

Family Education Calendar



Family Orientation: A Memory Loss G.U.I.D.E.

A one-time meeting for care partners and family members new to the disease and/or the Association.

- G** – Gain Knowledge About Signs, Symptoms, Diagnosis, and Treatment
- U** – Understand How the Brain Works
- I** – Inform Yourself About Resources, Support and Self Care
- D** – Develop Helpful Communication and Interactive Practices
- E** – Enhance Your Ability to Plan for the Future

<p>English</p> <p>RSVP 949.955.9000</p>	<p>Irvine: 3rd Saturdays 10:00 a.m. – 12:00 p.m. March 19, 2011 April 16, 2011 May 21, 2011 June 18, 2011 July 16, 2011</p>	<p>Irvine: 2nd Mondays 1:00 p.m. – 3:30 p.m. March 14, 2011 April 11, 2011 May 9, 2011 June 13, 2011 July 11, 2011</p>
	<p>Orange: Evening Meetings 1st Tuesday of Every Other Month 6:30 p.m. – 8:30 p.m. March 1, 2011 May 3, 2011 July 5, 2011</p>	<p>Mission Viejo: Evening Meetings Meetings held quarterly 6:00 p.m. – 8:00 p.m. Tuesday, May 3, 2011 Tuesday, July 12, 2011</p>
<p>Spanish</p> <p>RSVP 949.757.3767</p>	<p>Anaheim Independencia, Anaheim Last Friday of Every Other Month 9:00 a.m. – 10:30 p.m. Call for date</p>	<p>Delhi Center, Santa Ana: 3rd Tuesdays 6:00 p.m. – 7:30 p.m. March 15, 2011 April 19, 2011 May 17, 2011 June 21, 2011</p>
<p>Vietnamese</p> <p>RSVP 714.534.3700</p>	<p>Nhan Hoa Clinic, Garden Grove: 3rd Saturdays 9:30 a.m. – 11:00 a.m. April 16, 2011 May 21, 2011 June 18, 2011 (one time meeting) Wednesday, March 23, 2011, 2:00 p.m. – 4:00 p.m.</p>	
<p>Korean</p>	<p>For more information, or to schedule a presentation contact Yoojin Jeon 949.757.3757</p>	

Savvy Caregiver

A Special Series Offered for Family Caregivers

To better equip family caregivers, we offer a 12-hour training over a six week period. This clinical-level training results in caregivers with greater confidence, understanding and practical skills. No cost to attend.

For additional information contact:

Bobbie Babbage at 949.757.3758 or bobbie.babbage@alz.org

Sunrise of Mission Viejo
Wednesdays, April 6th - May 11th
1:30 p.m. – 4:00 p.m.

Additional workshops TBA

Building a Care Partnership

A Special Series Offered for Family Caregivers

Avoid misunderstandings and frustration with hired caregivers through effective communication.

Anaheim: Wednesday, April 6th, 2011
1:30 p.m. – 3:30 p.m.
For more information contact
949.757.3703

Long Term Care Planning: Legal, Estate, and Medi-Cal Issues

Get current information before a crisis hits. During the workshop, an elder law attorney will discuss Medi-Cal planning, durable powers of attorney, advance directives, estate planning and probate vs. a living will or trust.

RSVP to 949.757.3703 or andrew.eng@alz.org

Thursday, March 10, 2011
9:30 a.m. – 12 noon

Cypress Senior Center
9031 Grindlay St.
Cypress, 90630

Tuesday, April 26, 2011
1:00 p.m. – 3:00 p.m.

**Florence Sylvester Memorial
Senior Center**
23721 Moulton Parkway
Laguna Hills, 92653

Wednesday, May 18, 2011
5:30 p.m. – 7:30 p.m.

**Las Palmas Vintage Senior
Living**
24962 Calle Aragon
Laguna Woods, 92637

UCI Family Education Series

Presented by: UCI Institute for Memory Impairments and Neurological Disorders, Alzheimer's Association Orange County Chapter, Alzheimer's Family Services Center, Caregiver Resource Center

Location: University Club at UCI Campus **RSVP 949.824.2382**

**Alzheimer's Disease and
Other Dementias: What Does
the Diagnosis Mean?**

Tuesday, March 15, 2011
4:30 p.m. – 6:30 p.m.

