

## **San Miguel County Resources**

(Area Code: 505)

PLEASE NOTE: The Alzheimer's Association, New Mexico Chapter cannot recommend any person or agency. This list has been compiled to assist you in finding services, agencies, and programs that may be of benefit to you as a senior citizen, caregiver, or family member.

### **EMERGENCY: 911**

**Las Vegas Police Dept. (Emergency) - Phone: 1-800-331-0008**

Non-Emergency Numbers:

Las Vegas:

**Police Dept. - Phone: 425-7504**

**Sheriffs Dept. - Phone: 425-7589**

**State Police Dept. - Phone: 425-6771**

**Ambulance - Phone: 888-763-6758/454-1075**

**Fire Dept - Phone: 425-6321 or 425-9373**

**Alta Vista Regional Hospital (Emergency Dept.) - Phone 426-3502**

Pecos:

**Deputy Marshal - Phone: 757-2297**

**State Police - Phone: 827-9300**

**Ambulance - Phone: 757-6800**

**Fire Dept. - Phone: 757-6222**

San Miguel & Villanueva:

**Sheriff's Dept. - (From Las Vegas) Phone: 425-7589**

**Ambulance - Phone: 425-7951**

**Fire Dept. - (Reached thru State Police) Phone: 425-6771**

**San Miguel Community Mental Health Crisis Line - Phone: 425-1048 / 1-800-446-5970**

Glorieta, NM:

**Emergency Response Network**

Provides 24-hour personal emergency response service (for a fee) throughout NM

**Phone: 1-888-754-0055**

**Alzheimer's Association**, New Mexico Chapter, Las Vegas Branch Office

Please call or come-in for information the free services we provide: Information packets, education classes, conferences, caregivers groups and Alzheimer's & other dementias client support groups or just to talk and have some one who cares, listens, and can give you support. Our address is 504 Douglas Avenue, Las Vegas, NM 87701

**Phone: 426-9840 or 800-272-3900**

## **OTHER INFORMATION PROVIDERS**

### **OMBUDSMAN**

Nursing home rights and advocacy- investigates reports of nursing home complaints, including abuse and neglect.

**Phone: 1-800-432-2080**

### **NORD - National Organization for Rare Disorders:**

Reports are written understandable language for patients and families. General descriptions, symptoms, Causes, affected populations, standard treatments a list of resources for further information. Note this site is easy to use. Contact them at <http://www.rarediseases.org>

### **NOAH (New York Online Access to Health)**

Complete, **multilingual** website with pages of information and links for Alzheimer's and other dementias. [www.noah-health.org](http://www.noah-health.org)

### **State Agency on Aging**

Services include aid and information on state benefits and aid programs for seniors, including meals, health insurance and prescription drug assistance programs,

**Resource Center Phone: 1-800-432-2080**

### **Motor Vehicle Medical Division**

Driver Services Bureau- Contact them for assistance with revoking the Driver's License of a person that can no longer drive safely. P.O. Box 1028, Santa Fe, NM 87504

**Phone: 827-2241**

#### **To obtain a handicap application for a placard.**

You or someone you know must go into your nearest MVD office to pick up the application. In San Miguel County it is in Las Vegas (see address below). You then take the application to your Doctor he or she fills it out, returns it to you, then you must return it to the MVD and pickup your placard.

You must carry the pink copy of the application with you in order to show proof that you need the placard and that it is you in the car. For more information in Las Vegas 2300 Collins Dr., Las Vegas, NM.

**Phone: 425-8122** or for the State- **Phone: 1-888-683-4636**

## **SENIOR SERVICES**

### **Adult Protective Services**

Prevention of abuse, neglect and exploitation of elderly people in New Mexico. In San Miguel County your area office is in Las Vegas, NM.

**Phone: 425-9335** or for the State: **1-866-654-3219**

### **Direct Health Care**

Personal care/Direct Health Care will pay a family member to care for a loved one in order to avoid placing him/her in a nursing home. If there is not a family member available, the agency will find a suitable person.

**Phone: 425-7471**

### **Foster Grandparent Program of San Miguel County**

Foster grandparents devote their volunteer time to giving one-to-one, daily attention to children with special needs. Volunteers tutor children in reading, mentor teen-agers and young mothers, give emotional support to abused and neglected children and care for premature infants and children with physical disabilities and severe illnesses.

