

## Come Walk With Us!

The Alzheimer's Association NM Chapter's largest annual fundraiser helps provide vital services to New Mexicans with Alzheimer's disease and related dementias, their families and caregivers.

Statewide Memory Walks schedule

### **Saturday 9/10 - Las Vegas**

El Fidel Hotel

Call Linda Durant for more information (505) 426-9840 or email [lindadurant@hotmail.com](mailto:lindadurant@hotmail.com)

### **Saturday 9/10 - Las Cruces**

Field of Dreams

Call Cathy Murphy for more information (505) 647-3868 or email [lcalz@zianet.com](mailto:lcalz@zianet.com)

### **Saturday 9/24 - Tri-Cities** (*Santa Fe, Los Alamos and Espanola*)

Walk and Pancake Breakfast in **Los Alamos** at the Betty Ehart Senior Center, Call Pauline Schneider at (505) 662-8922 or Mary Yamada for more information (505) 663-3306 or email [myamada@aspenridgelodge.com](mailto:myamada@aspenridgelodge.com)

### **Saturday 9/24 - Roswell**

Call Cathy Murphy for more information (505) 624-1552 or email [cmurphy@dfn.com](mailto:cmurphy@dfn.com)

### **Saturday 10/1 - Farmington/Aztec**

Call Beth Jones for more information (505) 326-3680 or email [falz@sisna.com](mailto:falz@sisna.com)

### **Saturday 10/15 - Socorro**

Good Samaritan Village

Call Annelie Gallea for information 505-266-4473 or email [annelie.gallea@alz.org](mailto:annelie.gallea@alz.org)

Watch for more information.



Other *Fun* Fundraisers in Albuquerque  
this fall to benefit the Alzheimer's Association NM Chapter

### **Sunday 9/11 - Volleyball Tournament**

Stone Face Tavern Sand Courts

8201 San Pedro NE 9:30 am – approx 3:30 pm

### **Friday 9/30 – 1<sup>st</sup> Annual Albuquerque Hall of Fame Celebrity Golf Classic**

Sandia Golf Club

Featuring Harmon Killebrew & Don Maynard and other Sports Hall of Fame Celebrities

### **Saturday 11/12 – 5<sup>th</sup> Annual East Heights Moose Lodge Dinner/Dance**



See pages 3, 9 & 10 for more details

Contact Annelie Gallea for more information on any of the above events  
505-266-4473 or email [annelie.gallea@alz.org](mailto:annelie.gallea@alz.org)

ALZHEIMER'S ASSOCIATION  
New Mexico Chapter

**MAIN OFFICE**

9500 Montgomery NE Suite 209  
Albuquerque, NM 87111  
(505) 266-4473  
fax (505) 266-0108

Executive Director  
**Maralie M. Waterman**

Patient & Family Services Director  
**Paula Simons**

Education Director  
**Stella Shaba**

Development Director  
**Annelie Gallea**

Administrative Assistant  
**Heather Wooddell**

Communications & Legislative  
Advocacy Director  
**Ronald Lucchino, PhD**

Finance Director  
**Pat Alexander**



**BRANCH OFFICES**

Farmington  
Branch Office Coordinator  
**Beth Jones**  
3300 N. Butler, Suite 2211  
Farmington, NM 87401  
(505) 326-3680

Las Cruces  
Branch Office Coordinator  
**Cathy Murphy**  
1100 S. Main St., #10  
Las Cruces, NM 88001  
(505) 647-3868

Las Vegas  
Branch Office Coordinator  
**Linda Durant**  
508 E. Douglas  
Las Vegas, NM 87701  
(505) 426-9840

Roswell  
Branch Office Coordinator  
**Open**  
404 ½ N Kentucky  
Roswell, NM 88201  
(505) 624-1552

Toll Free Helpline  
Northern NM 800-777-8155  
Southern NM 888-588-0005

Resources: [www.nm-alzheimers.org](http://www.nm-alzheimers.org)

# President's Message

Quentin C. Florence, PharmD

Hi Everyone,

There is going to be a lot going on with the NM Chapter of the Alzheimer's Association the rest of this summer and this fall.

Of immediate interest to many of us is the new Medicare Drug Benefit Program, which begins on January 1, 2006. It is important for everyone eligible to sign up for one of the providers this fall. There will be a number of providers, and they will offer different medication coverage's, different formularies, and different co-payments for various tiers of drugs. Don't just sign up for a plan without examining which medications are covered, and what the co-pay will be. This is of special interest for the different drugs needed to treat Alzheimer's disease and other dementias, for not all will be included. Check with the plan and get help from the association if there are questions.

Alzheimer's Memory Walks are scheduled throughout the state this fall. We really need participation. These walks are one of our major sources of fund raising, so please join in. There is a list of the "Walks and dates on the cover of this newsletter.

We have had some changes with the Board of Directors, the terms of membership have expired for Chastelle Himes of Taos, Kellee Gaddis, and Diane Ward of Albuquerque and Anna Daubon of Albuquerque has moved from the state and had to resign. We really appreciate the dedication, involvement and assistance of the Board members. They have been a great asset for the association and will be difficult to replace.

Once again, please check the date for your local Memory Walk and plan to participate. Better yet, get someone else to join you! Members of the Board of Directors and I will attend as many as possible.

See you there!!

