

Mora County Resources

(Area Code: 575)

PLEASE NOTE: The Alzheimer's Association, New Mexico Chapter cannot recommend any person or agency. This list has been compiled to assist you find the services, agencies, and programs that may be of benefit to you as a senior citizen, caregiver, or family member.

EMERGENCY: 911

Non-Emergency:

Mora:

Sheriff's Dept & Fire Dept. - Phone: 387-2222

Emergency Ambulance service in Mora is available 24-hours per day.

Phone: 387-2201 or Phone: 387-2202

Wagon Mound:

City Marshall's Office- Phone: 666-2405

Emergency Ambulance service- Phone: 666-2311

Fire Dept. - Phone: 666-2311

Alzheimer's Association, New Mexico Chapter

Las Vegas Branch Office- is forming new Caregivers Groups in Mora County please call for more information. **Phone: 505-426-9840 or 1-800-272-3900**

OMBUDSMAN

Nursing home rights and advocacy- Investigates reports of nursing home complaints, including abuse and neglect. **Phone: 1-800-432-2080**

NORD - National Organization for Rare Disorders:

Reports are written in understandable language for patients and families. General descriptions, symptoms, causes, affected populations, standard treatments a list of resources for further information. * Note this site is easy to use. Contact them at

<http://www.rarediseases.org>

NOAH - New York Online Access to Health

Complete, **multilingual** website with pages of information and links for Alzheimer's and other dementias. **www.noah-health.org**

State Agency on Aging

Services include aid and information on state benefits and aid programs for seniors, including meals, health insurance and prescription drug assistance programs.

Phone: 1-800-432-2080

Motor Vehicle Division-Driver Services Bureau- Med Unite

Contact them for assistance with revoking the Driver's License of a person that can no longer drive safely. Write P.O. Box 1028, Santa Fe, NM 87504 or **Phone: 505-827-2241**
To obtain a handicap application for a placard. You or someone you know must go into your nearest MVD office in your County to pick up the application. In Mora County it is in Mora (see address below). You then take the application to your Doctor he or she fills it out, returns it to you, and then you must return it to the MVD and pickup your placard. You must carry the pink copy of the application with you in order to show proof that you need the placard and that it is you in the car. All areas in this County, your MVD located in Mora, at the County Court House, State Rd. 518 Mora, NM.
Phone: 387-5279. For more information - **Phone: 1-888-683-4636**

Adult Protective Services

Providers are there for the prevention of abuse, neglect and exploitation of elderly people in New Mexico. For Mora County, your nearest area office is located at 2518 Ridge Runner Rd., Las Vegas, NM. **Phone: 505-425-9335** or for the State of New Mexico-
Phone: 1-866-654-3219

Human Services - Income Support Division

Provides aid for low- income people; Food stamps, financial help and Medicaid assistance. Mora County, your nearest area office is located in San Miguel County at 3112 Hot Spring Blvd. Las Vegas, NM.
Phone: 505-425-6741

Retiree Health Care Authority

For New Mexico- **Phone 1-800-233-2576**

Emergency Response Network- Glorieta, NM

Provides 24-hour personal emergency response service (for a fee) throughout NM.
Phone 1-888-754-0055

HOME HEALTH CARE/HOSPICE/PERSONAL CARE PROVIDERS

Mora County:

Esperanza Home Health Care & Hospice

Provides a full range of health care and Hospice services. They have a 24-hour Hospice and Nurse on call.

Phone: 378-2215 or toll free at **1-800-858-9754**

Heritage Home Health Care Inc.

Provides a full range of health care services.

Phone: 505-983-6700

Professional Home Health Care

Provides a full range of health care services.

Phone: 505-454-6345

Victory Home Health & Hospice

Provides a full range of home health care services.

Phone: 505-454-0499

Quality Care

Medicare/Medicaid Certified program, providing supportive services and home care to individuals and families dealing with the challenges and discomforts of terminal illness.

Phone: 505-454-9921

LONG-TERM CARE FACILITIES

Mora County: None See Below

(*Long term care facilities located in Las Vegas, San Miguel County)

Las Vegas:

***New Mexico Behavior Health Institute of Las Vegas -**

Meadows/Ponderosa Nursing Units: Accepts Medicaid, Medicare, and most private insurances.

Phone: 505-454-2100

***Vida Encantada Nursing & Rehab - Nursing Facility**

Alzheimer's Disease-all stages. Secured unit/alarmed doors. Located in Las Vegas. Accepts Medicaid, Medicare, and most private insurances.

Phone: 505-425-9362

ELDER CARE DENTIST

Mora:

Mora Valley Community Health Services- Provides, a dental care clinic: Open Monday through Thursday, from 8:30am to 4:00pm.

Phone: 387-2201

HOSPITALS/CLINICS

Mora:

Mora Valley Community Health Services

Provides Adult Health Care Clinics, and immunizations and disease prevention services. Open Monday - Friday from 8:00am to 5:00pm.

Phone: 387-2201

Alta Vista Regional Hospital (Las Vegas, NM)

Provides Hospital services for Mora County.