**Phone: 454-1525**

### **Human Services - Income Support Division**

Provide assistance aid for low-income people. Food stamps, financial help and Medicaid assistance. San Miguel County area office is in Las Vegas, NM.

**Phone: 425-6741**

### **Las Vegas Senior Center**

Multipurpose centers that serve as focal points for older adults in the community and which offer, at a single location, a wide variety of services and activities that are needed by and of interest to this population.

**Phone 454-5500**

### **Pecos, NM Senior Citizens Center**

Lunch is provided from 11:30-12:30, Mon- Fri, Meals on Wheels for those who qualify, Catholic Services on Fridays at 10:00am, sewing club on Tuesday, shopping the 3<sup>rd</sup> Wednesday of the month for qualifying seniors, holiday gatherings, and traveling activities.

**Phone 757-6700**

### **Protection and Advocacy Systems**

Protect against abuse and neglect (physical, emotional, and verbal abuse).

**Phone 425-5265**

### **Senior Circle**

Senior Circle encourages a healthy and active lifestyle by providing programs that encourage continued learning, wellness, health and volunteering, coupled with a host of activities.

**Phone 426-3968**

### **Senior Companion Program of San Miguel County**

Enlists volunteers 60 years old or older to provide assistance and friendship to older seniors who have difficulty with daily life skills. Senior Companions might pay bills, shop for groceries, provide light housekeeping or perform other tasks. No matter what the duty, they will offer friendship to someone who might not have much contact with others.

**Phone 454-1525**

Ribera:

San Miguel Senior Center

Provides assistance with traveling, provides meals, provide for different activities such as dances, etc.

**Phone: 421-9750**

### **ADDITIONAL SENIOR SERVICES**

#### **Long Term Services Division**

This is the Metro Regional Office-Disabled and Elderly Waiver Program.

**Phone: 1-800-432-2080**

#### **Safe Return**

The Safe Return program is a nationwide registration, identification and support program working at the community level. Assistance is available 24-hours a day, seven days a week when ever a person is lost or found.

**Phone: 1-888-572-8566**

#### **NM Medical Review Association**

They review complaints about the quality of medical care under Medicare Programs.

**Phone: 505-872-9610 or 998-9898**

#### **NM Social Security Administration & Medicare & Social Security:**

For those who may want to apply for Medicare can do so at the above address. You will need to take in a completed Medicare application along with proof of income for your self and anyone else who resides in your home, a birth certificate, and an ID.

**Phone: 425-3517**

#### **Retiree Health Care Authority**

For New Mexico: **Phone: 1-800-233-2576**

### **GROCERS THAT DELIVER**

#### **Ludi's Food Market**

Call for store policy regarding home delivery.

**Phone: 425-6121**

### **BARBERS/BEAUTICIANS**

#### **Luna Community College**

LCC Cosmetology: students in training are supervised by licensed practitioner (at reduced prices).

**Phone: 454-5344 ext. 1264**

### **LIBRARY**

#### **Library** Las Vegas

The Carnegie Public Library has Books & Tapes & Computer use.

**Phone: 454-1403**

## **VETERAN'S SERVICES**

### **Veteran's Administration @ Las Vegas El Centro Clinic**

The Las Vegas Community Based Outpatient Clinic designed to deliver primary care and counseling services to eligible veterans.

**Phone 425-6788**

### **Veterans of Foreign Wars**

Counseling, refer to Veteran's service officer, link Veteran's to available resources, this agency also serves as a Liaison to Veteran's Service Officer. There is assistance to Veteran's in need and their families. Contact: Luis Gonzales

**Phone 425-7493**

## **HOME HEALTH CARE/PERSONAL CARE PROVIDERS/HOSPICE**

Las Vegas:

### **Alternative Home Health Care/ Hospice**

Provides Skilled Nursing: Home Health Aids;

Physical Therapy Occupational Therapy; Speech Therapy; Medical Social Services;

Personal Care; Wound Care and IV Therapy. They also offer the Personal Care Program.

**Phone: (505) 425-1538 or toll free 1-800-216-1538**

### **Direct Health Care**

Provides personal care/direct health care. Will pay a family member to care for a loved one in order to avoid placing him/her in a nursing home. If no family member is available, the agency will find a suitable person.