Tim

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## Mid-Life Women's Support Group

### *Maintain Your Brain Workshop*

Presented by Stella Shaba  
Education Director, Alzheimer's Association

**September 15th 2005 at 1:00pm** hosted by Presbyterian Senior Services  
The Presbyterian Healthplex  
Contact Linda McAllister @ (505) 823-8358

**September 19, 2005 at 5:30pm** hosted by the Mid-Life Women's Support Group  
The Presbyterian Healthplex  
Contact Leona Rubin (505) 821-8414

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*"It is one of the most beautiful compensations of life  
that no man can sincerely try to help another  
without helping himself."*

*Ralph Waldo Emerson*

# Executive Director's Report

Maralie M. Waterman

Thank you to the volunteers, sponsors and participants who made our May 21, 2005 Albuquerque Memory Walk at Milne Field such a success! The Association raised over \$70,000 in cash and another \$36,600 in in-kind contributions of services and materials for a total of over \$106,600 to support local direct services and educational programs.

On behalf of our board, staff, volunteers and clients, a sincere thank you to Cheryl Marlow of Prudential Southwest Realty for her commitment and support as our 2005 Corporate Chair.

But... Memory Walk season is far from over, there are events scheduled over the next two months in communities all around New Mexico. Wherever you live, the opportunity to come out and walk with us in support of the 34,000 New Mexican families battling Alzheimer's disease isn't far away.

On Friday, September 30, the Association in conjunction with VistaCare Hospice Foundation will present the First Annual Albuquerque Hall of Fame Celebrity Golf Tournament at Sandia Golf Club. There will be a player's dinner and silent auction at the Marriott Pyramid to follow. Harmon Killebrew and other Hall of Fame celebrities are scheduled to play. Please contact the main office at 266-4473 for more information on sponsorship opportunities or to register a team.

A new event for the Association, a Volleyball Tournament is set for September 11 at the Stoneface Sand Court in Albuquerque. Thank you to La Cueva High volleyball and basketball coach Hubert Montoya for organizing this event, scheduled to run from 9:30 AM until 3:30 PM. To register a team, please contact the main office at 266-4473.

Be on the look out for an invitation to the Fifth Annual East Heights Moose Lodge Dinner to be held during November – Alzheimer's Disease Awareness Month. It is an evening of great food, camaraderie and dancing (optional!).

Our Annual Meeting and Open House will be on November 16 from 4 PM– 7 PM. Please join us to celebrate the accomplishments of the past year. Refreshments will be served and R.S.V.P. is requested by November 13.

There are some new faces on the Chapter governing board. Joining the board in recent months are Greg Gillogy, Dorothy Koch, Mary Lacy and Mary Lucero. Read more about our new board members later in the newsletter.

Many thanks and good wishes to Dolores Hendricks who served as our Las Cruces Branch Office Coordinator for the past seven years. Her hard work and dedication developed the office and it's resources to a high level, building the Association's reputation and public perception among caregivers, professionals and within the communities of southwestern New Mexico.

Congratulations are in order for Cathy Murphy, currently our Branch Office Coordinator in Roswell/Southeastern New Mexico who will be filling the Las Cruces position effective August 15<sup>th</sup>.

As always, thank you to you all for your continued support of our efforts to support and assist family and professional caregivers and build awareness within the community at large.

## Thank you

For contributing  
to this issue of the newsletter.

Linda Durant  
Patrick Florence  
Quentin C. Florence, PharmD  
Annelie Gallea  
Elizabeth Jones  
Mike Lord  
Cathy Murphy  
Stella Shaba  
Paula Simons  
Diane Ward  
Maralie M. Waterman

Specialized Personal  
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and Aroma Therapy

Treating the Person  
Rather than  
Just the Disease

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TELEPHONE 505.881.0120  
FAX 505.881.3450 EMAIL: woodmarketing@spinn.net  
EXCEPTIONAL ASSISTED LIVING & ALZHEIMER'S CARE

## More Walk Info

On Saturday, 9/10 take the beautiful drive to **Las Vegas** and participate in their Walk. Meet everyone at the El Fidel Hotel and enjoy the historical district of Old Las Vegas. Food is usually a big part of their festivities – I hear they have a real good time, so let me know. Call Linda for details, directions and time @ 426-9840.

The Tri-Cities Walk is scheduled for 9/24, Saturday. Santa Fe, Los Alamos & Espanola have joined forces and have a Walk and Pancake Breakfast planned. The festivities are in **Los Alamos** at the Betty Ehart Senior Center. Good food and then you can walk it off – isn't that great? Beautiful fall colors to enjoy on your drive too. Contact Pauline @ 662-8922 or Mary @ 663-3306 for the necessary details.

**Socorro** is our last Walk this year. Join us on Saturday, 10/15 at the Good Samaritan Village for a great time plus Walk. Then after the Walk is over, you can go to the Bosque del Apache & watch the wildlife. Something everyone enjoys! The valley is full of beautiful fall colors & the Good Sam folks are great. What a better way to spend a Saturday. For more information on this event call Annelie @ 266-4473.

# Memory Walk

Annelie Gallea – Development Director

On behalf of the 34,000 New Mexicans grappling with Alzheimer's disease or dementia, and over 100,000 caregivers, I thank all of you for your support of our main fundraising effort -- the Memory Walk. We couldn't have done it without all of your hard work and dedication to the Alzheimer's Association cause. So many volunteers give of yourselves on a daily basis that I cannot name all of you, but know that you are very much appreciated. We are fortunate to have so many individuals and organizations in our communities statewide who give so generously of their time and dollars to make the Walks so successful.

