

# Living with Alzheimer's: For People with Alzheimer's

“Living with Alzheimer's: For People with Alzheimer's” is an interactive three-part education series designed specifically for individuals in the early stages of Alzheimer's disease or a related dementia, and those who support them.

This program focuses on what individuals with memory loss need to know, plan, and do in order to live their best with Alzheimer's disease. Topics include understanding Alzheimer's disease and memory loss, daily strategies and safety issues, partnering with your medical team, coping with changes, making decisions, and more.

- Learn about living your best with Alzheimer's
- Ask questions and get answers
- Share ideas, brain-storm, and plan ahead
- Connect with others who understand

**For more information, please call:**

**Alzheimer's Association, Greater New Jersey Chapter  
Laura Hawkins, Coordinator, Early-Stage Services  
973.586.4300, ext. 115**

**Our mission** is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

**Our vision is a world without Alzheimer's.**