**Phone: 425-7471**

### **Professional Home Health Care/ Hospice**

Provides a full range of health care & Hospice care services.

Victory Home Health Care: Provides Nursing, Home Care Aids, Social Workers,

Physical Therapy and Speech Therapy (as ordered by a Physician). They provide crisis counseling and emotional support to their patient/families.

**Phone: 454-6345**

### **Quality Care**

Medicare/Medicaid Certified program, providing supportive

services and home care to individuals and families dealing with the challenges and discomforts of terminal illness. Non-Medical in home care, running errands & transportation)

**Phone: 454-9921**

### **Victory Home Health Care - Palliative Waiver Services**

home health care agency. Provides home health care such as: cooking, cleaning, assistance with everyday living activities, and running errands. weekly. Victory can provide weekly visits by a Nurse, and Certified Nurse Aid visit can be arranged in needed.

**Phone: 454-0499**

### **Victory Personal Care Incorporated**

Provides personal care services such as cleaning, cooking, companionship, running errands, etc.  
(Strictly Medicaid)

**Phone: 454-1853**

## **PHARMACIES/HOME HEALTH CARE EQUIPMENT AND SUPPLIES**

Las Vegas:

### **Del Norte Pharmacy & Home Medical Supply**

Provides Medical equipment & supplies (oxygen therapy, ambulatory aides, diabetic supplies including shoes, hospital beds, CPAP/BIPAP, bath equipment, diapers, wound care, internal therapy, nebulizers, and infant phototherapy. This pharmacy delivers. Prescription drug patient assistance programs.

**Phone: 425-6241**

### **Plaza Drugs**

Provides medication information, pharmacy make home deliveries, prescriptions, compounding, medical supplies & oxygen.

**Phone: 425-5221**

### **Lin-Care**

Open 24 hours a day 7 days a week. They provide Oxygen, Durable Medical Equipment, and Medications for nebulizer use, medical supplies, and prescriptions.

**Phone: 426-8774**

### **Walgreens Drug Stores**

Provides prescriptions, medical supplies, and consultation.

**Phone: (505) 425-3317**

## **LONG TERM CARE FACILITIES/ NURSING HOMES**

Las Vegas & San Miguel County:

### **New Mexico Behavior Health Institute of Las Vegas :**

#### **Meadows/Ponderosa Nursing Homes**

They accept Medicaid, Medicare, and most private insurances.

3695 Hot Springs Blvd., Las Vegas, NM 87701

**Phone: 454-2100**

### **Vida Encantada Nursing & Rehab**

Is a nursing facility & rehab - Alzheimer's Disease-all stages. Secured unit/alarmed doors. Located in Las Vegas. Accepts Medicaid, Medicare, and most private insurances.

**Phone: 425-9362**

## HOSPITALS/CLINICS

Las Vegas:

### Alta Vista Regional Hospital

Active medical staff: 31 representing & 15 specialties. Specialties are: Anesthesiology, Emergency Medicine, Family Practice, and General Surgery, Gynecology, Hospitalists, Internal Medicine, Neurology, Obstetrics, Orthopedics, Otolaryngology, Pediatrics, Podiatry, Radiology, and urology.

**Phone: (505) 426-3500**

### El Centro Family Health in Las Vegas

Primary care, behavioral health, veteran's services.

**Phone: (505) 425-6788**

### Las Vegas Stat Care

An after hour medical care facility. It is staffed by local physicians and providers. This is an alternative to the emergency room. It is not urgent care; it is an extension of a physicians hours. No referral necessary.

**Phone: (505) 425-6283**

### New Mexico Quick Care

Medical care, primary care, and urgent care facility. Not for severe head trauma, severe bleeding, or broken bones.

**Phone: (505) 454-1109**

Pecos:

### Pecos Valley Medical Center, Inc.

They provide routine care, physical exams, laboratory, eye/ear irrigation, minor suturing, pharmacy, and dental care. They also offer Alzheimer's & other dementia's community & caregivers classes, and a caregivers group.

