

Quay County Resources (Area Code 575)

PLEASE NOTE: The Alzheimer's Association, New Mexico Chapter cannot recommend any person or agency. This list has been compiled to assist you in finding the services, agencies, and programs that may be of benefit to you as a senior citizen, caregiver, or a family member.

EMERGENCY: 911

Non-Emergency:

Conchas Dam:

Sheriff's Dept. - Phone: 425-7589

Police Dept. - Phone: 487-2856

Sheriff's Dept.-Phone: 461-2720

Nara Visa:

Sheriff's Dept. - Phone: 461-2720

San Jon:

Sheriff's Dept. - Phone: 461-2720

Tucumcari:

Police Dept. - Phone: 461-2160

Sheriff's Dept. - Phone: 461-2720

Ambulance Service- Phone: 461-0034

State of New Mexico:

Police Dept. - Phone: 461-3300

Crisis Intervention

Alcohol& Drug Abuse Information Hotline - Phone: 1-800-962-8963

Mental Health Resources Inc. - Emergency: Phone: 1 800-432-2159

Non-emergency: Phone: 461-3013

Alzheimer's Association, New Mexico Chapter,

Las Vegas Branch Office- New Caregivers Groups forming, please call for information.

Phone: 426-9840 or 1-800-272-3900 National Helpline

OMBUDSMAN

Nursing home rights and advocacy- investigates reports of nursing home complaints, including abuse and neglect.

Phone: 1-800-432-2080

NORD - National Organization for Rare Disorders:

Reports are written in understandable language for patients and families. General descriptions, symptoms, Causes, affected populations, standard treatments a list of resources for further information. * Note this site is easy to use. Contact them at <http://www.rarediseases.org>

NOAH - New York Online Access to Health:

Complete, **multilingual** website with pages of information and links for Alzheimer's and other dementias. www.noah-health.org

State Agency on Aging

Services include aid and information on state benefits and aid programs for seniors, including meals, health insurance and prescription drug assistance programs.

Phone: 1-800-432-2080

Motor Vehicle Division (Driver Services Med Bureau)

Contact them for assistance with revoking the Driver's License of a person that can no longer drive safely.

P.O. Box 1028, Santa Fe, NM 87504

Phone: 827-2241

To obtain a handicap application for a placard. You or someone you know must go into your nearest MVD office to pick up the application. You then take the application to your Doctor he or she fills it out, returns it to you, and then you must return it to the MVD and pickup your placard. You must carry the pink copy of the application with you in order to show proof that you need the placard and that it is you in the car. Tucumcari your MVD office is located at 1110 E. High Av. NM. 88401.

Phone: 461-4105 or for the MVD in Logan - **Phone: 487-2815.**

For more information - **Phone: 1-888-683-4636**

Adult Protective Services

Providers are there for the prevention of abuse, neglect and exploitation of elderly people in New Mexico. In Quay County your area office is in Tucumcari.

Phone: 461-0110 or the State of New Mexico - **Phone: 1-866-654-3219**

Human Services (Income Support Division)

They provide aid for low-income people. Food stamps; financial help and Medicaid assistance. Quay County your area office is in Tucumcari, NM.

Phone: 461-4627 or 1-800-288-7207

Retiree Health Care Authority

For the State of New Mexico - **Phone: 1-800-233-2576**

Emergency Response Network - Glorieta, NM.

Provides 24-hour personal emergency response service (for a fee) throughout NM.

Phone: 1-888-754-0055

PERSONAL CARE PROVIDERS/HOME HEALTH CARE/*HOSPICE

Tucumcari and surrounding areas:

Community Home Care - Phone: 1-800-559-2243

Tucumcari Home Health Agency - Phone: 461-7240

Victory Personal Care, Inc. - Phone: 461-7900

Clovis Health Care Inc. - Phone: 796-2243

Helping Hands Hospice - Phone: 461-0099 or toll free 1-800-662-8840

Victory Home Health Care/Hospice (Las Vegas)

They have Medicare/Medicaid Certified programs, providing supportive services and home care to individuals and families. Also help with the challenges and discomforts of terminal illness.

