

Northwest Ohio Chapter

Published quarterly for our donors, volunteers, advocates and friends in the Alzheimer's community

Winter 2008

www.alz.org/nwohio
1.800.272.3900

Memory Day set for April 8

Volunteers play key role in achieving our Chapter's Mission

Volunteers are an especially important part of the Alzheimer's Association, Northwest Ohio Chapter. They are relied upon to complete office tasks, lead caregiver groups, operate the board of directors, make Memory Walk run smoothly, be "Caring Companions" and speak out for Alzheimer's disease.

We would like to take time to thank all of our wonderful volunteers and put a spotlight on a few volunteers who help the Alzheimer's Association in different ways.

The Alzheimer's Association, Northwest Ohio Chapter board of directors is run by volunteers who hope to make a difference in the lives of those affected by Alzheimer's disease. Board member Martin Connors said, "The quality of a community can be measured in many different ways. What I have found is that when you do something as a volunteer to make the quality of life better for one person or a group of people, your life is better. Working with the Alzheimer's Association has been particularly rewarding because we have helped those who are afflicted with Alzheimer's disease and also those who are caregivers."



Former board of directors president Martin Connors speaks with incoming president Beverly Cox at the Toledo annual meeting. Board members volunteer their time and talents to help achieve the Alzheimer's Association Mission.

Current board president Bev Cox said she joined the board of directors because she wanted to do whatever she could to help find a cure for Alzheimer's disease. "I enjoy volunteering at Memory Walk and other fundraising events, and meeting other individuals and families who are involved with the organization. I hope to raise awareness of the disease and its impact on family members and caregivers, encourage governmental funding of research to find a cure and to make a difference in the life of at least one person," she said.

Volunteers are also a big help in the Chapter offices and Adult Day Centers. Doris Fauble has volunteered with the Northwest Ohio Chapter as an office volunteer for three years. She arrives at the Toledo office every week ready to assist with mailings, faxing, sorting, calling or whatever task is asked of her. The Northwest Ohio Chapter recently recognized Doris at the Toledo annual meeting for her outstanding support of the Alzheimer's Association.

Doris encountered the Alzheimer's Association when her husband, Bill, attended the Adult Day Center on Reynolds Road. After he passed away, Doris decided to volunteer her time to the Northwest Ohio Chapter. She said the staff at the Association are "a great bunch of people to work with."



Doris Fauble reflects on her responsibilities volunteering at the Northwest Ohio Chapter.

In addition to her volunteer efforts at the Alzheimer's Association, Doris also spends time doing work with her church, is an ombudsman for a local nursing home, and is a volunteer for "Reach for Recovery," helping women with breast cancer. She said she enjoys these volunteer opportunities because she enjoys spending time with people.

Doris also volunteers her time speaking out for Alzheimer's disease at the annual Memory Day in Columbus. "I attend Memory Day to encourage Representatives to at least maintain funds for Alzheimer's disease and hopefully increase them," she said. While at Memory Day, Doris and other advocates meet with Representatives in their offices and encourage them to increase funding for Alzheimer's disease research and care. The advocates also have lunch and a program at Memory Day, and sometimes the Representatives sit at the tables with them, giving advocates another opportunity to speak out for Alzheimer's disease.



Memory Walk volunteers step forward every year to help raise funds to support the Northwest Ohio Chapter. At the Ashland Memory Walk, Zach Morrow, member of Tau Kappa Epsilon fraternity, middle, announces a winner of the basket raffle as volunteers and walkers (and the school's eagle mascot) look on.

This year's Memory Day will take place on Tuesday, April 8 in Columbus. If you are interested in advocating for the Alzheimer's Association, please call the Alzheimer's Association at 1-800-272-3900 or 419-537-1999.

Professional education conferences set for Toledo, Findlay and Mansfield

The Alzheimer's Association, Northwest Ohio Chapter annual spring professional education conferences are being developed for Toledo, Findlay and Mansfield.

The Toledo conference will be on **Thursday, April 10, 2008** at the Holiday Inn French Quarter in Perrysburg, Ohio. "Awareness into Action" is this year's theme, and among the featured presenters will be Bruno Giordani, Ph.D., Director of the Neuropsychology Division at the University of Michigan Health System, Clinical Core Director of the Michigan Alzheimer's Disease Research Center; Daniel J. Kuna, Ph.D., clinical assistant professor, Department of Psychiatry, University of Toledo; Jan Revill, therapeutic arts specialist; several Chapter staff members and other prominent speakers.

"As always, this will be a remarkable program that educates, inspires and even entertains," noted Lynn Ritter, Ph.D., education coordinator for the Northwest Ohio Chapter. "The Alzheimer's Association, Northwest Ohio Chapter is the premier educational authority in this region for information about Alzheimer's disease and related dementia. Our annual conferences attract hundreds of professional and family caregivers from throughout Northwest Ohio, creating an outstanding learning opportunity for them and a chance for conference sponsors to share information about their products and services."

"Because our Chapter serves 24 counties in Northwest Ohio, we are pleased to present three conferences this year to best serve caregivers throughout the region," Dr. Ritter added.

The Findlay professional education conference will be held on **Friday, May 9** at the Family Center, 1800 N. Blanchard Street, Findlay. Julie Noonan Lawson will be the keynote speaker at the Findlay conference. Ms. Lawson was featured in the PBS documentary *The Forgetting: Portrait of an Epidemic*, based on David Shenk's book, *The Forgetting*.

The Chapter's third professional education conference will be in Mansfield in June. Watch for details in the Spring issue of this newsletter as well as on the Chapter website.

New this year

Conference sponsors at the benefactor, underwriter and principle sponsorship levels will receive a link from the Chapter's recently redesigned website to your company website. The earlier you become a sponsor, the longer your company can benefit from this link! If you have been an exhibitor in the past, this may be the year you want to increase your visibility beyond the conference itself by becoming a benefactor or underwriter of these premier educational events.

Registration brochures will soon be available, and you will be able to register online through the Chapter's website, www.alz.org/nwohio.

If you have any questions, or are interested in being a sponsor for any of these conferences, contact Lynn Ritter at 419-537-1999.

Northwest Ohio Chapter News

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All material in this newsletter is offered as information to our readers. The Alzheimer's Association, Northwest Ohio Chapter, does not warrant, endorse or recommend any provider, program or product.

Correspondence should be sent to: Alzheimer's Association, Northwest Ohio Chapter, Kendra Ludemann, Editor, 2500 N. Reynolds Rd., Toledo, OH 43615, 419-537-1999, or 1-800-272-3900.

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The Alzheimer's Association, Northwest Ohio Chapter protects the privacy of each program participant, donor and person we are honored to serve. If you wish to review our privacy policy, contact the chapter office.

**The Alzheimer's Association,
Northwest Ohio Chapter,
serves 24 Ohio counties:**

*Allen, Ashland, Auglaize, Crawford,
Defiance, Erie, Fulton, Hancock, Hardin,
Henry, Huron, Knox, Lucas, Mercer,
Ottawa, Paulding, Putnam, Richland,
Sandusky, Seneca, Van Wert, Williams,
Wood and Wyandot.*

Approximately 32,000 families are impacted by Alzheimer's disease in this area.

CHAPTER OFFICES

Findlay

1800 N. Blanchard St., Suite
110

Findlay, OH 45840

Lima

892-A South Cable Rd.
Lima, OH 45805

Mansfield

780 Park Avenue West
Mansfield, OH 44906

Toledo

2500 N. Reynolds Rd.
Toledo, OH 43615

Wheeling Street**Adult Day Center**

131 N. Wheeling St., Suite 2
Toledo, OH 43605



#6027 - Thank you for your payroll deduction contribution.