The 12<sup>th</sup> Annual Albuquerque Memory Walk, held May 21 at Milne Stadium, was one such example. With your help, we raised over \$74,000 cash and \$36,600 in-kind for a total of over \$107,000. Our increase over last years' Walk is more than \$28,000. Over \$2200 of this years' proceeds were raised online through Kintera. (2004: approximately \$400). Many thanks to Maralie for doing such a wonderful job recruiting people online!! The absolutely wonderful raffle by Diane Ward brought in \$1869. Thank you Diane! Corporate Chair Cheryl Marlow obtained donations of fabulous items for our first silent auction and we raised over \$500 for our first effort. And a hearty thank you to all who bought items at the General Store: proceeds were \$238.

We have some phenomenal Walk Coordinators throughout the state, including Pauline Schneider of the Betty Ehart Senior Center and Mary Yamada of Aspen Ridge Lodge, both located in Los Alamos; Velma Arellano and Ruth Dennis of Sierra Vista in Santa Fe; Elizabeth Harris of Espanola; Mickey Baker of Hobbs Healthcare Center; Mary Lacy, Mary and Dan Lucero of Las Cruces; Betty Kuehne of the Good Samaritan Village in Socorro; and Rich Cartney of the Betty Dare GSV in Alamogordo.

We have been fortunate to have superb Walk Corporate Chairs: Cheryl Marlow in Albuquerque, Roger Waterman in Los Alamos, and Alex Pankey in Roswell. Our corporate Chairs and Sponsors exemplify the best in corporate America today – organizations consisting of generous, caring people whose actions have positive results in their community. We appreciate their wholehearted participation as ambassadors and sponsors of our mission.

The Memory Walk Committees are such a pleasure to work with and of tremendous assistance in the planning and execution of the many details of planning the Walks. Many thanks also to our wonderful Board of Directors and Advisory Committee members who are very involved, year-round, in a multitude of ways.

I'd also like to thank our Branch Officers who do such a wonderful job in all their ventures – they really put forth a great effort on a daily basis. Much appreciation also goes to our esteemed Executive Director, Maralie Waterman, and the staff of the Albuquerque office for your teamwork and untiring dedication.

You all made a difference! Thank you! You are vital to our work to assist, educate, train and stand by those who require our services. We truly value your assistance, input, creativity and plain old hard work!!!

Cheryl Marlow, with Marlow & Associates and Prudential Southwest Realty, is the Corporate Chair for the 2005 Albuquerque Memory Walk. Let her make your real estate dreams come true.



**Prudential**

Southwest Realty

797-5555

#1 Prudential Agent in New Mexico

Her dream is that a cure will be found for Alzheimer's. Her way of helping this dream come

true is to donate 20% of her commission on any real estate transaction that results to the New Mexico Chapter of the Alzheimer's Association. Just mention this ad.

## EXECUTIVE BOARD

2005 - 2006

President  
Quentin "Tim" Florence, PharmD,  
Tijeras

Past President  
Mike Lord  
Sandia Park

Vice President  
Julia Jordan  
Santa Fe

Treasurer  
Linda Roe, CPA  
Albuquerque

Recording Secretary  
Sandy Cody  
Albuquerque

Corresponding Secretary  
John Adair, MD  
Albuquerque

## BOARD MEMBERS

Billy Cummings  
Hobbs

Tom Dunlap, Esq.  
Roswell

Janice Freeland  
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Greg Gillogly  
Albuquerque

Dorothy Koch  
Albuquerque

Mary Lacy  
Las Cruces

Elaine Luna  
Las Vegas

Julia Jordan  
Santa Fe

Nell Graham Sale, Esq.  
Albuquerque

## HONORARY BOARD MEMBERS

Erin Griggs  
Miss New Mexico 2002  
Alamogordo

J. Paul Taylor, Rep.  
NM House of Representatives  
Mesilla

**Don't burn out!**  
Attend a Support Group Meeting!  
Start one in your community.  
Call us for details.  
266-4473

# Branch Office News

## **Southeastern Branch**

Cathy Murphy – Branch Coordinator

### Roswell

Well, we certainly have accomplished many firsts this year and the “Kickoff” for the Roswell Memory Walk, was one of the finest to date. Thanks to Alex Pankey, our Corporate Chair, and all the fine sponsors who have done so much to make these possibilities – *become dreams come true*.

A Huge Thank You to Our Sponsors!!!

#### *Platinum*

Lawyers Title, Roswell Sertoma, Wal-Mart Foundation

#### *Diamond*

Eastern New Mexico Medical Center

#### *Gold*

Elk Oil Co., First National Bank of Artesia,  
Otero Federal Credit Union

#### *Silver*

Bank of the Southwest, Caldwell Bankers/Taylor & Taylor,  
Desert Eagle Distributing, Desert Sun Autos,  
Equitable Realtors, Pioneer Bank,  
Prudential Grieves Group, VistaCare Hospice,  
Wells Fargo Bank, Wells Fargo Foundation, Xcel Energy

#### *Table Sponsors for the Kickoff*

Casa Maria Care Center, CMA, Comfort Keepers,  
LaVilla Retirement, Mission Arch Care Center,  
Peachtree Village, Roswell Home Care & Hospice,  
Sunset Villa Care Center, Villa del Rey Retirement,  
VistaCare Hospice

The first-time city-wide Alzheimer’s Walk event will be on Saturday, September 24<sup>th</sup> and will be located at the Cielo Grande Sports Complex. We will also feature a Poker Run for our cycling fans. Dave Buckingham is the contact person for the Poker Run.