Phone: 505-454-0499

LONG TERM CARE FACILITIES

Tucumcari:

Quail Ridge Senior Special Care Center - Phone: 461-8501

Autumn Blessings Assisted Living - Phone: 487-2300

ELDER CARE DOCTORS

Tucumcari Area:

John L. Faith, M.D. - Phone: 461-4509

Van-Thanh Nguyen, M.D. - Phone: 461-2616 or 461-0141

James E. Saltz, M.D. - Phone: 461-2222 or 461-0141

ELDER CARE EYE DOCTORS

Tucumcari:

Eye Associates of New Mexico - Phone: 461-0141

Family Vision Care Clinic - Phone: 461-4233

Dr. J. R. McCausland Optometrist - Phone: 461-2431

ELDER CARE FOOT SPECIALIST

Tucumcari:

Dr. Brent Frame, at Trigg Hospital - (Only available on certain days) **Phone: (505)-271-9900**

ELDER CARE PHYSICIANS-CHIROPRACTORS

Tucumcari Area:

John Bauler - Phone: 461-8633

Family Chiropractic Center - Phone: 461-3228

Powers Chiropractic Center - Phone 461-3228

United Chiropractors of New Mexico - (Provides Referrals) **Phone: 1-800-301-2579**

ELDER CARE DENTIST

Tucumcari:

Gary Balzano, DDS - Phone: 461-2400

Bernard Fitzner, DDS - Phone: 461-1670

Smile Stop - Phone: 461-1670

ELDER CARE ALTERNATIVE MEDICINE PRACTITIONERS

Las Vegas:

Dale Harapat, ND (Naturopathic Doctor) - (Discount to Alzheimer's patients/caregivers)

Phone: (505) 454-9240

Natural Health and Healing - Krall M. DC & Cathy Strauber DC

By appointment only; Nutrition, Herbal Medicine, Naturopathic Medicine, Homeopathic Medicine, Chiropractors. If no one is available leave a message.

Phone: 454-9525

Peter Stege DOM & Jody Stege - By appointment only.

Phone: 454-0003

PHARMACIES THAT DELIVER

Tucumcari Area:

Bobs Budget Pharmacy - Phone: 461-1200 or 461-3190

Wellborn Pharmacy - Phone: 461-2784

HOSPITAL EQUIPMENT

Tucumcari area:

American Home Patient - Phone: 1-800-286-2964

HOSPITALS/EQUIPMENT/HEALTH/CENTERS

Logan:

Logan Family Health Center - Phone: 487-5047 or 487-5488

Tucumcari:

Dr. Dan Trigg Memorial Hospital, 301 E. Miel De Luna Av. Tucumcari, NM.

Phone: 461-0141

Quay County Medical Clinic 220 S. 3rd St. Tucumcari, NM **Phone: 461-8631**

Quay County Family Health Center 1302 E. Main St. **Phone: 461-2200**

ADULT SHELTER CARE

Tucumcari:

Ministry of Hope

Provides non-perishable foods. Emergency clothing bank, emergency gas and bus vouchers.

Phone: 461-6299

MENTAL HEALTH PROVIDERS

Tucumcari:

Mental Health Resources & Alcoholism Services - Phone: 461-3013

MHR Drop in Center - Phone: 461-6122

Team Builders Counseling Services - Phone: 461-4411

SENIOR CITIZENS CENTER

Tucumcari:

*Foster Grandparent & Senior Companion Program - Phone: 461-4700

Senior Citizens Center - Phone: 461-2307 (* Provides Meals on Wheels)

House:

Quay County Senior Center - Phone: (505)279-6822

Mosquero:

Mosquero Senior Program - Phone: 673-2310

Logan:

Logan Senior Center - Phone: 487-2287

Nara Visa:

Nara Visa Senior Center - Phone: 633-2220

San Jon:

San Jon Senior Center - Phone: 576-2534

GROCERS THAT DELIVER

Tucumcari:

Logan Food Market - (Prior arrangements must be made) Phone: 487-2935

FUNERAL HOMES

Quay County:

Dunn Funeral Home Inc. in Tucumcari - Phone: 461-3815

ELDER LAWYERS

Elder Lawyer Referral

When you call your information will be taken by a receptionist and given to an Attorney who will return your call with a referral for you.

