

SAN FRANCISCO (3)

Cantonese Language
3rd Wednesday, 5:00 p.m. to 6:30 p.m.
Self Help for the Elderly, Adult Day Care Services
408 22nd Ave.
(Info: 415-677-7556)
Open discussion

SAN FRANCISCO (4)

1st Saturday, 10:30 a.m. to 12:00 p.m.
Institute on Aging, Alzheimer's Day Care
3600 Geary Blvd.
Open discussion

SAN FRANCISCO (5)

Support Group for Lesbian, Gay, Bisexual, and Transgender Caregivers
3rd Saturday, 11:00 a.m. to 12:30 p.m.
New Leaf
103 Hayes Street (near Market St.)
(Info: Karen Smillie, MFTI, 415-626-7000)
Open discussion

SAN FRANCISCO (6)

Support Group for Caregivers of Individuals with Frontal Temporal Dementia (also known as Pick's Disease)
2nd Thursday, 2:00 p.m. to 3:30 p.m.
UCSF Campus
707 Parnassus Ave.
Dental Clinics Bldg., Rm. D3209
(Info: Robin Ketelle, RN, MS, 415-514-2058)
Art Group for FTD Patients
Memories in the Making art session is on the same day and at the same time as the caregiver support group
(Info: Tremaine Thomas, Memory and Aging Center, 415-476-8820)
Open discussion

SAN FRANCISCO (8)

2nd Thursday, 1:00 p.m. to 2:30 p.m.
Jones United Methodist Church
1975 Post St. (at Steiner)
2nd Flr. Conf. Rm.
(Info: Robert Williams, 415-921-7653)
Open discussion

SAN FRANCISCO (9)

Support Group for Adult Children Caregivers of Individuals with Frontal Temporal Dementia (also known as Pick's Disease)
2nd Thursday, 4:00 p.m. to 5:30 p.m.
UCSF Campus
400 Parnassus Ave.
Neurology Conference Rm. A888, 8th Flr.
(Info: Tricia See, ScM, CGC, 415-476-2906)
Open discussion

San Mateo County

BURLINGAME

1st Wednesday, 7:00 p.m. to 9:00 p.m.
Senior Focus
1720 El Camino Real
Open discussion

FOSTER CITY

***New Group**
Jewish Community Center
800 Foster City Blvd.
Classroom C
Open discussion

HALF MOON BAY

Last Wednesday, 12:30 p.m. to 2:00 p.m.
Coastside Adult Day Health Center
645 Correas St.
(Info: Dawn Wolf, MFT, 650-726-5067)
Open discussion

REDWOOD CITY

1st Thursday, 7:00 p.m. to 8:30 p.m.
Wells Fargo Bank Building
900 Veterans Blvd. (park at the top level)
4th Floor, Conf. Rm. 400Co-sponsored by Kaiser Permanente Medical Center
THIS GROUP IS CANCELLED

SAN CARLOS

2nd Tuesday, 7:00 p.m. to 8:00 p.m.
San Carlos Elms
707 Elm Street
Open discussion

SAN MATEO

Adult Children's Group
3rd Wednesday, 7:00 p.m. to 9:00 p.m.
Mills Hospital
100 South San Mateo Dr.
Open discussion

SOUTH SAN FRANCISCO

1st and 3rd Fridays, 10:00 a.m. to 11:30 a.m.
South San Francisco Senior Center
33 Arroyo Dr.
Open discussion

Santa Clara County

GILROY

3rd Friday, 2:00 p.m. to 3:30 p.m.
Day Break
Wheeler Manor
651 W. 6th St.
Open discussion

LOS GATOS

3rd Tuesday, 1:30 p.m. to 3:00 p.m.
United Methodist Church
111 Church St.
Fireside Rm.
Open discussion

MOUNTAIN VIEW (1)

1st Thursday, 4:30 p.m. to 6:30 p.m.
El Camino Hospital
Main Bldg., 2500 Grant R.d.
Ground Flr. (take elevator G)
Meeting Rm. B
(Info: 650-940-7000)
Open discussion

MOUNTAIN VIEW (2)

3rd Wednesday, 7:00 p.m. to 9:00 p.m.
El Camino Hospital
Main Bldg., 2500 Grant R.d.
Ground Flr. (take elevator G)
Meeting Rm. B
(Info: 650-940-7000)
Open discussion

PALO ALTO

1st Monday, 1:30 p.m. to 3:00 p.m.
Avenidas Senior Center
450 Bryant St., Library Rm.
Open discussion

SAN JOSE (1)

2nd Saturday, 11:00 a.m. to 12:30 p.m.
O'Connor Hospital,
2100 Forest Ave.
Medical Staff Conference Room
Open discussion

SAN JOSE (2)

2nd Monday, 5:00 p.m. to 6:30 p.m.
Daybreak Respite and Caregiver Support Services
Saint Francis of Assisi Church
5111 San Felipe Rd.
Garden Rm.
(Info: 408-270-4900)
Open discussion

SAN JOSE (3)

Chinese Language
Last Saturday, 10:30 a.m. to 12:00 p.m.
John XXIII Multi-Service Center
195 E. San Fernando St.
(Info: Peining Chang, 408-282-8669)
Open discussion

SAN JOSE (4)

Vietnamese Language
3rd Friday, 10:30 a.m. to 12:00 p.m.
John XXIII Multi-Service Center
195 E. San Fernando St.
(Info: Phuong Le, RN, MSN, PHN, 408-361-2184)
Open discussion

SAN JOSE (5)

2nd Monday, 7:00 p.m. to 8:30 p.m.
Family Health Center
Kaiser Permanente San Jose Medical Center
276 International Circle
Third Flr., Conf. Rms. E & F
(Please call for room verification: 408-362-3691)
Open discussion

SAN JOSE (6)

Yu-Ai-Kai, Japanese American Community Senior Center
588 N. 4th St.
Groups run in 8-week sessions
Jan. 13 to Mar. 3
10:00 a.m. to 11:30 a.m.
(To register for either the Japanese or English Language Group, call: Wesley Kazuo Mukoyama, 408-294-2505)
Open discussion

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**NEW Online —
Early Stage & Early
Onset Section
www.alz.org/norcal**