With over half our goal of \$10,000 reached by the “Kickoff” we are confident that this will be an outstanding Memory Walk. A special thanks for all the time and hard work in making this such a success - Corporate Chair Alex Pankey, Media/PR Cindy Lewis, Team Builders Jerry Romero and Logistics Chair Diana Arnold.

In **Hobbs**, Micky Baker is heading our Memory Walk/Poker Run on Saturday, August 20<sup>th</sup> at the Hobbs Health Care Center and it is always such a SUPER event. Please join us!

In **Portales**, we have a brand new Support Group thanks to facilitators Chris Paxton & Shirley Connor. This meeting is held the 2<sup>nd</sup> Tuesday of each month, at 4:30 at the Roosevelt General Hospital near the cafeteria. We appreciate the efforts these two have made in getting this much needed group up and running. If you need a local contact, please call Chris at 276-

8579. They are planning programs for the year and ask for input from those needing services or assistance.

In addition to our AA Respite Program (\$300/yr), the Eastern NM Area Agency on Aging Office in Clovis is offering an additional Respite Voucher. Contact Debbie Bowman, Program Coordinator for more information 1-877-762-6228 or 769-1613. We certainly do appreciate the agency’s consideration of our caregiver’s needs and to offer specific funding is exceptional.

Artesia Senior Center will be hosting our new “Maintain Your Brain” training on August 10<sup>th</sup>. We certainly appreciate Dora Fierro and her staff for making room for us every 2<sup>nd</sup> Wednesday, when our support group meets in their facility.

*East Goes West:* It is truly with a heavy heart that I say good bye to you fantastic folks in Southeastern NM. We are moving to Las Cruces where I will become the Southwest Branch Coordinator. Dolores Hendricks has been the coordinator for 7 years and she is “retiring” to become Nanny to her first born grandchild.

It has been such a pleasure and a joy serving as your Roswell Branch Coordinator, I will miss you more than I can say. The only reason we would leave Roswell is to be nearer our son Ty, his wife Lacey and our 3 granddaughters who live in Las Cruces. Change is always filled with anticipation and excitement, but you have been so good to me, I just wish there was some magical way I could both go and stay.

*I will miss you more than I can say.*

## **Northeastern Branch**

Linda Durant – Branch Coordinator

We wish to thank every one who helped to make our Northeastern New Mexico’s Alzheimer’s Caregivers Conference such a great success.

*A great big thank you to:*

*Jytte Lokvig*

I couldn’t have done it with out you!

*Carla Ward and Mike Lord*

for all of the time and effort put in to seeing that The Ross Ward Art Show went smoothly and became a success.

*Stella and Annelie* from our chapter office.

My wonderful *volunteer.*

*William Tilley*

from Santa Fe Community College for all their help and support.

Continued on next page

*A special note of thanks to*

*Sponsorship*

Forest Pharmaceuticals and Novartis Pharmaceuticals.

*Booth Donors and Representatives*

Sierra Vista, The Rosemont, The Kingston, Open Hands,  
Consumer Direct, Home Instead, Aspen Lodge,  
PMS Hospice, Wholistic Health Care,  
The Santa Fe County Sheriff & Project Life Saver

*Speakers*

Dr. Jerry Williams, Jytte Lokvig, Gary Glazner  
and Father John Malecki for allowing us to show his  
enlightening video presentation

*Workshop Presenters*

Jeri Braccialarghe, Deborah Stanley, Cathy Murphy,  
Susan Stuart, Ruth Dennis, Gary Glazner,  
Jytte Lokvig and David Ruyle, Cindy Bonilla, Chris Trujillo,  
and their group members, you were all truly inspiring!

If you missed this Event we hope you will be able to join us  
next year at our 6th annual Caregivers, Caring and Sharing  
Conference in Santa Fe.

We have a new Caregivers Group in Santa Fe at The  
Rosemont on the second Tuesday of each month at 6:30 pm,  
and they are welcoming new members. Their group leader is  
Jytte Lokvig, please give her a call at (505) 466-8195 for more  
details.

There will be a class on How to Maintain Your Brain and a  
Caregivers Group opening at Pojoaque Pueblo's Wellness  
Center. Please call Linda at (505) 426-9840 for information.

**Northwestern Branch**

Elizabeth Jones - Branch Coordinator

Memory Walk efforts are off to a wonderful start in the Four  
Corners area. We anticipate the Knights of Columbus to come  
through donating the most money in this area to the  
Alzheimer's Association via their annual Tootsie Roll Drive.  
This is the 4th year in a row that the Farmington office has  
been fortunate to hope to receive such a generous gift from  
such a great organization. They too have felt the personal  
affects of Alzheimer's disease amongst their members and  
their families. So, a big "thank you" to them. Please support  
their efforts all across the state of New Mexico – they help  
many, many people/organizations. A doctor might tell you  
than an enlarged heart is a bad thing – theirs' is huge and only  
a good thing.

