

Otero County Resources

EMERGENCY NUMBERS:

Alamogordo & surrounding areas:	911		
<u>Non-emergency:</u>			
Alamogordo	439-4300		
Mescalero	671-4479		
Tularosa	585-2704		
County-Sheriff:	437-2210		
State Police	437-1313		
Adult Protective Services:	1-800-797-3260		
Ambulance	911	Ambulance:	437-9100
Fire/Rescue	439-4300		
Mescalero Fire Dept.	671-4511		
Tularosa Fire Dept.	585-2771		
NM Medical Review Assoc.	1-800-279-6824		
Ombudsman:	1-800-762-8690		
Suicide Crisis Line	437-7404	evenings & weekends:	437-8680
Utility Emergency: Gas & Water	439-4300		

PROVIDERS OF MEDICAL ALARMS & MONITORING:

American Medical Alarms	1-800-542-0438	Dimar Systems	1-800-376-1747/522-1747 (local)
Emergency Response Network:	1-888-754-0055	Medical Response	505 894-0641

ALZHEIMER'S ASSOCIATION: NEW MEXICO CHAPTER:

Statewide Toll-free Helpline: 1-800-777-8155

Main Office:	Albuquerque	8100 Mountain Rd NE Ste 102 Alb,	87110	505- 266-4473
Branch Offices:	Farmington	3300 N. Butler #221 Farmington	87401	505-326-3680
	Las Cruces	1100 S. Main #10 Las Cruces	88005	505-647-3868
	Las Vegas	508 Douglas Las Vegas	87701	505-426-9840
	Roswell	404 ½ N. Kentucky Roswell	88201	505-624-1552

MEDICAL PROVIDERS

DENTISTS/HYGIENISTS THAT WORK WITH THE ELDERLY

Marianne Day, DDS PA (Las Cruces) 523-5589

HOSPITALS

Gerald Champion Regional Medical Center 2669 N. Scenic Dr. 439-6100
Holloman AFB Hospital 15 Holloman AFB 475-2778

PHYSICIANS

Terry Rolan, MD Neurologist 923 E. 9th St. A 434-0901

VETERANS: Eligibility and benefits for veteran's 1-800-827-1000

NEW MEXICO STATE GOVERNMENT AGENCIES

ADULT PROTECTIVE SERVICES: 1-800-797-3260
Adult Abuse and Neglect for New Mexico
HIBAC (Health Insurance & Benefits Assistance Corp.) 437-0420
Information, assistance, and counseling relating to Medicare
Medicaid, supplemental health insurance, and other benefits.

Otero County Resources

HUMAN SERVICES DEPARTMENT – INCOME SUPPORT DIVISION (ISD)

108 Cottonwood Dr.	437-9260
EBT Card/Food Stamps: Eligibility at appropriate area office above Information and Referral	1-800-437-6217
Medicaid (Institutional) Coverage for high or low level nursing home care, other medical expenses and Medicare Part B premium. Must qualify.	1-877-696-1472
Medicaid (Non-Institutional): Must first apply for Supplemental Security Income (SSI) at the Social Security Admin.	437-9260
QMB (Qualified Medicare Beneficiaries): Call appropriate area # Assistance with Medicare co-insurance, Medicare deductible and Medicare Part B premium for low income Medicare beneficiaries.	
SLIMB (Specified Low Income Medicare Beneficiaries) Area Number above	
LONG-TERM CARE LINK	1-800-968-7582
LONG TERM CARE OMBUDSMAN PROGRAM: Responds to complaints from or on behalf of residents of nursing homes and adult residential care homes (assisted living). Helps resolve conflicts.	1-800-762-8690
MOTOR VEHICLE DIVISION: Drivers Information	1-888-683-4636
Driver Services Bureau: Joe Romero	1-505-827-2241
Handicap License Plates/Placards	437-9226
NM MEDICAL REVIEW ASSOCIATION (NMMRA)	1-800-279-6824
Reviews concerns from Medicare patients and their families about early discharge and quality of medical care received under Medicare	

