

Telephone Support Group for Caregivers to Begin in August

Many caregivers may not readily have access to a traditional face-to-face support group. Barriers such as distance, transportation and inability to leave the person with dementia unattended prevent many caregivers from attending a support group.

To answer the challenge of providing easier access to support for caregivers, the Alzheimer's Association will start a telephone support group in August. The group seeks to assist and support family caregivers throughout our 40-county service area. Caregivers from both rural and urban areas are welcome to participate. There will be a total of ten 60-minute sessions, meeting twice a month via teleconferencing. The group will consist of 8 to 10 family caregivers and one facilitator.

Recruitment for participants has started, and there is no charge for participation. For more information about this unique support group opportunity, please contact Judy Budlong at 817-460-7001 or the Alzheimer's Association at 1-800-272-3900.