**Phone: (505) 757-6482**

## PHYSICIANS

Las Vegas:

Wendy Dimmette, MD - **Phone: 425-7340** - Neurology

David Elliot, MD - **Phone: 425-9311** - Internal Medicine/ General Adult Medicine

Franklan Miller, MD - **Phone: 425-3596** - Internal Medicine

Mel Olivares, MD - **Phone: 425-6731** - Family Practice

Rose Marie Zapf, DO - **Phone: 454-1400** - Family Practice

Bradley Kanode, MD - **Phone: 425-2850** - Internal Medicine

Eileen Madrid, MD - **Phone: 425-6773** - Primary Care

Dr. Paul Conescu - **Phone: 426-8010** - Orthopedic Specialist

## **ADDITIONAL MEDICAL PROVIDERS**

### **Podiatry**

Diabetic Foot Center - **Phone: 454-0123** (Days & Hours of operation: Tues and Thurs 8:00-4:00)

Las Vegas Foot Specialists - **Phone: 425-9491**

New Mexico Foot & Ankle Associates - **Phone: 454-9400** (Hours of operation: 3<sup>rd</sup> Wednesday of the Month)

### **Neurology**

Michael Baten, MD (Santa Fe) - **Phone: 983-8182**

Elizabeth Lakind, PHD. MD (Santa Fe) - **Phone: 989-4600**

Paul Walsky, MD. PC (Santa Fe) - **Phone: 982-3814**

William Wengs, MD (Santa Fe) - **Phone: 986-2890**

### **Radiology**

Rural Radiology Associates - **Phone: 426-3546**

### **Urology**

Alta Vista Urological Specialists - **Phone: 454-4000**

## **ELDER CARE ALTERNATIVE MEDICINE PRACTITIONERS**

### **Advanced Chiropractic & Acupuncture**

Acupuncture and Chiropractor

**Phone: 425-5402**

### **Alaniz Acupuncture and Therapy**

Acupuncture, Behavioral Health, and Herbal Consults, etc.

**Phone: 454-7694**

### **Bernadette Fernandez**

Provides: Iridology, nutrition & herbal counseling, acupressure and massage therapy.

**Phone: 425-7764**

### **Best Chiropractic & Nutrition Center** - Richard W. Skouson, D.C.

Chiropractic, Nutritional Counseling, Nutritional Testing, Water purifiers are sold here.

**Phone: 454-4600**

### **Cunico Chiropractic Life Center**

Physiotherapy, Chiropractic, X-Ray facilities, Massage Therapist

**Phone: 425-9341**

### **Dragon Fly Clinic** - Dr. James Freeman

Pain relief, neuron muscular massage, herbal therapy, Shiatsu.

**Phone: 454-1410**

**Haiya's Massage Therapy**

Message Therapy

**Phone: 454-0008**

**Mariposa Herbs & Massage** - Dale Harapat, ND (Naturopathic Doctor)

discount to Alzheimer's patients and their care givers.- Herbs, Massage, Food & Gifts; Herbal & Nutritional will start soon.

**Phone: 454-9240**

**Natural Health and Healing** - Krall M. DC & Cathy Strauber DC

By appointment only; if no one is available leave a message, Nutrition, Herbal Medicine, Naturopathic Medicine, Homeopathic- Medicine, Chiropractors.

**Phone: 454-9525**

**Semilla Natural Foods**

Health food store.

**Phone: 425-8139**

**Doctor of Oriental Medicine** - Peter Stege DOM & Jody Stege

By appointment only.

**Phone: 454-0003**

**Pro Massage** - John Lopez, Kirsten Roberts, & Christine Lopez

Spa Treatments, Stress relief, Relaxation, Fibromyalgia, and more.

**Phone: 425-0500**

**Licensed Massage** - Therapist Stephanie Vice

**Phone: 425-7963**

**ELDER EYE CARE**

Bell MD PC Ophthalmology - **Phone: 454-1530**

Buena Vista Eye Care - **Phone: 425-7556 or 983-2592**

Eye Associates of New Mexico - **Phone: 426-8866**

Eye Clinic - **Phone: 454-1530**

**ELDER CARE DENTIST**

Las Vegas:

Dennis Aragon DDS - **Phone: 454-0631**

Edward B Ebell DDS - **Phone: 425-8942 (if no answer 425-6191)/(Maxwell) Phone: 575-483-2629.**

Wil Pacheco DDS - **Phone: 425-6434**

**Barbers/Beauticians**

Luna Community College - LCC Cosmetology: Students in training are supervised by licensed practitioner. Reduced prices.