Speaking of Memory Walk, ours is October 8<sup>th</sup> in Downtown  
Aztec during Oktoberfest. Please come walk in the parade and  
enjoy all of the festivities up and down Main Street.  
Registration starts at 8 am with the parade starting at 10 am.  
Last year, we had the most people we have ever had  
participate – LifeCare Center and the Four Corners Good

Samaritan Village were very much involved bringing to our  
family – theirs – many of their residents cruised down Main  
Street. It was an awesome sight. But, I think the best sight  
was when we all let the purple balloons go at the same time –  
it put things in perspective – we may have problems of our  
own, but the world is a huge and awesome place and we can  
make a difference. So, please, even if you do not bring money  
to the Walk, (yes, we do like that...) we would love to have  
people there to show our community how many people this  
disease affects and what good people there are out that to  
make the road ahead, better. Thank you and we look forward  
to seeing you there!

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*For more information, or if you are interested in  
becoming a Memory Walk Committee Member,  
assisting in other fundraising efforts, or becoming a  
corporate or individual sponsor of any of these  
worthy events, please contact me at 266-4473 or  
[annelie.gallea@alz.org](mailto:annelie.gallea@alz.org).*

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**Anyone interested in meeting in Socorro  
with others who have been  
affected by Alzheimer's  
disease or dementia  
please call Tom Johnson  
(505) 838-295.**



**EDUCATION SERIES**

The Alzheimer's Association  
in conjunction with Sandia Springs

*Presents the last in a series*

September 20<sup>th</sup> 3:00

**Community Resources**

presented by

**Susan Stuart** BUS, CMC, RG

Location

**Sandia Springs  
1000 Riverview Dr. SE  
Rio Rancho**

Contact:

Marianne Cox (505) 892-8400

or

Stella Shaba @

The Alzheimer's Association  
(505) 266-4473

**Alamogordo**

2<sup>nd</sup> Monday @ 6:30 PM  
The Aristocrat I  
252 Robert Bradley Drive  
Pam T. 437-3020

2<sup>nd</sup> Tuesday @ 7 PM  
Casa Arena Blanca  
205 Moonglow  
Linda S. 434-4510

4<sup>th</sup> Thursday - Call for Appt  
Alamogordo Senior Center  
2201 Puerto Rico Ave  
Phyllis M. 437-5256

**Albuquerque**

Call for Interview  
For Early-Stage Individuals  
with Alzheimer's disease  
Stella S. 266-4473

Call for day and time  
Child of Parent with AD  
9500 Montgomery RD Suite 209  
Sandra C. 271-9060

\*1<sup>st</sup> Tuesday @ 7 PM  
Woodmark at Uptown  
7201 Prospect Place NE  
Sharon C. 263-9636

4<sup>th</sup> Wednesday @ 11:30 AM  
Manor Care Heights  
2216 Lester Drive NE  
Mary B. 296-4808

\*1<sup>st</sup> Thursday @ 7 PM  
Manzano del Sol  
Good Samaritan Village  
5201 Roma NE  
Marta D. 262-2311, ext. 137

1<sup>st</sup> Friday at 10 AM  
St Stephen's United Methodist  
4601 Juan Tabo NE  
Barbara M. 266-4473  
& Eleanor E.

3<sup>rd</sup> Friday at 10 AM  
Bear Canyon  
4645 Pitt NE  
Barbara M. 266-4473  
& Eleanor E.

4<sup>th</sup> Saturday at 1 PM  
Palo Duro Senior Center  
5221 Palo Duro NE  
Virginia/Betty 888-8102

3<sup>rd</sup> Sunday at 4 PM  
Valle Norte Caring Center  
8820 Horizon Blvd NE  
Shirley J. 823-1885

3<sup>rd</sup> Monday @ 5:30 PM  
Sunrise Assisted Living  
4910 Tramway Ridge Dr  
Sheila W. 271 4900  
& Vanessa J. 271-4900

**Anthony**  
Last Wednesday @ 1:30 PM  
St. Anthony Hall  
**Bi-lingual support group**  
224 Lincoln Ave  
Mary Helen L. 523-7577

**Artesia**  
2<sup>nd</sup> Wednesday @ 1:30 PM  
Artesia Senior Center  
202 W. Chisum  
Imogene L. 746-4372

**Aztec**  
3<sup>rd</sup> Wednesday @ 1:30 PM  
Good Sam's  
500 Care Lane  
Jan Z. 334-9445

**Bloomfield**  
2<sup>nd</sup> Tuesday @ 10 AM  
Bloomfield Cultural Ctr  
Behind Bloomfield Senior Ctr  
Joy H. 334-0048

**Carlsbad**  
2<sup>nd</sup> Wednesday @ 2 PM  
Landsun Home  
1900 West Ridge Road  
Barbara K. 234-2203

**Clayton**  
4<sup>th</sup> Tuesday @ 2:30 PM  
Union Hospital  
301 Harding Street  
Judy L. 374-8778  
& Fran S.

**Clovis**  
3<sup>rd</sup> Thursday @ 3:30 PM  
Health Plex by Cancer Center  
Dillion Street  
Carolyn D. 762-3181

**Deming**  
4<sup>th</sup> Wednesday @ 11 AM  
Deming Sr Citizen's Center  
800 S. Granite  
Karla V. 546-8823

**Elephant Butte**  
3<sup>rd</sup> Friday @ 6 PM  
Hodges Corner Restaurant  
915 Hwy 195  
Janice G. 894-5112

**Farmington**  
2<sup>nd</sup> Tuesday @ 1 PM  
Life Care Center  
1101 W. Murray  
Brandi 326-1600

**Grants**  
1<sup>st</sup> Monday @ 6 PM  
3<sup>rd</sup> Monday @ Noon  
Future Fund Family Center  
551 Washington W  
Delia D. 285-3922

**Hobbs**  
1<sup>st</sup> Monday @ Noon  
Merrill Gardens  
200 S Linam  
Deyana D. 393-2828

3<sup>rd</sup> Tuesday @ Noon  
Hobbs Healthcare  
5715 Lovington Highway  
Mickey B. 392-6845  
& Kathy D.