2007 Memory Walk a success!

Thanks to all who made the 2007 Memory Walk season a great success, raising \$237,181.71, an increase of more than \$37,000 over last year. This is especially gratifying considering hardships caused throughout our region from significant flooding. These funds remain in Northwest Ohio to support programs and services our Chapter provides throughout 24 counties.

In our last chapter newsletter we recognized the 2007 Memory Walk corporate sponsors. We're happy to report that since then other businesses have joined as sponsors, and we would like to recognize them here:

**Toledo
Benefactors**

Diversified Transportation Services
Sam's Wholesale Club

Patron

William Vaughan Company

**Findlay
Friend**

Fifth Third Bank

**Lima
Underwriter
Baton Rouge**

Benefactor

Ford Motor Company



Here are the totals and the top fundraisers for each Walk:

Toledo - \$137,293.93

Top Family Teams:

- 1) Larry's Family & Friends
- 2) Krueger Family
- 3) Mary Ellen's Team

Top Alzheimer's Association Staff Teams:

- 1) Wayne's Warriors
- 2) Adult Day Center

Top Corporate Teams:

- 1) Genoa Retirement Village
- 2) Harborside Healthcare
- 3) Hylant Forget-Me-Nots
- 4) Creative Memories

Lima - \$37,986.58

Top Family Teams:

- 1) Mary Rita's Gang
- 2) Unity Memory Keepers
- 3) Stormin Norman

Top Corporate/Organization Teams:

- 1) Trilogy Health System
- 2) ACI Memory Makers
- 3) Golden Living
- 4) Team Wyngate

Mansfield - \$17,215.25

Top fundraisers:

- 1) Bobbi Patrick
- 2) Richland Newhope
- 3) MedCentral Health System
- 4) Trinity Lutheran
- 5) Spilled Milk

Ashland - \$6,903.95

Top teams:

- 1) Mindy's Milers (Brethren Care)
- 2) Colonial Manor
- 3) Tau Kappa Epsilon
- 4) Jackson/Matthes

Top Individuals:

- 1) Nicholas Lump
- 2) Annabel Miller
- 3) Patricia Strubbe

Tiffin - \$6,481.60

Top Family Team/Individual:

- 1) Louise Hoshak
- 2) Team Eva

Top Corporate/Organization Teams:

- 1) Elmwood at the Shawhan
- 2) St. Francis Home
- 3) Mercy Hospital Hikers

Findlay - \$15,886.83

Top Family Teams/Individuals:

- 1) Ledd Feet
- 2) Wayne's Warriors II
- 3) Taylor Foley

Top Alzheimer's Association Staff Team:

- 1) Williman Team

Top Corporate/Organization Teams:

- 1) Trilogy Health System
- 2) Birchaven
- 3) The Heritage
- 4) Zonta Club
- 5) Senior Center High Steppers

Sandusky - \$15,200.71

Top Family Teams/Individuals:

- 1) Just Because
- 2) Ted Brooks Team
- 3) Cheryl Taylor
- 4) Flo's Team

Top Corporate/Organization Teams:

- 1) Serving Our Seniors
- 2) Commons of Providence
- 3) OE Meyer
- 4) Jewels of Kaleidoscope Lane (Valley View Healthcare and Willard Healthcare)



Our Chapter newsletter is also available online on the new Web site: www.alz.org/nw Ohio. The Web site is packed full with information about the Alzheimer's Association, Alzheimer's disease, caregiver groups, education programs, upcoming events and much more.

Alzheimer's Association, Northwest Ohio Chapter, does not endorse any product or service herein.



*Adult Day Services and Residential Care for those living with
Alzheimer's disease or a related dementia*

**575 Ottawa Glandorf Rd., Ottawa, Ohio 45875
419-538-6529**



**Save these 2008
Memory Walk dates!**

**Lima Memory Walk
Saturday, September 6**

Ottawa Metro Park
Registration 10 a.m.; Walk begins 10:30 a.m.

**Tiffin Memory Walk
Sunday, September 7**

Hedges-Boyer Park
afternoon

**Mansfield Memory Walk
Saturday, September 13**

Richland Carrousel Park
Registration 9:30 a.m.; Walk begins 10 a.m.

**Sandusky Memory Walk
Sunday, September 14**

Osborn Park
Registration 2 p.m.; Walk begins 2:30 p.m.

**Toledo Memory Walk
Sunday, September 21**

Toledo Zoo
Registration 10:30 a.m.; Walk begins 12 noon

**Findlay Memory Walk
Saturday, October 4**

Riverbend Park Lodge
Registration 10 a.m.; Walk begins 10:30 a.m.

Ashland Memory Walk

To Be Determined
Ashland University



HELPLINE
1-800-272-3900
 Northwest Ohio Residents

A free 24-hour service of the Alzheimer's Association, Northwest Ohio Chapter.

Your connection to:

- Supportive Listening
- Caregiver Groups
- Information & Referrals
- Educational Programs

Toledo Office and Adult Day Center, call 419-537-1999
Adult Day Center, Wheeling St. location, call 419-720-4940
Lima Office, call 419-227-9700
Findlay Office, call 419-425-5409
Mansfield Office, call 419-522-5050
www.alz.org/nw ohio

Common Helpline questions answered

-by Cheryl Conley, M.A., LSW, Program and Services Director, Northwest Ohio Chapter

Q: Are people with Alzheimer's disease afraid of water? My sister refuses to take a bath or wash her hair. She can be very stubborn. Is this normal?

A. Although there are opinions about some people who have Alzheimer's being afraid of water, it is not completely understood if that is true or why a reluctance to bathe is such a common problem. Of course, many older people do not need daily showers, and a "bird bath" (cleaning just certain areas) is good enough. I suspect, however, that you are concerned about an actual lack of hygiene and the stubbornness you mention is about arguments or worse, which is uncomfortable for both you and her.

It may not be fear of water that makes bathing too much for her but instead a problem with your sister's judgment and perceptions. Since dementia interferes with her abilities to accurately tell you what her problem is, it is up to us to try to figure it out for her and also what to do about it.

For example, when people move or speak too fast, her senses could be overwhelmed, increasing her confusion and making her stand her ground rather than plunge into some endeavor she is not certain she can handle. Speaking slowly and repeating yourself can help get your message across.

You can increase the likelihood that she will hear you if you protect her dignity. If she feels offended she may react with anger or tears. Your words and actions can show her you respect her as an adult and that you are being helpful, not bossy.

Also, reasoning and logic can be counterproductive. You can give it a try, but as soon as you see that explanations are not working, let go before it turns into an argument. That can be hard for caregivers. After all, your whole life you used logic and persuasion when you wanted her to see your point of view, so it would seem to make sense to point out the need to shower and change her clothes. Unfortunately, it does not work that way. Dementia damages areas of the brain that control her good judgment. If that is the case with your sister, you need to use other strategies.

How can you help? Try to understand what is bothering her about bathing. Does she have trouble tolerating nakedness in front of you? You could offer to keep her draped with towels. Try to experience the physical surroundings from her perspective. Maybe the sound of the rushing water and bathroom echoes confuse her. Offer tasks one at a time, using lots of eye contact and smiles to steady her nerves.

You and I can tolerate all sorts of unpleasant situations by using our reasoning abilities to calm ourselves; she may not be able to do so. If she perceives the tasks or environment as overwhelming, your calm presence can be a real lifeline. However, even if you do everything "right" it doesn't always work. At that point, you might consider whether she would be more likely to accept assistance from an outside helper, such as a grandchild or home health aide. Or you are always welcome to call the Alzheimer's Association Helpline at 1-800-272-3900 for more ideas.

