

## Call, write or visit an Alzheimer's Association office near you:

### **Greater San Francisco Bay Area**

1060 La Avenida Street  
Mountain View, CA 94043  
1.650.962.8111

### **East Bay Area**

251 Lafayette Circle, Suite 250  
Lafayette, CA 94549  
1.925.284.7942

### **Greater Sacramento Area**

530 Bercut Drive, Suite A  
Sacramento, CA 95811  
1.916.930.9080

### **Northern Nevada**

1301 Cordone Avenue, Suite 180  
Reno, NV 89502  
1.775.786.8061

### **North Valley Area**

2105 Forest Avenue, Suite 130  
Chico, CA 95928  
1.530.895.9661

### **North Bay Area**

4340 Redwood Hwy., Suite D314  
San Rafael, CA 94903  
1.415.472.4340

1211 North Dutton Avenue, Suite A  
Santa Rosa, CA 95401  
1.707.573.1210

### **Santa Cruz Area**

1777-A Capitola Road  
Santa Cruz, CA 95062  
1.831.464.9982

### **Monterey County**

182 El Dorado Street  
Monterey, CA 93940  
1.831.647.9890

## The Alzheimer's Association

Our Mission: To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

## 24/7 Helpline, Information and Referrals:

1.800.272.3900  
[www.alz.org/norcal](http://www.alz.org/norcal)

A guide to **help** and **support** for families with **Alzheimer's** and related dementias.

alzheimer's   
association<sup>®</sup>

Northern California and  
Northern Nevada



# Alzheimer's by the Numbers:

- ◆ Alzheimer's is the **6<sup>th</sup>** leading cause of death in the U.S.
- ◆ There are **5** FDA-approved drugs to treat Alzheimer's – but there is no cure.
- ◆ An estimated **5.4 million** people in the U.S. have Alzheimer's disease.
- ◆ By **2050**, nearly **15 million** people in the U.S. will have Alzheimer's disease.
- ◆ The Alzheimer's Association has funded more than **\$280 million** in Alzheimer's science since our founding in **1980**.
- ◆ More than **1,000** Californians and Nevadans volunteer with us.
- ◆ We offer more than **150** support groups in Northern California and Northern Nevada.
- ◆ The vast majority of our programs and services are free of charge – **\$0** – for individuals and families coping with dementia.

## Our vision: A world without Alzheimer's disease

The Alzheimer's Association is your 24/7 resource for help, information, referrals and the opportunity to make a difference in the fight against Alzheimer's disease. Located in communities throughout Northern California and Northern Nevada, we're the leading voluntary health organization in dementia care, support and research. We offer a broad range of programs and services for individuals and families coping with all forms of dementia, including Alzheimer's, mild cognitive impairment, Lewy Body Disease, Vascular Dementia, Parkinson's and Frontotemporal Dementia.

### Our programs and services include:

#### **1.800.272.3900 and [www.alz.org](http://www.alz.org)**

Access information about clinical trials, diagnostic centers, community resources and safety concerns plus get help in multiple languages any time, day or night.

#### **Support**

Attend local groups or speak to a Family Care Specialist, who assists with care planning and managing challenging situations.

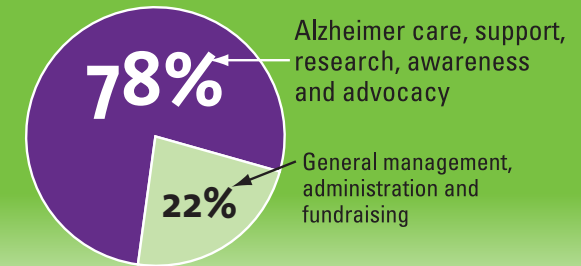
#### **Education**

Family and professional caregivers can get information from our community presentations, conferences, free brochures and other publications.

#### **Early Stage**

We offer specialized meetings and information for individuals with mild cognitive impairment (MCI) or early stage dementia; concurrent meetings are held for family members.

## Where the Money Goes



## Join the National Movement to Reclaim the Future for Millions

### **Spread the Word**

Learn and share information about the 10 Signs of Alzheimer's disease as well as Alzheimer's risk factors, prevention, treatment, disease stages, clinical trial availability and more.

### **Be a Voice**

Help us urge legislators to pursue policies that benefit families coping with Alzheimer's disease – including the need to increase Federal funding for Alzheimer's research, care and support.

### **Walk to End Alzheimer's**

We're on the MOVE to end Alzheimer's disease through our signature fundraising walk event: Walk to End Alzheimer's. The Alzheimer's Association relies entirely on contributions from events like Walk to End Alzheimer's and donations from the community to provide services, programs and research funding.

### **Subscribe**

Subscribe to our e-newsletter and sign up for e-mail updates on issues of interest to you, including: the latest research, education program announcements, Walk to End Alzheimer's incentives and more!

### **Volunteer**

We offer a variety of volunteer opportunities for anyone ready to give their time to the Alzheimer's cause!

For more on these and other Alzheimer's Association programs and services, contact us 24/7 at:  
[www.alz.org/norcal](http://www.alz.org/norcal) | 1.800.272.3900