



AT A GLANCE

- The greatest risk factor is age. One in eight people over age 65 develops Alzheimer's disease.
- As the population ages, the instance of Alzheimer's is expected to increase dramatically if no cure is found.
- Alzheimer's disease is the seventh leading cause of death in the U.S.

THERE IS HOPE

- Scientific research continues to make significant progress in understanding Alzheimer's disease and may one day lead to a cure.
- Lifestyle changes, such as physical and mental exercise and a heart-healthy diet, may decrease the risk of developing dementia.
- FDA-approved prescription drugs treat the symptoms of Alzheimer's disease.

WHAT IS *Alzheimer's Disease?*

ALZHEIMER'S DISEASE is a progressive and ultimately fatal disease that destroys brain cells, causing memory loss and problems with thinking and behavior severe enough to disrupt daily life. Alzheimer's is the most common form of dementia, a general term for memory loss, and accounts for 50 to 80 percent of all cases. Although there is currently no cure, help is available for those living with Alzheimer's disease and related forms of dementia.

Caring for someone with dementia presents a unique set of challenges and can be extremely stressful for millions of family caregivers. For help, contact the Alzheimer's Association.



NORTH CENTRAL TEXAS CHAPTER SERVICE AREA

www.alz.org/northcentraltexas
24/7 Helpline: 1-800-272-3900

FORT WORTH OFFICE

101 Summit Ave., Ste. 300
Fort Worth, TX 76102
817-336-4949

WACO OFFICE

6605 Sanger Ave., Ste. 1
Waco, TX 76710
254-753-7722

ABILENE OFFICE

301 S. Pioneer Dr., Ste. 105
Abilene, TX 79605
325-672-2907

WICHITA FALLS OFFICE

901 Indiana Ave., Ste. 350
Wichita Falls, TX 76301
940-767-8800



Help for people with memory loss and
those who care for them



YOU Can Be Part of the Solution

NORTH CENTRAL TEXAS CHAPTER

Helping People In 40 Counties

24/7 TELEPHONE HELPLINE

Callers can speak to a knowledgeable and caring person 24 hours a day, seven days a week. Whether you have questions about Alzheimer's disease, need help locating services or just want to speak with someone who understands the difficulties you face, the Helpline is always open.

FAMILY EDUCATION

The Alzheimer's Association offers a variety of education programs designed to help individuals and families confront a diagnosis of dementia. Regularly scheduled workshops and seminars provide ongoing information helpful throughout the disease process.



OUR MISSION: To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

SUPPORT GROUPS

Monthly meetings provide people with dementia and their family members a forum for learning, socializing and mutual support. Trained facilitators offer an array of support groups at different times and locations throughout North Central Texas.



CARE CONSULTATION

The Alzheimer's Association has caseworkers on staff ready to help individuals and families who need extra assistance with solving problems, planning and connecting to essential services.

LENDING LIBRARY

Each office of the Alzheimer's Association has an extensive collection of books and videos about Alzheimer's disease and caring for people with dementia.

MEMORIES IN THE MAKING®

An art program, developed especially for people with dementia, brings the joy of creative self-expression to residents of local care communities.

PROFESSIONAL TRAINING

Special training programs offer professional care providers, such as nurses, aides and social workers, an opportunity to improve their care for people with dementia. The Alzheimer's Association offers continuing education credits for many of its professional training programs.

The Alzheimer's Association is the nation's leading non-governmental health organization in Alzheimer care, support and research.

YOUR SOURCE FOR INFORMATION

The Alzheimer's Association maintains an extensive website with detailed and up-to-date information about the scientific, legal, financial and personal impact of the disease. The site also offers numerous online tools to help families coordinate caregiving efforts. Go to www.alz.org/northcentraltexas, a one-stop source for information about Alzheimer's and related dementias.

ADVANCING RESEARCH

The Alzheimer's Association is the world leader and largest private funder of Alzheimer research, committing many millions of dollars in grants to develop more effective treatments, prevent the disease, and find a cure. Ninety-five percent of what we know about Alzheimer's we have learned in the past 25 years.

Our work is about people and science

A CATALYST FOR CHANGE

The Alzheimer's Association speaks for all of those affected by Alzheimer's disease. Professional advocates and passionate volunteers work toward increasing research funding, raising public awareness and enhancing the quality of care.

MEDICALERT® + ALZHEIMER'S ASSOCIATION SAFE RETURN®

A nationwide registration, identification and medical record system provides 24-hour emergency response service for individuals with Alzheimer's or related dementia who wander and/or who have a medical emergency.

DONATE

The Alzheimer's Association – North Central Texas Chapter is supported by donations from a variety of sources. Businesses, charitable foundations, government agencies and individuals all contribute money to support essential programs and services.

PARTICIPATE

Memory Walk® is the biggest fundraiser of the year for the Alzheimer's Association. Anyone can join the thousands of individuals, families and businesses across North Central Texas who walk to raise money and awareness.

VOLUNTEER

Individuals from different communities and backgrounds provide many hours of service. Volunteers work in various capacities, from once a week to once a year, providing office support, helping at events, raising money or serving on committees.

ADVOCATE

A world without Alzheimer's is a possibility when individuals contact their elected officials and urge them to support legislation that increases funding for research or enhances public programs for those with the disease.

To make a gift, volunteer or join the cause, call 1-800-272-3900 or the Alzheimer's Association office nearest you.

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