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Show your support for the Chapter, become a member

The Alzheimer's Association, Northwest Ohio Chapter is proud to continue to offer membership opportunities.

"Individuals and companies that become members of our Chapter clearly demonstrate that they are personally and deeply committed to helping us achieve our Mission," said Salli Bollin, Executive Director of the Chapter. "Through their membership they show that they are at our side day after day, week after week, as we reach out to the community to help those affected by Alzheimer's disease."

Membership levels are offered for both individuals and businesses. The cost of annual memberships range from \$35 to \$1,000. Each level includes distinctive benefit levels, from a window decal for individual affiliate members to discounted registration fees for professional education programs.

Companies that become corporate members will receive a certificate that they can display in their businesses. This will let visitors to the business know that their company is taking a definite, positive step in the effort to help people in their community dealing with Alzheimer's disease.

"Every contribution is important to our Chapter, and we thank all of our kind and wonderful donors. We think the membership program provides a unique opportunity for people and corporations to make a special stand and proudly walk with us as a visible community partner."

"Of course, the greatest benefit of every membership level is the internal satisfaction of knowing that your contribution directly helps other people in our communities who are dealing with Alzheimer's disease receive the information, support and services they need," Ms. Bollin said.

To become a member please complete the following form and return it along with your annual dues payment. Your membership kit will be mailed to you shortly.

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Email _____
 Method of Payment
 Check enclosed Visa Mastercard
 Credit Card Number _____
 Expiration Date _____
 Signature _____

Select your level of membership

Individual Memberships

- Affiliate **\$35**
 _____ Members receive a car decal and chapter newsletter
- Associate **\$100**
 _____ Members receive an Alzheimer's Association pin, car decal, Chapter newsletter, recognition in Chapter newsletter, invitation to annual meeting
- Supporting **\$250**
 _____ Members receive Alzheimer's Association pin, two car decals, Chapter newsletter, recognition in Chapter newsletter, two invitations to annual meeting, certificate of membership
- Professional **\$500**
 _____ Members receive associate level benefits, plus framed certificate of membership, and 20% discount on personal registration to Chapter annual education conference
- Forget-Me-Not **\$1,000**
 _____ Members receive supporting level benefits, plus four invitations to annual meeting, certificate of membership, listing on plaque displayed in Chapter office

Corporate Memberships

- Active **\$500**
 _____ Company receives certificate of membership for display at business, invitation to annual meeting, Chapter newsletter and recognition in Chapter newsletter
- Sustaining **\$1,000**
 _____ Company receives active level membership benefits, plus 20% discount on professional education conference registration for 10 company employees; link from the Chapter website to the company's website, and listing on membership plaque in Chapter office

Note: Memberships are valid for 12 months from receipt of payment.

Members always have the option to not receive any item.

Send completed form to:
 Alzheimer's Association, Northwest Ohio Chapter
 2500 N. Reynolds Road, Toledo, Ohio 43615

Alzheimer's Association receives generous donation



The Alzheimer's Association, Northwest Ohio Chapter recently received a generous donation from the Ohio Association of Clerk of Courts. Shown here are Salli Bollin, executive director, Alzheimer's Association, Northwest Ohio Chapter and Bernie Quilter, president, Ohio Association of Clerk of Courts, and Lucas County Clerk of Courts.

Alzheimer's may have maternal link

People whose mothers have Alzheimer's disease may be at higher risk for getting the disease than those whose fathers have it, report NYU School of Medicine researchers.

The NYU study is the first to compare brain metabolism among cognitively normal people who have a parent or no relatives with Alzheimer's disease and to show that only those with an affected mother have reduced brain metabolism in the same brain regions as people with Alzheimer's.

The scientists studied 49 cognitively normal individuals, 50 to 80 years old, who had neuropsychological and clinical tests, and PET (positron emission tomography) brain scans adapted to label glucose – the brain's fuel – with a special chemical tracer. People with a maternal history of the disease had a 25-percent reduction in glucose metabolism in several areas of the brain, including two brain regions involved with memory storage and retrieval. Brain energy metabolism was not reduced in those without a family history and in those whose father had the disease.

The researchers evaluated people with a family history of Alzheimer's because this is one of the disease's main risk factors. People with an affected parent have 4 to 10 times higher risk than those with no family history. It isn't known why people with a family history are more susceptible to the disease.

Likewise, it isn't known why individuals with a maternal history of the disease are at higher risk for Alzheimer's. Study results must be replicated with larger groups before it could be used to identify people who may be more vulnerable to Alzheimer's.

Northwest Ohio Chapter information emailed directly to your computer



The Alzheimer's Association, Northwest Ohio Chapter periodically sends out updates and information about events and programs through email newsletters. If you would like to receive the e-newsletter, be sure to send your name and email address to bob.mackowiak@alz.org.

We would like to thank those who support this newsletter, allowing us to continue to provide this publication free of charge. For information on newsletter sponsorship, call Bob Mackowiak at 419-537-1999.

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Facilities receive professional education

Below are the facilities that benefited from professional education programs provided by the Northwest Ohio Chapter in 2007:

Advocates for Basic Legal Equality (ABLE) – Ombudsman Program	Lutheran Home at Napoleon
Allen County Council on Aging	Lutheran Home at Toledo
Alzheimer's Association, Northwest Ohio Chapter	Lutheran Social Services – Volunteer Guardianship Program
Bowling Green State University	Mennonite Memorial Home
Bowling Green State University – Firelands Campus – ElderCollege	Mercy College of Northwest Ohio – Continuing Professional Education
Brethren Care Village	Mercy Health Partners
Brooks Insurance	Oakleaf Village
Browning Masonic Community	Ottawa County Riverview Healthcare Campus
Comfort Keepers	Parish Nurse Association
Country Inn Enhanced Living	Parkcliffe Alzheimer's Community
Diversified Transportation Service	ProMedica Health System
Elmcroft of Lima	PSA 3 Agency on Aging
Fox Run Manor	St. Francis Home – Tiffin
Franciscan Care Center	St. Paul's Episcopal Church – Paul's Peers
Good Shepherd Home	Sunrise Center
Hanley House	Sunset House
Harborside Healthcare – Defiance	The Gardens at St. Henry
Hillside Country Living	The Meadows at Ottawa-Glandorf
Hilty Memorial Home	University of Toledo Health Science Campus
Hospice of Northwest Ohio	Valley View Health Care
Kingston Residence of Perrysburg	Wood County Board of MRDD
Kingston Residence of Sylvania	Wotring Home
Lake Park Skilled Nursing Facility	
Leipsic Retirement Village	
Lucas County Board of MRDD – Larc Lane	

The Alzheimer's Association, Northwest Ohio Chapter offers educational opportunities for professionals who are seeking to increase their knowledge about how to best care for persons with dementia. If you are interested in professional education for your staff on a variety of topics, contact the Alzheimer's Association, Northwest Ohio Chapter at 1-800-272-3900 for more information.

Thank you to our 2007 granting agencies!

During 2007, we were fortunate to receive over \$200,000 for our many programs and services from the following foundations and granting agencies:

Anthem Blue Cross Partnership Plan	Russel & Mary Gimbel Foundation
Elsie & Harry Baumker Charitable Foundation	The Area Office on Aging Northwestern Ohio, Inc.
France Stone Foundation	Toledo Community Foundation
Ludwick Family Foundation	Walter E. Terhune Memorial Fund
Ohio Department on Aging	Wittrup & Rhodes Family
Ohio District 5 Area Agency on Aging, Inc.	Zenith Foundation
PSA3 Agency on Aging, Inc.	Zion Lutheran Church Endowment Fund

Thanks to the generosity of our benefactors, we are able to better serve the communities throughout Northwest Ohio. With the support of the agencies listed, we are fulfilling our Mission. We have received funds to provide family services and education, operate two Adult Day Centers and train staff.