1<sup>st</sup> Wednesday @ Noon  
Lea County Good Samaritan  
1701 N. Turner  
Adam G. 393-3156

**Las Cruces**  
4<sup>th</sup> Monday @ 6 PM  
University Terrace Good Sam  
3011 Buena Vida  
Kathy B. 524-9808  
Micky W. 522-1362

First Tuesday @ 3 PM  
Heritage Program  
1401 Don Roser Suite C  
Isabella M. 532-1006  
& Cathy F.

**Las Vegas**  
2<sup>nd</sup> Monday @ Noon  
Alzheimer's Office  
508 Douglas  
Linda D. 426-9840

Last Thursday @ 7 PM  
Alzheimer's Office  
508 Douglas  
Linda D. 426-9840

**Portales**  
2<sup>nd</sup> Tuesday @ 4:30 PM  
Roosevelt General Hospital  
42121 US Hwy. 70  
Chris P. & S. Conner 276-8579

**Rio Rancho**  
3<sup>rd</sup> Tuesday @ 5:30 PM  
Meadowlark Senior Center  
4330 Meadowlark Ln SE  
Darlene J. 235-1353

3<sup>rd</sup> Tuesday @ 2 PM  
Sandia Springs Asst. Living  
1000 Riverview Dr  
Marriane C. 892-8400

**Roswell**  
4<sup>th</sup> Tuesday @ Noon  
First United Methodist  
200 N. Pennsylvania  
George & Kay L. 622-0967

4<sup>th</sup> Monday @ 2 PM  
Mission Arch Care Center  
3200 Mission Arch  
Jan D. 624-2583

Last Tuesday @ 6 PM  
La Villa Rose Garden  
2725 N. Pennsylvania  
Jane J. 625-8426

**Ruidoso**  
2<sup>nd</sup> Friday @ 1:30 PM  
Heritage Senior Care Ctr.  
101 Raines  
Cathy M. 624-1552

**Santa Fe**  
1<sup>st</sup> Monday @ 1:30 PM  
Mi Casa Bonita  
10 Camino de Vaca  
Jan O. 424-0577

2<sup>nd</sup> Tuesday @ 6:30 PM  
Rosemont Asst. Living  
2961 Galisteo  
Jytte L. 426-9840

3<sup>rd</sup> Thursday @ 6 PM  
Sierra Vista  
402 E Rodeo Road  
Ruth D. 986-9696  
& Velma A.

**Silver City**  
3<sup>rd</sup> Saturday @ 1 PM  
Presbyterian Church  
1915 N. Swan  
Ora S. 388-2135  
& Hazel

**Socorro**  
1<sup>st</sup> Monday @ 2 PM  
Socorro Good Samaritan  
Hwy 60  
Betty K. 835-2724

**Zuni**  
3<sup>rd</sup> Wednesday @ 6:30 PM  
Zuni Senior Center  
1386 State HWY 53  
Maryanne J. 782-5541

\* Indicates monthly Educational Program

# Support Groups

# Meet the New Board Members

Dorothy Koch is a retired retail executive originally from the Midwest. She was a family caregiver and this led to her initial involvement with the Alzheimer's Association. This is her second tour as a Governing Board member. Dorothy served from 1996 – 2002, co-chairing the Development Committee. She continues to work actively with the Development Committee, particularly with the Memory Walk and as a member of the Personnel Committee.

A New Mexican for the past twenty-five years, Dorothy is employed with the Bold Financial Group. In addition to her work with the Association, she is a Rio Grande Zoo Docent, past Elder and Deacon of the First Presbyterian Church. Dorothy is also a fitness walker, logging three miles most days of the week.



**DOROTHY KOCH**



**GREG GILLOGLY**

Greg Gillogly was born and raised in Albuquerque. He graduated from Eldorado High in 1972 and attended the University of New Mexico.

After spending 22 years in retail as Vice President of stores for three different national retail chains, Greg owned and operated his own business in Dallas, Texas for five years before returning to Albuquerque. He is currently a Realtor and SRES (Senior Real Estate Specialist).

Greg became involved with the Alzheimer's Association as a volunteer after his mother's passing. She had been diagnosed with dementia.

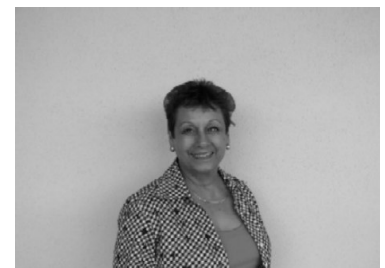
"I decided that it was time in my life to get involved with a charitable organization and I look forward to learning more about this dreadful disease and hopefully be around when a cure is found."

