Nursing Homes*.

Our courses stress the importance of developing greater personal relationships with residents.

Direct care workers who understand both Alzheimer symptoms and the individual resident can make better decisions about the most effective method for providing care.

Flexible Options

Our dementia care courses are available in topic-centered modules that allow you to customize training to meet your staff's needs. You can also select the training location that best suits your needs:

On-site training—Certified trainers from the Alzheimer's Association conduct the selected course(s) at your facility.

Off-site training—Certified trainers conduct the selected course(s) for your organization or groups of individuals at local community sites or at the National Capital Area Chapter office.

ALZHEIMER'S ASSOCIATION TRAINING PROGRAMS FOR PROFESSIONAL CAREGIVERS

Alzheimer's Association Foundations of Dementia Care Courses

Learning to Lead - Dementia care training designed specifically for supervisory personnel. *One class, three-hour duration.*

Training for Direct Care Workers - Certified skill-building techniques for residential care staff. *Four classes, varying durations.*

Activity Based Alzheimer's Care: Building a Therapeutic Program - This program is specifically designed for Activity Professionals, and is pre-approved for seven contact hours by the National Certification Council for Activity Professionals (NCCAP) and/or .6 continuing education units (CEUs) through the American Therapeutic Recreation Association (ATRA). *One class, seven-hour duration.*

Person Centered Care (Virginia) - Skill building techniques for residential care staff, including material required by the Commonwealth of Virginia for state regulations. *13 classes, varying durations.*

Caring for Persons with Cognitive Impairment and Related Mental Health Issues - Training session that meets the new training requirements for Maryland state regulations. *One class, five-hour duration.*

Maryland State Regulated Refresher Course - Session for those who have completed "Caring for Persons with Cognitive Impairment and Related Mental Health Issues." *One class, two-hour duration.*

In-services - One-hour sessions available on Alzheimer's Association signature topics (call for topic list).

All training programs are fee-based. Contact us at 703.359.4440, toll-free 800.272.3900, or visit www.alz.org for prices.