Phone: 505-426-3500

ELDER CARE ALTERNATIVE MEDICINE PRACTITIONERS*

Note none found in Mora County, please refer to San Miguel County Resource guide.

ADULT DAY CARE

Mora:

Caridad de San Antonio Adult Day Care

Mora Valley Community Health Services - Provides, adult day care: Monday thru Friday from 8:00am to 4:30pm.

Phone: 387-6078

Adult Family Care

Note: See above Mora County Health Services.

SENIOR CITIZENS CENTER

Mora:

Mora Senior Citizens Center

Phone: 387-2279

Wagon Mound:

Wagon Mound Senior Center

Phone: 666-2256 or in an Emergency: Phone: 425-3434

***Meal Providers**

See the above Senior Citizen Center's for Mora and Wagon Mound.

FUNERAL HOMES

Rogers Mortuary (Las Vegas, NM) serves Mora County.

Phone: 1-800- 479-3511

SUPPORT GROUPS

Mora:

Alcoholic's Anonymous

Phone: 425-3577

MISCELANEOUS SERVICES

Elder Lawyer Referral Service

When you call your information will be taken by a receptionist and given to an attorney who will return your call with a referral for you.

Phone: 1-800-876-6687

Legal Service For The Elderly

NM State Bar Association Referral Service- Offers Lawyer referrals for Guardianships, Conservatorships, Wills, Trusts, Power of Attorney and Social Security.

Phone 1-800-876-6657

AARP-American Association of Retired Persons

Answers senior's questions on legal and health legislation per senior issues senior health and home insurance at discount group rates and info on senior activities. Online support and forums. www.aarp.org

State phone: 505-820-2889

Elder Law Attorneys in Bernalillo County

Judy Schrandt **505-237-0064**

Susan Tomita **505-883-4993**

Mary Ann Green **505-254-0600**

Sr. Citizens Law Office **505-265-2300**

Guardianships/Conservatorships

Desert State Life Management Services **505-843-7535**

La Familia Incorporated **505-766-9361**

Sr. Citizens Law Office **505-265-2300**

Legal Aid Society of Albuquerque **505-243-7871**

State Bar of New Mexico

Lawyer Referral for the Elderly **1-800-876-6657**

For those 55 years or older

Aurora Ministries

Provides The Bible on cassette tapes (free of charge) they are available in different languages, including Spanish. Write P.O. Box 621, Brandon, FL 34206.

Phone: 1-941-748-3031

HIBAC

Provides assistance to the elderly with filing benefit claims to Medicare/Medicaid and other types of benefit assistance. They have a program for financial aid for some prescription medication, including Alzheimer's disease treatment drugs. They will serve the homebound.

Phone: 1-800-493-6407

NM Medical Review Association

Reviews complaints about the quality of medical care under Medicare Programs.

Phone: 1-800-279-6824

Boy Scouts of America

Will locate a troop near you to build ramps and or do miscellaneous chores.

Phone: 505-345-8603

Girl Scouts

Are looking for community service projects they will help with minor lawn work, gardening, companionship and activities.

Phone: 505-345-8603

Count Extension (4H)

For information in Mora County about your clubs services

Phone: 387-2856

Chamber of Commerce

Mora Valley Chamber of Commerce

Phone: 387-6072

Safe Return

The Safe Return program is a nationwide registration, identification and support program working at the community level. Assistance is available 24-hours a day, seven days a week when ever a person is lost or found.

Phone: 1-888-572-8566

Long Term Services Division- Metro Regional Office:

Disabled and Elderly Waiver Program.

Phone: 505-841-8767

STATE AND GOVERNMENT

New Mexico State Senators:

Pete Campos (Dem) - District 8 - (2005-2008)
500 Raynolds Ave. Las Vegas, NM 87701
Guadalupe, Mora, San Miguel, Santa Fe & Torrance
Phone: (505) 454-5700

New Mexico State Representatives:

Nick L. Salazar (Dem) - District 40 - (2007-2008)
Box 1076, Ohkay Owingeh, NM 87566
Phone: (505) 667-0362

Thomas A. Garcia (Dem) - District 68 - (2007-2008)
Box 56 Ocate, NM 87734-0056
Phone: (505) 429-4282

United States Senators:

Pete Domenici (Rep) - (2003-2008)
120 S. Federal Place, Ste 302 87501
Phone: (505) 988-6511 or 1-202-224-6621

Jeff Bingaman (Dem) - (2007-2012)
Local office - Manned by Staff: 118 Bridge St. Las Vegas, NM
Phone: (505) 454-8824 or 1-202-224-5521 e-mail: Senator
bingaman@bingaman.senate.gov

United States Representatives:

Tom Udall (Dem) - District 3 (2007-2008)

811 St. Michael's Drive, Ste. 104 Santa Fe, NM 87505

Phone: 984-8950/(505) 454-4080 or Local office Box 926 Las Vegas, NM

Heather A. Wilson (Rep) - District 1 (2007-2008)

20 First Plaza NW, Ste 603 Albuquerque, NM 87102

Phone: (505) 346-6781

Steve Pearce (Rep) - District 2 (2007-2008)

400 North Telshore, Ste E, Las Cruces, NM 88011

Phone: (575) 522-2219