Thank you to all the foundations and granting agencies for your generosity.



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TOLEDO, OHIO

43615

www.parkcliffe.com

Family and Community Educational Programs February - April 2008

The Alzheimer's Association offers many programs addressing caregiver concerns, information for people with memory loss and public interest about Alzheimer's disease and dementia related memory loss. All programs are offered free of charge unless otherwise noted. **Registration is strongly suggested, as programs may be canceled due to low registration.** For more information and to register for any of the following programs, please call 1-800-272-3900 or visit our website, www.alz.org/nvohio.

Annual Professional Education Conferences

Toledo Professional Education Conference

Thursday, April 10, 2008
Holiday Inn French Quarter
10630 Fremont Pike, Perrysburg, Ohio

Keynote speaker at the Toledo conference is **Bruno Giordani, Ph.D.**, Director of the Neuropsychology Division at the University of Michigan Health System and the Clinical Core Director of the Michigan Alzheimer's Disease Research Center. He serves on the Board for the Alzheimer's Association, Michigan Great Lakes Chapter. Dr. Giordani has provided numerous presentations on the topic of dementia and brain health.

Findlay Professional Education Conference

Friday, May 9, 2008
Family Center, 1800 N. Blanchard St., Findlay



Keynote speaker at the Findlay conference is **Julie Noonan Lawson** from the PBS documentary *The Forgetting: Portrait of an Epidemic*, based on David Shenk's book *The Forgetting*. The Noonan family carries a rare genetic mutation that, if inherited, guarantees early-onset Alzheimer's. The family has already lost their mother and a sister to Alzheimer's disease, and now two siblings also have the disease.

Memory and Aging: What's Normal, What's Not

If you would like to learn more, or are concerned about your own or someone else's memory, this program will interest you. We will explore forgetfulness and "memory lapses," with examples of memory changes that are part of the normal aging process and memory changes that are not. Factors that can affect memory, treatable causes of memory loss and techniques to maintain and improve memories also will be discussed. Call the Alzheimer's Association at 1-800-272-3900 for reservations.

Oak Harbor

Monday, February 4
12:30 - 1:30 p.m.
Oak Harbor Senior Center
8180 W. St. Rt. 163

Bryan

Wednesday, February 6
10:30 a.m. - 12 noon
Plaza Senior Village
1200 Rays Dr.

Port Clinton

Friday, February 8
12 noon - 1:30 p.m.
Port Clinton Senior Center
320 E. Third St.

Toledo

Monday, February 11
2:30 - 4 p.m.
Oakleaf Village of Toledo
4220 Holland-Sylvania Rd.

Toledo

Monday, February 18
10:30 a.m. - 12 noon
Luther Woods
2519 Holland-Sylvania Rd.

Toledo

Wednesday, February 20
2 - 3 p.m. Building B
3 - 4 p.m. Building D
Luther Grove Bldg. B
2506 Seaman

Mt. Vernon

Thursday, February 21
3 - 4 p.m.
The Living Center
201 N. Main St.

Toledo

Wednesday, February 27
1:30 - 3 p.m.
Teamster's Residence
6071 Manley Rd.

Ottawa

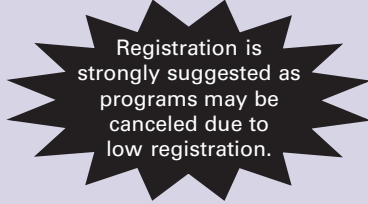
Tuesday, March 4
1:30 - 2:30 p.m.
Putnam Acres Care Center
10170 Rd. 5H

Napoleon

Friday, March 7
12:45 p.m.
Napoleon Senior Center
130 E. Clinton St.

Toledo

Monday, April 14
1 - 2:30 p.m.
Alzheimer's Association
2500 N. Reynolds Rd.



Alzheimer's Disease Update

Presented by **Vicki Ramsey-Williams, MD, PhD**
Assistant Professor Department of Neurology
University of Toledo Medical Center

Dr. Ramsey-Williams will present an overview of dementia/Alzheimer's disease with an emphasis on assessment and diagnosis, related seizures, and current treatment options. Please call the Alzheimer's Association at 1-800-272-3900 to register for this free program.

Toledo

Tuesday, February 12
6:30 - 7:30 p.m.
Alzheimer's Association
2500 N. Reynolds Rd.

Special Family Caregiver program

Family caregivers are invited to attend a special family caregiver program with Julie Noonan Lawson, from *The Forgetting: Portrait of an Epidemic*. She is also the keynote speaker at the Findlay Professional Education Conference.

Thursday, May 8

6 - 8 p.m.
The Family Center
1800 N. Blanchard St., Findlay

This program is free and open to all family caregivers.

Maintain Your Brain



Increasing evidence shows that healthy lifestyle habits, such as being heart smart, being physically and mentally active, eating a healthy diet and staying socially involved, contribute to healthy aging and may decrease risk for Alzheimer's disease.

This workshop will focus on simple lifestyle modifications which may have an impact on the individual's health. Please call the Alzheimer's Association at 1-800-272-3900 to register for this free program.

Paulding

Thursday, March 6
12:30 - 1:30 p.m.
Country Inn Enhanced Living Center
12651 County Rd. 82

Napoleon

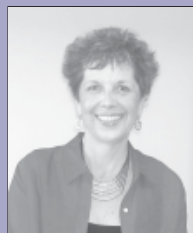
Friday, April 4
10:30 - 11:30 a.m.
Alpine Village Assisted Living
1032 S. Perry St.

St. Marys

Tuesday, April 15
11 a.m. - 12 noon
St. Marys Community Public Library
140 South Chestnut
In collaboration with Auglaize County Council on Aging.

Back by popular demand, dynamic speaker Kathryn Kilpatrick

Thursday, May 22
6:30 - 8:30 p.m.
Alzheimer's Association
2500 N. Reynolds Rd.



Speaker Kathryn Kilpatrick, M.A., CCC/SLP, is the founder of Communication Connection, a private consultation and training practice devoted to helping families and professionals who are experiencing the changes and challenges of aging.

This program is a collaborative offering of the Alzheimer's Association, Northwest Ohio Chapter, The Manor at Perrysburg, and Bowling Green Manor.

Please register for this free program so that we may plan for space and refreshments. To register, call 419-537-1999 or 1-800-272-3900.

Family and Community Educational Programs

"Transitions" Early Stage Memory Loss Education and Support Group

Individuals with early stage memory loss and their families or friends are invited to attend this program for social and educational opportunities and group sharing. Registration is required for these ongoing groups.

Toledo

Second Wednesday of every month

1:30 to 3 p.m.

AND Last Thursday of every month

7 to 8:30 p.m.

Alzheimer's Association

2500 N. Reynolds Rd.

For more information and to register, call Cheryl Conley at 419-537-1999 or 1-800-272-3900.

Lima

Second Tuesday of every month

1 to 2:30 p.m.

Market St. Presbyterian Church

1100 West Market St. (2nd floor, Room 209)

please use side entrance with awning

For more information and to register, call Linda Pollitz at 419-227-9700.

Defiance

Fourth Monday of every month

2 to 3:30 p.m.

Defiance Regional Medical Center, Maumee room

1200 Ralston Ave.

For more information and to register, call Linda Pollitz at 419-227-9700.

Understanding Memory Loss: A Series for Caregivers

This series will focus on issues relevant to families and individuals new to Alzheimer's disease or who are looking for additional information. Topics will include symptoms, diagnosis, risk factors, behaviors, personality changes, medications, home and facility care, and options for in-home care. New topics will be discussed each week, therefore it is suggested that participants attend each session. Registration is requested, call 1-800-272-3900.