**Phone: 454-5344 - ext. 1264**

## FUNERAL HOMES/CREMATION SERVICE/DIRECTORS

Las Vegas & Surrounding Counties:

Gonzales Funeral Home - **Phone: 425-9319** or toll free **1-888-525-9319**

Maestas, Funeral Director - **Phone: 425-0484**

Nelson Funeral Home - **Phone: 425-6551**

Rogers Mortuary - **Phone: 425-3511**

## SUPPORT GROUPS

San Miguel County:

### The Alzheimer's Association in Las Vegas & San Miguel County

We provide on-going caregivers classes & support groups: every Monday at our office and the 3rd Thursday evening at Vida Encantada Nursing & Rehab. Also there are classes & groups for people experiencing memory loss. We offer professional trainings & conferences also, so please call our office for further information.

**Phone: 426-9840** or National Helpline **1-800-272-3900**

## LEGAL SERVICES

### Elder Lawyer Referral

When you call your information will be taken by a receptionist and given to an Attorney who will return your call with a referral for you.

**Phone: 1-800-876-6687**

### Legal Services For The Elderly

NM State Bar Association Referral Service offering referrals for Guardianships, Conservatorships, Wills, Trusts, Power of Attorney, and Social Security.

**Phone: 1-800-876-6657**

### Elder Law Attorneys in Bernalillo County

Judy Schrandt **505-237-0064**

Susan Tomita **505-883-4993**

Mary Ann Green **505-254-0600**

Sr. Citizens Las Office **505-265-2300**

### State Bar of New Mexico

**Lawyer Referral for the Elderly**

**1-800-876-6657**

(for those 55 years or older)

### Guardianships/Conservatorships

Desert State Life Management Services **505-843-7535**

La Familia Incorporated **505-766-9361**

Sr. Citizens Law Office **505-265-2300**

Legal Aid Society of Albuquerque **505-243-7871**

**AARP-American Association of Retired Persons**

Answers senior's questions on legal and health legislation per senior issues senior health and home insurance at discount group rates and info on senior activities. Online support and forums.

**e- mail [www.aarp.org](http://www.aarp.org) State phone: 505-820-2889**

**ASSISTANCE (Financial/Food Dist./Housing/Medical/Utility/Etc.)**

**Food Pantry - Victory Life Church**

Food is distributed on the 3<sup>rd</sup> Wednesday of each month.

**Phone: 425-8847**

**Habitat for Humanity - Las Vegas**

They help with building homes, subsidized home purchase, and have volunteer opportunities.

**Phone: 454-4434**

**HELP New Mexico**

Non-profit agency that provides Workforce Development/Employment and Training programs to San Miguel, Mora, Colfax, and Guadalupe counties.

**Phone: 425-9307**

**Health Care Partners Medical Discount Program**

Not a health insurance, but a community-based membership program providing access to affordable health care services & personal assistance for health care needs at discounted rates.

**[www.hcpcareteam.com](http://www.hcpcareteam.com), Phone: 425-6731 Toll-Free: 877-427-2956**

**Housing Authority - Las Vegas**

Rent is income-based. Housing is available for those who qualify upon completing application; you will be notified if you are eligible after you have completed all required paperwork.

**Email: [Quintana@newmexico.com](mailto:Quintana@newmexico.com) Phone: 425-9463**

**Housing Authority - San Miguel**

Housing assistance & Section 8 for the whole county.

**Phone: 454-1813, Web site: <http://www.smcounty.net> Email: [smchud@lasvegas-nm.com](mailto:smchud@lasvegas-nm.com)**

**Insure New Mexico**

They provide low cost health insurance for New Mexico's small businesses and non-profit organizations; with 50 or fewer eligible employees. Persons and families with low incomes or high health care needs will be assisted in purchasing, accessing/enrolling in available health care coverage.

**Phone: 1-888-997-2583/ Web site: [www.insurenemexico.net](http://www.insurenemexico.net)**

**Love Thy Neighbor Fund**

The Mayor's Office at the City is a non-profit organization funded by donations and local churches to assist those who qualify for assistance with their heating costs. Service is for gas only, and is a one time benefit.

