

*A bold new program for
dementia family caregivers.*

alzheimer's caregiver telephone support group

Who may benefit from participating in the telephone support group?

Caregivers who:

- ◆ Care for a person with Alzheimer's disease or another dementia;
- ◆ Would like to talk to others in similar situations;
- ◆ Need more information, additional support & caregiving strategies.



The Alzheimer's Association welcomes and is supportive of all persons regardless of age, race, gender, class, ethnicity, sexual orientation, language, physical ability, or religion.

When

Last Monday of the Month (7p-8:30p)

Start Date: Monday March 31, 2008

Fee

Free, and no phone charges.

Registration Required

Space is limited.

Registration Deadline: March 10, 2008

To register, contact:

Heather Gray, 650-623-3133

What is the Telephone Support Group?

The telephone support group is a pilot program conducted by the Alzheimer's Association in Northern California. This support group will provide dementia caregivers in rural areas with emotional support and caregiver education. Once a month, eight to ten family caregivers will be linked with the trained group facilitator via teleconferencing.

HELPLINE (24/7):

1-800-272-3900

www.alznorcal.org

alzheimer's  association™

the compassion to care, the leadership to conquer