Defiance

Mondays, March 3, 10, 17

12:30 - 2:30 p.m.

Defiance Senior Center

700 Jefferson Ave.

Toledo

Wednesdays, March 5, 12, 19, 26

6 - 8 p.m.

Alzheimer's Association

2500 N. Reynolds Rd.

Wauseon

Mondays, March 10, 17, 24, 31

10:30 a.m. - 12 noon

Fulton County Senior Center

240 Clinton St.

Oak Harbor

Wednesdays, April 16, 23, 30

2 - 4 p.m.

Ottawa County Agricultural Complex -

OSU Extension Office

240 Lake St.

Vermilion

Mondays, April 28, May 5, 12

10 a.m. - 12 noon

Kingston of Vermilion

4210 Telegraph Lane

Paulding

Wednesdays, May 7, 14, 21

1 - 3 p.m.

Paulding County Senior Center

401 E. Jackson St.

Memory Loss and Early Stage Alzheimer's: Where do we go from here?

This workshop will provide information about memory loss and the "early stage" of Alzheimer's disease and related disorders. Persons experiencing mild impairment and those newly diagnosed are especially encouraged to attend. Call 1-800-272-3900 to register.

Galion

Tuesday, March 11

6 - 8 p.m.

Galion Community Hospital

269 Portland Way South

"The Afternoon Out Club"

An "afternoon out" group for socialization and fun is starting up in Mansfield for individuals with memory loss and their family, friends and guests. This is a monthly afternoon out with plans to match the participants' interests (such as socializing, reminiscing, other activities). Please call Kristine Gale at the Alzheimer's Association at 419-522-5050 or 1-800-272-3900 if you plan to attend.

Mansfield

2nd Thursday of every month

1:30 - 3 p.m.

PSA5 Area Agency on Aging

Annex Building

800 Park Avenue West

"Rx. for Caregivers: Take Care of Yourself" Film and Discussion

Filmed in front of a live audience of caregivers, this film features a discussion led by a dynamic therapist and author, and is packed with humor and stories from real life. Topics include experiences of knowing how to recognize and deal with feelings of caregiver guilt and grief, sadness, anger and resentment, exploring how much or how little to help, and realizing what is possible and what is not. Please register by calling the Alzheimer's Association at 1-800-272-3900 for this free program.

Toledo

Monday, March 17

12 noon - 1 p.m.

Alzheimer's Association

2500 N. Reynolds Rd.

Registration is strongly suggested as programs may be canceled due to low registration.

ABC's: An Overview of Dementia

Basic information about dementia and Alzheimer's disease that families and interested persons need to know in order to move forward proactively. Call the Alzheimer's Association at 1-800-272-3900 for reservations.

Toledo

Monday, March 31

6:30 - 8 p.m.

Alzheimer's Association

2500 N. Reynolds Rd.

Monroeville

Thursday, April 17

2 - 3 p.m.

Monroeville Public Library

34 Monroe St.

Archbold

Monday, April 7

6:30 - 8 p.m.

Fairlawn Haven Lantz Conference Rm.

in Wyse-Commons Center

407 East Lutz Rd.

Carey

Monday, April 28

6 - 7 p.m.

Dorcas Carey Public Library - Meeting Room

236 East Findlay St.

Note:

Professional caregivers are invited to attend Family Education Workshops on a limited basis. The Alzheimer's Association is an approved provider of social worker CPE by the State of Ohio Counselor and Social Worker Board #RSX059702. RNs, LPNs and other professionals should check their professional boards for possible approval for other CEUs. Professionals will be charged a \$5 processing and handling fee for CEUs for Family Education Workshops.

GRIEF PROGRAMS

Anticipatory Grief: Understanding Past, Present and Future Losses

This program will help caregivers who are considering moving someone into a care facility in addition to those who have placed a family member or friend in a care facility, or who are currently caring for someone with a progressive illness to: understand anticipatory grief, acknowledge the many losses associated with chronic illness, improve communication, and more.

Toledo

Tuesdays, March 4, 11, 18, 25

4 - 5:30 p.m.

Alzheimer's Association

2500 N. Reynolds Rd.

This program is hosted by **Hospice of Northwest Ohio and the Alzheimer's Association, Northwest Ohio Chapter**. Advance registration is requested. For information or questions, call the Alzheimer's Association at 419-537-1999 or 1-800-272-3900.

Men's Grief Series: Connecting with and working through loss

A unique 5-week program for men who have lost a loved one to Alzheimer's disease or related dementia. Since men often connect their grief to a place, activity or event, we will be doing a wood project on April 15, 22 and 29.

Topics will include: grief journey, roles, reactions to grief, rituals, chaos and desire, activities and inner experience.

This program is presented by **Bob Hausch, LISW, Care Counselor, Alzheimer's Association, Northwest Ohio Chapter**. For more information and to register, please call 419-537-1999 or 1-800-272-3900. Limited space is available for this group. Each week will cover a new topic, therefore it is highly suggested that guests attend each session.

Toledo

Tuesdays, April 1, 8

6 - 7:30 p.m.

Alzheimer's Association

2500 N. Reynolds Rd.

Tuesdays, April 15, 22, 29

6 - 7:30 p.m.

Sylvania Senior Center

7140 Sylvania Ave.

Family and Community Educational Programs

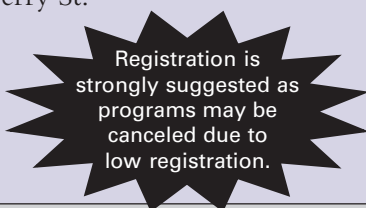
“Complaints of a Dutiful Daughter” Film Viewing and Discussion

Families dealing with dementia and related behavioral symptoms, or considering long-term care placement, will want to see this film, documenting a mother's Alzheimer's disease and her daughter's response to the changes in her mother. “Complaints of a Dutiful Daughter” is an authentic chronicle. It is informative, entertaining, and presented with profound insight and a healthy dose of humor. A discussion will follow the film. Please call the Alzheimer's Association at 1-800-272-3900 to register for this free film viewing and discussion.

Toledo
Monday, March 10
6 - 7 p.m.
Alzheimer's Association
2500 N. Reynolds Rd.

Mt. Vernon
Tuesday, March 11
2 - 3 p.m.
Mt. Vernon Public Library -
A-B Meeting Room
201 North Mulberry

Fostoria
Thursday, April 17
6 - 7 p.m.
Kaubisch Memorial Public Library -
McClellan Room
205 Perry St.



New Caregiver Group

Caring for a person with Alzheimer's disease is a challenge. Changes in the person's behavior caused by the progress of the disease can lead to frustration and anxiety for a caregiver. To help those who care for individuals who have Alzheimer's disease or a related memory loss disorder, the Alzheimer's Association, Northwest Ohio Chapter invites anyone who has a family member or friend with memory loss to attend the following *new* caregiver group.

Toledo
Wednesday, March 5
2:30 p.m.
Alzheimer's Association
131 N. Wheeling St. Suite 2
Facilitator: Amy Simkus, 419-720-4940

Partnering with your Doctor

This workshop is for caregivers and persons with memory loss. Learn strategies and practical methods to enhance visits with the physician, what to take to the visit and what questions to ask in order that maximum benefit is gained from the appointment for all parties involved. Call the Alzheimer's Association at 1-800-272-3900 to register for this free program.

Tiffin
Thursday, February 28
11:30 a.m. - 12 noon
Seneca County Commission on Aging
10 Riverside Dr.