Phone: 1-800-876-6687

Legal Services For The Elderly

NM State Bar Association Referral Service offering referrals for Guardianships, Conservatorships, Wills, Trusts, Power of Attorney, and Social Security.

Phone: 1-800-876-6657

AARP-American Association of Retired Persons

Answers senior's questions on legal and health legislation per senior issues senior health and home insurance at discount group rates and info on senior activities. Online support and forums.

www.aarp.org/ State - Phone: 505-820-2889

Elder Law Attorneys in Bernalillo County

Judy Schrandt **505-237-0064**

Susan Tomita **505-883-4993**

Mary Ann Green **505-254-0600**

Sr. Citizens Las Office **505-265-2300**

Guardianships/Conservatorships

Desert State Life Management Services **505-843-7535**

La Familia Incorporated **505-766-9361**

Sr. Citizens Law Office **505-265-2300**

Legal Aid Society of Albuquerque **505-243-7871**

State Bar of New Mexico

Lawyer Referral for the Elderly (55& Over) **1-800-876-6657**

ASSISTANCE (Financial/Food Dist./Housing/Medical/Utility/Etc.)

Aurora Ministries

Provides The Bible on cassette tapes (free of charge) they are available in different languages, including Spanish. Write P.O. Box 621, Brandon, FL 34206 or

Phone: 1-941-748-3031

HIBAC

Provides assistance to the elderly with filing benefit claims to Medicare/Medicaid other types of benefit assistance. They have a program for aid for some prescription medication, including Alzheimer's Disease treatment drugs. They will serve the homebound.
Phone: 1-800-493-6407

NM Medical Review Association

Reviews complaints about the quality of medical care under Medicare Programs
Phone: 505-872-9610 or 505-998-9898

Boy Scouts of America

Will locate a troop near you to build ramps and or do miscellaneous chores.
Phone: 983-3488/ Phone: 345-8603 (Albuquerque)

Girl Scouts

Are looking for community service projects they will help with minor lawn work, gardening, companionship and activities.
Phone: 345-8603 (Albuquerque)

Safe Return

The Safe Return program is a nationwide registration, identification and support program working at the community level. Assistance is available 24-hours a day, seven days a week when ever a person is lost or found.
Phone: 1-888-572-8566

Long Term Services Division (Metro Regional Office)

Disabled and Elderly Waiver Program.
Phone: 1-800-432-2080

Chamber of Commerce

Logan:

Logan-Ute-Lake Chamber of Commerce - Phone: 487-2722

Tucumcari/Quay:

Tucumcari Chamber of Commerce - Phone: 461-1694 or e-mail at chamber@sr66.com, www.tucumcarinm.com.

STATE AND GOVERNMENT

New Mexico State Senators:

Clinton D. Harden, Jr. (Rep) - District 7 - (2005-2008)
1348 CRH, Clovis, 88101
Colfax, Curry, Harding, Quay, San Miguel, Taos & Union
Phone: (505) 389-1248

New Mexico State Representatives:

Brian K. Moore (Dem) - District 67 - (2007-2008)
Box 56 Clayton, NM 88415
Phone: (505) 374-9681

United States Senators:

Pete Domenici (Rep) - (2003-2008)
120 S. Federal Place, Ste 302 87501
Phone: (505) 988-6511 or 1-202-224-6621

Jeff Bingaman (Dem) - (2007-2012)
Local office - Manned by Staff: 118 Bridge St. Las Vegas, NM
Phone: (505) 454-8824 or 1-202-224-5521 e-mail: Senator bingaman@bingaman.senate.gov

United States Representatives:

Tom Udall (Dem) - District 3 (2007-2008)
811 St. Michael's Drive, Ste. 104 Santa Fe, NM 87505
or Local office Box 926 Las Vegas, NM
Phone: 984-8950 or (505) 454-4080

Heather A. Wilson (Rep) - District 1 (2007-2008)
20 First Plaza NW, Ste 603 Albuquerque, NM 87102
Phone: (505) 346-6781

Steve Pearce (Rep) - District 2 (2007-2008)
400 North Telshore, Ste E, Las Cruces, NM 88011
Phone: (575) 522-2219