NM STATE AGENCY ON AGING:

Santa Fe (Main Office)	1-505-827-7640	1-800-432-2080
Albuquerque	255-0971	1-866-842-9230
Las Cruces	647-2023	1-800-762-8690

Retired Senior Volunteer Program 439-4150

Senior Centers Lunch 60+ Fee

Alamogordo Senior Center	2201 Puerto Rico Ave.	439-4150
Corona Zia Senior Center	Hwy 54	549-5111
High Rolls Senior Center	Lions Club Bldg.	582-3021
La Luz Senior Center		437-6227
Mescalero Social Center	215 War Bonnet Dr.	671-4494
Sacramento Mountain Senior Services	Cloudcroft	682-3022
San Patricio Zia Senior Center		653-4405
The Counseling Center	Hwy 350 Capitan	354-2640
Tularosa Older American Center	705 Francis Dr.	585-4532
Zia Senior Citizen Center	406 Central Ave. Carrizozo	648-2121

Prescription Drug Assistance Programs: Contact HIBAC 894-6856 1-800-762-8690
Ombudsman 894-6856 1-800-762-8690

PERSONAL SERVICES

BEAUTICIANS/BARBERS THAT DO HOME VISITS: none found

GROCERS THAT DELIVER: none found

Otero County Resources

HOME DELIVERED MEALS

Alamogordo Senior Center Meals on Wheels 439-4150

LAUNDRIES THAT PICK UP AND DELIVER: none found

PHARMACIES THAT DELIVER: check on days, times, fees, radius of delivery

Medical Arts Pharmacy 437-5530
Lowe's Pharmacy 434-4130

SERVICE PROVIDERS

ADULT DAY CARE – Call Senior Centers, Assisted Living & Nursing Homes for availability

ASSISTED LIVING *denotes secure unit for Alzheimer's care

The Aristocrat* 252 Robert Bradley Dr. 437-3020
La Francoise 1504 Roosevelt Ave. 437-4302
Regency Retirement Community 3001 N. Florida Ave. 434-3000

CASE MANAGEMENT

Adult Protective Services: NM Children, Youth & Families Dept. 437-0420
Sun Country Case Management Services 434-5979

FUNERAL HOMES

Hamilton-O'Dell Funeral Home 1334 N. Scenic Dr. 437-0530
Sears Alamogordo Funeral Home 2301 1st St. 434-5253

HOME HEALTH CARE

Alamogordo Home Care/Hospice 505 11th St. 437-3500/1-800-617-3555
Coordinated Care 434-5744
Frontier Medical 257-2536
Wellcare, Inc. 434-5700

HOME REHAB

Please call Alamogordo Senior Center 2201 Puerto Rico Ave. 439-4150

HOME MEDICAL EQUIPMENT/INFUSION SUPPLIES

Accessible Care 437-1166
American Home Patient 1001 E. 10 434-3778
Choice 1515 10th 434-6900
Comfort Mobility 700 E. 1st 439-1545
Regional Medical Supply 700 Fairgrounds 437-0202
Therm-Pillow 437-3600
Wellcare Respiratory 437-5700
Wheelchair & Walker Rentals 1701 Indian Wells 434-0207

HOSPICE

Alamogordo Home Care/Hospice 505 11th St. 437-3500/1-800-617-3555

LEGAL

AARP 1-800-424-3410
Elderlaw Attorneys
Wayne Jordan 434-2700
Guardianship Service Program-New Mexico Attorney General 1-888-300-0950
New Mexico Medical Review Association (NMMRA) Hotline 1-800-279-8628
Southern NM Legal Services 1-800-376-7665

Otero County Resources

State Bar of New Mexico
Lawyers Care 1-800-947-4722
Lawyer Referral for the Elderly 1-800-876-6657

NURSING HOMES *denotes locked Alzheimer's Units

Betty Dare Good Samaritan 3101 N. Florida Ave. 434-0033
Casa Arena Blanca Nursing Center* 205 Moonglow 434-4510

RESPITE CARE:

Alzheimer's Association : Respite Voucher Program 1-888-588-0005
Betty Dare Good Samaritan 3101 N. Florida Ave. 434-0033
Alamogordo Senior Programs 439-4150 Ext 15

TRANSPORTATION PROVIDERS:

Dollar Cab 434-8294
Radio Cab 434-1991
Z Trans (regular bus route)
Paratransit (call for reservations, qualifications) 439-4971
Alamogordo Senior Programs 439-4150
 (call for reservations – schedule to doctors, grocers, hairdressers, pharmacies, etc.)