Fostoria
Tuesday, March 18
11:30 a.m. - 12 noon
Rick Lonsway Senior Center
123 N. Main St.

2008 Professional Education Programs

For Professionals in the Lima Area:

Alzheimer's Respite Care Training Program

The four-hour "initial" course provides comprehensive information needed to care for the individual with Alzheimer's disease or a related dementia. Topics covered will include an overview of dementia, effective communication techniques, providing quality activities and meeting personal care, dietary and safety needs. Environmental influences and behavioral changes, along with caregiver issues and community resources will be covered.

The two-hour "advanced" course is designed as a refresher for those who have already completed the "initial" four-hour course. Topics covered will include new diagnostic and treatment modalities, updates on research and community resources, as well as a review of communication and general care techniques. A certificate of completion will be given at the end of each course.

CEUs are available for nurses, social workers and activities professionals. Cost for the program is \$20 for the initial course, \$15 for the advanced course, and for every five staff sent from one organization to the same session, that organization pays for only four.

For more information about these programs, non-contracted provider fees, or to register, please contact **Linda Pollitz, LSW** at 419-227-9700 or email linda.pollitz@alz.org or **Marty Williman, R.N.** at 419-425-5409 or email martha.williman@alz.org; or call 1-800-272-3900.

Allen County

Training Site: PSA3 Agency on Aging, 892-A South Cable Rd., Lima, Ohio
Thurs., Feb. 14 12 - 4 p.m.
(initial)
Tue., Feb. 26 1 - 3 p.m.
(advanced)
Thurs., May 22 12 - 4 p.m. (initial)

Hardin County

Training Site: Ada Visiting Nurses, 4392 State Route 235, Ada, Ohio
Tue., Feb. 5 2 - 4 p.m.
(initial pt. 1)
Tue., Feb. 12 2 - 4 p.m.
(initial pt. 2)
Tue., Feb. 19 2 - 4 p.m.
(advanced)

Auglaize County

Training Site: Joint Township, District Memorial Hospital 200 St. Clair St., Room 4, St. Mary's, Ohio
Thurs., May 1 2 - 4 p.m.
(advanced)

Mercer County

Training Site: Mercer Health Home Care, 1107 N. Main St., Celina, Ohio
Tue., April 29 3:30 - 5:30 p.m.
(initial pt. 1)
Tue., May 6 3:30 - 5:30 p.m.
(initial pt. 2)
Mon., June 9 3:30 - 5:30 p.m.
(advanced)

Hancock County

Training Site: Birchaven Retirement Village, The Hub meeting room, 15100 Birchaven Lane, Findlay, Ohio
Wed., May 21 3 - 7 p.m. (initial)
Wed., June 11 6 - 8 p.m.
(advanced)

Van Wert County

Training Site: Private Duty Services, 1159 Westwood Dr., Van Wert, Ohio
Fri., April 18 12 - 4 p.m. (initial)
Thurs., May 29 12 - 2 p.m.
(advanced)

Quick Reference Calendar: February - April 2008

Month	Date	Location	Program	
February	4	Oak Harbor	Memory and Aging	
	6	Bryan	Memory and Aging	
	8	Port Clinton	Memory and Aging	
	11	Toledo	Memory and Aging	
	12	Toledo	Alzheimer's Disease Update	
	12	Lima	Transitions	
	14	Mansfield	Afternoon Out Club	
	18	Toledo	Memory and Aging	
	20	Toledo	Transitions	
	20	Toledo	Memory and Aging	
	21	Mt. Vernon	Memory and Aging	
	25	Defiance	Transitions	
	27	Toledo	Memory and Aging	
	28	Tiffin	Partnering with your Doctor	
	28	Toledo	Transitions	
	March	3	Toledo	Anticipatory Grief
		3	Defiance	Understanding Memory Loss
		4	Ottawa	Memory & Aging
		5	Toledo	Understanding Memory Loss
		5	Toledo	New Caregiver Group
		6	Paulding	Maintain Your Brain
		7	Napoleon	Memory and Aging
		10	Wauseon	Understanding Memory Loss
		10	Toledo	Anticipatory Grief
		10	Defiance	Understanding Memory Loss
	April	1	Toledo	Men's Grief Series
		4	Napoleon	Maintain Your Brain
		7	Archbold	ABCs: An Overview of Dementia
8		Columbus	Memory Day	
8		Lima	Transitions	
10		Toledo	Complaints of a Dutiful Daughter	
11		Galion	Memory and Aging	
11		Lima	Transitions	
11		Mt. Vernon	“Complaints of a Dutiful Daughter”	
12		Toledo	Understanding Memory Loss	
May	1	Toledo	Men's Grief Series	
	1	Toledo	Transitions	
	1	Toledo	Memory and Aging	
	1	Toledo	Professional Education Conference	
	1	Toledo	Maintain Your Brain	
	1	Toledo	Men's Grief Series	
	1	Oak Harbor	Understanding Memory Loss	
	1	Monroeville	ABCs: An Overview of Dementia	
	1	Fostoria	“Complaints of a Dutiful Daughter”	
	1	Toledo	Men's Grief Series	
	1	Oak Harbor	Understanding Memory Loss	
	1	Toledo	Transitions	
	1	Carey	ABCs: An Overview of Dementia	
	1	Vermilion	Understanding Memory Loss	
	1	Defiance	Transitions	
	1	Toledo	Men's Grief Series	
	1	Oak Harbor	Understanding Memory Loss	
	5	Vermilion	Understanding Memory Loss	
	7	Paulding	Understanding Memory Loss	
	8	Findlay	Special Family Caregiver program	
	9	Findlay	Professional Education Conference	
	12	Vermilion	Understanding Memory Loss	
	14	Paulding	Understanding Memory Loss	
	21	Paulding	Understanding Memory Loss	
	22	Toledo	Kathryn Kilpatrick	

Reference the previous pages for more information on these programs. Some programs are part of a series.

Caregiver Groups

The following caregiver groups are sponsored by the Alzheimer's Association, Northwest Ohio Chapter. These caregiver groups are free and open to the public. Registration is not required. However, it is suggested that you contact the facilitator of the group you plan to attend for the first time to confirm the time, place and date of the meeting. For more information on caregiver groups or other programs of the Alzheimer's Association, Northwest Ohio Chapter, call 419-537-1999 or 1-800-272-3900.

ALLEN COUNTY

Bluffton

3rd Monday of every month at 3 p.m.
Bluffton Public Library, Riley Room,
145 S. Main St.
Facilitators: Tricia Hermann 419-358-1015,
Fran Benroth 419-384-3218

Lima

2nd Wednesday of every month at 2 p.m.
Allen County Council on Aging,
215 N. Central (Barr Hotel)
Facilitators: Judy Jacomet, Judy Doute
419-228-5135

Lima

3rd Monday of every month at 7 p.m.
Lima Memorial Hospital, east dining room,
1001 Bellefontaine Ave.
Facilitator: Crystal McCullough
419-227-2154. Limited respite care provided.