**Phone: 454-1401 ext. 222**

### **New Mexico Behavioral Health Medication Fund**

The state of New Mexico has money to help pay for behavioral health medications for people who don't have any other way to pay for them. Fund is designed to help people who might end up in the hospital, in ail, or homeless because they can't get the medications they need to help control their symptoms. Not a source of long term assistance, only in crisis situation.

**Phone: VONM at 1-888-251-7511**

**Web: [www.valueoptions.com/newmexico/consumers/pharmacy.htm](http://www.valueoptions.com/newmexico/consumers/pharmacy.htm)**

### **NM Human Services Dept/ Income support Division**

Basic income maintenance programs, categorical program administration, Medicaid, temporary financial aid (undesignated)

**Phone: Las Vegas Office 505-425-6741**

## **MISCELLANEOUS RESOURCES**

### **Aurora Ministries**

Provides The Bible on cassette tapes (free of charge) they are available in different languages, including Spanish. Write P.O. Box 621, Brandon, FL 34206

**Phone: 1-941-748-3031**

### **HIBAC**

Provides assistance to the elderly with filing benefit claims for Medicare/Medicaid and other types of benefit assistance. They have a program for aid for some prescription medication, including Alzheimer's Disease treatment drugs. They will serve the homebound.

**Phone: 1-800-493-6407**

### **Boy Scouts of America** -Great South West Council

Will locate a troop near you to build ramps and or do miscellaneous chores.

**Phone: 345-8603 Albuquerque**

### **Girl Scouts**

Are looking for community service projects they will help with minor lawn work, gardening, companionship and other activities.

**Phone: 345-8603 Albuquerque**

### **Count Extension (4H)**

For information in San Miguel County about your local 4H club's services-

**Phone: 454-1497**

### **Chamber of Commerce**

Las Vegas:

Las Vegas/ San Miguel Chamber of Commerce

**Phone: 425-8631 or at 1-800-832-5947**

## **STATE AND GOVERNMENT**

### **New Mexico State Senators:**

**Clinton D. Harden, Jr.** (Rep) - District 7 - (2005-2008)  
1348 CRH, Clovis, 88101  
Colfax, Curry, Harding, Quay, San Miguel, Taos & Union  
**Phone: (505) 389-1248**

**Pete Campos** (Dem) - District 8 - (2005-2008)  
500 Raynolds Ave. Las Vegas, NM 87701  
Guadalupe, Mora, San Miguel, Santa Fe & Torrance  
**Phone: (505) 454-5700**

### **New Mexico State Representatives:**

**Nick L. Salazar** (Dem) - District 40 - (2007-2008)  
Box 1076, Ohkay Owingeh, NM 87566  
**Phone: (505) 667-0362**

**Brian K. Moore** (Dem) - District 67 - (2007-2008)  
Box 56 Clayton, NM 88415  
**Phone: (505) 374-9681**

**Thomas A. Garcia** (Dem) - District 68 - (2007-2008)  
Box 56 Ocate, NM 87734-0056  
**Phone: (505) 429-4282**

**Richard D. Vigil** (Dem) - District 70 - (2007-2008)  
P.O. Box 456 Ribera, NM 87560  
**Phone: (505) 425-9793**

### **United States Senators:**

**Pete Domenici** (Rep) - (2003-2008)  
120 S. Federal Place, Ste 302 87501  
**Phone: (505) 988-6511 or 1-202-224-6621**

**Jeff Bingaman** (Dem) - (2007-2012)  
Local office - Manned by Staff: 118 Bridge St., Las Vegas, NM  
**Phone: (505) 454-8824 or 1-202-224-5521 e-mail: Senator [bingaman@bingaman.senate.gov](mailto:bingaman@bingaman.senate.gov)**

## **United States Representatives:**

**Tom Udall** (Dem) - District 3 (2007-2008)  
811 St. Michael's Drive, Ste. 104 Santa Fe, NM 87505  
or Local office Box 926 Las Vegas, NM  
**Phone: 984-8950 or (505) 454-4080**

**Heather A. Wilson** (Rep) - District 1 (2007-2008)  
20 First Plaza NW, Ste 603 Albuquerque, NM 87102  
**Phone: (505) 346-6781**

**Steve Pearce** (Rep) - District 2 (2007-2008)  
400 North Telshore, Ste E, Las Cruces, NM 88011  
**Phone: (575) 522-2219**