Mary Lacy is a recent transplant to Las Cruces, where she has been an active member of the southwestern New Mexico advisory committee and volunteered extensively with the Memory Walk and other Chapter events.

She was educated in El Paso, Texas and holds a Bachelor's of Arts degree from Texas Western College (now UTEP). Mary retired after 32 years of teaching and worked for several years as Director of the Youth Leadership Program for the YWCA. Mary is a past President and former member of the Alzheimer's Association, STAR Chapter (El Paso) Board of Directors.

Mary has received numerous professional accolades and honors for her good works, including the University of Texas at Austin Excellence Award for Outstanding High School Teacher in 1989 and 1991 and induction into the El Paso Women's Hall of Fame 1997.

Mary is an accomplished artist in addition to her community work. She is married, mother of three children and grandmother of eight.



**MARY LACY**

# WE NEED YOU...

## For the Fifth Annual Cookie Walk...

Each year, the Alzheimer's Association, in conjunction with Community Health Charities of New Mexico, brings the 'Cookie Walk' to the Rio Grande Arts and Crafts Fair at the Manuel Lujan Building on the State Fairgrounds. The Cookie Walk is an event coordinated through the members of Community Health Charities and the donated cookies will be sold by the box.

Funds raised by the event support statewide public awareness efforts for Community Health Charities member agencies, including the Alzheimer's Association, New Mexico Chapter.

The Chapter needs a hundred dozen homemade cookies prior to the Arts and Crafts Fair the first week of December. If you are a baker and could commit to providing us with five-dozen cookies at the end of November, please call Maralie or Annelie at 266-4473 for the recipe.

### Thank you!

#### SATURDAY RESPITE

10:00 AM – 4PM

activities, lunch, field trips, and fun for those with Alzheimer's/dementia

Providing professional care to give caregivers a stress free break

Games, Exercise, Movies, Friends

#### FREE OFFER

Space is Limited  
To RSVP  
Call (505) 428-2336

#### OPEN HANDS ADULT DAY SERVICES

2976 Rodeo Park Drive East  
Santa Fe

Serving Northern NM since 1977  
(funded by the Alzheimer's Association)

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The New Mexico Chapter is now accepting sponsorship of the Quarterly Chapter Newsletter which reaches 10,500 homes and businesses all with interest in Alzheimer's disease and dementia care and services.

If you would like to learn more, we will be happy to discuss this with you and/or send you a packet.

Call Maralie or Annelie @ 266-4473.

### Mark Your Calendars!

Roswell's first time citywide Walk will be held at the Cielo Grande Sports Complex. There will also be a Poker Run. Someone new will be assisting you, call & introduce yourself. 624-1552. See you September 24<sup>th</sup>!

Farmington's Walk is in downtown Aztec, during Oktoberfest. On 10-1 registration begins at 8 am and the parade starts at 10 am. It is on Main Street in Aztec, but call Beth for more info or if you need to find Aztec! 326-3680

Volleyball Tournament - Something new & different for us! On 9-11 bring your family and friends to cheer you on. Call Annelie for information on team and individual registration. 266-4472

The 1<sup>st</sup> Annual Albuquerque Hall of Fame Celebrity Golf Classic is on 9-30 & will benefit both the NM Alzheimer's Association and VistaCare Hospice Foundation. Two of the celebrities playing are Don Maynard and Harmon Killebrew.

#### **Galles Chevrolet will be giving away a car... ...for a hole-in-one on a selected par 3**

Following the tournament there will be a dinner at 7 pm at the Marriot Pyramid & a silent auction & even more. Don't wait! Call Bruce Kemper @ 821-5404 or Diane Ward @ 856-8903 for details. Tournament will be held at the Sandia Golf Club, which is located in north Albuquerque with the Sandia Casino.

A cool time of year and a delicious Mexican food event is still happening! Yes, it is the 5<sup>th</sup> Annual East Heights Moose Lodge Dinner/Dance. What could be better? You can eat while helping the NM Alz. Chapter. A **HOMEMADE** Mexican dinner, good food and no messy kitchen! It is always a fun evening, you can stay and dance or just tap your feet and enjoy the music. Oh yes, they have food for the kiddos too. Mark your calendars & bring your friends!

**Saturday - November 12<sup>th</sup> - 5 pm**

**East Heights Moose Lodge - 12825 Skyline NE** (it's near I-40 & Juan Tabo)

Call Annelie for info, more details or directions, 255-4473

PS - If you are interested in assisting in our fundraising efforts please contact Annelie at 266-4473 or [annelie.gallea@alz.org](mailto:annelie.gallea@alz.org)

Gracias  
&  
Thank You

for your

Honorariums

Memorials  
&  
Contributions

Visit  
[www.nm-alzheimers.org](http://www.nm-alzheimers.org)  
for details



**Six Big Issues a Year!**

BY New Mexicans  
FOR New Mexicans

Only \$9.50 a year will deliver it to your door. Almost half of your bi-monthly subscription will benefit our Chapter.

Mail your check to:  
Alzheimer's Association, NM Chapter  
9500 Montgomery NE – Suite 209  
Albuquerque, NM 87111

On the "Note" area write 505 – it's that easy!