Lima

4th Thursday of every month at 2 p.m.
Lima Convalescent Home
1650 Allentown Rd.
Facilitator: Amy Menchhofer, Melinda Smith
419-224-9741

ASHLAND COUNTY

Ashland

3rd Thursday of every month at 7 p.m.
Brethren Care Village, 2000 Center St.
Facilitator: Connie Butler 419-289-1585

Ashland

2nd Monday of every month at 12 noon
Kingston of Ashland, 20 Amberwood Park
Facilitator: Rebecca Powers 419-289-3859

Loudonville

2nd Saturday of every month at 1 p.m.
Colonial Manor, conference room,
747 S. Mount Vernon Ave.
Facilitator: Donna Cline or
Mindy Pringle 419-994-4191

AUGLAIZE COUNTY

Cridersville

3rd Thursday of every month at 2 p.m.
Otterbein (in Library), 100 Red Oak Lane
Facilitator: Carol Sainey 419-645-5114

St. Marys

2nd Tuesday of every month at 2 p.m.
Golden Living Center, Valley,
100 Red Oak Lane
Facilitator: Suzanne Hollenbacher
419-394-3308

St. Marys

4th Thursday of every month at 1 p.m.
Otterbein - St. Marys Campus Center,
meeting room, 11230 State Route 364
Facilitators: Tiffany Tuttle, Jaime Goecke
419-394-2366

Wapakoneta

2nd Monday of every month at 6:30 p.m.
First English Lutheran Church,
107 W. Mechanic St.
Facilitator: Linda Friend 419-645-4468 or
Tammy Ayers 937-657-2080

CRAWFORD COUNTY

Bucyrus

No meeting times.
Questions? Call facilitator.
Facilitator: Lora Brown 419-562-7644

Galion

Last Thursday of every month at 7 p.m.
Rosewood Manor, 935 Rosewood Ave.
Facilitator: Judy Clark 419-468-7544

DEFIANCE COUNTY

Defiance

1st Tuesday of every month at 1:30 p.m.
Defiance Senior Center, 700 Jefferson Ave.
Facilitators: Deborah Lenhart, Pat Wagner
419-782-3233. Respite and transportation
available, call 419-782-3233

Hicksville

1st Thursday of every month at 1:30 p.m.
Defiance County Senior Center of Hicksville,
708 E. High St.
Facilitators: Rita Meier, RuthAnn Czartoski
419-782-3257. Respite and transportation
available, call 419-782-3233

ERIE COUNTY

Sandusky

1st Tuesday of every month at 9 a.m.
St. Stephen United Church of Christ,
905 E. Perkins Ave.
Facilitators: Marilyn Dorsey 419-621-1900,
Sarah Koelsch 419-624-1171 ext.243

FULTON COUNTY

Swanton

3rd Wednesday of every month at 10:30 a.m.
Trinity United Methodist Church,
210 N. Main
(Elevator available by entrance)
Facilitators: Kathy Krupitzer 419-825-3503,
Karen Nees 419-825-1145

HANCOCK COUNTY

Findlay

Last Friday of every month at 11 a.m.
Birchaven Retirement Village
15100 Birchaven
(Wenner Conference Room)
Facilitators: Jane Sherrick 419-425-3259,
Mike Thompson 419-425-3233

HARDIN COUNTY

Kenton

3rd Thursday of every month at 5 p.m.
Wilkinson-McVitty-Berlien Sr. Day Care
Center, 100 Memorial Ave.
Facilitator: Lois Ann Sheldon or Kathy Helton
419-673-1482. Respite care available.

HENRY COUNTY

Napoleon

2nd Tuesday of every month at 6:30 p.m.
River View Terrace, 120 E. Maumee Ave.
Facilitator: Mary Beth Royal 419-653-4507
Call for transportation.

HURON COUNTY

Norwalk

Last Thursday of every month at 3:30 p.m.
The Carriage House of Fisher-Titus Medical
Center, 175 Shady Lane
Facilitators: Leslie Opper 419-668-8101,
Carrie Boes 419-668-4228

KNOX COUNTY

Mt. Vernon

2nd Tuesday of every month at 6:30 p.m.
Summerville at Hillen Vale,
1615 Yauger Road
Facilitators: Joyce Thomas,
Sheri Doup 740-392-8245

LUCAS COUNTY

Maumee

2nd Tuesday of every month at 10 a.m.
St. Paul's Episcopal Church,
310 Elizabeth St.
Facilitator: Sharon Yost 419-666-7576

LUCAS COUNTY CONT.

Maumee

2nd Saturday of every month at 1:30 p.m.
Scrambler Marie's, 570 Dussel Dr.
Facilitators: Karen Decker, Sue Blevins
419-385-3958. Respite available.

Toledo (43606)

3rd Thursday of every month at 10 a.m.
Scrambler Marie's, 3344 Secor Rd.
Facilitator: Bob Hausch 419-537-1999.
Respite available, call facilitator.

Toledo (43615)

4th Wednesday of every month at 12 noon
(light refreshments will be served)
Parkcliffe Community, Building #2,
4226 Parkcliffe Lane
Facilitator: Gayle Young 419-381-9447.
Respite available, call facilitator.

Toledo

3rd Wednesday of every month at 6:30 p.m.
Alzheimer's Association
2500 N. Reynolds Rd.
Facilitator: Jeri Schulz 419-537-1999

Oregon

2nd Monday of every month at 6:30 p.m.
St. Charles Mercy Hospital, Oregon room,
2600 Navarre Ave.
Facilitator: Donna Koehn 419-693-5030

Whitehouse

Temporarily discontinued
Community of Christ Lutheran Church,
6517 Finzel Rd.
Facilitator: Candy Tavormina 419-877-5520

MERCER COUNTY

Coldwater

2nd Tuesday of every month at 2 p.m.
Mercer County Health Hospital, 800 W. Main
Facilitators: Yvonne Miller,
Brenda Hoying 419-586-6645

OTTAWA COUNTY

Oak Harbor

3rd Thursday of every month at 7 p.m.
Ottawa County Senior Center in Riverview
Nursing Home, 8180 West State Rt. 163
Facilitator: Amy Simkus 419-720-4940

Lakeside-Marblehead

2nd Monday of every month at 1 p.m.
Otterbein North Shore Retirement
Living Community, 9400 North Shore Rd.
Facilitators: Priscilla & Jim Faris 419-797-9833

PAULDING COUNTY

Paulding

Last Wednesday of every month at 2 p.m.
Paulding County Senior Center,
401 East Jackson
Facilitators: Carol Erickson 419-263-2484,
Linda Pollitz 419-537-1999

PUTNAM COUNTY

Ottawa

2nd Wednesday of every month at 2 p.m.
Ottawa Senior Center, 1035 East Third St.
Facilitator: Linda Pollitz 419-227-9700

RICHLAND COUNTY

Mansfield

3rd Thursday of every month at 1 p.m.
YMCA, 750 Scholl Rd.
Facilitators: Kristine Gale 419-522-5050,
Jaime Akers 419-756-7111

Mansfield

1st Monday of every month at 7 p.m.
The Waterford at Mansfield,
1296 S. Trimble Rd.
Facilitator: Joann Smith 419-522-5050

RICHLAND COUNTY CONT.

Mansfield For Men Only

3rd Wednesday of every month at 2:30 p.m.
Med Central Health System, Chapel
335 Glessner Ave.
Facilitator: Tim Storms 419-522-5050

Mansfield

4th Monday of every month at 6:30 p.m.
Providence Baptist Church, 112 W. 6th St.
Facilitators: Mary McDonald 419-524-9032 or
419-522-3699, Ann Bishop 419-526-0877

SANDUSKY COUNTY

Fremont

3rd Tuesday of every month at 1 p.m.
Valley View Healthcare & Rehabilitation
Center, 825 June St.
Facilitator: Marsha Thompson or
Andrea Stover 419-332-0357

SENECA COUNTY

Fostoria

3rd Friday of every month at 9 a.m.
Good Shepherd Home, 725 Columbus Ave.
Facilitators: Kathy Theis,
Don Lee 419-435-1801

Tiffin

2nd Thursday of every month at 7 p.m.
St. Francis Home, 182 St. Francis Ave.
Facilitators: Jessica Rogier, Lisa Ochier
419-447-2723

VAN WERT COUNTY

Van Wert

3rd Thursday of every month at 2 p.m.
Hearth & Home at Van Wert,
1118 Westwood Dr.
Facilitators: Lisa Stemen, Kathie Winter
419-232-2450
Respite care available during the meeting.