Memories in the Making Training

The signature art program of the Alzheimer's Association, Orange County Chapter. Art offers a non-verbal alternative to verbal communication through pictures. When Alzheimer's steals their words, art offers an important opportunity for the expression of memories and emotions. Sponsored in-part by Pentel and Silverado Senior Living. \$95 registration fee; lunch & manual included. Reservations required.

*Ask about CEU's

memories
in the making



RSVP 949.757.3761

Irvine: Tuesday, May 3, 2011
9:00 a.m. – 3:30 p.m.

For additional program
information contact
Marilyn Lorey 949.757.3719

For Families Experiencing Early Stage Memory Loss:

Early Detection Matters

A one-time meeting for individuals with memory concerns, Mild Cognitive Impairment, and those newly diagnosed with Alzheimer's disease or a related dementia and their spouses, family members, friends and loved ones. This group is offered at no charge.

Contact Donna Velarde, LCSW 949.757.3759

Take Charge - Eight-week Early Stage Memory Loss Group

Supportive/educational group for adults (and their care partners) experiencing early stage symptoms of memory loss due to mild cognitive impairment, dementia, Alzheimer's disease or a related disorder. This group is offered at no charge. Contact Donna Velarde, LCSW 949.757.3759

Know the 10 Signs of Alzheimer's Disease: Early Detection Matters

Learn more about memory loss, the importance of early detection of Alzheimer's disease and related disorders, and what can be done to help people and families living with dementia. This program is offered at no charge.

For locations or if you would like to host a "Know the 10 Signs" presentation for your group, please contact Andrew Eng at 949.757.3703 or andrew.eng@alz.org

alzheimer's  association®

KNOWthe
10 SIGNS
EARLY DETECTION MATTERS

Ezra Center
1770 West Cerritos Avenue
Anaheim, CA 92804
Monday, March 21, 2011
11:00 a.m. – 12:00 p.m.

Congregation B'nai Tzedek
9669 Talbert Avenue
Fountain Valley, CA 92708
Sunday, March 27, 2011
1:00 p.m. – 2:00 p.m.

Health Fair & Community Event Training

Participation in Health Fairs and Community Events is an opportunity for many in the community to gain knowledge regarding free services available to families. Join our team of Health Fair & Community Events Volunteers. Information or RSVP to Bobbie at 949.757.3758.

Alzheimer's Association, Irvine
Thursday, April 7, 2011
1:30 p.m. – 3:30 p.m.

Support Group Facilitator Training

Caregiver support groups are one of the core services of the Alzheimer's Association. If you are interested in becoming a Support Group Facilitator, join us at the next training! Contact Andrew at 949.757.3703
\$25 registration fee applies

Alzheimer's Association, Irvine
Wednesday, May 25, 2011
10:00 a.m. – 4:00 p.m.

*Ask about CEU's

Volunteer Orientation

Contribute your time and talent to the Alzheimer's Association Orange County Chapter: Become a Volunteer! Interested in becoming a Volunteer? RSVP? Contact Jason Su at jason.su@alz.org or 949.757.3769

Alzheimer's Association, Irvine
3rd Thursday of every month
March 17th 2011
April 21st 2011

Faith Centered Resource Liaison Training

The Faith-Centered Resource Liaison serves as a link between the faith community and the Alzheimer's Association Orange County Chapter. These volunteers provide general information about Alzheimer's disease and related dementias and refer congregants to the Alzheimer's Association for education, resources and emotional support.

Contact Bobbie Babbage at 949.757.3758 or bobbie.babbage@alz.org

Alzheimer's Association, Irvine

Thursday, April 19th 2011

Tuesday, May 17th 2011

1:30 p.m. – 3:30 p.m.

Dementia Care Foundations

Topics to Include:

- Overview of Dementia
- Enhancing Communication & Validation Techniques
- Managing difficult behaviors including:
 - Agitation & Wandering
 - “I want to go home...”
 - Sundowning and Shadowing
- Recognizing & Addressing Pain Issues
- Activity suggestions

Presbyterian Church of the Master

26051 Marguerite Parkway

Mission Viejo, CA 92692

Thursday, April 7, 2011

2:30 p.m. – 4:30 p.m.

Contact Andrew Eng at

949.757.3703 or

andrew.eng@alz.org

Seating is limited

RSVPs are required

***Ask about CEU's**