"I am of the opinion that my life belongs to the community, and as long as I live, it is my privilege to do for it whatever I can. I want to be thoroughly used up when I die, for the harder I work, the more I live. Life is no 'brief candle' to me. It is a sort of splendid torch which I got hold of for a moment, and I want to make it burn as brightly as possible before handing it on to future generations."

- George Bernard Shaw

**16 Things That It Took Me 50 Years to Learn**

Dave Barry

1. You will never find anybody who can give you a clear and compelling reason why we observe daylight savings time.
2. You should never say anything to a woman that even remotely suggests you think she's pregnant unless you can see an actual baby emerging from her at that moment.
3. The most powerful force in the universe is gossip.
4. The one thing that unites all human beings, regardless of age, gender, religion, economic status or ethnic background, is that, deep down inside, we ALL believe that we are above average drivers.
5. There comes a time when you should stop expecting other people to make a big deal about your birthday. That time is age 11.
6. There is a very fine line between "hobby" and "mental illness".
7. People who want to share their religious views with you almost never want you to share yours with them.
8. If you had to identify, in one word, the reason why the human race has not achieved, and never will achieve its full potential, that word would be "meetings".
9. The main accomplishment of almost all organized protests is to annoy people who are not in them.
10. If there really is a God who created the entire universe with all of its glories, and He decides to deliver a message to humanity, He WILL NOT use, as His messenger, a person on cable TV with a bad hairstyle.
11. You should not confuse your career with your life.
12. A person who is nice to you, but rude to the waiter, is not a nice person.
13. No matter what happens, somebody will find a way to take it too seriously.
14. When trouble arises and things look bad, there is always one individual who perceives a solution and is willing to take command. Very often that individual is crazy.
15. Your friends love you, anyway.
16. Nobody cares if you can't dance well. Just get up and dance.

**YOU ARE INVITED...**

To the

Alzheimer's Association  
New Mexico Chapter

**2005 ANNUAL MEETING  
& OPEN HOUSE**

Celebrate the past year's successes &  
meet our board members,  
staff and volunteers

**November 16, 2005  
4 PM – 7 PM**

Alzheimer's Association Main Office  
9500 Montgomery NE  
Suite 209  
Albuquerque, NM 87111

Refreshments Provided  
Please RSVP to 266-4473  
by November 13, 2005  
if you plan to attend

# We Need You!

Yes, we need you and more volunteers. We would appreciate it if you could bring someone with you the next time you are here. Do you know someone that has a little bit of time or a lot of time to help a very deserving cause? If so, please introduce them to us.

YES! I am interested in being a volunteer. Name: \_\_\_\_\_ Call me @ \_\_\_\_\_

The New Mexico Chapter of the Alzheimer's Association is continually updating its mailing list. If you have an address change or some other correction for our mailing list, please complete the following form (please print or type) and return this form to us.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Please update your mailing list. Please remove me from your mailing list. Please add me to your mailing list.

---

**Yes! I want to help the New Mexico Chapter of the Alzheimer's Association.**

Please use my gift to help those afflicted with Alzheimer's disease and other related disorders in New Mexico.

I'm enclosing my tax deductible contribution of \_\_\_\$25 \_\_\_\$50 \_\_\_\$100 \_\_\_\$250 \_\_\_\$500 or \$ \_\_\_\_\_  
(Make checks payable to: Alzheimer's Association.)

Please accept my donation by using the following account information and signature.

Master Card Visa Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Name (print): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Send your gift to: Alzheimer's Association  
9500 Montgomery NE  
Suite 209  
Albuquerque, NM 87111

**Your donation is tax deductible.**

*Thank you for your generous support & donations. We can't do it without you!*

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## What your gift means in the fight against Alzheimer's disease and related forms of dementia...

By making a planned gift, you do more than help us find a cure. You help support the 34,000 New Mexican families who are caring for a loved one with this devastating disease. More importantly, your gift helps guarantee better days to come for future generations.

### Have you remembered the Alzheimer's Association in your will or trust?

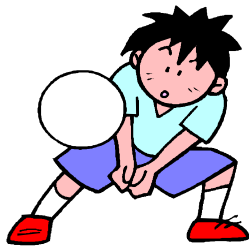
**Here is sample bequest language you can take to your attorney:** "I give, devise and bequeath [insert amount of gift, percentage of estate or residuary of estate] to the New Mexico Chapter of the Alzheimer's Disease and Related Disorders Association, Inc. with offices located at 9500 Montgomery NE, Suite #209, Albuquerque, NM 87111."

**New Mexico Chapter**

9500 Montgomery NE  
Suite 209  
Albuquerque, NM 87111

meet a board member at a 2005 walk or special event  
all events are family oriented, join in the fun  
& new this year are...

Sunday - September 11<sup>th</sup>



**Volleyball Tournament**

Stone Face Tavern Sand Courts

8201 San Pedro NE

9:30 am – approx 3:30 pm

Team registration: 266-4473

Organizer: Hubert Montoya,  
La Cueva High volleyball & basketball coach

1<sup>st</sup> Annual Albuquerque  
**HALL OF FAME**

Celebrity Golf Classic

September 30<sup>th</sup>

Featuring:  
Harmon Killebrew  
Don Maynard

Selected Par 3  
Hole-In-One  
Sponsored by Galles Chevrolet

**CAR** give away

Sponsored by: Vista Care Hospice Foundation  
& Alzheimer's Association, NM Chapter

More details on page 9