WILLIAMS COUNTY

Bryan

2nd Tuesday of every month at 7 p.m.
Lick Creek Church of the Brethren,
1500 Center St.
Facilitators: Bonnie Ferguson 419-485-3141,
Mary McCrea 419-636-4508

Montpelier

4th Monday of every month at 9:30 a.m.
Montpelier Senior Center, 621 E. Main St.
Facilitators: Tina Wise, Bonnie Ferguson
419-485-3141, Mary McCrea 419-636-4508

WOOD COUNTY

Bowling Green

2nd Tuesday of every month at 7 p.m.
St. Mark's Lutheran Church,
315 South College Dr.
(entrance off parking lot in library)
Facilitator: Susan Westphal 419-352-9808

Perrysburg

2nd Tuesday of every month at 7 p.m.
Way Public Library, 101 E. Indiana Ave.
Facilitator: Lynn Ritter 419-537-1999

WYANDOT COUNTY

Upper Sandusky

3rd Tuesday of every month at 4 p.m.
Fairhaven Community, 850 Marseilles
Facilitator: Sandra Vent 419-294-4973

Tributes, Memorials, Contributions

October 1, 2007 through December 31, 2007

All gifts, memorials, contributions and tributes received by the Alzheimer's Association, Northwest Ohio Chapter, are gratefully acknowledged. Not only do they honor others in a special way, but they enable us to fulfill our mission of education, family support, advocacy and research. Contributions received after publication will be acknowledged in the next issue of this newsletter.

In lieu of wedding gift

JOHN & DEBBIE McCLELLAND
Jennifer Arbaugh

In honor
BILL & NANCY RECKER'S
50TH WEDDING ANNIVERSARY
Tom & Judy Bishop

In honor
JAN SUTTER'S 50TH BIRTHDAY
and

In memory of
PHYLLIS HILT
Kathy & Mike Fritz

In honor
JUANITA ABKE
Alpha Epsilon Master Chapter of Beta Sigma Phi

In honor
MARGARET AUSTERMILLER
Grace Peterson

In honor
MARSHALL BELVILLE
Buckeye TeleSystem

In honor
RUTH EIER
Barb & Jim McEldowny

In honor
GINNIE & BOB
Jerry & Eileen Neyrinck

In honor
VIRGINIA HOFFMANN
Phyllis Bailey

In honor
ROBIN LATULIPPE'S FATHER
Monroe Medical Staff at Harbor Behavioral
Health Care

In honor
GLORIA & HOWARD LEVIN
Susan & Alan Schall

In honor
HAROLD WELTY
Yvonne Miller

In honor
LISA WEANER
Lisa's Management Team @ Maritz Research

In honor
THE FAMILIES WHO LIVE WITH
ALZHEIMER'S
Ruth Earl

On behalf
WEST TOLEDO/SYLVANIA HERALD
owned by THE DELPHOS HERALD
Ethel and Nathan Cohen Foundation

MEMORIALS

JOHN AHRNS
Mrs. John Ahrns
Barbara A. Cline

MARY FRANCES ALEXANDER
Thomas & Mary F. Quinn

ELSWORTH BAILEY
Elizabeth Ducey

MARY BAUMGARTNER
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Dave & Becky Ellis
William G. Ellis, Jr.
Floyd Gnotek
Bobbi Jankowski
K of C Bowling Assoc. of Ohio &
Don & Elsie

Bill & Mary Ann Kelley
Margaret Laderach
Ellen Leonard
Ruth & Floyd Light
Lewis Lunn

Paul & Sandy Lunn
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Eileen Stanbery & Christopher Marsrow
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WILLIAM BERRON
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Compass Club

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Russ Bower

Rain showers? Stay dry!

April showers bring May flowers - and your support of the Alzheimer's Association can help you stay dry....

Purchase a **stylish black umbrella printed with the purple Alzheimer's Association logo for only \$15.** You'll show your support for the Alzheimer's Association, Northwest Ohio Chapter while keeping the rain drops away.



To purchase your umbrella and support the Alzheimer's Association Northwest Ohio Chapter, call 419-537-1999 or 1-800-272-3900 or stop by one of our offices.

Alzheimer's Association, Northwest Ohio Chapter, does not endorse any product or service herein.

ATTENTION BUSINESS OWNERS

Now you can afford to promote your business on the internet and help the fight against Alzheimer's disease!

www.geepage.com

GeePage.com is the answer...
List your business with us and \$50 of your investment will be donated to the Alzheimer's Association, Northwest Ohio Chapter.



Bid, win, eat, tip and have fun during our 2008 Spring fundraising activities

If you are looking for food, fun, great finds and a fine ride, then the Alzheimer's Association, Northwest Ohio Chapter's spring fundraising activities are for you.

Friends of the Alzheimer's Association are invited to have a great evening of food and laughs at the **Third Annual Findlay Celebrity Wait** at Findlay's popular Red Pig Inn restaurant at **6 p.m. on Monday, May 5**. Kind-hearted "celebrities" from the Findlay area will be pouring water, serving delicious entrees, clearing plates and taking good-natured ribbing (in a restaurant known for its ribs) all to collect generous tips to support the programs and services of the Alzheimer's Association. Because seating is limited, reservations are strongly suggested. Make your reservation by calling the Chapter's Findlay office at 419-425-5409.

Toledo-area fun and fine-dining seekers will want to make their reservations for the Alzheimer's Association **Toledo Celebrity Wait** set for **Monday, April 28 at 6 p.m.** at the trendy Poco Piatti restaurant in Levis Commons in Perrysburg. Reservations are suggested. Please call the Alzheimer's Association at 419-537-1999.

Businesses or individuals interested in being an underwriter for either of these Celebrity Waits should call Bob Mackowiak at 419-537-1999, or bob.mackowiakcom@alz.org.

Anyone in Northwest Ohio -- in fact, anyone anywhere in the country -- can join in the adventure of the having the winning bid on a great item during the Alzheimer's Association's first **online auction**. The auction will be taking place in May, but soon you will be able to view the various auction items, which will include distinctive jewelry and the unique opportunity to own a signed first edition mystery/"private eye" novel donated by some of the genre's top writers.

Since the auction is online, you may be bidding against someone anywhere in the world, and bidding may get heated as the end of the auction nears in May, so be prepared to bid high and often. Just go to the Chapter's website at www.alz.org/nwohio and click on the link to the auction site.

Auction items are being accepted, so if you have something you want to donate, contact our Chapter office near you.

Northwest Ohio Chapter named Better Business Bureau accredited charity

The Alzheimer's Association, Northwest Ohio Chapter is proud to have been named a Better Business Bureau Accredited Charity. This enables the Chapter to use the BBB Accredited Charity Seal, which provides the public with a clear and accessible way to find out that the charity meets the BBB's Standard for Charitable Accountability.

According to the Better Business Bureau, they look "beyond the numbers. The BBB evaluates the charity's governance, fund raising practices, solicitations and informational materials, as well as how it spends its money. Therefore, compliance with this seal will send a more complete confirmation of the charity's accountability." You can learn more about the BBB Accredited Charity Seal at their website, www.bbb.org/charity.



Need to contact one of our offices?

Findlay: 419-425-5409

Lima: 419-227-9700

Mansfield: 419-522-5050

Toledo: 419-537-1999

Toledo, Wheeling St:
419-720-4940

toll free: 1-800-272-3900



Helpline • 1-800-272-3900 • 24 hours a day / 7 days a week