

Upcoming Foundations of Dementia Care Workshops

Foundations of Dementia Care is a professional dementia training program developed by the national office of the Alzheimer's Association for employees of assisted living and nursing facilities. This program is evidence based with more than 20 leading organizations expressing their support of the Dementia Care Practice Recommendations. (For more information about these practice recommendations, visit www.alz.org.)

These training sessions will be held at Trinity Terrace located at 1600 Texas Street, Fort Worth, 76102. **Registration, including payment, is required in advance. Payment is non-refundable.** Continuing education units are offered for Social Workers, Nurses, and Nursing Facility Administrators.

Promoting Restraint Free Care

Friday, July 31, 2009

Cost-\$20 or \$40 for CEUs (2 hours)

8:30 am to 11:00 am

This session will examine ways, that even in restraint-free communities; residents may be unintentionally restrained and provides information about proactively addressing needs to maximize resident autonomy and well-being.

- *Define the term physical restraint
- *Describe the physical and emotional experience of people in physical restraints
- *Identify a physical restraint and possible alternatives
- *Plan ahead to avoid and reduce use of physical restraints

About Dementia

Friday, August 14, 2009

Cost-\$25 or \$50 for CEUs (3 hours)

8:30 am to 12:00 pm

This session provides participant with a definition of dementia and its impact on a person's ability to function. Improving communications and understanding behavior will be discussed.

- *Define dementia and its symptoms
- *Learn how these symptoms affect the abilities of person with dementia
- *List ways to improve verbal communication
- *Describe steps to a positive physical approach to communication
- *Describe how and why the disease process affects behavior
- *Learn to apply the cues and clues model to better understand the behavior of a person with dementia

Reducing Risk of Falls

Friday, October 9, 2009

Cost-\$20 or \$40 for CEUs (2 hours)

8:30 am to 11:00 am

This session describes ways to reduce and prevent injurious falls by promoting mobility, identifying and removing fall hazards and monitoring fall risk factors on an ongoing basis.

- *Identify individual and environmental risk factors for falls
- *Explain the importance of mobility even for residents at risk for falls
- *Identify strategies for working with family, friends and staff to create a safer environment

Registrations will be accepted by fax, phone or mail. Payment can be made by check or credit card (VISA, MasterCard, American Express and Discover). When registering by phone, please have your credit card number and expiration date ready. For those seeking continuing education, your license number is required to complete your registration.

Foundations of Dementia Care

To register **by mail** send to Alzheimer's Association-North Central Texas Chapter, 101 Summit Ave. Suite 300, Ft. Worth, TX 76102, **by phone** at 817-336-4949, **by fax** at 817-336-4966
For more information, contact Shelly Young at 817-336-4949 or shelly.young@alz.org.
Pre-registration and payment are required. Payment is non-refundable but is transferable.

Organization _____ **Address** _____

City _____ **Telephone** _____

Participant _____ **E-Mail** _____

- Friday, July 31 **Promoting Restraint Free Care**, cost \$20 or \$40 for (2) CEUs
- Friday, August 14 **About Dementia**, cost \$25 or \$50 for (3) CEUs
- Friday, October 9 **Reducing Risk of Falls**, cost \$20 or \$40 for (2) CEUs

Payment for: **registration only** **registration with CEUs**

TOTAL PAYMENT \$ _____

If CEUs needed, please note discipline and license number: **Discipline** _____

License No. _____

Credit Card # _____ **Exp. Date** _____

Name on credit card _____