SOCIAL SERVICE AGENCIES

AARP 1-800-424-3410
Adult Protective Services 434-5950
Home Education Livelihood 437-4485
Long Term Care Link 1-866-968-7582
Long Term Services Division 1-877-696-1472
Otero Preventive Action toward Health 437-2460
Prescription Drug Benefit 1-800-762-8690
SE New Mexico Community Action Corp. 437-1364
Veterans Service Commission 437-4635

ALZHEIMER'S SUPPORT GROUPS:

2nd Mon. 6:30 p.m. **The Aristocrat I** **252 Robert Bradley Dr.** **443-6155 (Pam Taylor)**
2nd Tues. 7:00 p.m. **Casa Arena Blanca** **205 Moonglow** **434-4510 (Linda Scott)**
4th Thurs 1:00 p.m. **Alamogordo Sr. Center** **2201 Puerto Rico** **437-5256 (Phyllis McCarty)**

Below is a list of your state and congressional representatives. They are your voice and need to know your issues and needs as caregivers. Please write and call them in support of bills and issues of importance to you whenever possible.

<u>State Senators</u>				
<u>Dist.</u>	<u>Name</u>		<u>Office Phone</u>	
34	Don Kidd	(R)	986-4393	senate@state.nm.us
32	Timothy Z. Jennings	(D)	986-4863	senate@state.nm.us
40	Dianna J. Duran	(R)	986-4701	senate@state.nm.us
37	Lee Rawson	(R)	986-4703	lee.rawson@state.nm.us
<u>State Representatives</u>				
56	W.C. "Dub" Williams	(R)	986-4454	house@state.nm.us
59	Avon W. Wilson	(R)	986-4221	house@state.nm.us
51	Gloria C. Vaughn	(R)	986-4453	house@state.nm.us
57	Daniel R. Foley	(R)	986-4211	daniel.foley@state.nm.us

Otero County Resources

53	Terry T. Marquardt	(R)	986-4226	terry.marquardt@state.nm.us
54	Joe M. Stell	(D)	986-4423	house@state.nm.us

Legislature Web site: <http://legis.state.nm.us>

Note: If your representative's e-mail is "senate@" or "house@", include their name on the subject line

Send all written correspondence for either House or Senate Representatives to:

State Capitol, Room 411 - Santa Fe, New Mexico 87503

The Salutation should be "The Honorable (First Name, Last Name)"

Congressional Delegation

Senators:

		<u>Capitol Phone</u>
Pete Domenici (R)	505 346-6791	1-202-224-6621
328 Hart Senate Office Bldg. Washington, DC 20510 Web Site: www.senate.gov/~domenicisenator E-mail: domenici@domenici.senate.gov		
Jeff Bingaman (D)	505 346-6601	1-202-224-5521
703 Hart Senate Office Building Washington, D.C. 20510 Web Site: www.senate.gov/~bingamansenator E-mail: bingaman@bingaman.senate.gov		

Representatives:

Dist 1	Heather Wilson (R)		1-202-225-6316
318 Cannon House Office Bldg. Washington, DC 20215 Web Site: www.house.gov/wilson E-Mail: ask.heather@mail.house.gov			
Dist. 2	Steve Pearce (R)	505 522-2219	1-202-225-2365
1408 Longworth House Office Bldg. Washington, DC 20515 Web Site: www.house.gov/pearce			
Dist. 3	Tom Udall (D)	505 324-1005	1-202-225-6190
520 Cannon House Office Bldg. Washington, DC 20515 Web Site: www.house.gov/tomodall			